

# **Eudora Middle School**

## What is the Cardinals LinkUP program?

Eudora Middle School students are matched with an adult community mentor who will meet with them before school or during lunch. This program is a fantastic way for EMS students to interact with an additional adult role model who encourages them to reach their academic and personal development goals. Mentor/mentee matches are based on personal interests. The program content is structured to help the student discover the best version of him or herself.

#### What is a mentor?

A mentor is a member of the community who is willing to volunteer their time to interact with a student with the goal of helping him or her achieve personal, academic and career exploration goals. The mentor receives no money or recognition for this, but is thoroughly vetted to meet the needs of the student. A mentor is not a parent, counselor or social worker. A mentor is a friend, resource and guide.

#### What does a mentor do?

The mentor will support and listen, answer questions or help find the answers, and share with you all those things others shared with them or they learned along the way when they were in school. Mentors want to sincerely help students reach their goals. These are caring, giving people who have wisdom to offer students to help them navigate their route to success.

### Which EMS students can participate?

Any Eudora Middle School student can participate in the program. There are a limited number of mentors and the school will do its best to match students who are interested in the program, a waitlist may be necessary. We encourage EMS students who desire to learn from others and create a network of positive role models to participate in Cardinals LinkUP.

## What do students do?

Students are willing to accept guidance and support from a mentor. Students are willing to participate, commit to attending all scheduled before-school meetings and work with their mentor throughout the duration of the program. Students must have the support and commitment of their parents or guardians. Students take responsibility for their own growth by developing personal goals with their mentor. Students are open to coaching and feedback from their mentors.

## How often does the program meet?

There are two components to Cardinals LinkUP: Group meetings and one-on-one meetings. Group meetings will consist of opportunities for leadership development and for the student and mentor to develop their connection.

Group meetings will take place before school from 7:30-8 a.m. and will not interfere with classroom time. Please see the attached Save the Date flyer for specific dates.

One-on-one meetings with student and mentor will be encouraged 1-3 times a month throughout the year before school or during lunch. Cardinals LinkUP students and their mentors will participate in celebration activity during the spring semester. All contact with a mentor is restricted to school grounds.