

Owatonna COMMUNITY EDUCATION

FALL 2024
SEPTEMBER – DECEMBER



Inspiring Excellence. Every Learner, Every Day.

REGISTER ONLINE AT [OWATONNACOMMUNITYED.ORG](https://owatonnacommunityed.org)
September 9, 2024 6AM Online or 8AM In person



TABLE OF CONTENTS

ADULT CLASSES

Trips and Tours	2-3
Adult Recreation	3-7
Artful Living	8-9
Business & Finance	10
Computers & Technology	11-12
Creative Living	12-17
General/Special Interest	17-21
World Languages	22-23
Adult Education	31

YOUTH CLASSES

Fall Classes	24-27
School Age Care	33

OTHER

Registration Form	1
Owatonna Arts Center	23
Owatonna Bazaar	30



**BLAST FROM THE PAST
DINER DINNER**
See Page 14



GOLF SQUAD
See Page 25



**BOO-TIFUL BITES HALLOWEEN
COOKIE DECORATING**
See Page 17



**CREATE WITH CROCHET: BEGINNER
MUG RUG (ADULT/YOUTH)**
See page 9



**PRACTICAL CHATGPT
TRAINING FOR EVERYONE**
See Page 12

REGISTRATION

ONLINE REGISTRATION: Point your browser to www.owatonnacommunityed.org to register securely and immediately on the internet. We accept Visa, Master Card or Discover.



WALK-IN REGISTRATION

People may come to the Community Education office in Roosevelt School, 122 East McKinley to register in person. These registrations are processed in the order received.

MAIL REGISTRATION

Mail your registration form with check, money order or Visa/Master Card/Discover information to:
Community Education Office
122 E. McKinley Street
Owatonna, MN 55060

CALL OR FAX REGISTRATION

Call or fax your registration form with Visa/Master Card/Discover information: 444-7900 (voice) or 444-7999 (fax). A call or fax is registered the same as the current day's mail. All phone registrations must be paid for at the time of registration with Visa, Master Card, Discover or Check Card.

REGISTER EARLY!

Prompt registration helps avoid disappointment when classes fill quickly. It also helps avoid the disappointment of cancelling a class due to low enrollment, only to find that last minute registrations would have filled it. Early registrations also make it easier if we need to contact you for any reason before your class begins.

Community Education Notes:

WE PROMISE...

We will try to provide all registrants with their first choice. We act in a consistent manner so that we treat people fairly. We want your experience with Community Education to be an enriching one.

NO NEWS IS GOOD NEWS

You are registered for a class unless we notify you otherwise. You will be notified if your choice is not available. Occasionally a class may fill as your registration is being processed. Should this happen, you will receive a personal call from us. To help keep our classes reasonably priced, we send out confirmation notices via email.

STAFF

OWATONNA COMMUNITY EDUCATION

Roosevelt Building
122 E. McKinley Street
Owatonna, MN 55060
507-444-7900

www.owatonnacommunityed.org

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**Look For
These Icons
Inside:**



Free Class



Online Class



New Class

LOCATIONS

Senior High School

1455 SE 18th Street - 444-8800

Owatonna Middle School

500 15th Street NE - 444-8700

Lincoln Elementary School

747 Havana Road

444-8100 - SAC Site: 444-8122

McKinley Elementary School

1050 22nd Street NE

444-8200 - SAC Site: 444-8222

Owatonna Education Center

338 E Main Street

EC: 444-8050 - ALC: 444-8000

Roosevelt Community School

122 East McKinley Street

Washington Elementary School

423 14th Street NE

444-8300 - SAC Site: 444-8322

Wilson Elementary School

325 Meadow Lane

444-8400 - SAC Site: 444-8422

Registration Form | Owatonna Community Education - 122 E McKinley St., Owatonna, MN 55060

Adult Contact Information

Name _____ Home Phone (_____) _____

Address _____ Work Phone (_____) _____

City _____ Zip _____ Email _____

Participant Information

First/Last Name _____

Course Number _____ Course Title _____ Fee \$ _____

First/Last Name _____

Course Number _____ Course Title _____ Fee \$ _____

First/Last Name _____

Course Number _____ Course Title _____ Fee \$ _____

Total \$ _____

Payment Information

Check: Number _____ Total Amount of Check \$ _____

Charge: ☐ MasterCard ☐ Visa Total Amount to Charge Credit Card \$ _____

Credit Card Number _____ - _____ - _____ Expiration Date _____

Signature for Credit Card Only _____

CALL 507-444-7900 TO REGISTER

TRIPS-TOURS

EXPLORE HASTINGS!

Explore the hustle and bustle of Hastings, Minnesota! First, discover the hidden gem that is the LeDuc Historical Estate and marvel at the design work of Andrew Jackson Downing and this Civil War-era Gothic Revival home. Then, enjoy a picnic lunch with your fellow travelers as you explore the grounds of the estate. Next, we'll drive to city hall for a guided historic tour of the Old Dakota County Courthouse and finally, end our day along the Riverwalk where you will awe at the Mighty Mississippi and shop 'til you drop in Hasting's Historic Downtown. Lunch includes: chicken salad on croissant, fruit, dessert, and water.

Your trip fee includes motorcoach transportation, lunch, and all admission fees. Register no later than September 19. No refunds on trips.



0500 **\$67**
 Friday 09/27/24
 9:30 AM - 4:30 PM Hastings

IRVING BERLIN'S WHITE CHRISTMAS: THE MUSICAL

Join us at Chanhassen Dinner Theatre for a matinee performance that's sure to get you in the Holiday Spirit! It's Irving Berlin's White Christmas: The Musical! Veterans Bob Wallace and Phil Davis have a successful song-and-dance act after WWII. With romance in mind, the two follow a duo of beautiful singing sisters en route to their Christmas show at a Vermont lodge, which just happens to be owned by Bob and Phil's former army commander. With a dazzling score featuring well-known standards including "Blue Skies," "I Love a Piano," "How Deep is the Ocean" and the perennial title song, White Christmas is an uplifting, wholesome musical that will delight audiences of all ages.

Your trip fee includes motorcoach transportation, lunch, and admission. Register no later than October 7. No refunds on trips.

0505 **\$115**
 Wednesday 11/06/24
 10:00 AM - 4:30 PM Chanhassen Dinner Theatre

OVER THE RIVER AND THROUGH THE WOODS AT THE SIDEKICK THEATRE!

Every Sunday, Nick crosses the river to New Jersey and has dinner with both sets of his Italian-American grandparents. But Nick has dreams, and when he receives the perfect job offer from the west coast, he is determined to take it. His grandparents - Frank, Aida, Nunzio, and Emma - are just as determined that he stay put. Thus begins a series of shameless schemes and hilarious shenanigans that will have you roaring in your seat while reminding you of the wonderful zaniness that is family. We will have lunch in the ballroom prior to the show. The menu includes: Creamy Chicken Breast, with Rosemary Red Potatoes, Glazed Carrots, Coleslaw, Dinner Rolls, Assorted Dessert, Coffee, Decaf Coffee, and Hot Tea. Special dietary meals available by request ahead of time.

Your trip includes: Motorcoach transportation, lunch, and ticket to the show. Please register by September 23. No refunds on trips.

0515 **\$93**
 Wednesday 10/16/24
 10:00 AM - 4:00 PM Sidekick Theatre

GREASE! AT THE CHANHASSEN DINNER THEATRE

Grease joyfully returns to the Chanhassen Dinner Theatres' Main Stage! Fancy a nostalgic evening full of greased-up hair, jukebox jingles, and bobby-socks. The most popular, fun-filled musical in the history of Rock 'n' Roll is packed with explosive energy, vibrant 1950s pop culture and unforgettable tunes: "Summer Nights," "Look at Me, I'm Sandra Dee," "We Go Together," "Greased Lightnin'," "Beauty School Dropout," AND added songs made popular in the beloved film: "Grease (Is The Word)," "Hopelessly Devoted to You" and "You're the One That I Want." Join Sandy, Danny Zuko, those groovy T-Birds, sassy Pink Ladies and the whole gang at Rydell High for an affectionate satire of high school life in the 50s. Shoo-bop shoo-bop a-ram-a-lam-a ding-dong! It's a high-octane Rock 'n' Roll party that entertains from start to finish.



Your trip fee includes motorcoach transportation, lunch, and admission. Register no later than January 7. No refunds on trips. If you have any mobility or dietary requirements, please let us know at registration.

0525 **\$122**
Wednesday 02/05/25
10:00 AM - 4:30 PM Chanhassen Dinner Theatre

LAKE GENEVA, WISCONSIN ROAD TRIP!

Embark on a scenic road trip to Lake Geneva, Wisconsin, with Owatonna Community Education! Lake Geneva is a charming lakeside destination perfect for a short getaway. Nestled in southeastern Wisconsin, Lake Geneva is known for its crystal-clear waters, historic mansions, and a vibrant downtown area filled with boutiques, cafes, and restaurants.

Your trip fee includes a sightseeing excursion on Lake Geneva, a detour to Racine, WI for a guided tour of Lake History & Wind Point Lighthouse, a tour & Kringle Sampling at Lehmann's Bakery, a show at the Fireside Theatre, 2 nights of lodging at the Harbor Shores Resort, 2 breakfasts, 2 lunches, 2 dinners, and motor coach transportation, plus the company of your fellow community members!

Prices are as follows:

Single: \$999 per person
Double: \$909 per person
Triple: \$849 per person
Quad: \$489 per person

A deposit of \$100 per person is due at the time of registration (checks only, made payable to Owatonna Community Education).

Your registration is only secured upon paid deposit. The remaining balance of your tour price is due by or on April 1st, 2025 (check is also required). No refunds on trips.

0530 **Price Varies**
Wednesday- Friday 05/21/24 - 05/23/25
Time Varies Lake Geneva, WI

ADULT RECREATION

TAPFIT: TAP DANCING FITNESS

TAPfit is the world's first dance workout where you don't just dance to the beat, you ARE the beat. Inspired by the energizing, infectious, sweat-dripping fun of Stomp, unleash your inner superstar and join us on the dance floor. We use patented equipment which slip over any flat-bottomed shoe to turn your feet into a musical instrument. All levels of experience are welcome as you move at your own pace! Your registration includes the slip-on equipment. Please wear supportive shoes to prevent injury.

0800 **\$50**
Mondays 09/16/24 - 10/14/24
4:00 - 4:30 PM Owatonna Education Center
Instructor: Linda Zarrett

WOMEN'S STRENGTH TRAINING

Strength training is a great way to improve your metabolism, tone your body, and improve everyday movement! Whether you are looking to lose weight, learn the ins and outs of a weight room, build confidence and strength, or join a community of strong women, this is the class for you! Learn the basic principles and proper techniques of strength training and understand the importance of breath support for pelvic floor and core foundation, all in a safe, encouraging community of women. All fitness abilities from beginner to intermediate are welcome! Sign up early as this class is popular and our class size is limited.

Please note that there is no class on October 17, 31, November 5, 28.

0805 **\$100**
Tues./Thurs. 09/19/24 - 12/10/24
8:15 - 9:15 PM Owatonna High School
Instructor: Tiffany Conner



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OwatonnaCommunityEd

STRENGTH TRAINING FOR SENIORS

Did you know there are great benefits to strength training at ages 55 and over? Strengthening your body will help you increase bone density, increase muscle mass, and improve your balance and flexibility. Being able to stay active as we age plays a role in our physical and mental health. The benefits you receive from strength training will help you maintain your overall health, wellness, and independence. Our weekly sessions will include proper warm up and cool down of our bodies, plus body weight and light dumbbell weight strengthening moves. We will cover upper body, lower body, and core exercises. No experience is needed as this class is designed for all levels.

0810 **\$65**
 Mondays 09/16/24 - 10/21/24
 9:30 - 10:15 AM VIBES
 Instructor: Stephanie Hanson

CYCLE STRONG

In this combo class, you will get a 20-25 minute cardio workout on the bike and then you will transition to 20-25 minutes of weight based exercises. Our Keiser bike computers will help ensure you get the perfect ride tailored to your own fitness level, and you can choose your weights for the strength portion so you get just what you're looking for in a workout!

