



MEET MRS. TAYLOR SCHOOL COUNSELOR

IS HERE FOR YOU!



CLASSROOM LESSONS: SOCIAL EMOTIONAL WELLNESS

Mrs. Taylor will deliver lessons related to building students' social emotional wellness. For this school year, an emphasis will be placed on emotional regulation, coping skills, and mindfulness. All students K-2 participate in these lessons and will have calm down boxes in each of their classrooms.

INDIVIDUAL & GROUP COUNSELING

I provide short-term, solution-focused counseling support to students as needed. Teachers and parents may share concerns and make referrals. I typically help with friendship concerns, managing stress and anxious feelings, and processing big emotions in tough situations. Targeted small group interventions are also offered.



...AND SO MUCH MORE!

I often brainstorm ideas with parents when they encounter parenting challenges. Sometimes it helps to get an outside perspective! I also work with teachers in a similar manner.

PLEASE CONTACT ME WITH ANY QUESTIONS OR COMMENTS!

MRS. TAYLOR
SCHOOL COUNSELOR
LINCOLN ELEMENTARY SCHOOL

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