



Post Falls School District
Nutrition Services



MIDDLE SCHOOL MENU

2024

Mon	Tue	Wed	Thu	Fri
<p>2</p> <p>LABOR DAY</p>	<p>3</p> <p>Breakfast Breakfast Round Yogurt</p> <p>Lunch Burrito Salsa Rice</p>	<p>4</p> <p>Breakfast Breakfast Pizza</p> <p>Lunch Corndog Pudding Cup</p>	<p>5</p> <p>Breakfast French Toast Sticks Sausage Links</p> <p>Lunch Chicken Nuggets Garlic Bread</p>	<p>6</p> <p>Breakfast Egg & Cheese Burrito</p> <p>Lunch Cheeseburger</p>
<p>9</p> <p>Breakfast Pancake Wrap on a stick</p> <p>Lunch Chicken Patty Sandwich Baked Chips</p>	<p>10</p> <p>Breakfast WG Poptart Yogurt</p> <p>Lunch Beef Taco's Refried Beans</p>	<p>11</p> <p>Breakfast Breakfast Sandwich</p> <p>Lunch Ham & Cheese Pinwheels</p>	<p>12</p> <p>Breakfast Mini Waffle Sausage Links</p> <p>Lunch Chicken Drumstick Mashed Potatoes Dinner Roll</p>	<p>13</p>
<p>16</p> <p>Breakfast Cinnamon Toast-Cereal Bar</p> <p>Lunch Ribbq Sandwich Baked Chips</p>	<p>17</p> <p>Breakfast Muffin Variety Yogurt</p> <p>Lunch Buffalo Chicken Nachos</p>	<p>18</p> <p>Breakfast Scrambled Egg Bowl</p> <p>Lunch Beef Hot Dog Sunchips</p>	<p>19</p> <p>Breakfast Mini Waffle Sausage Links</p> <p>Lunch Popcorn Chicken Mac & Cheese Garlic Bread</p>	<p>20</p>
<p>23</p> <p>Breakfast Breakfast Burrito</p> <p>Lunch Chicken Patty Sandwich Animal Cracker</p>	<p>24</p> <p>Breakfast Breakfast Round Yogurt</p> <p>Lunch Chicken Walking Taco</p>	<p>25</p> <p>Breakfast Breakfast Pizza</p> <p>Lunch French Toast Sticks Sausage Links</p>	<p>26</p> <p>Breakfast French Toast Sticks Sausage Links</p> <p>Lunch Sweet & Sour Meatball Rice Bowl Garlic Bread</p>	<p>27</p>
<p>30</p> <p>Breakfast Pancake Wrap on a stick</p> <p>Lunch Cheeseburger</p>				

ALL BREAKFASTS COME WITH FRUIT OR JUICE AND MILK

ALL LUNCHESS COME WITH FRUIT, VEGGIES AND MILK

See the Nutrition Services homepage at www.pfsd.com for more information.

Meal Prices:	
Milk—	\$0.60
Breakfast—	\$2.30
Reduced	\$3.30
Lunch—	\$3.55
Reduced	\$4.40
Adult lunch—	\$4.95

Alternate lunch choices:

Uncrustable PB&J

Large Salad, Pizza

Sub Sandwich



ALL MENUS ARE SUBJECT TO CHANGE

This institution is an equal opportunity provider.