

# Elementary Breakfast Menu

**Welcome back to school!**  
Please be sure to fill out an application for free & reduced priced meals @ **SchoolCafe Parent Portal**

**BREAKFAST PRICING**  
FULL PRICE-\$2.00  
MILK ONLY-.50  
STAFF BREAKFAST-\$3.00

**ALL STUDENTS AT THAMES RIVER MYSTIC RIVER & CATHERINE KOLNASKI WILL EAT BREAKFAST AND LUNCH AT NO COST TO THE FAMILIES THIS SCHOOL YEAR!!**

Thanks to the State of Connecticut all students eligible for reduced price meals will eat breakfast and lunch at no cost this school year!!

**STUDENT  
NUTRITION  
PROGRAM**



**GROTON PUBLIC SCHOOLS**



Mon	Tue	Wed	Thu	Fri
PLEASE NOTE MENU IS SUBJECT TO CHANGE			8/29 WARM BANANA BREAD STRING CHEESE FRESH BANANA	8/30 WARM APPLE ROLL ASSORTED YOGURT RAISINS
9/2  LABOR DAY! NO SCHOOL!!	9/3 EGG & CHEESE ON A CROISSANT APPLE SLICES	9/4 WARM CHOCOLATE CHIP MUFFIN ASSORTED YOGURT FRESH ORANGE	9/5 WG BAGEL CREAM CHEESE DICED PEACHES	9/6 BLUEBERRY DONUT HOLES FRUIT COCKTAIL
9/9 ASSORTED CEREAL GOLDFISH GRAHAMS FLAVORED CRAISINS	9/10 BREAKFAST PIZZA (EGG,BACON & CHEESE) DICED PEARS	9/11 WARM BLUEBERRY MUFFIN ASSORTED YOGURT FRESH APPLE	9/12 WARM LEMON BREAD STRING CHEESE FRESH BANANA	9/13 STUFFED HASH BROWN ( EGG & CHEESE) APPLE SLICES
9/16 ASSORTED CEREAL GOLDFISH GRAHAMS RAISINS	9/17 EGG & CHEESE ON A CROISSANT APPLE SLICES	9/18 WARM CHOCOLATE CHIP MUFFIN ASSORTED YOGURT FRUIT COCKTAIL	9/19 POWDERED DONUT HOLES FRESH ORANGE	9/20 OVEN FRESH CINNAMON ROLL DICED PEACHES
9/23 ASSORTED CEREAL GOLDFISH GRAHAMS FLAVORED CRAISINS	9/24 BREAKFAST PIZZA (EGG,BACON & CHEESE) FRUIT COCKTAIL	9/25 WARM BLUEBERRY MUFFIN ASSORTED YOGURT DICED PEACHES	9/26 WARM BANANA BREAD STRING CHEESE FRESH BANANA	9/27 WARM APPLE ROLL ASSORTED YOGURT APPLE SLICES
9/30 ASSORTED CEREAL GOLDFISH GRAHAMS FLAVORED CRAISINS			<b>This Institution Is an Equal Opportunity</b>	

8 oz low fat or fat-free milk, assorted fresh and pre-packaged fruit and 100% Fruit Juice are offered every day with breakfast