

Tartan High School

Activities Handbook



2024



2025



A message from Activities Director

Trevor Mbakwe

Welcome to
Tartan Activities!

Tartan Students and Families,

At Tartan High School, we believe that participation in athletics and activities plays an important role in the academic, social, and emotional growth and development of our students. Our mission is to provide a variety of opportunities for our students so that varied interests and abilities are met.

The foundation of Tartan High School Activities and Athletics Department is based upon the values of respect, integrity, accountability, and shared responsibility. We expect respectful interaction between all stakeholders (students, coaches, advisors, parents/guardians, officials, and spectators) involved in our programs.

We appreciate your continued support of all the Tartan High School Athletics and Activities! In addition, we value your positive representation of our programs, school, and community with the highest degree of respect and Titan Pride! We look forward to a quality experience for each of our students through their involvement in Tartan High School Activities and Athletics!

Go Titans!



TARTAN HIGH SCHOOL

Activities Department

828 Greenway Avenue North
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Activities Director	Trevor Mbakwe	651-702-8620
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Polar Arena		651-748-6292

Quick Reference Websites

tartan.isd622.org/athletics

tartan.isd622.org/activities

northstpaul2060.cf.affinetysolutions.com

metroeastconference.org

mshsl.org

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Athletics

Minnesota State High School League

All schools are voluntary members of the Minnesota State High School League and compete only with member schools. As a member school district, Tartan High School agrees to abide by and enforce all rules and regulations endorsed by this League. The primary role of the state association is to maintain rules and regulations that ensure equity in competition for the student athletes and a balance with other educational programs. The association solicits input and is responsive to requests for rule modification from member schools, appointed committees, and coaches' associations. The state association attempts to enforce such rules that assure the greatest good for the greatest number and to ensure that competition is conducted in an appropriate manner.

MSHSL Mission Statement

The Minnesota State High School League provides educational opportunities for students through interscholastic athletic and fine arts programs, and provides leadership and support for member schools.

Coaches and Players

Coaches and players have unique positions in the school community and have an opportunity to provide leadership for all school personnel by their actions while participating in the athletic program. It is important that this unique position of leadership be utilized in a responsible manner.

1. Treat your opponent with respect. Make a special effort to be courteous and respectful even when you feel your team has not been treated fairly.
 - Be a humble winner and a respectful loser.
 - Conduct yourself in a manner of controlled intensity.
 - Use only positive verbal interchange with any person from opposing team or school.
 - A handshake or pat on the back is the only physical contact acceptable outside of the normal contact allowed in each sport.
2. Respond to official decisions in a controlled manner and with a spirit of good sportsmanship.
 - Use only positive actions and words toward officials.
 - Use principles of sportsmanship and fair play regardless of the situation or outcome of the contest.
3. Make sure buildings and property are in good condition when you finish using them.
 - Respect opponents' school and locker room areas, and also respect any personal property.
 - Pick up any litter and leave area used cleaner than you found it.

2024-2025 Athletic Start Dates

Fall Sports	
Adapted Soccer	September 2, 2024
Cross Country (Boys & Girls)	August 12, 2024
Football	August 12, 2024
Soccer (Boys & Girls)	August 12, 2024
Swimming/Diving (Girls)	August 12, 2024
Tennis (Girls)	August 12, 2024
Volleyball (Girls)	August 12, 2024

Winter Sports	
Adapted Floor Hockey	November 25, 2024
Basketball (Boys)	November 18, 2024
Basketball (Girls)	November 11, 2024
Dance Team	October 21, 2024
Gymnastics	November 11, 2024
Hockey (Boys)	November 11, 2024
Hockey (Girls)	October 28, 2024
Nordic Ski (Boys and Girls)	November 11, 2024
Swimming/Diving (Boys)	December 2, 2024
Wrestling	November 18, 2024

