

What's on the Menu?

August 2024-
Gluten Free

Monday	Tuesday	Wednesday	Thursday	Friday

Weekly Choice 3 Options
<u>MONDAY</u> SunButter Banana Roll-Up
<u>TUESDAY</u> Taco Salad
<u>WEDNESDAY</u> Vegan Chickpea Salad
<u>THURSDAY</u> Fruit Parfait
<u>FRIDAY</u> Chicken Caesar Salad

We're Going Back To School



	½ Day NO LUNCH	28 1. Turkey & Cheese Sandwich on GF Bread Grilled Cheese on GF Bread	29 1. Turkey Sausage w/ Yogurt & Hashbrown 2. Yogurt w/ Fruit and Hashbrown	NO SCHOOL

DAILY OPTIONS
<u>FRUIT AND VEGGIE BAR</u>
FRESH FRUITS WHOLE FRUITS
FRESH VEGGIES FRESH MADE SIDE SALADS

All meals served with milk or chocolate milk

What's on the Menu?

Gluten Free-
SEPTEMBER 2024

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p>NO SCHOOL</p>	<p>3</p> <p>1. Beef Nachos</p> <p>2. Cheese Nachos</p> <p>Refried Beans</p> <p>Salsa Sour Cream</p>	<p>4</p> <p>Hot Dog on GF Bun</p>	<p>5</p> <p>1. Turkey Sausage w/ Yogurt & Hashbrown</p> <p>2. Yogurt w/ Fruit and Hashbrown</p>	<p>6</p> <p>Pizza Salad</p>
<p>9</p> <p>1. Grilled Chicken Sandwich on GF Bun</p> <p>Smiley face Fries</p>	<p>10</p> <p>1. Beef Nachos</p> <p>2. Cheese Nachos</p> <p>Refried Beans</p> <p>Salsa Sour Cream</p>	<p>11</p> <p>1. Turkey & Cheese Sandwich on GF Bread</p> <p>Grilled Cheese on GF Bread</p>	<p>12</p> <p>1. Turkey Sausage w/ Yogurt & Hashbrown</p> <p>2. Yogurt w/ Fruit and Hashbrown</p>	<p>13</p> <p>Pizza Salad</p>
<p>16</p> <p>1. Grilled Chicken Sandwich on GF Bun</p> <p>Smiley face Fries</p>	<p>17</p> <p>1. Beef Nachos</p> <p>2. Cheese Nachos</p> <p>Refried Beans</p> <p>Salsa Sour Cream</p>	<p>18</p> <p>BBQ Chicken On GF Bun</p>	<p>19</p> <p>1. Turkey Sausage w/ Yogurt & Hashbrown</p> <p>2. Yogurt w/ Fruit and Hashbrown</p>	<p>20</p> <p>Pizza Salad</p>
<p>23</p> <p>1. Hamburger/ Cheeseburger on GF Bun</p> <p>Smiley face Fries</p>	<p>24</p> <p>1. Chicken Nachos</p> <p>2. Corn & Black Bean Nachos</p> <p>Refried Beans</p> <p>Salsa Sour Cream</p>	<p>25</p> <p>½ Day-No Lunch</p>	<p>26</p> <p>1. Turkey Sausage w/ Yogurt & Hashbrown</p> <p>2. Yogurt w/ Fruit and Hashbrown</p>	<p>27</p> <p>Pizza Salad</p>
<p>30</p> <p>1. Hamburger/ Cheeseburger on GF Bun</p> <p>Smiley face Fries</p>				

Weekly Choice 3 Options
<p><u>MONDAY</u></p> <p>Grilled Chicken Garden Salad</p>
<p><u>TUESDAY</u></p> <p>Taco Salad</p>
<p><u>WEDNESDAY</u></p> <p>Vegan Chickpea Salad</p>
<p><u>THURSDAY</u></p> <p>Grilled Chicken Garden Salad</p>
<p><u>FRIDAY</u></p> <p>Grilled Chicken Garden Salad</p>

DAILY OPTIONS
<p><u>FRUIT AND VEGGIE BAR</u></p> <p>FRESH FRUITS</p> <p>WHOLE FRUITS</p> <p>FRESH VEGGIES</p> <p>FRESH MADE SIDE SALADS</p>

All meals served with milk or chocolate milk



Vegetarian



Locally Grown