

What's on the Menu?

August 2024-
Sesame Free

Monday	Tuesday	Wednesday	Thursday	Friday

Weekly Choice 3 Options
<u>MONDAY</u> SunButter Banana Roll-Up
<u>TUESDAY</u> Taco Salad
<u>WEDNESDAY</u> Vegan Chickpea Salad
<u>THURSDAY</u> Fruit Parfait
<u>FRIDAY</u> Chicken Caesar Salad

We're Going Back To School



	½ Day NO LUNCH	28 1. Orange Chicken w/ Brown Rice 2. Cheesy Pull Aparts	29 1. Pancakes w/ Turkey Sausage Patty 2. Pancakes w/ Yogurt	NO SCHOOL

DAILY OPTIONS
<u>FRUIT AND VEGGIE BAR</u>
FRESH FRUITS WHOLE FRUITS
FRESH VEGGIES FRESH MADE SIDE SALADS

All meals served with milk or chocolate milk



Vegetarian



Locally Grown

What's on the Menu?

Sesame Free-
SEPTEMBER 2024

Monday	Tuesday	Wednesday	Thursday	Friday
<p>NO SCHOOL ²</p>	<p>³</p> <p>1. Beef Nachos</p> <p>2. Cheese Nachos</p> <p>Refried Beans</p> <p>Salsa Sour Cream</p>	<p>⁴</p> <p>1. Corn Dog</p> <p>2. Cheese Bread Sticks</p> <p>Marinara</p>	<p>⁵</p> <p>1. Waffles</p> <p>Turkey Sausage</p> <p>2. Waffles</p> <p>Yogurt</p> <p>Hash Brown</p>	<p>⁶</p> <p>1. Cheese Pizza</p> <p>2. Pepperoni Pizza</p>
<p>⁹</p> <p>1. Chicken Sandwich on Pretzel Bun</p> <p>2. Mac and Cheese</p> <p>Smiley face Fries</p>	<p>¹⁰</p> <p>1. Chicken Quesadilla</p> <p>2. Cheese Quesadilla</p> <p>Black Beans</p> <p>Salsa Sour Cream</p>	<p>¹¹</p> <p>1. Sweet & Sour Chicken</p> <p>2. Cheese Stuffed Breadsticks</p> <p>Brown Rice</p>	<p>¹²</p> <p>1. Pancake Sausage Wrap on a Stick</p> <p>2. Pancakes</p> <p>Yogurt</p> <p>Hash Brown</p>	<p>¹³</p> <p>1. Cheese Pizza</p> <p>2. Pepperoni Pizza</p>
<p>¹⁶</p> <p>1. Chicken Drumstick</p> <p>Mashed Potatoes</p> <p>2. Cheese Lasagna</p> <p>Biscuit</p>	<p>¹⁷</p> <p>1. Beef Tacos</p> <p>2. Bean & Cheese Burrito</p> <p>Refried Beans</p> <p>Salsa Sour Cream</p>	<p>¹⁸</p> <p>1. BBQ Chicken On Pretzel Bun</p> <p>2. Pizza Crunchers</p>	<p>¹⁹</p> <p>1. French Toast</p> <p>Turkey Sausage</p> <p>2. French Toast</p> <p>Yogurt</p> <p>Hash Brown</p>	<p>²⁰</p> <p>1. Cheese Pizza</p> <p>2. Pepperoni Pizza</p>
<p>²³</p> <p>1. Hamburger/ Cheeseburger on Pretzel Bun</p> <p>2. Ravioli</p> <p>Smiley face Fries</p>	<p>²⁴</p> <p>1. Chicken Tacos</p> <p>2. Corn & Black Bean Tacos</p> <p>Black Beans</p> <p>Salsa Sour Cream</p>	<p>²⁵</p> <p>½ Day-No Lunch</p>	<p>²⁶</p> <p>1. Pancakes</p> <p>Turkey Sausage</p> <p>2. Pancakes</p> <p>Yogurt</p> <p>Hash Brown</p>	<p>²⁷</p> <p>1. Cheese Pizza</p> <p>2. Pepperoni Pizza</p>
<p>³⁰</p> <p>1. Chicken Nuggets</p> <p>2. Cheese Tortellini Alfredo</p> <p>Smiley face Fries</p>				

Weekly Choice 3 Options
<p><u>MONDAY</u></p> <p>SunButter Banana Roll-Up</p>
<p><u>TUESDAY</u></p> <p>Taco Salad</p>
<p><u>WEDNESDAY</u></p> <p>Vegan Chickpea Salad</p>
<p><u>THURSDAY</u></p> <p>Fruit Parfait</p>
<p><u>FRIDAY</u></p> <p>Chicken Caesar Salad</p>
<p>*Flatbread served with Salads on Wednesday and Friday*</p>

DAILY OPTIONS
<p><u>FRUIT AND VEGGIE BAR</u></p>
<p>FRESH FRUITS</p> <p>WHOLE FRUITS</p>
<p>FRESH VEGGIES</p> <p>FRESH MADE SIDE SALADS</p>

All meals served with milk or chocolate milk

