



MOBILE 3D MAMMOGRAPHY

NOW SERVING THE KANSAS CITY METRO AND SURROUNDING AREAS

Access our mobile information pages at www.dic-kc.com by clicking on the Menu tab in the upper left corner and selecting “Mobile 3D Mammography.”

FREQUENTLY ASKED QUESTIONS

1. How do I book the coach to come to my organization or event?

First, using the instructions above, review the “Book the Mobile” page on our “Mobile Calendar of Events” for availability. Abbie Sanderson, our Mobile Mammography Public Relations Representative, can then confirm dates and times for your mammography event, as well as provide additional information and materials for you and your attendees. She can be reached at 913-222-9769 or asanderson@dic-kc.com.

2. Does it cost anything to book the coach at my organization or event?

There is no charge to book the coach! Our goal is to be consistently available yearly for women in your group to make annual screenings simple and convenient. Please see Question 8 for mammography exam costs.

3. How far in advance do I need to book the coach?

While there is no deadline, booking the coach at least 3 weeks or more in advance of your event is ideal. This way, we can work together to share the news to women in your community. You can book the coach as far out as one year.

4. Who can be seen on the coach?

The mobile mammography coach will travel to businesses and communities in the area to provide life-saving screenings for patients with the following eligibility:

- Women 35-39 years old may obtain a baseline screening mammogram. They should check with their insurance provider prior to the screening for plan eligibility and coverage.
- Women 40 years or older do not need an order from their referring provider.
- The patient’s most recent screening mammogram should be 12 months or more prior to the current mammogram for insurance coverage reasons.
- Screening patients should not be pregnant or breastfeeding.
- All patients should be INDEPENDENTLY ambulatory and able to maneuver the coach's steps, sit, stand and change to a shoulder gown unaided.
- All patients are responsible for providing their primary care physician’s contact information (name, phone number, fax number, and address), who will receive results via fax. Patients must also provide their own contact information (name, phone number and address) to receive results via US mail.

The mobile staff can utilize a telephonic translation system for Spanish-speaking patients. Though we are unable to provide services for patients who need diagnostic mammograms, help ambulating, or are male, we welcome all patients to one of our six convenient locations around the Kansas City area in both Missouri and Kansas.

5. What services are provided on the coach?

DIC is pleased to offer both 2D and 3D screening mammograms. We cannot provide clinical breast exams or diagnostic (symptomatic) mammograms. Symptoms that would indicate a need for a diagnostic mammogram include a palpable lump that is new or has changed in size, shape or tenderness, nipple discharge.



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FREQUENTLY ASKED QUESTIONS CONTINUED

6. What is the difference between 2D and 3D mammography?

3D mammography provides more image details to improve the radiologist's ability to separate normal from abnormal tissue, which means we can find breast cancer at earlier and more effectively treatable stages. 3D mammography can reduce the need for follow-up exams in other modalities. Our 3D equipment does NOT exceed the radiation dosage of our 2D mammograms. Please see "Why Choose 3D Mammography" (page 4) for more information.

7. How do I schedule my mammogram on the mobile coach?

In order to schedule a screening exam on our coach, please confirm the date of the mobile event at your organization or event; then call (913) 344-9989 or (816) 444-9989. To check when the next open-to-the-public mammography event is, access our Mobile Calendar of Events on our website via the instructions at the top of Page 1. Appointments are encouraged; walk-ins are also welcome.

8. May I be a "walk-in" mammography patient?

Yes! You are always welcome to visit the mobile coach without a prior appointment, as with any of our 6 clinics in the Kansas City metro area. However, please keep in mind there may be patients who scheduled beforehand, and you may have to wait or be seen at a later time. Scheduling in advance guarantees your appointment and can make your experience faster and easier!

9. How much will my mammogram cost?

Diagnostic Imaging Centers accepts almost all major insurance providers. For a complete list of accepted providers, including those that cover 3D mammography, see "Accepted Insurance Plans" (page 5) or our mobile mammography pages via www.dic-KC.com. Almost all annual screening 2D mammograms are covered by insurance as long as you meet your company's qualifying guidelines. **It is the patient's responsibility to know what coverage her plan provides and whether she will need to make a co-pay or meet a deductible.** If your insurance does not cover your exam, you can pay by credit or debit card at the time of service (we do not accept checks or cash on the coach). Additionally, Diagnostic Imaging Centers offers a 25% discount to all patients paying out-of-pocket for their exams. Self-pay expenses for a screening mammogram are the following:

2D screening mammogram with 25% self-pay discount	\$150.00
3D screening mammogram with 25% self-pay discount	\$205.00

[Diagnostic Imaging Centers, P.A. does accept Health Savings Account and Flex Spending Account cards.](#)

10. Does my insurance cover a 3D mammogram?

Not all insurance companies cover the additional fee for 3D mammography. Therefore, it is best that you check with your insurance company before your screening to determine whether 3D mammography coverage is offered. For an updated list of Diagnostic Imaging Centers insurance providers that cover 3D mammography, please see "Accepted Insurance Plans" (page 5) or our website.

11. What if I don't have insurance?

Kansas residents: The Early Detection Works program is available to qualified women to have mammograms covered.

Missouri residents: We have applied to partner with the Show Me Healthy Women program; please check back in the near future for updates.



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FREQUENTLY ASKED QUESTIONS CONTINUED

13. Is the coach wheel-chair accessible?

No, it is not. All patients should be independently ambulatory for stairs, as well as able sit, stand, and change to a shoulder gown in a changing room unaided. If this is a concern, Diagnostic Imaging Centers has six ADA-accessible clinics conveniently located across the Kansas City metro area in both Missouri and Kansas.

14. How do I prepare for my exam?

Preparation is simple: please do not wear any lotions, perfumes or deodorants above the waist for on the day of your mammogram, as these products may have ingredients that can interfere with your scans. Wear a two-piece outfit so you do not have to fully disrobe.

15. What do I bring to my appointment?

If you have had prior mammograms elsewhere, please fill out and hand in the attached records release form to ensure faster and more accurate results. On the day of your appointment, bring your insurance card and a credit/debit card if you will need to pay the additional \$55 for a 3D screening.

16. What should I expect during and after my exam?

When you walk in, you'll be greeted by our receptionist, who will check you in for your appointment and direct you to a dressing room. Through a private door, you will then enter the mammography suite, where a registered mammography technologist will take low-dose x-ray views of each breast (the compression lasts only a few seconds). You will then be able to return your regular clothes. After that, your appointment is finished—the whole process takes just 15-20 minutes!

17. When and how do I receive my results?

Your images will be reviewed the following morning by one of Diagnostic Imaging Centers' radiologists, who will then fax results to your primary care provider (PCP) that day. You will be mailed a copy of your results, which you should receive within 1 week. If our radiologist identifies an abnormal result, we will call you immediately.

18. Is there a bathroom on the coach?

No.

19. What is the coach like/how big is it?

The coach is 40-feet long, 12-feet high and weighs 36,000 pounds. It was designed with patient care and comfort in mind: There is climate control, a reception desk, a waiting area, 2 dressing rooms and a state-of-the-art 3D mammography machine.

20. Who can have a mammogram on the mobile coach?

The mobile mammography coach serves women aged 40 and up, who are asymptomatic (showing no prior issues, such as a lump or pain). Women 35-39 years of age are eligible for a screening baseline mammogram, though a signed order from a referring provider is required. Screening patients should not be pregnant or breastfeeding. We are unable to see male patients, or female patients who need a diagnostic mammogram.