0815 **\$65**
 Wednesdays 09/18/24 - 10/23/24
 4:30 - 5:15 PM VIBES
 Instructor: Katie Berg

ZUMBA

Are you ready for a fun exercise class after taking some time off (or never tried before)? This is the class to register for! Zumba is a fitness class including beginners to those students who are more advanced. Simple dance movements are used alongside Latin-style and pop music. All moves can be modified for the active adult. This class provides a workout guaranteed to make you sweat and provide a workout for your mind, body, and soul!

Please note that you will have class on Tuesday, September 24 instead of Wednesday, September 25.

0820 **\$50**
 Tuesdays 09/18/24 - 10/30/24
 5:45 - 6:45 PM Owatonna Education Center
 Instructor: Ann Marie Brownlow

POWER & PERFORMANCE PACKAGE

Want a fantastic way to try out all facets of fitness, strength and cardio? You pick the times for three Bootcamp classes, three Power Pumps, and five Cycling classes that fit your schedule! Your package includes 11 45-minute classes.

Bootcamp (pick three) Mondays and Wednesdays at 5:30am or Mondays, Wednesdays, Fridays at 6pm.
 Power Pump (pick three) Tuesdays at 4:05pm or 5:05pm, or Fridays at 6:15am.
 Cycling (pick five) Tuesdays and Thursdays at 5:30am or 6pm; Tuesdays at 8:15am, Saturdays at 6:45am or 8:30am.

0825A **\$45**
 Days Vary 09/16/24 - 10/31/24
 Times Vary Owatonna Fitness
 Instructor: Reagan West

0825B **\$45**
 Days Vary 11/01/24 - 12/21/24
 Times Vary Owatonna Fitness
 Instructor: Reagan West

👉 POWER & ZEN PACKAGE

The best fitness mix with cardio, strength and relaxation. Build your own schedule with four Kickboxing classes, four Power Pumps, and three Yoga for Strength classes. Package includes 11 45-minute classes.

Kickboxing (pick four) Wednesdays at 8:15am or rotating Saturdays at 9:30am.

Power Pump (pick four) Tuesdays at 4:05pm or 5:05pm, or Fridays at 6:15am.

Yoga for Strength (online - pick three) Mondays or Wednesdays at 4:15pm.

0830A \$45

Days and Times Vary

09/16/24 - 10/31/24

Owatonna Fitness

Instructor: Reagan West

0830B \$45

Days and Times Vary

11/01/24 - 12/21/24

Owatonna Fitness

Instructor: Reagan West

👉 ULTIMATE CYCLING PACKAGE

This monthly package is a great way to boost your cardio, get in shape, and increase your metabolism through indoor cycling! Try indoor cycling, especially if you are a beginner and need an exercise routine that's easier on the joints. Burn fat with sprints, hills, and climbs all in a fun 45-minute workout. With this package, you may attend up to 20 instructor-led classes in a month! Arrive 15 minutes before class starts and bring a sweat towel and water bottle.

Cycling (pick twenty) Tuesdays and Thursdays at 5:30am or 6pm; Tuesdays at 8:15am; Saturdays at 6:45am or 8:30am.

0835A \$45

Days and Times Vary

09/16/24 - 10/16/24

Owatonna Fitness

Instructor: Reagan West

0835B \$45

Days and Times Vary

11/17/24 - 12/21/24

Owatonna Fitness

Instructor: Reagan West

PUNCH: BOXING FOR AGING

Get your strength back! Let's punch your way to great fitness (your choice: with or without gloves!) Improve movement, muscle coordination, balance, cognitive strength, and more. Join a community of hope, healing and FIGHT BACK against aging, parkinson's and degenerative brain diseases. This class can be taken in person or virtually online if you have limited transportation / mobility!

0840A

Tues./Thurs.

10:30 - 11:30 AM

Instructor:

\$39

09/17/24 - 10/24/24

Owatonna Fitness

Reagan West

0840B

Tues./Thurs.

10:30 - 11:30 AM

Instructor:

\$39

11/05/24 - 12/12/24

Owatonna Fitness

Reagan West

POWER PUMP

Strength training and toning! For beginners to experts, this is the power you're looking for! Low cardio, weights, muscle work, and core all in a 45-minute class.

0845A

Tuesdays

4:05 - 4:50 PM

Instructor:

\$29

09/17/24 - 10/29/24

Owatonna Fitness

Tanya Anderson

0845B

Fridays

6:15 - 7:00 AM

Instructor:

\$29

09/20/24 - 11/01/24

Owatonna Fitness

Tanya Anderson

0845C

Tuesdays

4:05 - 4:50 PM

Instructor:

\$29

11/05/24 - 12/17/24

Owatonna Fitness

Tanya Anderson

0845D

Fridays

6:15 - 7:00 AM

Instructor:

\$29

11/01/24 - 12/13/24

Owatonna Fitness

Tanya Anderson



BOOTCAMP

An amazing deal for group fitness that includes 20 classes per session! Sign up for this popular interval class that's great for weight loss, building strength, and much more! If you're looking to get in shape in a fun and welcoming group setting, there's nothing quite as effective as a good ol' fashioned bootcamp workout. This class meets three times per week and includes strength, cardio, toning, and more!

0850A **\$39**
 Mon./Wed./Fri. 09/16/24 - 10/30/24
 6:00 - 6:45 PM Owatonna Fitness
 Instructor: Jason Smith

0850B **\$39**
 Mon./Wed./Fri. 11/01/24 - 12/16/24
 6:00 - 6:45 PM Owatonna Fitness
 Instructor: Jason Smith

DATE NIGHT ROCK CLIMBING

Get your spouse, significant other, or bestie ready to rock climb! Experience a basic introduction to rock climbing and learn how to belay. No experience needed!

0855 **\$10**
 Friday 10/11/24
 6:00 - 8:00 PM Owatonna Middle School
 Instructor: Amanda Flohrs

WOMEN'S INTRO TO INDOOR ROCK CLIMBING

Welcome to indoor rock climbing! Learn the basics of climbing and belaying at the new OMS climbing wall. Enjoy learning while socializing with other women in our community. Practice new skills in a supportive environment, both for and taught by women!

0860 **\$26**
 Sundays 10/27/24 - 11/17/24
 7:00 - 8:30 PM Owatonna Middle School
 Instructor: Amanda Flohrs

DISCOVER CURLING!

Enjoy an evening at the Owatonna Curling Club learning the sport of curling. Curling is a Winter Olympic sport played on ice where large stones are slid along sheets of ice, swept by brooms. Over the course of the three hours, participants will learn to deliver and sweep stones. Ice grippers and brooms will be provided along with traditional refreshments.

0865 **\$27**
 Friday 11/08/24
 6:00 - 9:00 PM Owatonna Curling Club
 Instructor: Chris Dibble

PICKLEBALL WORKSHOP

Are you a pickleball enthusiast ready to make the next step toward improvement? Join our resident clinician Paul Krumrie as he leads you through a lively session of drills that help you become a better player. There will be time to practice what you have learned when we move to supervised game strategy. Each session is 90 minutes and you may sign up for both sessions. You should bring your own paddle, but we will have some to borrow at the clinics. This class is designed for adults who have previously played. You know how to keep score, you know the basic rules, and your hand-eye coordination is good. Wear comfortable shoes and clothes and be ready to move!

0870A **\$10**
 Saturday 12/07/24
 12:15 - 1:45 PM Christian Family Church
 Instructor: Paul Krumrie

0870B **\$10**
 Saturday 12/07/24
 2:00 - 3:30 PM Christian Family Church
 Instructor: Paul Krumrie

LINE DANCE #1

Get moving to the beat of a variety of music. Learn popular beginner line dances with Lynette and Brian Dawley! No partner needed. No dance experience necessary.

0875 **\$26**
 Mondays 09/16/24 - 10/07/24
 6:00 - 7:00 PM Bee Bop Club
 Instructors: Lynette & Brian Dawley

INTRO TO COUNTRY TWO STEP DANCE

This class will focus on the basic steps of Country Two Step. You will learn how to travel around the floor and a few simple turns.

0876 **\$26**
 Mondays 09/16/24 - 10/07/24
 7:15 - 8:15 PM Bee Bop Club
 Instructors: Lynette & Brian Dawley

LINE DANCE #2

This class will teach beginner line dances. However, we will learn different dances than those taught in the Line Dance #1 class. No partner or dance experience needed!

0877 **\$26**
 Mondays 10/14/24 - 11/04/24
 6:00 - 7:00 PM Bee Bop Club
 Instructors: Lynette & Brian Dawley

COUNTRY TWO STEP - THE NEXT STEP

This class will build on your basic two step skills as we introduce you to a variety of "weave" patterns. Basic knowledge of two step is recommended for this class.

0878 **\$26**
Mondays 10/14/24 - 11/04/24
7:15 - 8:15 PM Bee Bop Club
Instructors: Lynette & Brian Dawley

BEGINNING EAST COAST SWING

This is a high energy, triple step swing danced to country western and the music of the 50's. This class will teach basic steps and turns. No dance experience needed.

0879 **\$26**
Tuesdays 10/15/24 - 11/05/24
6:00 - 7:00 PM Bee Bop Club
Instructors: Lynette & Brian Dawley

INTRO TO NIGHT CLUB TWO STEP

This is a slow, romantic dance. This class will teach the basic patterns including runs, lady's turn, and open breaks. No dance experience needed.

0880 **\$26**
Tuesdays 10/15/24 - 11/05/24
7:15 - 8:15 PM Bee Bop Club
Instructors: Lynette & Brian Dawley

INTRO TO SALSA

Learn the basic steps in Salsa including the lady's turn, open breaks, and "peek-a-boos." This is a great club dance for smaller floors. No dance experience needed.

0881 **\$26**
Mondays 11/11/24 - 12/02/24
6:00 - 7:00 PM Bee Bop Club
Instructors: Lynette & Brian Dawley

INTERMEDIATE WEST COAST SWING

This class will introduce you to a variety of 8, 10, and 12 count patterns. Basic knowledge of 6 count west coast swing patterns are recommended for this class.

0882 **\$26**
Mondays 11/11/24 - 12/02/24
7:15 - 8:15 PM Bee Bop Club
Instructors: Lynette & Brian Dawley

INTERMEDIATE EAST COAST SWING

This class will build on your basic East Coast Swing by adding patterns like the egg-beater" and "the Pretzel." Basic knowledge of East Coast Swing is recommended for this class.

0883 **\$26**
Tuesdays 11/12/24 - 12/03/24
6:00 - 7:00 PM Bee Bop Club
Instructors: Lynette & Brian Dawley

INTERMEDIATE NIGHT CLUB TWO STEP

This class will take your basic skills in Night Club Two Step to the next level by adding traveling patterns and turns. Basic knowledge of Night Club Two Step is recommended for this class.

0884 **\$26**
Tuesdays 11/12/24 - 12/03/24
7:15 - 8:15 PM Bee Bop Club
Instructors: Lynette & Brian Dawley

OWATONNA COMMUNITY WALKING TRACK DAY PASS

Try out the Owatonna Community Walking Track with our all new single day pass! Escape the hustle and bustle of everyday life and get your steps in at the High School!

A day pass includes open walking track hours, 5-9pm, from November 6, 2024 - March 7, 2025. Due to sports schedules, hours for the walking track will change on March 10, 2025 and will run 6-9pm until May 2, 2025. This only includes days in which school is in session. Dates and hours are subject to change based on home section games. Day passes are available for those 18 years of age and older. You are required to wear clean, indoor-only, walking shoes on the track. There is no running on the track and this pass does not include access to the weight room or cardio room. If you register online, you will confirm your fitness waiver through your registration. If you register in-person or via phone you are required to sign a fitness waiver prior to your first meeting on the track.

