



Waits River Valley School Lunch September 2024



Menus are subject to change

Meals Are Free To All Students

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> 	<p>3</p> <p>Tater Tot Nachos Rice Pilaf Fresh Fruit & Veggie Bar Milk Variety</p>	<p>4</p> <p>Homemade Shepherd's Pie Homemade Lentil Shepherd's Pie Steamed Green Beans Dinner Roll Fresh Fruit & Veggie Bar Milk Variety</p>	<p>5</p> <p>Chicken Alfredo w/Pasta Garlic Breadstick Fresh Fruit & Veggie Bar Milk Variety</p>	<p>6</p> <p>Alaska Pollock Fish Sticks Tartar Sauce Roasted Potato Wedges Fresh Creamy Coleslaw Homemade Dinner Roll Fresh Fruit & Veggie Bar Milk Variety</p>
<p>9</p> <p>Meatball Sub (Beef & Chicken Meatballs) Garden Pasta Salad Fresh Fruit & Veggie Bar Milk Variety</p>	<p>10</p> <p>Chicken & Cheddar Quesadilla w/ Salsa Spanish Rice Fresh Fruit & Veggie Bar Milk Variety</p> 	<p>11</p> <p>Cheesy Breadsticks Marinara Dipping Sauce Fresh Fruit & Veggie Bar Milk Variety</p>	<p>12</p> <p>Hot Turkey Sandwich Chef's Mashed Potato Turkey Gravy Steamed Carrots Cranberry Sauce Fresh Fruit & Veggie Bar Milk Variety</p> <p>BIRTHDAY CELEBRATION</p>	<p>13</p> <p>Hot Ham & Cheese Pinwheels Fresh Fruit & Veggie Bar Milk Variety</p>
<p>16</p> <p>Oven Baked Chicken Nuggets BBQ Sauce Roasted Potato Wedges Homemade Dinner Roll Fresh Fruit & Veggie Bar Milk Variety</p>	<p>17</p> <p>Taco Bar w/ The Works w/ Soft Shell Tortilla Garden Salsa Rice Pilaf Fresh Fruit & Veggie Bar Milk Variety</p> 	<p>18</p> <p>BBQ Chicken Sandwich Roasted Potato Wedges Fresh Red Pepper Strips Fresh Fruit & Veggie Bar Milk Variety</p> 	<p>19</p> <p>Homemade Goulash Corn on the cob Garlic Breadstick Fresh Fruit & Veggie Bar Milk Variety</p> <p>Corn Fest</p>	<p>20</p> <p>Baked Potato w/ Toppings Beefy Homemade Chili Fresh Green Pepper Strips Dinner Roll Fresh Fruit & Veggie Bar Milk Variety</p>
<p>23</p> <p>Dress Your Own Burger on a Bun Hand Cut French Fries Fresh Fruit & Veggie Bar Milk Variety</p>	<p>24</p> <p>Beef Nachos Supreme Garden Salsa Rice Pilaf Cabot Sour Cream Fresh Fruit & Veggie Bar Milk Variety</p>	<p>25</p> <p>Grilled Cheese Sandwich Cheddar Broccoli Soup Fresh Celery Sticks Caesar Salad Fresh Fruit & Veggie Bar Milk Variety</p>	<p>26</p> <p>Cheesy Ravioli Bake Caesar Salad Garlic Breadstick Fresh Fruit & Veggie Bar Milk Variety</p> <p>Taste Test Event</p>	<p>27</p> <p>General Tso Chicken Vegetable Stir Fry w/Sweet Peppers Homemade Dinner Roll Rice Pilaf Fresh Fruit & Veggie Bar Milk Variety</p> 
<p>30</p> <p>Oven Baked Corn Dog Roasted Sweet Potato Wedges Fresh Fruit & Veggie Bar Milk Variety</p>	 			

Adult Breakfast \$3.00
Adult Lunch \$4.75
Milk \$0.50

Please Click Links Below for Nutrition Information on Daily Options:

Assorted Deli Sandwichs, Nacho Fun Meal, Fruit & Yogurt Parfait w/Granola
Fresh Fruit & Veggie Bar
Fresh, Dried, or Canned Fruit, Skim White Milk, 1% White Milk, & Fat Free Choc...

Daily Pizza Options K-8

Deli Options K-8 Grab & Go Nachos

Fruit & Yogurt Parfait w/Granola

Fresh, Dried Or Canned Fruit

Condiments Milk

Pay for meals on-line.
Click Image Below



Harvest of the Month:
Sweet Peppers



Click on the image above for more info on the Harvest of the Month!

Please advise us if special meal accommodations are required for allergens or other special dietary needs.

This institution is an equal opportunity provider.