



# High School Breakfast Menu

**Welcome back to school!**  
 Please be sure to fill out an application for free & reduced priced meals @ [SchoolCafe Parent Portal](#)

**BREAKFAST PRICING**  
 MILK ONLY-.50  
 STAFF BREAKFAST-\$3.00

8 oz low fat or fat-free milk, assorted fresh and pre-packaged fruit and 100% Fruit Juice are offered every day with breakfast

IN ADDITION TO OUR HOT BREAKFAST, A SMOOTHIE LINE IS ALSO AVAILABLE FOR BREAKFAST

This Institution Is an Equal Opportunity Provider

**STUDENT NUTRITION PROGRAM**



**GROTON PUBLIC SCHOOLS**

Mon	Tue	Wed	Thu	Fri
PLEASE NOTE MENU IS SUBJECT TO CHANGE			8/29 BACON, EGG & CHEESE ON AN ENGLISH MUFFIN	8/30 OVEN FRESH BLUEBERRY MUFFIN
9/2 LABOR DAY! NO SCHOOL!!	9/3 SAUSAGE, EGG & CHEESE ON AN ENGLISH MUFFIN	9/4 OVEN FRESH CINNAMON ROLL	9/5 BACON, EGG & CHEESE ON A CROISSANT	9/6 OVEN FRESH CINNAMON MUFFIN
9/9 BREAKFAST PIZZA	9/10 SAUSAGE, EGG & CHEESE ON AN ENGLISH MUFFIN	9/11 OVEN FRESH CINNAMON ROLL	9/12 BACON, EGG & CHEESE ON A CROISSANT	9/13 OVEN FRESH BLUEBERRY MUFFIN
9/16 CINNAMON FRENCH TOAST ASSORTED YOGURT	9/17 BACON, EGG & CHEESE ON A CROISSANT	9/18 OVEN FRESH CINNAMON ROLL	9/19 SAUSAGE, EGG & CHEESE ON A CROISSANT	9/20 OVEN FRESH CINNAMON MUFFIN
9/23 WG BAGEL WITH CREAM CHEESE	9/24 SAUSAGE, EGG & CHEESE ON AN ENGLISH MUFFIN	9/25 OVEN FRESH CINNAMON ROLL	9/26 BACON, EGG & CHEESE ON AN ENGLISH MUFFIN	9/27 OVEN FRESH BLUEBERRY MUFFIN
9/30 OVEN FRESH PANCAKES ASSORTED YOGURT				