

Welcome
Back!

Menus for
Aug. & Sept.
2024



BEECHER ROAD SCHOOL

This institution is an equal opportunity provider. Menus are subject to change.

Monday, August 26

-A-

Entree Alternate
Or

Waffle Bites,
Sausage Links
Potato Smiles
Applesauce

Tuesday, August 27

-B-

Entrée Alternate
Or

Chicken Tenders,
Green Beans Sweet Potato
Fries, Dinner Roll
Fruit Choices

Wed. August 28

-C-

Entrée Alternate
Or

ERNIE'S PIZZA
Quinoa Salad,
Carrot Sticks Fruit Choice

Thursday, August 29

-D-

Entree Alternate
Or

Cheeseburger on a Roll
Lettuce and Tomato
Potato Wedge
Fruit Choices

Friday, August 30

-E-

Entree Alternate
Or
Beef Tacos with Cheese,
Salsa, Brown Rice, Green
Beans
Black Bean Corn Salad
Fruit Choice



Last Chance
to Bask!

Labor Day Monday, Sept. 2
Enjoy your day off!

Tues. September 3

-F-

Entrée Alternate
Or

Pancake Bite
Mixed Veg
Sausage Links
Hash Browns
Fruit Choices

Wed., September 4

-A-

Entrée Alternate
Or

Chicken Nuggets, Broccoli
Potato Wedges, Dinner Roll
Fruit Choices

Thur. September 5

-B-

Entrée Alternate
Or

Meatball Grinder
Salad, Potato Wedges
Fruit Choices

Friday, September 6

-C-

Entrée Alternate
Or

Pizza Wedge
Carrot Sticks
Garden Salad
Fruit

AVAILABLE DAILY

Milk Offered with All Meals: Fat Free Chocolate, 1% White, Fat Free White, Lactaid Entre Alternate: Assorted Sandwiches: Turkey & Cheese, Turkey, Ham & Cheese, Ham, Bologna, Bologna and Cheese, and Cheese. Salad Bar with Chicken or Hard Boiled Egg, or Tuna Fish, and a Yogurt Bento Box. Rainbow Veggie Tray: May include: Broccoli, Baby Carrots, Celery, Cherry Tomatoes, Green Pepper, Bean Salads, Cucumbers, Black Beans and Chick Peas.

DON'T 4 GET!

To make a lunch,
choose at least one



or



and 3-5
items
total



**WESTMINSTER SCHOOL DISTRICT
NUTRITION SERVICES**

Monday, September 9

-D-

Entrée Alternate
Or

Cheese Ravioli, Bread stick
Mixed Vegetables
Fruit Choice

Tuesday, September 10

-E-

Entree Alternate
Or

Cheeseburger on
a Roll
Lettuce/Tomato
French Fries
Fruit Choices

Wednesday, September 11

-F-

EntréeAlternate
Or

ERNIE'S PIZZA
Quinoa Salad,
Carrot Sticks,
Fruit Choice

Thursday, September 12

-A-

Entrée Alternate
Or

Chicken Tenders, Green
Beans
Sweet Potato Fries, Dinner
Roll
Fruit Choices

Friday, September 13

-B-

Entrée Alternate
or
Beef Tacos with Cheese,
Salsa, Brown Rice, Green
Beans
Black Bean Corn Salad
Fruit Choice

Monday, September 16

-C-

Entrée Alternate
Or

Pulled Pork on
a roll
Cole slaw
French Fries
Fruit Choice

Tuesday, September 17

-D-

Entrée Alternate
Or

Chicken Nuggets, Peas
Potato Wedges, Dinner Roll
Fruit Choices

Wednesday, September 18

-D-

Entrée Alternate
Or

Chicken Nuggets, Peas
Potato Wedges, Dinner Roll
Fruit Choices

Thursday, September 19

-F-

Entrée Alternate
Or

Grilled Cheese Sandwich
Tomato Soup
Corn, Hash Browns
Fruit Choice

Friday, September 20

-A-

Entrée Alternate
Or

Pizza Boli
Carrot Sticks
Garden Salad
Fruit Choice

Monday, September 23

-B-

Entrée Alternate

Or

Waffle Bites,
Sausage Links
Potato Smiles
Applesauce

Tuesday, September 24

-C-

EntréeAlternate
Or

Cheese Ravioli, Bread stick
Broccoli
Fruit Choice

Wednesday, September 25

-D-

Entrée Alternate
Or

Chicken Tenders, Green
Beans
Sweet Potato Fries, Dinner
Roll
Fruit Choices

Thursday, September 26

-E-

EntréeAlternate
Or

ERNIE'S PIZZA
Quinoa Salad,
Carrot Sticks,
Fruit Choice

Friday, September 27

-F-

Entree Alternate
Or

Fish Sticks
Corn
Hash Brown
Fruit Choice

Monday, September 30

-A-

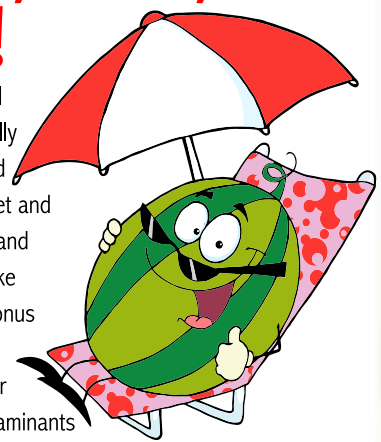
Entrée Alternate

Or
French Toast Sticks
Sausage Links
Potato Smiles
Fruit Choice



Sweet, Cool, AND Clean!

Watermelons are cool customers! They really know how to chill, and they're naturally sweet and loaded with vitamins and incredible nutrients like lycopene. And the bonus is they're among the "cleanest" fruits: their thick rinds keep contaminants safely away from the sweet, juicy insides we love so much!



Learn more at www.CHOOSEMYPLATE.gov or http://kidshealth.org/kid/stay_healthy/food/pyramid.html



Every complete meal we serve comes with your choice of milk!