WDP **\$5/person/day**
Days Vary 11/06/24 - 05/02/25
5:00 - 9:00 PM Owatonna High School

OWATONNA COMMUNITY WALKING TRACK PROGRAM

Lace up your sneakers and get ready to join us at the Owatonna Community Walking Track at the Owatonna High School!

Your registration includes open walking track hours, 5-9pm, from November 6, 2024 - March 7, 2025. Due to sports schedules, hours for the walking track will change on March 10, 2025 and will run 6-9pm until May 2, 2025. This only includes days in which school is in session. Dates and hours are subject to change based on home section games. This program is only available for those 18 years of age and older. You are required to wear clean, indoor-only, walking shoes on the track. There is no running on the track and this registration does not include access to the weight room or cardio room.

A senior activities pass will be honored for free admittance to this program. Pick up senior activity passes at Roosevelt School. If you currently hold a senior activities pass, you will need to re-enroll in this program.

If you register online, you will confirm your fitness waiver through your registration. If you register in-person or via phone you are required to sign a fitness waiver prior to your first meeting on the track.

W2425 **\$50**
Monday - Friday 11/06/24 - 05/02/25
5:00 - 9:00 PM Owatonna High School



ARTFUL LIVING

ALL OCCASION CARD CLASS

Create 25 all occasion cards! This class includes five cards of five different designs. These themes may be sympathy, thank-you, birthday, thinking-of-you or even some blank cards to keep for those upcoming occasions. Your instructor will provide all the materials, including envelopes, and precise tools for you to create 25 beautiful cards. Take-home kit available upon request.

0100 **\$27**
 Tuesday 09/24/24
 6:00 - 9:00 PM Roosevelt School
 Instructor: Elizabeth Cusey

HOLIDAY CARD CLASS

Create 25 holiday cards for all your loved ones during this special time of year! In this class, you will create five cards of five different designs. Your instructor will provide all the materials, including envelopes, and creative tools for you to create the cards of your holiday dreams! Take-home kit available upon request.

0101 **\$27**
 Wednesday 11/06/24
 6:00 - 9:00 PM Roosevelt School
 Instructor: Elizabeth Cusey

POTTERY ON THE WHEEL FOR TEENS AND ADULTS

How do you throw clay on the wheel? Beginners will learn how to use the wheel to create three dimensional forms and vessels. Demonstrations will cover the basics of wedging, centering, pulling, trimming, and forming functional vessels. If you are accustomed to clay come and fine tune your skills, learn a new technique, and challenge yourself with larger, more complex forms. Dress for a mess and wear tennis shoes. Bring your ideas, excitement, and inspiration to each class. One 25 lbs bag of clay is included. Any additional clay can be purchased from the Owatonna Arts Center. Basic glazing will be covered to finish all pieces. Call the instructor at 507-835-1192 or the Owatonna Arts Center at 507-451-0533 if you have any questions.

0102 **\$222**
 Thursdays 09/19/24 - 11/07/24
 6:30 - 9:00 PM Owatonna Arts Center
 Instructor: Joan Mooney

THANKSGIVING CANDLE CENTERPIECE

Learn how to create a beautiful, long lasting candle centerpiece for Thanksgiving. Using long lasting flowers you'll create an all-around centerpiece with taper candle which you can keep for yourself or give as a gift! Bring your own cutters or pruners to class.



0103 **\$41**
 Tuesday 11/26/24
 6:00 - 7:00 PM Roosevelt School
 Instructors: Jodi Klecker and Amy Rieck

TABLE-TOP SPRUCE-TIP CENTERPIECE

Create a beautiful long lasting centerpiece using spruce tips and winter greens, adorned with berries, twigs, and other natural pods. All supplies are provided. Bring your own cutters or pruners and gloves to class.

0104 **\$65**
 Wednesday 12/18/24
 6:00 - 7:00 PM Roosevelt School
 Instructors: Jodi Klecker and Amy Rieck

CLAY CLUB: SCULPEY FARM ANIMALS (ADULT/YOUTH)

Create your own barnyard of mini farm animals as you learn how to mold and blend polymer clay. Students will make small animals and maybe even a mini barn for your herd! Plan to create your items and then pick them up after they've dried 2-3 days later at the Owatonna Arts Center. Make sure to bring a container when you pick-up your creations! This class is open to those youth who are at least 8 years of age.

0105 **\$35**
 Monday 10/07/24
 6:00 - 8:00 PM Owatonna Arts Center
 Instructor: Gail Zollner

CLAY CLUB: SCULPEY FANTASY CREATURES (ADULT/YOUTH)

Create your own forest of clay fairies and dragons! Learn how to mold and blend these creatures using polymer clay. Students will make small creatures, maybe a cave for your dragons or maybe even a mushroom house for your fairies. Plan to create your items and then pick them up after they've dried 2-3 days later at the Owatonna Arts Center. Make sure to bring a container when you pick-up your creations! This class is open to those youth who are at least 8 years of age.

0106 **\$35**
Monday 10/14/24
6:00 - 8:00 PM Owatonna Arts Center
Instructor: Gail Zollner

3D ORIGAMI (ADULT/YOUTH)

Create your own boxes, bowls, and pockets from wrapping paper and origami paper. Built for beginners, your instructor Gail will guide you every step of the way! All materials are included.

0107 **\$20**
Monday 11/11/24
6:00 - 7:30 PM Owatonna High School
Instructor: Gail Zollner

FABRIC ORIGAMI (ADULT/YOUTH)

Use origami techniques, fabric, and an iron to make a gift card wallet out of fabric. Other simple origami shapes will be created using fabric as well. Beginners welcome! Our instructor will guide you every step of the way. Please bring an iron if you have one. This class requires one adult for each youth. This class is open to youth who are at least 10 years of age. All materials are included.

0108 **\$20**
Monday 11/18/24
6:00 - 8:00 PM Owatonna High School
Instructor: Gail Zollner

CREATE WITH CROCHET: BEGINNER HEADBAND (ADULT/YOUTH)

Create your own headband using yarn and a crochet hook. Learn 3-4 basic stitches that can be applied to other projects. In the first class, students will learn all about stitches and patterns and then begin to craft their headband. You can continue to work on your headband between classes and be ready to finish the project at the second class. If you catch on to crocheting, you may be able to start a second headband! Youth should be at least 10 years of age to join this class. All materials are included.

0109 **\$20**
Thursdays 09/19/24 - 09/26/24
5:30 - 7:30 PM Roosevelt School
Instructor: Gail Zollner

CREATE WITH CROCHET: BEGINNER MUG RUG (ADULT/YOUTH)

Create your own apple mug rug from cotton yarn and a crochet hook. Students will learn 3-4 basic stitches that can be applied to other projects, including crocheting in a circle. If time allows, you may also get a chance to start a second mug rug! Youth must be at least 10 years of age. All materials are included.

0110 **\$20**
Thursday 11/07/24
5:30 - 7:30 PM Roosevelt School
Instructor: Gail Zollner

SEW MUCH FUN: ANIMAL PLUSHIES

Discover the joy of sewing by crafting a delightful collection of animal-themed plushies that are perfect for all skill levels. This class requires one adult for each youth. This class is open to youth who are at least 5 years of age. All materials are included.

0111 **\$24**
Thursday 11/21/24
5:00 - 7:30 PM Roosevelt School
Instructor: Gail Zollner



BUSINESS AND FINANCE

GETTING THE MOST FROM MEDICARE & SOCIAL SECURITY

Getting close to retirement? Come to an informative seminar on Medicare & Social Security where you will get to know your options and understand how to maximize your benefits! You will not be obligated to commit to Principal Financial. This is an information-only and lecture-based class that will include a presentation and handouts.



0505A **\$10**
 Thursday 10/17/24
 6:00 - 7:00 PM Principal Financial Group
 Instructors: JT Miller and Geoff Stamp

0505B **\$10**
 Thursday 11/14/24
 6:00 - 7:00 PM Principal Financial Group
 Instructors: JT Miller and Geoff Stamp

ACADEMIA DE PEQUEÑOS NEGOCIOS - POR CO.STARTERS

Academia de Pequeños Negocios es un programa de tres meses que brinda a los participantes el conocimiento, las relaciones y las herramientas necesarias para convertir las ideas comerciales en acción. Los únicos requisitos para unirse al programa son (1) tener una idea, (2) estar dispuesto a cuestionar, dar forma y mejorar esa idea, y (3) estar dispuesto a hablar sobre la idea con otros. En este programa de grupos pequeños dirigido por un facilitador, los participantes desarrollan y perfeccionan sus ideas, examinan críticamente cada parte y determinan qué hacer a continuación a través de comentarios en tiempo real de personas de la comunidad. Este enfoque permite a los participantes descubrir rápidamente problemas potenciales en sus conceptos y encontrar modelos viables más rápidamente. Los participantes salen del programa con las herramientas y habilidades necesarias para crear un negocio sostenible. En asociación con el Owatonna Area Business Development Center (OABDC), con financiamiento proporcionado en parte por SMIF, DEED, SBDC y SBA. También se encuentran disponibles becas y materiales en inglés. Clases en OABDC: 1065 24th Ave. SW, Owatonna, MN 55060.

Los materiales para esta clase cuestan \$199, pero se reembolsan en su totalidad al finalizar el curso. Se enviará una factura por los materiales después de la inscripción.

0506A **Free**
 Tuesdays 09/17/24 - 11/19/24
 5:00 - 8:00 PM Owatonna Area Business Development Center
 Instructor: Sean Williams

SMALL BUSINESS ACADEMY - POWERED BY CO.STARTERS

Small Business Academy is a three-month program that provides participants with the knowledge, relationships, and tools necessary to turn business ideas into action. The only requirements to join the program are (1) have an idea, (2) be willing to question, shape, and improve that idea, and (3) be willing to talk about the idea with others. In this facilitator-led, small-group program, participants develop and refine their ideas, critically examine each part, and determine what to do next through real-time feedback from people in the community. This approach allows participants to quickly discover potential problems in their concepts and find viable models more quickly. Participants leave the program with the tools and skills necessary to create a sustainable business. In partnership with the Owatonna Area Business Development Center (OABDC), with funding provided in part by SMIF, DEED, SBDC, and SBA. Scholarships and materials in Spanish are also available. Classes are held at OABDC: 1065 24th Ave. SW, Owatonna, MN 55060.

Materials for this class are \$199, but are fully refunded upon completion of the course. An invoice for the materials will be sent after registration from the Owatonna Area Business Development Center.

0506B **Free**
 Mondays 09/16/24 - 11/18/24
 5:00 - 8:00 PM Owatonna Area Business Development Center
 Instructor: Sean Williams

COMPUTERS AND TECHNOLOGY



GROW YOUR BUSINESS WITH INSTAGRAM

What can you do on Instagram that can result in huge growth for your customer base and sales? We've got the answers you need in this fun beginner level class to grow your business with Instagram. You'll learn the key steps needed in order to improve your company bottom line and also gain more followers. Plus, you'll learn to make your content irresistible and have fun living in the creative process!

This is a live, online class via zoom. You will receive a class link via email when you register.

0200 **\$20**
 Thursday 12/05/24
 12:00 - 1:00 PM Online
 Instructor: Nickie Welsh



HOW TO CREATE YOUR OWN YOUTUBE CHANNEL

In this engaging beginner class, you'll learn the basics to create and launch your very own YouTube channel. Join the world's largest media platform to share your hobbies, advice, instructions, gifts, and more with the world and your audience! We'll walk you through a step-by-step process so that you can get started today!

This is a live, online class via zoom. You will receive a class link via email when you register.

0205 **\$20**
 Tuesday 09/24/24
 12:00 - 1:00 PM Online
 Instructor: Nickie Welsh



HOW TO USE VENMO SAFELY IN 2024

Stay up to date by expanding your technology knowledge and learn what you need to know about the mobile payment service called Venmo. Learn how to pay friends, businesses or receive money without using cash or checks. You'll leave this class with a confident understanding of how to set up Venmo safely, fees to avoid, and real world scenarios you or your family and friends may use with this mobile payment option.



This is a live, online class via zoom. You will receive a class link via email when you register.

