



ChooseHealthy™ — save on health improvement products and services

AmeriHealth Administrators is pleased to bring you access to a wide variety of complementary health care services, *at discounted prices*, through **ChooseHealthy™**, a program that can help you **lead a healthier life**.

Receive discounts on services from a national network of nearly 22,000 contracted providers including acupuncturists, massage therapists, and registered dietitians.

You may access providers directly without a physician referral, and you may change providers at any time.

Access a national network of more than 11,000 fitness clubs and exercise centers that will offer the best available public rate or a minimum 10% discount off the initiation and/or monthly dues, based on the type of membership selected.

Receive discounts on a broad selection of industry-leading, quality health improvement products with free shipping on most products.

ChooseHealthy offers a health improvement program that includes:

- discounts for complementary health care providers, dietary supplements, and wellness products;
- a library of articles to help you better understand the many choices you have in health care today. You can read about:
 - common health conditions
 - complementary and alternative therapies
 - safety and usefulness of the treatments
 - research-based programs

ChooseHealthy is not medical insurance. It is an affinity discount program that provides discounts for complementary health care services and products. It is a product of American Specialty Health Incorporated, an independent company that offers discounts for complementary health services supplies.

You should check any insurance benefits you have before using this discount plan, as those benefits may result in lower costs to you than using this discount plan. The discount plan provides for discount complementary health care services from participating providers. You are obligated to pay for all health care services but will receive a discount from those health care providers who have contracted with the discount plan. The discount plan does not make payments directly to participating providers in the discount plan. The discount program has no liability for providing or guaranteeing service and assumes



Highlights of ChooseHealthy

- Discounts of up to 30% on services from a network of complementary and alternative health care providers — for example, acupuncturists and massage therapists
- Discounts at more than 11,000 fitness clubs and exercise centers
- Access to online tools and additional services
- Up to 40% off a wide variety of health improvement products, with free shipping on most items

For more information, or to access these services, go to **www.MyAHATPA.com** or call 1-877-335-2746, Monday-Friday, 8 a.m. - 9 p.m. (Eastern Time)