



HEALTH SERVICES

2323 E. Farwell Rd • Mead WA 99021 • Telephone (509) 465-6000 • Fax (509) 465-6020

ACTIVITY RESTRICTIONS AT SCHOOL

Student Name: \_\_\_\_\_ School: \_\_\_\_\_

Condition/Diagnosis: \_\_\_\_\_ Grade: \_\_\_\_\_

Date of Injury: \_\_\_\_\_ Start date of restrictions: \_\_\_\_\_ Termination date: \_\_\_\_\_

Student will use\*: \_\_\_\_\_  Permanent Restriction

Sling  Cast/Brace  Crutches  Wheelchair  Other \_\_\_\_\_

\*The school does not provide students with equipment such as crutches or wheelchairs.

Specific instructions for equipment needed: \_\_\_\_\_

Physical Education participation:  Yes with restrictions  Full participation  No Participation

Outdoor Recess participation:  Yes with restrictions  Full participation  No Participation

\*No recess in secondary schools

List any restrictions / specific instructions (such as weight-bearing limit) for activities: \_\_\_\_\_

LHP Signature: \_\_\_\_\_  
(Licensed Health Professional with Prescriptive Authority)

Date: \_\_\_\_\_

LHP Name: \_\_\_\_\_  
(Print or Stamp)

Phone #: \_\_\_\_\_

Parent Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Student has related/additional Health Care Plan

<i>For District Nurse Use Only</i>	
Staff Notified (if applicable): <input type="checkbox"/> Teachers <input type="checkbox"/> PE teacher <input type="checkbox"/> Coach <input type="checkbox"/> Transportation	
School Nurse Signature	Date