Spring Sports	
Adapted Bowling	February 26, 2025
Badminton	March 3, 2025
Baseball	March 17, 2025
Golf (Boys and Girls)	March 17, 2025
Lacrosse (Girls)	March 31, 2025
Softball	March 10, 2025
Tennis (Boys)	March 24, 2025
Track & Field (Boys and Girls)	March 10, 2025
Volleyball (Boys)	March 17, 2025

Activity/Athletic Registration

Registration and payments for all activities and athletics shall only be completed **ONLINE**. The registration site can be accessed at ***northstpaul2060.cf.affinetyolutions.com***

Smart School K-12 accounts must be set up by the parent or guardian. Once account is created, all students in the family can be added to the main account. You will need your students ID number for adding your student.

All students participating in an athletic activity will be required to provide a copy of their current physical examination. Physicals are good for three years from the date of the exam. The physical exam must be provided to the activities office prior to being cleared to practice, try out or compete.

During the registration process, you will complete the following:

- **Emergency Medical Authorization**
Each athlete's parents shall complete an Emergency Medical Authorization giving permission for treatment by a physician or hospital when the parent(s) are not available. Emergency information will be kept in the medical kit for availability at all practices and contests.
- **MSHSL Annual Health Questionnaire and Athletic Eligibility Statement**
Minnesota statutes require concussion education and information to be made available by the League for all student athletes and parents. The MSHSL Eligibility Brochure has incorporated concussion information and additional resources. Students and parents who review the new MSHSL Eligibility Brochure will indicate on the Eligibility Statement they had reviewed the concussion information.
- **ImPACT concent**
Each parent and student athlete will sign a consent form to participate in the ImPACT Concussion management program.
- **Parental Insurance Waiver**
The school district does not carry insurance to cover student injuries.
- **Athletic Trainer Authorization**
Gives permission for the Athletic Trainer to treat injuries and discuss any injuries or medical conditions with coaches, school staff and other qualified health care providers as deemed necessary.

Before your child participates in a practice or tryout, you must register them online, completing all the necessary eligibility forms and pay the fees.

Reduced Athletic Fee: The athletic fee will be reduced for students who are enrolled in the Federal Free or Reduced Education Program.

Refund of Athletic Fee: The Athletic fee will be refunded in full to students who drop the activity before the first official contest in that sport. One-half of the fee will be refunded if the student drops before the 3rd official contest. No refund will be given following the 3rd official contest. Students who drop the activity for a medical reason will be handled on an individual basis.

COACHING CONTACTS AND PARTICIPATION FEES

Fall Sports

Adapted Soccer (\$60)	Pam Brandt	pbrandt@isd622.org
Girls Cross County (\$165)	Leah Krof	lkorf@isd622.org
Boys Cross Country (\$165)	Matt Duffee	mduffee@isd622.org
Football (\$225)	Matt Diediker	mdiediker@isd622.org
Boys Soccer (\$185)	Marco Palcios	mpalcios@isd622.org
Girls Soccer (\$185)	Jennifer Roberto	jroberto@isd622.org
Girls Swim & Dive (\$165)	Mike Brudzinski	mbrudzinski@isd622.org
Girls Tennis (\$145)	Jason Arndt	jarndt@isd622.org
Volleyball (\$165)	Alyssa Wise	awise@isd622.org

Winter Sports

Adapted Floor Hockey (\$60)	Pam Brandt	pbrandt@isd622.org
Boys Basketball (\$185)	Mark Klingsporn	mklingsporn@isd622.org
Girls Basketball (\$185)	Angelique Robinson	arobinson@isd622.org
Dance Team (\$145)	Alannah Peters	lpeters2@isd622.org
Gymnastics (\$165)	Lisa Heart	lheart@isd622.org
Boys Hockey (\$225)	Cole Leitch	cleitch@isd622.org
Nordic Skiing (\$145)		
Boys Swim & Dive (\$165)	Mike Brudzinski	mbrudzinski@isd622.org
Wrestling (\$185)	Andrew Johnson	ajohnson@isd622.org

