Lugusts

What is a Lunch Meal?
Lunch includes 5 components:
Grain, Meat/Meat Alternate, Fruit, Vegetable &

Students Must choose at least 3 components and 1 must be 1/2 cup fruit or vegetable. Choose all 5 for a nutritious meal!



# **State Road Lunch Menu 2024**

Lunch \$2.75 (4-8) Lunch \$3.25 (9-12)

AVON GROVE CHARTER SCHOOL

#### MONDAY

Spaghetti w/Meatballs & 26

Yogurt/Cheese Stick/Mini

Steamed Green Beans,

**Baby Carrots** 

Strawberry Cup, Diced Pears Daily Milk Selection

Ham & Cheese on Roll

Garlic Toast

Stromboli

Cinni

# Bosco Sticks 27 Chicken Veggie Dumplings

TUESDAY

w/Rice
PBJ Uncrustable
Hard Boiled Egg/DicedCheese/
PB/Apples & Banana Bread

Steamed Corn, Veggie Juice Whole Apple, Mandarin Cup Daily Milk Selection Grades 9-12 Grandma Cookie

# WEDNESDAY

Breaded Chicken Patty on 28
Roll
Grilled Cheese Sandwich
Yogurt/Cheese Stick/Mini
Cinni
Chicken Caesar Wrap

Tomato Soup, Pickles Sour Raisins, Fruit Juice Daily Milk Selection

# THURSDAY French Bread Pizza 29

PRI Uncrustable
Yogurt/Cheese Stick/Mini
Cinni
Chef or Garden Salad w/ Soft

Chef or Garden Salad w/ Soft Pretzel

Crinkle Fries, Veggie Juice Apple Slices, Grapes Daily Milk Selection Grades 9-12 Goldfish

### FRIDAY



# Welcome BACK<sup>TO</sup> SCHOOL

To make a payment to your childs lunch account, please send in check or cash with the students name. Checks can be made payable to "AGCS".

Visit Schoolcafe.com for online payments and Free/Reduced price meal application.

Daily Milk Selection includes: 1% White Milk Non-Fat Chocolate Milk



Breakfast is free for all students during the 2024-2025 school year!

# **State Road Breakfast Menu 2024**

AVON GROVE CHARTER SCHOOL

## MONDAY

## Bagel w/cream cheese or jelly Assorted Donuts

Fruit Juice Clementine Daily Milk Selection

#### TUESDAY

## scorted Destrics

Assorted Pastries
Cheese Stick

Fruit Juice Sour Raisins Daily Milk Selection

### WEDNESDAY

Cheesy Egg Bites Assorted Muffins Yogurt

Fruit Juice Craisins Daily Milk Selection

#### THURSDAY

Assorted Breakfast Bars Cheese Stick

Fruit Juice Apple Slices w/ PB Daily Milk Selection

## **FRIDAY**



Students must choose at least 3 Items for a complete breakfast meal and 1 must be ½ cup of fruit or fruit Juice.

\*Ala Carte Items are charged at \$1.00 each