Gugusts

What is a Lunch Meal?
Lunch includes 5 components:
Grain, Meat/Meat Alternate, Fruit, Vegetable &
Milk

Students Must choose at least 3 components and 1 must be 1/2 cup fruit or vegetable. Choose all 5 for a nutritious meal!

# Kemblesville ELC Lunch Menu

Lunch \$2.75 2024

AVON GROVE CHARTER SCHOOL

### **TUESDAY**

### WEDNESDAY THURSDAY

FRIDAY

Spaghetti w/Meatballs & 26 Garlic Toast Stromboli Yogurt/Cheese Stick/Mini Cinni

Steamed Green Beans Baby Carrots Orange Wedges, Assorted Fruit Daily Milk Selection Bosco Sticks
Ham & Cheese Sandwich
Yogurt/Cheese Stick/Mini
Cinni
PBJ Uncrustable/Cheese
Stick/ Goldfish Pretzels (2nd
& 3rd Grade Only)

Steamed Corn, Veggie Juice Mandarin Orange Cup Diced Peaches Daily Milk Selection Chicken Patty on Roll 28
Grilled Cheese Sandwich
Yogurt/Cheese Stick/Mini
Cinni

Tomato Soup, Baked Beans Sour Raisins, Fruit Juice Daily Milk Selection Round Cheesy Pizza
Turkey/Cheese/Cracker Pack
Yogurt/Cheese Stick/Mini
Cinni

Smile Fries, Broccoli Salad Apple Slices, Grapes Daily Milk Selection



BACK<sup>TO</sup> SCHOOL

To make a payment to your childs lunch account, please send in check or cash with the students name. Checks can be made payable to "AGCS".

Visit Schoolcafe.com for online payments and Free/Reduced price meal application.

Daily Milk Selection includes: 1% White Milk Non-Fat Chocolate Milk



Breakfast is free for all students during the 2024-2025 School year!

## **Kemblesville ELC Breakfast Menu 2024**

AVON GROVE CHARTER SCHOOL

### MONDAY

### Chocolate Muffin Yogurt

Fruit Juice Clementine Daily Milk Selection

#### **TUESDAY**

### Assorted Pop Tarts

Cheese Stick

Fruit Juice Raisins Daily Milk Selection

### WEDNESDAY THURSDAY

Oatmeal Chocolate Chip Benefit Bar Yogurt

Fruit Juice Craisins Daily Milk Selection

#### IIIORODA

**Banana Bread** 

Fruit Juice Apple Slices Daily Milk Selection

### FRIDAY



Students must choose at least 3 Items for a complete breakfast meal and 1 must be ½ cup of fruit or fruit Juice.

\*Ala Carte Items are charged at \$1.00 each