Spring Sports

Adapted Bowling (\$60)	Pam Brandt	pbrandt@isd622.org
Baseball (\$165)	Todd Klingsporn	tklingsporn@isd622.org
Boys & Girls Golf (\$145)	Jared Mickelson	jmickelson@isd622.org
Softball (\$165)	Jessica Dooley	jdooleysemple@isd622.org
Badminton (\$145)	David Lu	dlu@isd622.org
Girls Lacrosse (\$165)	Rick Estes	RJEstes@cbburnet.com
Boys Tennis (\$145)	Jason Arndt	arndt@isd622.org
Boys Track (\$165)	Dominic Mahon	dmahon@isd622.org
Girls Track (\$165)	Tracy Brown	tbrown@isd622.org
Boys Volleyball (\$165)	Alyssa Wise	awise@isd622.org
Trap Team	Jordan Flesland	jflesland@isd622.org

ALL REGISTRATION AND PAYMENTS ARE MADE ONLINE
northstpaul2060.cf.affinetyolutions.com

TARTAN HIGH SCHOOL ACTIVITIES

Tartan High School believes that the activities program of the school plays a substantial and important role in providing successful and meaningful experiences for students. In addition to a comprehensive list of courses, Tartan High School offers a wide variety of activities to meet students' interests and needs. All students are encouraged to participate according to their interests and abilities.

Activity Registration & Participation Fees

Tartan uses online registration for all activities.

Register at **northstpaul2060.cf.affinetsolutions.com**. You will need your student ID number to register for the first time.

MSHSL Co-Curricular Eligibility

Students must be making satisfactory progress toward graduation to participate in activities. This applies to music, drama and speech. Minnesota State High School League eligibility penalties for alcohol and chemical violations apply to these activities.

The advisor/coach of each activity is able to inform participants of requirements for lettering.

Asian Student Alliance

Cost: No fee.

September - June

Open to all Tartan students

Asian Student Alliance promotes Asian culture through diversity, opportunities and achievements. All students at Tartan are welcome to join ASA. Weekly meetings are run by student leaders and consist of activities that include community building, games, outdoor events, collaboration, community involvement planning, event planning and more. ASA has opportunities for field trips that include college visits, volunteer events. ASA runs and organizes the talent show for Tartan as well.

Business Professionals of America (BPA)

Cost: \$35

September - June

Open to students enrolled in business courses with above average performance.

A national organization with local and state chapters that provide leadership opportunities for high school students. The organization's activities provide for leadership, social, professional, and citizenship development as well as an increased knowledge of business and its future. The objectives of the BPA/Seminar class are to make school real, engage in career exploration, gain leadership skills, and participate in activities that build your college application or work resume.

DECA

Cost: \$100

September - June

Open to 11th & 12th grade students enrolled in marketing courses with above average performance.

DECA prepares emerging leaders and entrepreneurs for careers in marketing, finance, hospitality and management in high schools and colleges around the globe. Our Tartan chapter is recognized as one of the best in Minnesota and is offered as a one-year co-curricular class. We manage and operate the DECA School Store, participate in a variety of competitive events, earn credit for working part-time, and earn college credit.

Drumline

Cost: \$125 (Additional incidental cost may occur)

October - April

Open to all North & Tartan students (8th grade members with Director consent)

The Winter Drumline is an activity that offers an opportunity to become better musicians. Members perform a show comprised of both marching & playing of percussion instruments & various support instruments. They play at various schools functions and compete with other drumlines in the Midwest. Rehearsals are twice a week & one full day every other weekend beginning in October.

Gender & Sexuality Alliance (GSA)

Cost: No fee

September - June

Open to all Tartan students

GSA works to create an awareness of respect and equality for all students at Tartan High School. This group is open to all students and provides support and resources for GLBTQ Issues.