0210 **\$20**
 Thursday 10/03/24
 12:00 - 1:00 PM Online
 Instructor: Nickie Welsh



CREATE SOCIAL MEDIA CONTENT WITHOUT PANICKING

Are you nervous to begin filming and posting your own social media content? Do you have a business, product, or service, but panic at the thought of putting yourself on social media? Well, in this beginner class, you'll learn helpful tips and strategies to create social media content with ease. You'll never have to worry about freezing up in front of a camera, all thanks to the helpful skills you'll be taking with you once your class is complete. We'll walk you through a step-by-step process so that you can begin producing content today!

This is a live, online class via zoom. You will receive a class link via email when you register.

0215 **\$20**
 Tuesday 10/08/24
 12:00 - 1:00 PM Online
 Instructor: Nickie Welsh



CREATING IN CANVA

Canva is the perfect digital tool for beginners and novices! Open up a world of possibilities by learning how to use the easiest design website available all for free. In this class you will learn how to create designs from scratch or use their gorgeous templates with step-by-step guidance for any digital image you need. From online documents, business cards, email signatures, and more, you'll leave this class with a practical guide to use Canva with confidence! This is a live, online class via zoom.

You will receive a class link via email when you register.

0220 **\$20**
 Thursday 10/10/24
 12:00 - 1:00 PM Online
 Instructor: Nickie Welsh



PRACTICAL CHATGPT TRAINING FOR EVERYONE

Have you been curious about what ChatGPT is and how it may affect you as a consumer? Learn what you need to know about ChatGPT powered by Artificial Intelligence in this fun and engaging class! You will understand how it works and why it's taking the world by storm. You'll also learn practical everyday uses for ChatGPT in the workforce and at home. Don't get left behind in today's tech savvy world!



This is a live, online class via zoom. You will receive a class link via email when you register.

0225 **\$20**
 Tuesday 10/15/24
 12:00 - 1:00 PM Online
 Instructor: Nickie Welsh



BECOMING CYBER SAVVY

In today's digitally-driven world, cyber threats have become an ever-present reality. From phishing scams to data breaches, the importance of cybersecurity cannot be overstated. Recognizing this crucial need, the MN State IT Center of Excellence has launched a new community-based training program, "Becoming Cyber Savvy", aimed at demystifying cybersecurity and empowering people with practical tools to protect themselves online. We will discuss how to identify personal risk, how to create safe and secure passwords, how to protect your personal systems, and real-life examples of phishing and scam emails.

Our first session is a live, online class via zoom. You will receive a class link, via email, about one week before your class begins. Our second session, with the same content will be held in person at Roosevelt

0230A **\$10** **0230B** **\$10**
 Monday 09/23/24 Thursday 09/26/24
 6:00 - 7:30 PM Online 6:00 - 7:30 PM
 Instructor: Melissa Rousu Instructor: Melissa Rousu

CREATIVE LIVING



INSTANT POT CHICKEN BURRITO BOWLS, EAST INDIAN BUTTER CHICKEN & HOMEMADE NAAN

Have some fun participating in this virtual Instant Pot cook-along class! On the Menu: The instructor's own version of Chicken Burrito Bowls and the ever-popular butter chicken! Chef Tess will also be providing step-by-step guidance for making Homemade Naan bread. Participants will receive a list of ingredients and a class link in advance of the class with enough time for shopping and prep. A professionally made PDF packet of the instructor's personal recipes from this class will also be sent to you following class.



0600 **\$35**
 Saturday 09/21/24
 4:00 - 6:00 PM Online
 Instructor: Tess Georgakopoulos



AIR FRYER HYPE! COPYCAT KFC & RECIPE IDEAS FOR ALL AGES!

Have you ever wondered what the Air Fryer Hype is all about? Do you have one and want ideas about what to make in it besides fries or crisping up frozen processed foods? Are you thinking about purchasing an Air Fryer but would like to know more about it first? This class may just answer all those questions for you! On the menu: Your instructor will demonstrate homemade eggroll wraps, pizza bites, seasoned potato wedges, and burgers! You also have the opportunity to cook-along to the instructor's own Copycat KFC Chicken recipe! All healthy, delicious recipes that will have your family coming back for more!

Participants will receive a list of ingredients and a class link in advance of the class with enough time for shopping and prep. A professionally made PDF packet of the instructor's personal recipes from this class will also be sent to you following class. A PDF packet of the Instructor's personal recipes will also be sent to you. This class is held live online via ZOOM.

0605 **\$35**
 Friday 09/27/24
 5:00 - 7:00 PM Online
 Instructor: Tess Georgakopoulos



DREAMY STEAMED BAO BUNS & KOREAN BULGOGI BBQ CHICKEN!

The word "Bao" is derived from the word "Baozi" which means, "to wrap" in Mandarin. Bao buns are often described as "steamed pillows" of deliciousness that are becoming increasingly popular in North America. They are created by freshly steaming yeasted dough and are then stuffed with sweet and savory fillings. Your instructor will teach you how to create the buns and fill them with Korean Bulgogi BBQ Chicken and a wonderful variety of quick pickled vegetables!



Equipment needs: A bamboo steamer is nice to have but not necessary. A stand mixer is highly recommended. Participants will receive a list of ingredients and a class link in advance of the class with enough time for shopping and prep. A professionally made PDF packet of the instructor's personal recipes from this class will also be sent to you following class.

0610 **\$45**
Friday 10/11/24
5:00 - 7:30 PM Online
Instructor: Tess Georgakopoulos



CHURROS & HANDMADE CORN TORTILLA TACO FIESTA

Dive into the world of creating a masterful fiesta where everything is made from scratch! The churros, corn tortilla, and even the spice mix is handcrafted! Store bought tortillas will become a thing of the past and your favorite tacos will be the ones you create and made with love. On the menu: Delicate churros that are crispy on the outside and fluffy on the inside, coated in a warm sweet spice and dunked in a velvety chocolate sauce. Handcrafted corn tortillas, guacamole, taco meat seasoned to perfection, and refried beans are all included.



Equipment needs: Although a tortilla press is nice to have it is not required. You will need a non-stick pan for the tortillas. Participants will receive a list of ingredients and a class link in advance of the class with enough time for shopping and prep. A professionally made PDF packet of the instructor's personal recipes from this class will also be sent to you following class.

0615 **\$50**
Tuesday 10/15/24
5:00 - 7:30 PM Online
Instructor: Tess Georgakopoulos



FRIGHT NIGHT DELIGHT!

Fall brings pumpkins, a bountiful harvest, and ghoulish family fun! Join Chef Tess for an evening of fun as she guides you step-by-step in the creating a fall family feast. These will be simple dishes to satisfy all your fall cravings! On the menu: Dreamy pumpkin & potato gnocchi made with pumpkin and shaped into mini pumpkins, lathered in a cheesy cream sauce. We'll also have ghoulish "intestines" meaning a stuffed pastry seasoned meat roll with a gory cranberry dipping sauce. Top off the night with a pumpkin & spice chocolate chip muffin!



Participants will receive a list of ingredients and a class link in advance of the class with enough time for shopping and prep. A professionally made PDF packet of the instructor's personal recipes from this class will also be sent to you following class.

0620 **\$40**
Friday 10/25/24
5:00 - 7:30 PM Online
Instructor: Tess Georgakopoulos



MASTER CLASS: CHINESE DINNER FAVORITES

Get your chopsticks ready! Really good Chinese take-out is often difficult to find but register for this Master Class and learn how to create these favorites, from scratch, from your own kitchen! Although most Chinese take-out items are fried, this class will also provide healthier options for cooking. This class will include a cook-along option for four recipes and one additional recipe will be demonstrated. You can also expect a discussion regarding ingredients and basic equipment commonly found within Asian cuisine. On the menu: Fried Rice, Orange Chicken, General Tso's Chicken & Veggie or Chicken Eggrolls. Chicken or Pork Lo Mein will be demonstrated only.



Participants will receive a list of ingredients and a class link in advance of the class with enough time for shopping and prep. A professionally made PDF packet of the instructor's personal recipes from this class will also be sent to you following class.

0625 **\$79**
Saturday 10/26/24
4:00 - 6:30 PM Online
Instructor: Tess Georgakopoulos



BLAST FROM THE PAST DINER DINNER

Travel back in time and reminisce about the days when Saturday afternoons were synonymous with a trip to the local diner for a treat! Join Chef Tess to learn how to recreate a gourmet level diner dinner that will have you remembering days gone by. On the menu: Hot Hamburger Steak with homemade "Umami Bomb" Gravy served over fresh bread followed by a spectacular Apple Strudel.



Participants will receive a list of ingredients and a class link in advance of the class with enough time for shopping and prep. A professionally made PDF packet of the instructor's personal recipes from this class will also be sent to you following class.

0630 **\$45**
Saturday 11/02/24
4:00 - 6:30 PM Online
Instructor: Tess Georgakopoulos



BAKLAVA & SPANAKOPITA! SWEET & SAVORY GREEK PHYLLO PASTRIES

Baklava is a traditional Greek layered dessert pastry made with phyllo, chopped nuts, and other secret ingredients, bathed in a dreamy syrup. Spanakopita on the other hand is a savory Greek pastry with a filling that includes spinach, cheese, among other ingredients, and is then wrapped in phyllo pastry. Chef Tess has been making these beauties since she was about six years old and now, years later, she has decided to share this tradition with you! On the menu: Baklava Rolls and Spanakopita Triangles.



Participants will receive a list of ingredients and a class link in advance of the class with enough time for shopping and prep. A professionally made PDF packet of the instructor's personal recipes from this class will also be sent to you following class.

0635 **\$40**
Tuesday 11/12/24
5:00 - 7:30 PM Online
Instructor: Tess Georgakopoulos



MASTER CLASS: PRINCIPLES OF PIZZA MAKING

Many agree that the joy of eating freshly made pizza can rarely be surpassed, but there is so much more to pizza than just eating! The satisfaction of understanding how different flours, yeasts, hydration points, proofing, flavor development, and dough strength is an art form that takes years to hone. Take the first step of this journey by registering for this class with Chef Tess. She will guide you through the intricacies of making a wonderful Neapolitan Style Pizza comparable to the pizza made in brick ovens in Italy! This presentation will also include the "Do's and Don'ts of sauce making," types of appliances, equipment, accessories and so much more!



Participants will receive a list of ingredients and a class link in advance of the class with enough time for shopping and prep. A professionally made PDF packet of the instructor's personal recipes from this class will also be sent to you following class.

0640 **\$139**
Saturday 11/16/24
4:00 - 7:00 PM Online
Instructor: Tess Georgakopoulos



CLASSIC HOMEMADE PIEROGI & SWEET BERRY PIEROGI

Learn how to make your own homemade pierogi! We'll make a classic savory pierogi and a wonderful sweet berry pierogi with two types of dough and filling that will make your taste buds dance! We will also learn how to cook and freeze these little dumplings that you can make ahead and store for a rainy day.



Participants will receive a list of ingredients and a class link in advance of the class with enough time for shopping and prep. A professionally made PDF packet of the instructor's personal recipes from this class will also be sent to you following class.

0645 **\$40**
Tuesday 11/19/24
5:00 - 7:00 PM Online
Instructor: Tess Georgakopoulos



MASTER CLASS: EASY AS PIE CRUST, FILLINGS, & TOPPINGS FOR DELICIOUS DESSERTS!

Everyone has a special memory of enjoying a freshly baked slice of their favorite pie. Fillings of fruit, berries, custards and creams, dressed with sugar and spices, wrapped in a flaky or savory crust baked or prepared to perfection. Register for this Pie Making Master Class and learn to make the pies that create core memories for all who have the privilege of having a slice. This class will include a bake-along option for two different pies, through which participants will learn two methods for making a flaky shortcut crust. The instructor will also demonstrate the creation of two additional pies to display different techniques for artfully constructing and decorating the top crust. Expect a discussion regarding different types of desserts, pies, flours, fillings, crusts, blind-baking and more.



