Common Sense media agreement for parents and kids grades k-5

I will keep myself safe.

- ☐ I will not share my password with anyone other than my parents.
- ☐ I will not give out any personal information, including my birthday, last name, address, school, picture or phone number.
- ☐ I will not upload or download photos or videos or fill out surveys without my parents' permission.
- ☐ I will not meet someone in person who I've met online without my parents' permission.
- ☐ I will tell my parents or an adult I trust if anything happens online that makes me feel upset, sad or not safe.

I will be a good digital citizen.

- ☐ I will not bully anyone online or on my cell phone by sending pictures, sharing videos, spreading gossip, setting up fake profiles or saying cruel things about people.
- ☐ I agree not to use technology to cheat in games or on schoolwork.
- ☐ I agree to tell my parents if I see something that is inappropriate.

I will think first.

- ☐ I will make smart decisions about what I watch, play and send, and will ask my parents if I'm not sure what's appropriate.
- ☐ If my family has rules about ratings, I will follow them.

Movies _____
TV _____
Video games _____
Web sites _____
Music _____

- ☐ I know that not everything I read, hear or see online is true.

I will keep a healthy balance.

- ☐ I will help my parents set time limits that make sense, and then I will follow them.
- ☐ I will recognize that my safety is more important to them than anything else.
- ☐ I will continue to enjoy the other things — and people — in my life.

In exchange, my parents agree to:

- ☐ Recognize that media is a big part of my life, even if they don't always understand why.
- ☐ Before saying "no" talk with me about what worries them and why.
- ☐ Talk to me about my interests and help me find stuff that's appropriate and fun.

Signed by Me

Signed by my Parents

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