Golden Prom

Cost: \$15

September - May

Open to 11th & 12th grade students

Each May, North & Tartan host their annual **Golden Prom** for over 500 Senior Citizens. The event is held at a local venue and consists of a four course meal, dancing, and bingo. The senior citizens even take home a prom picture and the event is completely free to the senior citizens. Students find different ways to raise money such as writing grants and organizing and implementing fundraisers. A steering committee will begin the grant writing process in the fall. Students can sign up to participate only for the event.

High Schools against Cancer (HAC)/Relay for Life

Cost: No fee

September - May

Open to all Tartan students

HAC is the planning committee behind Tartan's Yearly Relay for Life event. Tartan's Relay for Life is consistently placing in the Top 10 fundraising in its age group for the country and has raised over \$1.5 million dollars in the last 13 years.

Knowledge Bowl

Cost: \$60

September - May

Open to all Tartan students

A competitive interdisciplinary academic contest. Teams of students compete in written and oral rounds by answering questions related to all areas of learning (Math, Science, Geography, History and more).

Link Crew

Cost: No fee

September - June

Open to all juniors and seniors

Link Crew is a group of students selected to be positive role models, student mentors and class leaders and to help guide freshmen in their transition to high school. Link Leaders lead freshmen orientation at the beginning of the year, and then participate in freshmen homerooms and social activities throughout the year.

Math Team

Cost: \$60

October - March

Open to all Tartan students

Do you like solving problems? Do you enjoy math challenges? Then be among the many other students who feel the same and join the math team. We work on techniques for solving challenging problems and study interesting mathematical topics that don't always fit in a traditional high school curriculum.

Music (Band & Choir)

September - June

Open to all Tartan students

National Honor Society

Cost: No fee

Year Round

Open to 11th and 12th grade students with a 3.33 GPA or better and selection by the NHS faculty committee.

NHS participates in many fun community activities such as working with Twin Cities in Motion at the Twin Cities Marathon, holding a dance for 200 senior citizens in February and organizing and executing the annual Academic Awards Ceremony in April. Many members find they benefit in being a NHS member when it comes to college applications, job application and during interviews. Additionally, volunteering is a major component in job hiring and NHS gives members a means to volunteer and learn the value of giving unselfishly to others.

Plaid Press (Tartan Student Newspaper)

Cost: No fee

September - June

Open to all Tartan Students

The Plaid Press is a student-run, online newspaper that covers all the Tartan news important to students, from athletics to academics and everything in between.

Prom

Cost: No fee

October - May

Open to all 11th and 12th grade students

Responsible for planning and implementing the current year's prom activities. This includes Grand March and the actual Prom dance.

Robotics

Cost: No fee

November - May

Open to all Tartan students

The Tartan Robotics Team is a club that participates in the national FIRST Robotics Competition (usfirst.org). The team meets a minimum of 3 days a week starting in November and usually ends its season in May. The first weekend in January marks the start of the league's six week build season. During the build season the team will often meet six days per week as they build their robot for the current year's competition. The time commitment to participate in robotics is equivalent to participation in a varsity sport. Students may earn a Tartan Letter in robotics. Through the generous support of our team's sponsors at the Pentair Foundation there is no fee to participate in robotics. Parents and community experts often volunteer with the team.

Socially Together and Naturally Diverse (S.T.A.N.D)

Cost: No fee

November - May

Open to all Tartan students

S.T.A.N.D was created as a means for culturally diverse students to come together. S.T.A.N.D shall provide an intellectual, cultural, and social environment for students as well as community members. S.T.A.N.D exists to encourage a positive image of culturally diverse people and to support its members in achieving their educational goals.

Speech

Cost: \$60

November - April

Open to all Tartan students

For anyone who enjoys talking, acting, reading or just wants to have fun with others who do! Coaches will provide individual work with students in public speaking and oral interpretation. Speech can help you build your confidence with your communication skills and increase your knowledge of language and communication. Many famous people (actors, newscasters, sports figures and business people) were Speech students in high school or college! Students compete in one or more of 13 categories of Speech.