Participants will be asked to fill out a short survey that will record their preferences and determine the pies that will be featured in each segment of the class. Participants will receive a list of ingredients and a class link in advance of the class with enough time for shopping and prep. A professionally made PDF packet of the instructor's personal recipes from this class will also be sent to you following class.

0650 **\$79**
 Saturday 11/23/24
 4:00 - 6:30 PM Online
 Instructor: Tess Georgakopoulos



HOLIDAY COOKIE MAGIC, ROYAL ICING & STUFFED COOKIES BAKE-ALONG

Back by popular demand are Chef Tess' Magical Cheesecake & Brownie Stuffed Chocolate Chip Cookies, in addition to her ever-popular Holiday Cookie Bake & Decorate class where participants learn the foundations of decorating cookies with Royal Icing! If you are looking to start a new holiday cookie baking tradition look no further! Gather your family for baking and decorating or treat yourself to some quality "me-time."



Participants will receive a list of ingredients and a class link in advance of the class with enough time for shopping and prep. A professionally made PDF packet of the instructor's personal recipes from this class will also be sent to you following class.

0655 **\$35**
 Friday 12/06/24
 5:00 - 7:00 PM Online
 Instructor: Tess Georgakopoulos



GREEK GOURMET! PASTITSIO & GALAKTOBOUREKO

Escape to the Mediterranean with the flavors of Greece and get your "OPPA" on! In this interactive cook-along class you will learn the secrets of creating a lavish Greek dish called "Pastitsio" and a Greek dessert called "Galaktoboureko." Pastitsio is a culmination of layered Greek pasta, savory spiced meat sauce, and a topping of cheesy bechamel sauce. Galaktoboureko is made with a Greek custard, wrapped in phyllo pastry, and bathed in a syrup. Both dishes require a lot of work and prep so participants will cook-along to the Pastitsio and simply watch Tess create the Galaktoboureko. Both recipes however will be included in the packet for participants.

Participants will receive a list of ingredients and a class link in advance of the class with enough time for shopping and prep. A professionally made PDF packet of the instructor's personal recipes from this class will also be sent to you following class.

0660 **\$50**
 Saturday 12/07/24
 4:00 - 6:30 PM Online
 Instructor: Tess Georgakopoulos

CONVENIENTLY PAY ONLINE WITH



We accept VISA, MasterCard and Discover.



COPYCAT CINNABON CINNAMON ROLLS, BASQUE BURNT CHEESECAKE & HOT COCOA BOMBS!

Add three delicious treats to your holiday celebration as you learn to create freshly baked Cinnamon Rolls, luscious Basque Burnt Cheesecake, and velvety Cocoa Bombs! Be ready to keep all recipes a secret as they are only shared with participants of this class!

Equipment needs: A Cocoa Bomb silicone mold. These are available at most craft stores and online. A minimum of 2 1/4 inch cocoa bomb mold is recommended but a 3 inch works well, too. A spring form pan with an 8 or 9 inch interior will be used for the cheesecake. Participants will receive a list of ingredients and a class link in advance of the class with enough time for shopping and prep. A professionally made PDF packet of the instructor's personal recipes from this class will also be sent to you following class.

0665 **\$45**
 Saturday 12/14/24
 4:00 - 6:30 PM Online
 Instructor: Tess Georgakopoulos



DISCOVERING A WORLD OF EXTRA VIRGIN OLIVE OIL (EVOO)

Do the supermarket shelves of olive oil overwhelm you? Not sure what to look for on labels or how to identify flavor or freshness? Are you curious about premium quality production and the array of varietals? This class explores the world of EVOO (Extra Virgin Olive Oil)! Dive into storage techniques and the three elements of flavor. We will practice tasting mild to robust oils from a variety of regions with interviews from EVOO producers. Using quality extra virgin olive oils adds intriguing flavors to everyday foods. EVOO is great for veggies, meats, salads and desserts as well as bread. During this experience, taste and explore your preferences in flavor and investigate pairings of six extra virgin olive oils along with other EVOO novices! No two classes experience the same oils so return students are welcome!

Your instructor's affection for EVOO began when she tasted freshly crushed olives on the Island of Crete. She spends time researching, tasting, and discussing oils for each class she teaches.

0670 **\$20**
 Thursday 10/24/24
 6:00 - 8:00 PM Roosevelt School
 Instructor: Nancy Lacina

👉 SPIRIT SWEETS: HOMECOMING COOKIE DECORATING

Who doesn't love getting out and doing something fun while also eating delicious cookies!? That's what this class is all about! Our classes cater to the beginner. Whether you want a fun date, a girls-night-out or just want to explore what cookie decorating is on your own - we have a seat for you. For this in-person class, all you will need to bring is yourself (and an apron if you are a messy decorator), and we take care of the rest. You will get a set of pre-baked cookies as well as all the supplies you will need to decorate them for a beautiful Homecoming-themed creation. Our classes are one hour and a half, and that will give us enough time to decorate the cookies and answer any questions along the way. You will leave the class with your very own box of your very own newly decorated cookies and the instructor's personal recipes!



0675 **\$65**
 Tuesday 10/01/24
 6:00 - 8:00 PM Roosevelt School
 Instructor: Angela Larson

👉 BOO-TIFUL BITES HALLOWEEN COOKIE DECORATING

Unleash your inner artist and indulge in your sweet tooth in our next sugar cookie decorating workshop! Join us for an interactive and fun-filled class where you'll learn the art of decorating sugar cookies like a pro. Your instructor, Angela Larson, will guide you step-by-step in the process of creating beautifully decorated sugar cookies that are almost too pretty to eat and even better, they are Halloween-themed! Angela will provide you with insider tips, techniques, all the supplies needed, and even her personal recipes. Expect to leave the class with your very own box of your newly decorated cookies.



0680
Wednesday 10/23/24
6:00 - 8:00 PM
Instructor: Angela Larson
Roosevelt School

👉 GRATEFUL GOODIES COOKIE DECORATING

Welcome to our Thanksgiving Cookie Decorating Class! Embrace the festive spirit and join us for a most-delicious workshop where you'll learn to create beautifully decorated cookies that are perfect for your Thanksgiving celebrations. Whether you're a beginner or a seasoned decorator, this class offers something for everyone. Your instructor, Angela Larson, will teach you basic cookie decorating techniques, how to make and work with royal icing, tips for achieving vibrant colors and smooth finishes, discuss creative design ideas, and how to pipe and add those intricate details we all love and cherish.



0685
Tuesday 11/12/24
6:00 - 8:00 PM
Instructor: Angela Larson
Roosevelt School

👉 HOLIDAY CHEER COOKIE DECORATING

Get into the holiday spirit with our Holiday Cookie Decorating Class! Join us for a delightful session where you'll learn to create stunning and festive cookies perfect for sharing with loved ones or gifting. No matter your skill level, our class is designed to offer something for everyone, from beginners to experienced decorators. Included is a set of pre-baked cookies ready to decorate, all necessary decorating supplies, a take-home box for your cookies, and a detailed recipe booklet from your instructor, Angela Larson.



0690
Saturday 12/14/24
10:00 AM - 12:00 PM
Instructor: Angela Larson
Roosevelt School

GENERAL INTEREST

BASIC LIFE SUPPORT CERTIFICATION (ADULT, CHILD, & INFANT WITH AED)

This Basic Life Support (BLS) training is a certificate-bearing course that trains participants to recognize and respond to life threatening emergencies, such as cardiac arrest and choking, by utilizing techniques of cardiopulmonary resuscitation (CPR) and the automated external defibrillator (AED) device. Your certification will be valid for two years. Registration includes a pocket mask and the potential for an electronic BLS certification card.

0565A
Thursday 09/19/24
5:00 - 8:00 PM
Instructor: Jamie Howe
Roosevelt School

0565B
Tuesday 10/15/24
5:00 - 8:00 PM
Instructor: Jamie Howe
Roosevelt School

0565C
Thursday 11/14/24
5:00 - 8:00 PM
Instructor: Jamie Howe
Roosevelt School

0565D
Tuesday 12/10/24
5:00 - 8:00 PM
Instructor: Jamie Howe
Roosevelt School



CERTIFICATION COURSES

HAUNTED STEELE COUNTY

Have you ever wondered if ghosts are real? Have you had your own experiences? Find out about one of the most haunted places in Minnesota - yes, it's in Steele County! Over many years, your presenter, local historian Nancy Vaillancourt, has gathered stories about things that go bump in the night throughout Steele County. She will share a PowerPoint program with photos and stories. Come prepared to tell your own spooky stories, too!

0570 **\$20**
 Tuesday 10/22/24
 6:30 - 8:00 PM Roosevelt School
 Instructor: Nancy Vaillancourt

SECRETS OF OWATONNA TOUR

Have you ever wondered what lies underneath some of our most impressive Owatonna buildings? Have you seen things move in the upstairs vacant windows of those same buildings? This tour, offered only once a year in the Fall around Halloween, will take you inside several buildings to see what is behind the public view! Our local historian, Nancy Vaillancourt, will not only point out some of the hidden architectural features, but share stories of events in the places where they happened. You must be able to climb stairs and have a vehicle to drive between the locations we will be visiting. Your first clue (the location of our first stop) will be emailed and texted to you the morning of the tour! Remember to provide us with a working email address and/or cell number upon registration. Be sure to have a flashlight and comfortable shoes with you the night of this tour.

If there is poor weather, we will relocate to Roosevelt School for the entire presentation. We will notify you via text and email should a change in location be made.

0575 **\$15**
 Tuesday 10/29/24
 6:30 - 8:30 PM TBD
 Instructor: Nancy Vaillancourt



VIRTUAL CAREGIVER GROUP COACHING

Are you struggling to find a balance for yourself as a caregiver? Do you find yourself struggling to take care of yourself because you have such limited time? Statistics show caregivers often do not take care of themselves when caring for a loved one. This may be because the continuous responsibility of helping their loved one in need leaves them feeling exhausted, overwhelmed, stressed, and with limited time to self care. This program provides an opportunity for caregivers to connect with others in the community and receive support while also learning how to find time for themselves. Take the first step in caring for yourself and join us for this bimonthly caregiver group coaching program. You will be sent a class link via email prior to class.

0580 **\$65**
 Wednesday 09/18/24
 6:30 - 7:30 PM Online
 Instructor: Andrea Oylo



MAJOR CHANGES TO THE COLLEGE PROCESS IN 2024

This past year has resulted in some of the most significant changes to the college planning process in decades. Admission trends have changed regarding how colleges admit students. There are also substantial changes to the FAFSA and financial aid that may make college more expensive, and schools have gone ACT/SAT optional, but not necessarily when they award scholarships. Join us to learn how these changes may impact your family and gain new strategies to consider to give your student the best opportunity to be admitted and maximize their scholarships and financial aid. This is a live, online class via zoom. You will receive a class link via email when you register.

0585 **\$10**
 Monday 09/30/24
 7:30 - 8:30 PM Online
 Instructor: Cozy Wittman



INSTANT PIANO FOR HOPELESSLY BUSY PEOPLE

In just a few hours, you can learn enough secrets of the trade to give you years of musical enjoyment. Learn to play piano the way professionals do - using chords! Since this class is held LIVE online via ZOOM you will be able to sit at your piano or keyboard at home and take this course with zero pressure. Course includes the "Chords are Key for Piano" book and online videos to reference back to as you set out to practice and study on your own! This course is partly lecture/demonstration and partly (virtual) hands-on instruction. Students need access to a piano and a computer. This is a live online class. Prior to class, you will be contacted via email with a class link.

0590 **\$69**
 Monday 10/14/24
 6:30 - 9:30 PM Online
 Instructor: Craig Coffman



INSTANT GUITAR FOR HOPELESSLY BUSY PEOPLE

Have you ever wanted to learn the guitar but simply find it difficult to find the time? In just a few hours you can learn enough about playing the guitar to give you years of musical enjoyment, and you won't have to take private lessons to do it! This crash course will teach you some basic chords and get you playing along with your favorite songs right away. Learn how chords work in a song, how to tune your guitar, how to strum, and so much more! Since this class is held LIVE online via ZOOM, you will be able to sit at home with your guitar and computer and take this class with zero pressure! And, the class even includes an online book and follow-up video lessons so you can continue your practice and study on your own terms. An optional weekly online Q & A session is also included!



