



High School Lunch Menu

Welcome back to school!
 Please be sure to fill out an application for free & reduced priced meals @SchoolCafe Parent Portal

LUNCH PRICING
 MILK ONLY-.50
 STAFF LUNCH-\$5.00

8 oz low fat or fat-free milk, our fantastic fruit tray and rainbow veggie tray offered with every school lunch

4 DIFFERENT LUNCH LINES TO CHOOSE FROM DAILY

STUDENT NUTRITION PROGRAM



GROTON PUBLIC SCHOOLS

Mon	Tue	Wed	Thu	Fri
PLEASE NOTE MENU IS SUBJECT TO CHANGE			8/29 CHEESE BITES MARINARA SAUCE GARLIC KNOT ROASTED GREEN BEANS ASSORTED FRUIT	8/30 HOUSE MADE PIZZA ROMAINE CAESAR SALAD ASSORTED FRUIT
9/2 LABOR DAY! NO SCHOOL!!	9/3 CHICKEN NUGGETS DINNER ROLL TATER TOTS ASSORTED FRUIT	9/4 PASTA WITH MEAT SAUCE TEXAS TOAST ROASTED BROCCOLI ASSORTED FRUIT	9/5 BRUNCH! FRENCH TOAST STICKS TURKEY SAUSAGE PATTY HASH BROWN ROUNDS CINNAMON ROASTED CARROTS ASSORTED FRUIT	9/6 HOUSE MADE PIZZA SPINACH SALAD WITH BLACK BEANS ASSORTED FRUIT
9/9 GRILLED CHEESE SWEET POTATO FRIES PARMESAN BAKED PEAS ASSORTED FRUIT	9/10 POPCORN CHICKEN MASHED POTATOS & GRAVY ROASTED CAULIFLOWER ASSORTED FRUIT	9/11 CHEESEBURGER GRINDER WITH LETTUCE & TOMATO ONION RINGS CORN ASSORTED FRUIT	9/12 NACHOS! SEASONED BEEF WITH A CREAMY CHEESE SAUCE SEASONED RICE LETTUCE & TOMATO ASSORTED FRUIT	9/13 HOUSE MADE PIZZA ROMAINE CAESAR SALAD ASSORTED FRUIT
9/16 MOZZARELL STICKS MARINARA SAUCE TEXAS TOAST DILL ROASTED CARROTS ASSORTED FRUIT	9/17 BREADED CHICKEN FILET ON A WHEAT ROLL ROASTED BABY POTATOS HOUSE MADE COLE SLAW ASSORTED FRUIT	9/18 ASSORTED GRINDERS CAPE COD CHIPS ASSORTED VEGGIE ASSORTED FRUIT	9/19 CHICKEN & WAFFLES HOUSE MADE PASTA SALAD ASSORTED FRUIT	9/20 HOUSE MADE PIZZA ROMAINE MIXED SALAD ASSORTED FRUIT
9/23 HOUSE MADE MACARONI & CHEESE WHEAT BREADSTICK ROASTED BROCCOLI ASSORTED FRUIT	9/24 CHICKEN TENDERS DINNER ROLL POTATO WEDGES GARLIC ROASTED GREEN BEANS ASSORTED FRUIT	9/25 SAUSAGE, EGG & CHEESE ON A CROISSANT HASH BROWN PARMESAN BAKED PEAS ASSORTED FRUIT	9/26 CHILI CHEESE DOG HOUSE MADE COLE SLAW ASSORTED CHIPS ASSORTED FRUIT	9/27 HOUSE MADE PIZZA ROMAINE CAESAR SALAD ASSORTED FRUIT
9/30 PIZZA CRUNCHERS GARLIC KNOT DILL ROASTED CARROTS ASSORTED FRUIT				This Institution Is an Equal Opportunity Provider