Spanish Club

Cost: No fee

September - June

Open to all Tartan Students

Spanish Club is for all students and enthusiasts of the Spanish language and all things Español. It is also a great way to build community and camaraderie among THS students at varying levels of language proficiency.

Student Council

Cost: No fee

September - June

Open to all Tartan students

Student Council is an elected group of students from each class. The group's function is to provide leadership and input into the operation of the school. The council coordinates school events, dances, community and service projects and acts as the voice of the student body.

Theatre/Drama

Year Round

Open to all Tartan students

Each year, Tartan Theatre presents 2-3 productions during the school year as well as opportunities for summer productions. Students have opportunities to be onstage as a performer or behind the scenes as a crew member. Open to all students and abilities.

Trap Shooting Team

Cost: \$275 (approx.)

March - June (Mondays)

Open to all Tartan students

The Tartan Trap Shooting Team is a club sport run through the MN State High School Clay Target League. Tryouts are each Fall and participants are required to provide their own transportation to the range, a shotgun (usually a 12 gauge, 20 gauge is fine too), and have a MN Firearm Safety Certificate before trying out. Those who can compete at a high level are able to earn a Tartan Letter in Trap Shooting.

Video Club

Cost: No fee
September - June
Open to all Tartan students

Come and make movies! All fans of cinema are welcome to come and create movies with the Video Club which meets every Monday after school in room 025 from 3 to 5 p.m. We begin the last week in September and run through out the year competing in various video competitions around the country. Check out our website and youtube channels!

Yearbook (Tartan Torch)

Cost: No fee
September - June
Open to all Tartan students

Torch yearbook staff designs Tartan's annual yearbook. Staff members learn how to capture the year's events through design, writing and photography as well as market the book to students, families and community members. Regular participation is expected and necessary for the club to be successful. Students also develop skills in communication, time management, leadership, public speaking and technology. Tartan Torch is open to all students in grades 9-12.

New Activities/Clubs Coming to Tartan in 24/25

Arts & Drawing Club
Chess Club
Computer Science Club
Debate Team
E-Sports
Latino Club
Skateboard Club
Widsom Club
Video Game Club

Scholastic Eligibility Requirements

The Minnesota State High School League policy states that to be eligible for participation in MSHSL activities and sports, one must be making satisfactory progress towards graduation. Our goal is to develop the total student in all of our programs. This requirement will improve our students and give much needed credibility to our programs.

1. Student in activities and sports must pass or be passing all classes at each "Checkpoint". "Checkpoints" include midterms, Trimester end or year end.
2. If a student is failing any class at a "Checkpoint", an "Intervention" takes place. "Interventions" include students placed on weekly progress reports, 2 hours minimum student study time with a teacher or approved location. They also can include peer tutoring, teacher tutoring or staff supervised study tables.
3. The intervention will continue until the student is passing all classes. They will remain on weekly progress reports until the next checkpoint or the end of that particular season.
4. If a student refuses to participate or fails to continue participating in an intervention, they will be ineligible to participate in games or events.
5. Parents will be notified of the Tartan Academic Policies at the designated pre-season parent/player/coach meeting.
6. If a student drops a class, it must be within the designated "Guidance Timeline" as to not receive an "F" in the class.
7. A student must be offered an intervention before a suspension can be enforced.
8. Parents will be notified whenever an intervention or suspension takes place.
9. If a student successfully completes an intervention, they must reenter an intervention before a suspension can be enforced.
10. If a student is a special education student, interventions and/or suspensions will be reviewed in accordance with their IEP and case manager.

There is a credit requirement in place for a student to be able to participate. A student has the opportunity to earn 18 credits per year for a total of 72 credits to graduate. The school board has set the graduation credit requirement at 66 credits. ***If a student is seven or more credits behind their progress to graduate, that student will not be eligible for participation.*** If a parent wishes to appeal this policy, the parent must submit a formal request in writing to the Activities Director.

Tartan High School Activities Department Policies

Participation:

An athlete may participate in only one sport per season. Any exception requires the agreement of the head coach, the activities director and principal.