This is a live online class. Prior to class, you will be contacted via email with a class link.

0595	\$69
Wednesday	10/16/24
6:30 - 9:00 PM	Online
Instructor:	Craig Coffman

SPECIAL INTEREST



HOW TO BECOME A COMMUNITY EDUCATION INSTRUCTOR

Are you passionate about sharing your knowledge and skills with others? This course is designed for individuals interested in becoming a community education instructor for youth, adult, and/or family classes. Whether you have expertise in arts and crafts, health and wellness, technology, languages, or any other field, this workshop will guide you through the process of becoming a successful community education instructor. No teaching license required! The Adult/Family enrichment coordinator will lead you through the process and then you'll have time to ask questions and fill out course proposals if you choose to do so.

0300	Free
Wednesday	09/25/24
6:00 - 7:00 PM	Roosevelt School
Instructor:	Lydia Yahnke



THE ART OF AGING WELL: PEEL YEARS OFF YOUR BIO AGE

Your chronological age is the number of years you have been alive. It is a fixed number and cannot be changed. Your biological or bio age, however, is measured by how well your organs and body systems work. And, there are many things you can do to affect your biological age. You have more control over how your body ages than you may think. Research has shown that you can peel years off your biological age with a few simple techniques. In this workshop, you will learn scientifically proven tactics you can do right now to decrease your body age. You will also learn facial acupressure points to help erase years from your face, the natural way. This is a live, online class. You will receive a class link and handout, via email, one week prior to your class.

0305	\$27
Monday	09/30/24
6:00 - 7:30 PM	Online
Instructor:	Janice Novak



FACE YOGA

There are over 30 individual muscles on each side of your face, all of which can be strengthened and toned, just like arm or leg muscles. Facial exercises can take years off your appearance by reducing frown and forehead lines, lifting and firming the neckline, making upper and lower cheeks fuller, reducing puffiness and sagging around the eyes, improving circulation and nutrient flow into cells, and improving lymph circulation. Learn simple exercises that will rejuvenate your face. You will need a regular teaspoon for a few of the exercises and a little of your favorite facial moisturizer. This is a live online class. You will receive your class link and handout, via email, one week prior to your class.

0310 **\$27**
Tuesday 10/01/24
6:00 - 7:30 PM Online
Instructor: Janice Novak



ACUPRESSURE TO RELIEVE STRESS, ANXIETY, AND INSOMNIA

Acupressure is an ancient healing art and self-help tool. It can offer great relief with no side effects and help you feel your very best. Along with the specific points to help relieve stress, insomnia, anxiety, irritability, and even weight gain, you will learn the Nine Master Pressure Points which are the most helpful and most frequently prescribed to help and assist every system in your body. This is a live online class. You will receive your class link and handout, via email, one week prior to your class.

0315 **\$27**
Monday 10/28/24
6:00 - 7:30 PM Online
Instructor: Janice Novak



POSTURE & OSTEOPOROSIS WORKSHOP: BUILDING BETTER BONES

Have you ever caught sight of your reflection in a window or mirror to see that your head leads the way? Or noticed that your shoulders and upper back are too rounded forward? You'll learn simple techniques to improve your posture and stand straighter. We'll do exercises to help flatten the upper back, unround shoulders, and flatten your midsection. Learn how to reduce the risk of osteoporosis and how to regain bone mass. We'll discuss the latest research findings on nutrition, minerals, and trace minerals needed for bone health; foods that help and/or harm your bones and more. Wear loose, comfortable clothing. You will need a resistance band or tube for some of the exercises. This is a live online class. You will receive your class link and handout, via email, one week prior to your class.

0320 **\$27**
Monday 11/04/24
6:00 - 7:30 PM Online
Instructor: Janice Novak

EXPLORE THE BEGINNINGS OF PSYCHIC MEDIUMSHIP

Many wonder about the world of Psychic Mediumship. What is it all about? Are we all born with this ability? Is it a true gift? Learn how we can tap into this beautiful yet misunderstood world. Debra will take time to answer questions and welcomes all students to share their experiences. Debra will demonstrate her gifts by doing spot readings and students will spend some time working with Angel cards. This is always an amazing experience that varies with each class!

0325 **\$33**
Saturday 10/26/24
10:00 AM - 12:00 PM Roosevelt School
Instructor: Debra Battenfeld



ADHD IN THE FAMILY: STRATEGY AND SUPPORT GROUP

Welcome to Linda Zarrett's ADHD Strategy & Support Group, a safe and supportive space for individuals affected by Attention Deficit Hyperactivity Disorder (ADHD). Whether you have ADHD yourself, or you're a parent, partner, or friend of someone with ADHD, our group offers a community where you can share experiences, gain knowledge, and find encouragement. We offer educational concepts, practical tools and strategies, emotional support, resource sharing, peer networking, and the ability to take a step towards a more empowered life with ADHD. This class is offered live, online, via zoom. You will receive a class link one week prior to your first class.

Your instructor, Linda Zarrett is a clinical nurse specialist, board certified in Child and Adolescent Psychiatry, and an ADHD Certified Clinical Service Provider.

0330 **\$50**
Thursdays 09/19/24 - 11/21/24
6:30 - 7:30 PM Online
Instructor: Linda Zarrett

OWATONNA INSIDERS' GUIDE: CRASH COURSE FOR NEW & LONG-TIME RESIDENTS

Welcome to Owatonna! Get to know your hometown with our Owatonna Resident crash course. Find out the best sources to stay informed, discover hidden gems, and plan fun activities for visiting family and friends. This course is geared toward new residents, but all are welcome! You might just learn something new about the community you've called home for years, or meet fellow newcomers you'll soon find as neighbors and friends. Included in the fee: coupons to use around Owatonna!

0335 **\$10**
 Wednesday 09/18/24
 6:00 - 8:00 PM Owatonna Chamber of Commerce
 Instructors: Lisa Cochran and Glenda Smith

DEVELOPING A PLAN TO QUIT SMOKING

Are you considering making healthy changes including stopping your use of cigarettes, vapes, or chewing tobacco? Join our Tobacco Treatment Specialists for 4 sessions where you will learn about why quitting is so hard, understand how to assess your readiness to quit, develop a plan, learn about how to access tools and support, and discover skills you can use when dealing with setbacks. We will finish out the course by celebrating being on the road to tobacco-use recovery and learning how to stay motivated with ongoing support. All materials included.

Your instructors are Vikki Ebenhoh (MSN, RN, PHN), Director of Nursing & Certified Tobacco Treatment Specialist and Katie Adams (BAS), CCBHC Lead Care Coordinator & Tobacco Treatment Specialist.

0340 **\$40**
 Tues./Thurs. 10/01/24 - 10/10/24
 5:30 - 7:00 PM South Central Human Relations Center
 Instructors: Katie Adams and Vikki Ebenhoh

AMERICAN HEART ASSOCIATION: HEARTSAVER FIRST AID

Heartsaver First Aid is designed for anyone with little or no medical training who needs to understand the basics of first aid and receive a course completion card for their job. This course can also be taken by anyone who wants to be best prepared to act in an emergency. This course trains participants how to recognize emergencies, how to call for help, and perform lifesaving skills.

0345 **\$90**
 Thursday 10/17/24
 5:30 - 8:30 PM Roosevelt School
 Instructor: Jamie Howe

THE BASICS OF MEDICARE

Understanding Medicare can often feel complicated and confusing. It often does not cover all medical costs either. This class will help you understand Medicare parts A, B, C, and D. We will also review how Medicare supplement plans or part C (Advantage plans) can help with those costs. There will be time at the end of class to ask questions. This class is strictly educational and focuses on getting you the information you need to move forward confidently with Medicare!

0350 **\$10**
 Wednesday 09/25/24
 6:00 - 7:00 PM Roosevelt School
 Instructor: Rebecca Buck

55+ DRIVER DISCOUNT PROGRAM

Complete this course to get a 10% discount in your auto insurance premiums! Taught as a presentation from a certified instructor, you'll discuss challenges we face as drivers, new road designs, vehicle technology, and updates on current laws. Best of all, there are no written or behind the wheel tests! Certificate will be provided at the end of class.

**8-hour initial class requirement has been removed as of July 1st, 2024. Participants must take 4-hour course to initially earn the discount and then repeat the 4-hour class every three years to maintain the discount.

Cost is \$24 per participant. Pre-registration is required. Call 320-308-1400 or 1-888-234-1294 to register. You can also register at www.driverdiscountprogram.com.

Dates

October 7, 9:00 AM - 1:00 PM
 November 4, 5:30 - 9:30 PM
 Roosevelt School

THANK YOU

Our enrichment instructors bring a wealth of information and diverse backgrounds to the classroom setting. Many of our instructors donate a portion of their time in planning and preparation for the class experience as a community service to ensure their class is meaningful, enjoyable, enriching and informative.

Thank you, enrichment instructors, for all you do!

WORLD LANGUAGES

ADULT CONVERSATIONAL SPANISH: BEGINNER PART 1

Have you always dreamed of learning Spanish? Feel like refreshing your high school Spanish? Then this class is for you! The primary focus of the class will be on building conversational skills in Spanish through interactive practice and exercises. Vocabulary topics will include common greetings and introductions, pronunciation, numbers, food, clothing, likes and dislikes. Grammar topics will include subject pronouns, the verb *estar* conjugation, gender of nouns, and plurality. Participants will learn how to carry on small conversations in Spanish and each class will include interesting cultural anecdotes including Spanish word origin, dialect differences, and names in Spanish.

Prerequisites: the ability to access Zoom and basic working computer knowledge is essential. This is a live, online class. Your zoom link will be sent via email 48 hours before the first class.

0400A	\$109	0400B	\$109	0400C	\$109
Mondays	10/21/24 - 11/25/24	Tuesdays	10/22/24 - 11/26/24	Wednesdays	10/16/24 - 11/20/24
6:00 - 7:00 PM	Online	6:00 - 7:00 PM	Online	6:00 - 7:00 PM	Online
Instructor:	Juliann Hoffman	Instructor:	Juliann Hoffman	Instructor:	Juliann Hoffman

ADULT SPANISH FOR TRAVEL

Do you have future aspirations for traveling to a Spanish speaking country? If so, join us in class! Participants will learn basic conversation skills to get around a Spanish speaking country with greater ease. This class will include helpful dialogue, greetings, how to barter at a market, order at a restaurant, and how to ask for simple directions. Each class will include a travel related theme to practice real world Spanish! Like all Futura classes, a dynamic and interactive approach will be used to keep the class engaging! This course is applicable to new students and previous Spanish Conversation participants.

Prerequisites: the ability to access Zoom and basic working computer knowledge is essential. This is a live, online class. Your zoom link will be sent via email 48 hours before the first class.

0405	\$109
Thursdays	10/17/24 - 11/21/24
6:00 - 7:00 PM	Online
Instructor:	Juliann Hoffman

BEGINNING AMERICAN SIGN LANGUAGE

Join us for another cohort of American Sign Language! This course is designed for students who want to learn the basics of American Sign Language. Students will learn the alphabet, numbers, fingerspelling, facial expressions, vocabulary, and simple common phrases. There will also be a small portion of the class dedicated to deaf culture and history of the language.

0410	\$59
Mondays	09/16/24 - 11/18/24
5:00 - 6:30 PM	Roosevelt School
Instructor:	Jill Olson

BEGINNING AMERICAN SIGN LANGUAGE I

This class is for students who have already taken Beginning American Sign Language with instructor, Jill Olson. In this class, we'll build on your foundation of skills and learn more about sentence structure, classifiers, and of course, more vocabulary, as we practice, practice, practice!

