

SEPTEMBER BREAKFAST MENU 2024

Breakfast is available at ALL sites!

Free meals continue for all students!



Evergreen is a Provision 2 District as of school year 2022-23. CNS will NOT collect or request income information from families in 2024-25. However the District may request new and transfer students complete an Education Benefit Form to help the District receive important funding.



EVERGREEN SCHOOL DISTRICT

Child Nutrition Services

Child Nutrition Services can be reached at (408) 223-4500, Monday-Friday, 7:30am -4:00pm



What makes a Complete Breakfast?

A school breakfast consists of the following three food components:

1. Fruits (or optional veg)
2. Grains (or optional meats/meat alt)
3. Choice of Milk

Student can decline 1 item and at least 1/2 cup of the fruit component must be selected to be complete

Contactless online payments are strongly encouraged for all a la carte purchases

Parents can make a pre-payment safely & securely anytime at: www.myschoolbucks.com
Request a balance transfer or refund at www.eesd.org

Additional Choices Available at Breakfast:
Non-Fat Chocolate Milk or 1% Low-Fat White Milk
100% Fruit Juice
Variety fresh & canned fruits



What Makes a Complete Lunch?

USDA requires that a student select a minimum of 3 different components: **Fruit, Vegetable, Protein, Grain, Milk**



A COMPLETE LUNCH MUST INCLUDE A 1/2 CUP OF FRUIT OR VEGETABLE

A La Carte Menu

Milk \$0.75
Water \$1.00
Fruit Juice \$0.75
Whole Grain Crackers \$1.00
No credit is extended for a la carte purchases.



Vegetarian Options Available Daily!

Check in with your Super Lunch Lady at your school site for the vegetarian entrée of the day.



Menu is subject to change without notice.

This institution is an equal opportunity provider and employer.

For CalFresh information, call 1-877-847-3663.

Visit www.CaChampionsForChange.net for healthy tips.

MENU KEY
(M) Meatless
(C) Chicken
(B) Beef
(P) Pork
(T) Turkey
(F) Fish

| | Monday Lunes | Tuesday Martes | Wednesday Miercoles | Thursday Jueves | Friday Viernes |
|---------------------------------|---|--|--|---|---|
| Week of: September 2 | NO SCHOOL | Pancake Pork Sausage Stick (P) Cereal & Grahams (M) | Bagel w/ cream cheese (M) Cereal & Grahams (M) | Yogurt & Granola (M) Cereal & Grahams (M) | Banana Muffin (M) Cereal & Grahams (M) |
| Week of: September 9 | Beef Sausage Breakfast Sandwich (B) Cereal & Grahams (M) | Breakfast Bagel Pizza (P) Cereal & Grahams (M) | Snack n Waffle (M) Cereal & Grahams (M) | French Toast Sticks (M) Cereal & Grahams (M) | Cinnamon Swirl (M) Cereal & Grahams (M) |
| Week of: September 16 | Pop Tart & String Cheese (M) Cereal & Grahams (M) | Chorizo Sunrise Stick (B) Cereal & Grahams (M) | Pancake Bites (M) Cereal & Grahams (M) | Turkey Sausage Quesadilla (T) Cereal & Grahams (M) | Yogurt & Crackers (M) Cereal & Grahams (M) |
| Week of: September 23 | Breakfast Bun (M) Cereal & Grahams (M) | Beef Maple Sausage BF Sandwich (M) Cereal & Grahams (M) | Pull Apart Soft Mini Bagels (M) Cereal & Grahams (M) | Egg & Cheese Wrap (M) Cereal & Grahams (M) | Chocolate Chip Muffin (M) Cereal & Grahams (M) |
| Week of: September 30 | Grape Filled Crescent Roll (M) Cereal & Grahams (M) | Bacon Scramble Breakfast Pizza (T) Cereal & Grahams (M) | Mini Strawberry Filled Bagel (M) Cereal & Grahams (M) | Yogurt & Granola (M) Cereal & Grahams (M) | Sweet Potato Muffin (M) Cereal & Grahams (M) |