Release from Class:

Tartan High staff will receive a list of student athletes and the time to be released. It is the responsibility of athletes to see their teacher the day before the classes they miss because of an athletic contest. All work shall be made up at the convenience of the teacher.

Dropping or Transferring Sports: On occasion, a student athlete may find it necessary to drop a sport for a good reason. If this is the case, the following procedure must be followed:

1. Consult with your immediate coach and then the head coach.
2. Report your situation to the Activities Director.
3. Check in all equipment issued to you.

If an athlete wishes to change sports during a season, or after having won an award in one sport and he/she wishes to change sports, he/she shall consult with both coaches concerned and the Activities Director. This procedure assures a smooth transfer which is in the best interest of the student.

Equipment: School equipment checked out by the student/athlete is his/her responsibility. He/she is expected to keep it clean and in good condition. Loss or damage of any equipment is the athlete's financial obligation.

Missing Practice: An athlete should always consult with their coach before missing practice. Missing practice or a game without good reason will be dealt with on an individual basis.

Travel: All athletes must travel to and from athletic/activity contests in transportation provided by the Activities Department unless previous arrangements are made by the parents for exceptional situations. Athletes will remain with their squad and under the supervision of the coach when attending away contests. ***Athletes who do not ride on the team bus will not be allowed to participate in the contest unless there are extenuating circumstances. All regular ISD 622 school bus rules will be followed.***

College Recruitment Policy: In the event an athlete is contacted personally by a college recruiter, he/she has an obligation to work with their coach and the Activities Department. Inform your coach of such a contact as soon as possible.

Conflicts in Co-Curricular Activities:

It is the philosophy of the school that both athletic and fine arts events play an important role in the lives of Titans' students and their families. It is with this in mind, and with mutual respect, that fine arts and activities directors coordinate their schedules. The purpose is to avoid bringing pressure on an individual student as a result of conflicting schedules. The following criteria are an attempt to provide an equitable basis concerning the scheduling of events for Titan students and a procedure to follow if conflicts do arise.

Scheduling of Events:

The Activities Director and Fine Arts Department will schedule events in the spring of the year as completely as possible for the following school year. Events scheduled after that date would have to be cleared with the master schedule in the Activities Director's office. Official district, region, and state additions or corrections should take precedent over non-conference and locally scheduled events.

The original schedule will take priority over all later scheduled events. When it becomes necessary to reschedule a sport or fine arts activity, which has been postponed because of weather conditions, the coach or director must check the existing school schedule before rescheduling the event. If there is a possible conflict, the change must be approved by the Activities Director and the fine arts department.

Where conflicts seem to be unavoidable, the following regulations will prevail. Every attempt shall be made so that the student need not be asked to make a choice, not be penalized due to the outcome of a decision stemming from these policies. When conflicts arise, both departments are to be notified of the situation.

1. All performances (games, concerts, meets, and contest) take priority over a practice or rehearsal.
2. A post season game or tournament will take priority over a musical concert. If other circumstances arise, the principal will make a decision and the student may not be penalized in any way by either department.

Vacations Guidelines: Vacations by athletic team members during a sport season are discouraged. In the event of an absence due to a vacation is unavoidable, an athlete must:

1. Be accompanied by his/her parents while on vacation.
2. Contact the head coach prior to the vacation.
3. Be willing to assume the consequences related to their status on that squad.

Squad Selection Guidelines: In accordance with our philosophy of athletics and our desire to see as many students as possible participate in the athletic program while at Tartan High School, we encourage coaches to keep as many students as they can without unbalancing the integrity of their sport. Time, space, facilities, equipment, personal preference and other factors will place limitations on the most effective squad size for any particular sport.

Cutting Guidelines: Choosing the members of athletic squads is the sole responsibility of the coaches.

Prior to trying out, the coach shall provide the following information to all candidates for the team:

1. Extent of try-out period.
2. Criteria used to select the team.
3. Practice commitment if they make the team.
4. Game commitments.