0415	\$59
Mondays	09/16/24 - 11/18/24
6:30 - 8:00 PM	Roosevelt School
Instructor:	Jill Olson

SPANISH FOR BEGINNERS

This course is designed for individuals who want to learn Spanish from scratch. Throughout the course, students will acquire basic skills in listening, reading, writing, and interacting with native Spanish Speakers. Some topics include: Greetings & Introductions, Basic Vocabulary, Fundamental Grammar, Basic Conversation, and Hispanic Culture. This course will use a variety of interactive resources, such as practical exercises, videos, and group activities to ensure a dynamic and effective learning experience. This class is intended for those aged 15 and above.

0420

Wednesdays
5:30 - 7:00 PM

Instructors:

\$99

09/18/24 - 11/20/24

Roosevelt School

Zulay Chacon Molina and Ammy Puello



**Owatonna
Arts Center**

Hours

1-5 PM Tuesday through Sunday
Closed Monday

Address

435 Garden View Ln
Owatonna, MN 55060

Phone

507-451-0533

OACARTS.ORG

Silvan Durben Legacy Continuing Education Scholarship.

Application Deadline is September 15, 2024.

Application form online at www.oacarts.org.

Gallery September 8-29, Artist Doug Clement, "Elusive Affinities - the Art of Photo Illustration."

Program September 15, 3 PM, Pianist Ken Huber. The program is free and open to the public.

Event September 25, 11 AM, Friends Luncheon. Entertainment Dallas Musselman and Doug Madow. Tickets required.

Program September 29, 2 PM, Musician Cedric Briand, North and Central African Percussionist & Celtic, Nordic, Latin, Asian and Native American genres.

Gallery October 6 - November 10, Artists Maryrose Gondeck and Rebecca Tolle, "Our Roads Mark our Destiny. "

Event October 19, 7 PM, Benefit Concert "The Royal Emperors." Tickets required.

Event November 7-9, Pastimes Art & Fine Craft Sale.

Event November 14, 6:30 - 9 PM, Wine Tasting. Tickets Required.

Event November 23, Family Friendly Holiday events.

Event November 23, 9 AM - 12 PM, Cocoa with Santa.

Event November 23, 9 AM - 12 PM, Make and Take Christmas Ornaments making.

Event November 23, 9 AM - 12 PM, Gingerbread House display. Come and view the creations and vote for your favorite. To enter the Gingerbread contest go to the www.oacarts.org.

Gallery December 8 - 29, Annual Christmas display, "Have a Sweet Christmas"

Closed December 24 & 25.

KIDS CLASSES

ELEMENTARY ROBOTICS TEAM (ENTERING GRADES 4-5)

Is your child enthusiastic to learn and has an interest in technology? FIRST® LEGO® League Explore is a global robotics program which guides youth through STEM exploration. This robotics program will include 13 sessions of fun, hands-on learning. Working as a team, participants will go through activities based on the current year theme to problem solve and test their engineered design and code together. This includes using LEGO® bricks powered by LEGO® Education SPIKE™ Essential. This program is for children in 4th and 5th grade only. No coding experience necessary.

Please note: the class on 11/5 is rescheduled for 11/7. The class for 11/26 is rescheduled for 11/25.

0905 **\$78**
 Tuesdays 09/17/24 - 12/03/24
 5:00 - 6:00 PM Wilson Elementary
 Instructors: Kristi Schettler and Theresa Sweet



MIDDLE SCHOOL SPANISH PREP: A FOUNDATION COURSE (GRADES 5-8)

In this engaging LIVE online eight-week class, middle school aged students will learn essential fundamentals to build a strong base in the Spanish language. Participants will get a jump start preparing for future middle school or even traditional high school Spanish classes. We will cover: numbers, alphabet, pronunciation, days of the week, family members, and school vocabulary. Students also practice common questions and answers for carrying on small conversations and sentence structure in Spanish. Lessons are dynamic with interactive activities and visuals, along with cultural lessons, practical resources, and practice skills. Build your student's language foundation today!

Prerequisites: the ability to access Zoom and basic working computer knowledge is essential. This is a live, online class. Your zoom link will be sent via email 48 hours before the first class.

0910 **\$140**
 Mondays 10/21/24 - 12/09/24
 4:45 - 5:30 PM Online
 Instructor: Futura Language Professionals



YOUTH SPANISH STUDIES: VAMOS A COMER! (GRADES K-5)

Studies show that children learn another language more easily when it is a topic that they find fun and interesting. In our Vamos a Comer (Let's Eat!) class, students will be introduced to the market experience from Spanish speaking countries, practice how to order food in a restaurant, and learn vocabulary to use at mealtime. Don't miss out on this valuable opportunity for your child to practice Spanish in an interactive, LIVE online classroom.

Prerequisites: the ability to access Zoom and basic working computer knowledge is essential. This is a live, online class. Your zoom link will be sent via email 48 hours before the first class.

Please note: there is no class on November 27.

0915 **\$140**
 Wednesdays 10/16/24 - 12/11/24
 4:15 - 5:00 PM Online
 Instructor: Futura Language Professionals

GOLF SQUAD

Golf Squad is an after school enrichment program that brings Golf Professionals from your local area to your school campus to give a once-per-week lesson to your students. We focus on teaching the fundamentals of the



game of golf as well as life lessons that help the students develop holistically. Students will learn the basics, including putting, chipping, full swing irons, and full swing woods. They will also learn about relationship building, proper golf etiquette, and rules of the game. The Golf Professional will have all the necessary equipment needed for the class. Students should show up with a good attitude and a willingness to ask questions and learn!

0920

\$175

Tuesdays

09/17/24 - 10/22/24

4:00 - 5:00 PM

Roosevelt School Backyard

Instructor:

Collin Anderson

MUSIC & ME (AGES 3-5 WITH ADULT)

Did you know that listening to classical music helps the brain develop faster? This class is designed to help do just that for your kiddo! All activities are aligned to music as kids paint, color, dance, craft homemade instruments and play group games. Join us for a musical journey of learning and self-discovery through art and music. An adult must be present for this class.

0925

\$23

Thursdays

09/19/24 - 11/07/24

4:00 - 5:15 PM

Roosevelt School

Instructor:

Jill Olson

MUSIC & ME (AGES 6-8)

This class is aligned mostly to classical music. Kids will explore the way music influences their mood and then create artistic instruments by painting, drawing, coloring, crafting, and gameplay. Come join us for a musical journey of learning and self-discovery through art and music. Adults are welcome to stay to help with instrument building.

0930

\$23

Thursdays

09/19/24 - 11/07/24

5:15 - 6:30 PM

Roosevelt School

Instructor:

Jill Olson

BUDDY & ME ROCK CLIMBING (GRADES 2+)

Want a fun activity with your adult? This beginning rock climbing class covers the safety and skills of indoor rock climbing and belaying. Both adult and little will spend time climbing the rock wall. Bigs will belay each other and their littles. Class meets at the new Owatonna Middle School rock wall. Participants must be entering 2nd grade or higher for the 2024-2025 school year. Your favorite adult could be a parent/guardian, grandparent, sibling, your Big, or a responsible friend. Max of 2 participants per adult. A liability waiver will need to be signed and returned to Roosevelt School before class starts or brought to the first day of class in order for participation.

0935

\$35 per adult/youth

Sundays

10/27/24 - 11/17/24

5:30 - 7:00 PM

Owatonna Middle School

Instructor:

Amanda Flohrs

YOGA CALM FOR KIDS (AGES 4-12)

Yoga Calm for Kids gives kids practice and routine that integrates physical, mental, and emotional development. Children ages 4-12 will learn yoga poses, mindfulness, breathing exercises, and relaxation techniques. Please wear comfortable clothing. Mats are provided at the studio but feel free to bring your own!

Please note: there is no class on Oct 17.

0940

\$50

Thursdays

09/19/24 - 10/31/24

4:30 - 5:15 PM

VIBES

Instructor:

Katie Berg

MARTIAL ARTS FOR KIDS (AGES 3-5YRS)

It's good to know...Tae Kwon Do! Children will learn the importance of simple Tae Kwon Do techniques such as: punching, kicking, blocking, breaking boards, coordination, balance, and much more all in a fun setting! Social interaction and respect will be the focus while learning these techniques. Please wear comfortable clothing and come ready for some fun! Class will be held at the National Taekwondo Institute studio located at 212 W. Bridge St.

0945

\$23

Wednesdays

09/18/24 - 10/23/24

1:00 - 1:30 PM

National Taekwondo Institute

Instructor:

Esmaeil Torabpour

MARTIAL ARTS FOR KIDS (KINDERGARTEN-AGE 12)

These classes are designed to give children self-confidence, respect, perseverance, discipline, patience, courtesy, and humility all while having fun. Physically, children will gain agility, strength, flexibility, and coordination. These classes are held at the National Taekwondo Institute studio located at 212 West Bridge St.

0950 **\$32**
 Wednesdays 09/18/24 - 10/23/24
 6:30 - 7:30 PM National Taekwondo Institute
 Instructor: Esmaeil Torabpour



CABS- CHILD AND BABYSITTING SAFETY (GRADES 4-8)

The Child and Babysitting Safety (CABS) program from the American Safety and Health Institute provides everything you need to know for safe and successful babysitting. The YouTube “vlogger” style presentation of the video brings a youthful and high-energy spirit to the program content, along with handouts, demonstrations, and additional resources. At the end of the class, students will receive their certification card along with instructions to access a digital copy of the Child and Babysitting Safety (CABS) student book. From getting started with your business to collaborating with parents and children to key safety, caregiving, and first aid tips, CABS will help set you up for babysitting success. Students must be present for the entire class and complete achievement of the core learning objectives to receive certification valid for two years. Students attend this class independently and should come prepared with a notebook and pen.

0955 **\$59**
 Saturday 12/14/24
 9:00 AM - 12:00 PM Roosevelt School
 Instructor: Lori Hameister

HOME ALONE (GRADES 2+)

Is your child ready for the independence of being home alone? Parents need to be sure their children have the skills and maturity to handle the responsibility safely. Whether it is for an hour after school or several hours a day during the summer, being trusted to be home alone can be a positive experience for a child who is mature and well prepared. This class for children will address several topics relating to being “Home Alone” including age guidelines, safe habits, house rules, after school routines, phone calls and door knocks, dog emergencies, personal safety, managing the unexpected, gun safety, severe weather, fire safety, intruders, and first aid tips. Students attend this class independently and should come prepared with a notebook and pen. Parents are encouraged to review the take home information and discuss it with their child.

0960 **\$34**
 Saturday 12/14/24
 12:30 - 2:30 PM Roosevelt School
 Instructor: Lori Hameister

CLAY FOR KIDS: POTTERY WHEEL 10YRS +

How do you throw clay on the wheel? It’s not what it seems. Learn how to use the wheel to create three dimensional forms and vessels. Demonstrations will cover the basics of wedging, centering, pulling, trimming, and forming useable vessels. Beginners come and get your hands muddy! If you are accustomed to clay come fine-tune your skills, learn a new technique, and challenge yourself with larger more complex forms. Dress for a mess and wear tennis shoes. Come to the first class with ideas, excitement, and inspiration! Call the instructor at 507-835-1192 or call the OAC 507-451-0533 if you have any questions.

0965 **\$84**
 Thursdays 09/19/24 - 11/07/24
 5:00 - 6:30 PM Owatonna Arts Center
 Instructor: Joan Mooney

YEL! FENCING 1.1 (GRADES 2-12)

Join this fast-paced, inclusive (everyone participates) Olympic Sport. YEL's Teach It, Practice It, Play It® approach teaches fencers new skills each class, practices those skills in kid-friendly fencing games, and then encourages students to use those skills in fencing bouts (matches). All equipment provided. There is no class on October 21.

0970A **\$94**
Mondays 09/16/24 - 10/28/24
5:00 - 6:00 PM Wilson Elementary

0970B **\$94**
Mondays 11/11/24 - 12/16/24
5:00 - 6:00 PM Wilson Elementary

YEL! ROBOTICS: NATURE 'BOTS (GRADES 1-5)

Help nature and our environment by studying them more closely. We'll build a frog 'bot and discuss metamorphosis, then build a bumble bee and discuss the importance of pollination. We'll study nature while learning computer coding and engineering skills.

