



Waits River Valley School Breakfast

September 2024

Menus are subject to change

| Monday | Tuesday | Wednesday | Thursday | Friday |
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| <div>2</div>  | <div>3</div> French Toast Sticks Real Maple Syrup Asst. WG Cereal w/String Cheese Assorted Fresh, Dried or Canned Fruit Milk Variety <div>+</div> | <div>4</div> Pumpkin Muffins Fruit & Yogurt Parfait w/Homemade Granola Asst. WG Cereal w/String Cheese Assorted Fresh, Dried or Canned Fruit Milk Variety <div>+</div> | <div>5</div> Sausage & Cheese English Muffin Asst. WG Cereal w/String Cheese Assorted Fresh, Dried or Canned Fruit Milk Variety <div>+</div> | <div>6</div> Warm Cinnamon Bun Asst. WG Cereal w/String Cheese Assorted Fresh, Dried or Canned Fruit Milk Variety <div>+</div> |
| <div>9</div> Egg, Cheese & Sausage Breakfast Burrito Asst. WG Cereal w/String Cheese Assorted Fresh, Dried or Canned Fruit Milk Variety <div>+</div> | <div>10</div> Breakfast Bar Asst. WG Cereal w/String Cheese Assorted Fresh, Dried or Canned Fruit Milk Variety <div>+</div> | <div>11</div> Fruit & Yogurt Parfait w/Homemade Granola Asst. WG Cereal w/String Cheese Assorted Fresh, Dried or Canned Fruit Milk Variety <div>+</div> | <div>12</div> Ham & Cheese Bagel Asst. WG Cereal w/String Cheese Assorted Fresh, Dried or Canned Fruit Milk Variety <div>+</div> | <div>13</div> Early Riser Breakfast Potato Egg Bacon Cheese Asst. WG Cereal w/String Cheese Assorted Fresh, Dried or Canned Fruit Milk Variety <div>+</div> |
| <div>16</div> Egg, Cheese & Sausage Breakfast Burrito Asst. WG Cereal w/String Cheese Assorted Fresh, Dried or Canned Fruit Milk Variety <div>+</div> | <div>17</div> French Toast Sticks Real Maple Syrup Asst. WG Cereal w/String Cheese Assorted Fresh, Dried or Canned Fruit Milk Variety <div>+</div> | <div>18</div> Pumpkin Muffins Fruit & Yogurt Parfait w/Homemade Granola Asst. WG Cereal w/String Cheese Assorted Fresh, Dried or Canned Fruit Milk Variety <div>+</div> | <div>19</div> Sausage & Cheese English Muffin Asst. WG Cereal w/String Cheese Assorted Fresh, Dried or Canned Fruit Milk Variety <div>+</div> | <div>20</div> Warm Cinnamon Bun Asst. WG Cereal w/String Cheese Assorted Fresh, Dried or Canned Fruit Milk Variety <div>+</div> |
| <div>23</div> Egg, Cheese & Sausage Breakfast Burrito Asst. WG Cereal w/String Cheese Assorted Fresh, Dried or Canned Fruit Milk Variety | <div>24</div> Breakfast Bar Asst. WG Cereal w/String Cheese Assorted Fresh, Dried or Canned Fruit Milk Variety | <div>25</div> Fruit & Yogurt Parfait w/Homemade Granola Asst. WG Cereal w/String Cheese Assorted Fresh, Dried or Canned Fruit Milk Variety | <div>26</div> Ham & Cheese Bagel Asst. WG Cereal w/String Cheese Assorted Fresh, Dried or Canned Fruit Milk Variety | <div>27</div> Early Riser Breakfast Potato Egg Bacon Cheese Asst. WG Cereal w/String Cheese Assorted Fresh, Dried or Canned Fruit |

Meals Are Free To All Students

Adult Breakfast \$3.00

Adult Lunch \$4.75

Milk \$0.50

Please Click Links Below for Nutrition Information on Daily Options:

Fresh, Dried, or Canned Fruit, Skim White Milk, 1% White Milk, & Fat Free Chocolate Milk Offered With All Meals.

Milk

Condiments

Fresh, Dried Or Canned Fruit

Pay for meals on-line. Click on Link Below:



Please advise us if special meal accommodations are required for allergens or