Coaches will discuss alternative possibilities for participation in the sport or other areas in the activities program.

Participation and the School Day

Students who participate in athletics/activities must be in attendance the **entire** school day. A student who does not meet the entire school day criteria will not be allowed to practice or participate in an event that day. Exceptions will be made for a written excuse from a doctor, a school sponsored activity, and family emergencies. ***Coaches/Advisors will monitor and enforce this procedure.***

Risk of Participation

All athletes and parents must realize the risk of serious injury which may be a result of athletic participation. Tartan High School will use the following safeguards to make every effort to eliminate injury:

- Conduct parent/athlete meeting prior to the start of the season to fully explain the athletic policies and to advise, caution and warn parents/athletes of the potential for injury.
- Maintain a continuing education program for coaches to learn the most up-to-date techniques and skills to be taught in their sport.
- Instruct all athletes about the dangers of participation in the particular sport.
- Tartan High School in partnership with Twin Cities Orthopedics (TCO) implements an innovative program for our student-athletes. This program will assist our team physicians/athletic trainers in evaluating and treating head injuries (e.g., concussion). In order to better manage concussions sustained by our student-athletes, we have acquired a software tool called ImPACT (Immediate Post Concussion Assessment and Cognitive Testing). ImPACT is a computerized exam utilized in many professional, collegiate, and high school sports programs across the country to successfully diagnose and manage concussions. If an athlete is believed to have suffered a head injury during competition, ImPACT is used to help determine the severity of head injury and when the injury has fully healed.

Social Media Guidelines

- Consider social media communications as public at all times - even if created with private intentions. If you are going to use social media in any form, consider your communication may be read by anyone at any time.
- Represent Tartan High School, your team, and the Metro East Conference.
- Promote your team, school, and conference in a positive light and with a general feeling of pride.
- Remember that ethical restrictions that apply to any form of public speech also apply to social media. It is inappropriate to communicate specifics about your teammates, opponents, game situations, and so on using these tools.
- Remember that many forms of direct electronic communication can be made public without the knowledge of the original message creator.
- Be very sparing in the sharing of your personal information, including photos. Adjust security settings accordingly.
- Report fake profiles or posts to the appropriate authorities/governing bodies in a timely fashion.
- Follow specific school, school district, and team policies regarding the use of social media.

Penalties for Violations

First Violation: After confirmation of the first violation, the student shall lose eligibility for the next two (2) interscholastic contests which occur in a consecutive chronological sequence or 14 days of a season in which the student is a participant, whichever is greater. No exception is permitted for a student who becomes a participant in a treatment program.

Second Violation: After confirmation of the second violation, the student shall lose eligibility for the next six (6) interscholastic contests which occur in a consecutive chronological sequence or 21 days, whichever is greater, in which the student is a participant. No exception is permitted for a student who becomes a participant in a treatment program.

Third and Subsequent Violations: After confirmation of the third or subsequent violations, the student shall lose eligibility for the next twelve (12) interscholastic contests which occur in a consecutive chronological sequence or 28 days, whichever is greater, in which the student is a participant. If after the third or subsequent violations, the student is on his/her own violation becomes a participant in a chemical dependency program or treatment program, the student may be certified for reinstatement in MSHSL activities after a minimum period of six (6) weeks. Such certification must be issued by the director or a counselor of a chemical dependency treatment center.

Penalties shall be accumulative (the second and/or third violation will be served only after the consequences of the first violation have been served).

A student shall be disqualified from all activities for nine (9) additional weeks beyond the student's original period of ineligibility when the student denies violation of the rule is allowed to participate and then is subsequently found guilty of the violation.

A student who participates in both Category I and Category II activities shall serve the penalty prescribed for that violation in both Category I and Category II activities in which the student participates.



Tartan High School Activities Office
828 Greenway Avenue N
Oakdale, MN 55128

<https://tartan.isd622.org>

@tartanactivity