

Please note that while the first meal is free, second meals, single milks, or single fruits or vegetables, unfortunately, are **not free**. We apologize for any confusion & inconvenience.

Medford Public Schools


K-8 Breakfast Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Cinnamon Roll* Apple chips	Fruit Smoothie Scooby Snacks* Banana Pick one or both!	Chocolate Chip Muffin* Orange wedges	Yogurt Assorted Cereal* Peach cup Pick one or both!	Blueberry Lemon Breakfast Bar* Local Apple

*Whole-grain rich item

Medford Public Schools

9-12 Breakfast Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Cinnamon Roll* Apple chips	Fruit Smoothie Assorted Cereal* Banana Pick one or both!	Chocolate Chip Muffin* Orange	Greek Yogurt Assorted Cereal* Peach cup Pick one or both!	 Goldilox Bagel w/ cream cheese Local Apple

*Whole-grain rich item

Additional Daily Breakfast Options:

- Snack'n Waffle*
- 'Breakfast Breaks'* reduced sugar cereal packs
- VBlend veggie juice
- Assorted fruit
- 1% or skim milk

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