

Good News!

Starting September 1st, MDLIVE through AmeriHealth now includes mental health care.

With **MDLIVE's mental health care**, you can speak with board-certified psychiatrists or licensed psychologists/therapists for a wide range of issues, such as anxiety, depression, stress, and more.

You can schedule a video visit with a MDLIVE therapist of your choosing seven days a week, from the comfort of your own home. Build your relationship with that same mental health professional by requesting follow-up appointments through the secure online message center.

HOW MENTAL HEALTH CARE WORKS

1. Create your account

Register for MDLIVE using one of the contact methods (phone, website, or mobile app).

2. Browse available doctors and appointment times

You can review provider profiles and available appointment times.

3. Schedule your appointment

4. Meet with provider (video only)

The care provider meets with you by video and provides treatment and goal-setting.

What you get with \$0 copay*

MENTAL HEALTH CARE

Secure, discreet, and confidential ongoing support for mental or behavioral health issues.

Common conditions treated:

- Anxiety/stress
- Depression
- Grief
- Eating disorders
- Trauma resolution
- PTSD
- Work pressures
- Panic disorders
- ADHD

GENERAL MEDICAL CARE

As a reminder, you still have access to 24/7 virtual care through MDLIVE.

* If you are currently participating in a High Deductible Health Plan (HDHP), your copay may be more if you have not satisfied your in-network deductible. Please remember that MDLIVE visits are different than your regular health care virtual visits.

HOW TO CONTACT MDLIVE

- Call: **1.888.964.0942**
- Visit: **www.mdlive.com/ahatpa**
- Go to **www.mdlive.com/mobile** to learn more or download the mobile app from the App Store or Google Play



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