0975A **\$86**
Wednesdays 09/18/24 - 10/23/24
3:00 - 4:00 PM Washington Elementary

0975B **\$86**
Wednesdays 11/06/24 - 12/18/24
5:00 - 6:00 PM Washington Elementary

YEL! GRANDMASTERS OF CHESS 1.1 (GRADES K-5)

Learn, Practice and Play chess each class. The {YEL!} Teach It! Practice It! Play It!® method keeps students on track with new chess lessons and puzzles each week as well as guided games and in-class tournaments. Class fee includes ChessKid.com membership for the session.

0980A **\$90**
Mondays 09/16/24 - 10/28/24
3:00 - 4:00 PM Lincoln Elementary

0975B **\$90**
Mondays 11/11/24 - 12/16/24
3:00 - 4:00 PM Lincoln Elementary

0980C **\$90**
Tuesdays 09/17/24 - 10/22/24
3:00 - 4:00 PM Washington Elementary

0980D **\$90**
Tuesdays 11/05/24 - 12/10/24
3:00 - 4:00 PM Washington Elementary

DRIVER EDUCATION (HIGH SCHOOL STUDENTS)

Driver Education Training is required for students who wish to obtain their driver's license before their 18th birthday. Driver Education Training by state law must consist of thirty (30) hours of classroom instruction and 6 hours of behind the wheel instruction. Students must attend the 30 hours of instruction offered on the dates and times listed. Every session must be attended, unless ill, but even then, those hours must be made up. It is recommended, but not required, that students be 15 years old by the last day of class. Registration includes both classroom and behind the wheel instruction.

The Owatonna Driver Education program is approved by the Minnesota Department of Public Safety and is taught by certified licensed instructors. This class is for participants who are 14.5 years or older before the start of classes.

There will be a "Parent Packet" that your child will bring home on the first day of class. This packet will explain all the steps necessary for your child to obtain a permit and license. This packet must be signed and returned to the Driver Education classroom for successful classroom completion. A 1.5hr Parent Class for the parents of a new student driver will be offered at the Owatonna High School. Attendance in this class is not mandatory. More information on the Parent Class will be provided in the Parent Packet mentioned above. Students do not need to attend the Parent Class.

DE0925 **\$400**
Monday-Friday 09/25/24 - 10/09/24
3:00 - 6:00 PM Owatonna High School
Instructor: Kent Buryksa

DE1202 **\$400**
Monday-Friday 12/02/24 - 12/13/24
3:00 - 6:00 PM Owatonna High School
Instructor: Kent Buryksa

Pop up Diaper Distribution

507-287-2047



Free Diapers, Pull ups, and Wipes

Place: Center for Family Unity
1820 Hartle Ave, Owatonna
Date: First Tuesday of Every Month
Time: 1-3pm

**Birth certificate or footprint card required for
each child in need of diapers**



DRIVER EDUCATION

Owatonna Public School's Driver Education program is approved by the Minnesota Department of Public Safety and is taught by certified licensed instructors. This class is for participants who are 14.5 years or older before the start of classes.

**Register
9/9/24**

Your Course Includes:

- 30 hours of classroom instruction
- 6 hours of behind-the-wheel
- Parent packet
- Optional parent class

TO REGISTER:

CALL
507-444-7900

VISIT
122 E. MCKINLEY ST

ONLINE
OWATONNA.CE.ELEYO.COM

FALL DATES:

9/25-10/9 OR 12/2-12/13
3-6PM | OWATONNA HIGH SCHOOL



OWATONNA COMMUNITY WALKING TRACK



OWATONNA HIGH SCHOOL
MONDAY – FRIDAY*, 5–9PM**
\$50 PER PERSON PER YEAR***
AGES 18+

Scan the QR
code to see
details and to
register!



*When school is in session

**Hours change to 6–9pm on Mar 10

***November 6, 2024 – May 2, 2025

REGISTRATION IS REQUIRED

507-444-7900 | 122 E. MCKINLEY ST

OWATONNA
PUBLIC SCHOOLS
INSPIRING EXCELLENCE • EVERY LEARNER • EVERY DAY



COMMUNITY EDUCATION
Roosevelt Community School
Celebrating Life & Learning



NOVEMBER 2ND

8:00 - 1:00 PM | FREE ENTRY

OWATONNA MIDDLE SCHOOL

500 15H ST NE

Owatonna EC Bazaar

VENDORS
CRAFTORS
BAKE SALE
SHOT CLINIC
BUCKET RAFFLES
SCHOLASTIC BOOK FAIR

A FUNDRAISING EVENT FOR OWATONNA
EARLY CHILDHOOD ADVISORY COUNCIL

Owatonna Adult Education

Weekly Fall Schedule: September 9 - December 19
Roosevelt School - 122 E. McKinley St. Owatonna, MN, 55060

Monday

- English Language Studies 8:30am-11:30am
- GED & College Prep 12:30pm-2:30pm
- English Language Studies 6:00pm-8:00pm

Tuesday

- English Language Studies 8:30am-11:30am
- GED & College Prep 12:30pm-2:30pm
- English Language Studies 6:00pm-8:00pm

Wednesday

- English Language Studies 8:30am-11:30am

Thursday

- English Language Studies 8:30am-11:30am

Regional
Classes

Regional Class Offerings:
Certified Nursing Assistant
Administrative Office Professional
Paraprofessional

Online
Classes

Online Class Offerings
Microsoft Office Specialist
Personal Care Assistant & TEAS Prep
Commercial Driver's License

Center
Information

Center Hours
Monday - Thursday: 8am-5pm
Friday: 8am-12:30pm
Evenings: See Schedule
Pre-registration is required for all classes.
Contact Kim at 507-444-7925 for registration and
enrollment information.

Owatonna
ADULT EDUCATION



GENERAL INFORMATION

The Community Education program will begin in January. See the course listings for time, date and building. The Community Education classes are open to any interested person. District 761 will not deny any person the opportunity to participating in any program on the basis of race, color, creed, religion, national origin, sex, age, marital status, status with regard to public assistance or disability. Families and school-age children are encouraged to enroll in any classes which are appropriate for their skill level and maturity.

INCLEMENT WEATHER

When bad weather or other emergencies cause cancellation of the regular day school program, Community Education activities scheduled during the day, after school or evening are also cancelled. KRFO radio station will announce any cancellation of Community Education programs after 3:00 p.m. Because inclement weather is unpredictable and difficult to plan round, class sessions cancelled due to bad weather may not be refunded or rescheduled.

LEARNERS WITH DISABILITIES

You are invited to participate in the classes and activities in this catalog. We will make every effort to provide the accommodations necessary to help make your Community education experience enjoyable. Accommodation requests are needed two weeks prior to class start date. Contact the Community Education office at 444-7900 to request assistance.

HANDICAPPED ACCESSIBILITY

If handicapped accessibility information is required, please call Community Education at 444-7900. We will make every effort to provide information to you as requested.

WAIVER OF TUITION

A limited number of scholarships are available. Contact the Community Education Office at 444-7900 for more information.

REFUND POLICY

Community Education reserves the right to cancel any activity due to insufficient enrollment. When an activity is canceled, Community Education will make every effort to contact registrants 2 days before the scheduled start of the activity. Complete refunds are given when this occurs. Persons needing to withdraw their registration must do so no later than five business days before the activity is scheduled to start. A \$5.00 per class service fee will be deducted from each refund request. Please remember, if you are unable to attend an activity, you may send someone in your place. ABSOLUTELY no refunds are given to those persons withdrawing five business days before the start of an activity. Also, no refunds are given for trips. There are no exceptions.

PAYMENT COLLECTIONS

When you provide a check as payment, you authorize Owatonna Public Schools either to use information from your check to make a one-time electronic fund transfer from your account or to process the payment as a check. When we use information from your check to make an electronic fund transfer, funds may be withdrawn from your account as soon as the same day you make your payment, and you will not receive your check back from your financial institution.

In the event that any unpaid course fees are placed for collections, with Advantage Collection Professionals, Inc., and/or placed with an attorney to obtain judgment or otherwise satisfy payment of these accounts, a fee of 40% of the unpaid balance will be added to the total amount due. This amount shall be in addition to any other costs incurred directly or indirectly by Owatonna Community Ed and Owatonna Public Schools, ISD #761 to collect amounts owed under this agreement such as court costs, sheriff's fee, and interest, late fees, etc.

REGISTRATION INFORMATION

You may register in person, by mail or online at www.owatonnacommunityed.org or by phone. Please note that all registrations must include payment. We accept, cash, personal checks, Visa, MasterCard, Discover and debit cards.

ENROLLMENT

When registering for a class, you may sign up yourself and one other family. Enrollment for most classes is limited, therefore, priority for admittance is given in order the registrations are received.

WITHDRAWALS & ADDITIONS

Community Education reserves the right to withdraw a course due to lack of enrollment or loss of suitable facilities.

CLASS SUGGESTIONS AND TEACHERS WANTED!

To offer comment on current course offerings, to share new class ideas for future offerings, curriculum or instructor resources, please contact Lydia Yahnke at 444-7900.

PLEASE NOTE

Community Education operates and coordinates program offerings to avoid duplication with other agencies. Please give us a call if you find duplication in our services. Community Education may want to photograph, videotape or interview program participants for use in publications. The pictures may be of groups or individual snapshots. If you do not want your photograph used or if you do not want your child's photograph used, please contact the Community Education office at 444-7900.

NON-ENDORSEMENT POLICY

Owatonna Community Education contracts with specialists in their fields who are interested in presenting classes in their areas of expertise to the community. We do not endorse the opinions or business affiliations of the instructors.

DISCLAIMER

Fitness courses can be strenuous. By enrolling in these courses you indicate that you have no physical conditions or health history that would make your participation hazardous to your health.

INFORMATION

All questions should be directed to Community Education Staff at 444-7900.



SCHOOL-AGE CARE FOR 2024-2025 SCHOOL YEAR

September 5, 2024 - June 6, 2025 • 6:30 - 8:00 AM | 2:30 - 5:30 PM • Mon. - Fri.

All registration will be done online at <https://owatonna.ce.eleyo.com/>

ACTIVITIES: Arts and crafts, sports, games, creative and dramatic play, outdoor play, science, enrichment sessions, special events, community service, field trips and daily choice time!

WE ARE CURRENTLY HIRING FOR SUPERVISORS AND ASSISTANTS

Please call with questions or go online to apply

WWW.ISD761.ORG and **CLICK ON CAREERS**

FORUM ON INVASIVE PLANTS

Saturday, September 14, 2024 • 9:30 AM - 11:30 AM

Cost: Free and open to the public.

Location: Gainey Room at Owatonna Public Library

On Saturday, September 14, 2024, the Bee Friendly Environmental Alliance of Steele County will host a forum on identification and eradication of invasive plants. Experts from The Steele County Soil and Water Conservation District, and the University of MN Extension Service Master Gardeners and Master Naturalists will speak and answer your questions.



Join the Bee Friendlies to learn how you can help control the spread of invasive plants and create great native pollinator gardens.

CALL 507-444-7900 TO REGISTER

GIVE A COMMUNITY EDUCATION Gift Certificate!

Call 507-444-7900

Save this Catalog! Inside you will find SEPTEMBER – DECEMBER events at Community Education.
Watch for our next catalog in early JANUARY which will include WINTER events!

OWATONNA
PUBLIC SCHOOLS

Independent School District No 761
122 E McKinley
Owatonna, Minnesota 55060

Non Profit Org
US Postage
PAID
Permit No 41
Owatonna MN

**POSTAL CUSTOMER
ECRWSS**

BACK ON THE BUS IN 2024!



Learn more inside & register today!

- Irving Berlin's White Christmas: The Musical
- Grease! at Chanhassen Dinner Theatre
- Over the River and Through the Woods at The Sidekick Theatre
- Explore Hastings
- Lake Geneva, Wisconsin Road Trip

REGISTER ONLINE AT **OWATONNACOMMUNITYED.ORG**
September 9, 2024 6AM **Online** or 8AM **In person**

