

Upper Lake Middle School Newsletter

February 2019

Principal's Message:

Happy February! I would say we're off to a great start! January was filled with unique learning opportunities and activities for our students. Our staff participates in professional development training every Wednesday after school. Author Alane Adams and her Rise Up Foundation came to spend time with our students and encourage reading. This February we look forward to continue this momentum with a calendar full of activities to help our students learn, grow, and develop.

Good luck to all our players! Continue on showing great sportsmanship and team spirit. Thank you to all the staff, parents and guardians who attend our games. It's important that students see your support. It shows them that you understand how important they are to us.

Don't forget we have no school Friday the 15th and Monday the 18th.

Next progress report will be coming February 8th.

February 19th we will be giving our student Healthy Kids survey that help us determine the area we should address and focus on when support our students' well being.

Valentine's dance is on the 22nd.

As always, we look forward to continuing to work together as a team to provide your child with an enriched educational experience.

With gratitude,

Elwira Salata

Student Cell Phone Use

Students at our middle school are **NOT** allowed to use cell phones during the school day. If a student brings a cell phone to school it:

- **must be turned off**
- **should be kept in the backpack**

Students are **NOT** allowed to use cell phones to take video recordings of other students at school. Please call if you have any questions.

News from Healthy Start:

We are here to help you and your family access community resources including referrals for health and nutrition services, academic, counseling, home visitation and parenting support resources. Please call the office or come by for more information

707-275-0223.

Important Dates:

February: Black history month

February 1st: end of the month assembly

February 8th: Harvest of the month, Progress reports sent home

February 15th: no school

February 18th: no school

February 22nd: Valentine's dance

**If you can't fly, then run.
If you can't run, then walk.
If you can't walk, then crawl.
But whatever you do, keep moving forward.
~Dr. Martin Luther King**

Jr.