

SEPTEMBER | 2024

Grades 7-12



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>2 No School Labor Day Break</p>	<p>3 Breakfast I.W. Pancakes Fruit Milk Fruit Juice Lunch Popcorn Chicken/W.W. Roll Mashed Potatoes Steamed Broccoli Fruit Milk</p>	<p>4 Breakfast Chicken Biscuit Fruit Milk Fruit Juice Lunch Hamburger Lettuce/Tomato/Onion/Pickle French Fries Baked Beans Fruit Milk</p>	<p>5 Breakfast Breakfast Pizza Fruit Milk Fruit Juice Lunch Spaghetti 1 Mozzarella Breadstick 5 Way Mixed Vegetables Fruit Milk</p>	<p>6 Breakfast Sausage Biscuit Fruit Milk Fruit Juice Lunch Sliced Pizza Corn Green Beans Fruit Milk</p>
<p>9 Breakfast 2Ct. Poptart Fruit Milk Fruit Juice Lunch Beef Teriyaki Nuggets/W.W. Roll Mashed Potatoes Peas Fruit Milk</p>	<p>10 Breakfast Dutch Waffle Fruit Milk Fruit Juice Taco in a Bag Lunch Tortilla Chips Salsa Cup Lettuce/Tomato Black Beans Shredded Cheese Corn Fruit Milk</p>	<p>11 Breakfast Chicken Biscuit Fruit Milk Fruit Juice Lunch PB&J Sandwich String Cheese Doritos I.W. Carrots Boxed Juice Fruit Milk</p>	<p>12 Breakfast Lemon Bread Fruit Milk Fruit Juice Lunch Corn Dog Nuggets Macaroni & Cheese Steamed Broccoli Green Beans Fruit Milk</p>	<p>13 Breakfast Biscuit & Gravy Fruit Milk Fruit Juice Lunch Chicken Tenders/W.W. Roll Mashed Potatoes California Blend Fruit Milk</p>
<p>16 Breakfast Cinnamon Pull Apart Fruit Milk Fruit Juice Lunch Chicken Sandwich Lettuce/Tomato/Onion/Pickle 5 Way Mixed Vegetables Fruit Milk</p>	<p>17 Breakfast I.W. Pancakes Fruit Milk Fruit Juice Lunch Grilled Cheese Potato Smiles Glazed Carrots Green Beans Fruit Milk</p>	<p>18 Breakfast Chicken Biscuit Fruit Milk Fruit Juice Lunch Popcorn Chicken/W.W. Roll Mashed Potatoes Steamed Broccoli Fruit Milk</p>	<p>19 Breakfast Breakfast Pizza Fruit Milk Fruit Juice Lunch Pork BBQ Sandwich Quick Bake Potatoes Baked Beans Fruit Milk</p>	<p>20 Breakfast Sausage Biscuit Fruit Milk Fruit Juice Lunch Hamburger or Hot Dog/Chili Lettuce/Tomato/Onion/Pickle French Fries Corn Fruit Milk</p>
<p>23 Breakfast 2 Ct. Poptart Fruit Milk Fruit Juice Lunch Turkey & Cheese Sub Lettuce/Tomato/Onion/Pickle California Blend Green Beans Fruit Milk</p>	<p>24 Breakfast Dutch Waffle Fruit Milk Fruit Juice Lunch Popcorn Chicken/ W.W. Roll Mashed Potatoes Broccoli Glazed Carrots Fruit Milk</p>	<p>25 Breakfast Chicken Biscuit Fruit Milk Fruit Juice Lunch Hamburger Lettuce/Tomato/Onion/Pickle French Fries Baked Beans Fruit Milk</p>	<p>26 Breakfast Banana Bread Fruit Milk Fruit Juice Lunch Spaghetti 1 Mozzarella Breadstick 5 Way Mixed Vegetables Fruit Milk</p>	<p>27 Breakfast Biscuit & Gravy Fruit Milk Fruit Juice Lunch Sliced Pizza Corn Green Beans Fruit Milk</p>
<p>30 Breakfast Cinnamon Pull Apart Fruit Milk Fruit Juice Lunch Beef Teriyaki Nuggets/W.W. Roll Mashed Potatoes Peas Fruit Milk</p>	<p>1</p>	<p>2</p>	<p>3</p>	<p>4</p>

News

Breakfast and Lunch offered daily at No Cost.

Variety Cereal and Cereal Bar offered daily at Breakfast.

Milk Offered:
1% White
1% Chocolate

JCMS gets first entrée offered.

Tossed Salad offered daily for at JCMS and Salad Bar offered daily at JCHS at

Lunch

Fresh and/ or Canned Fruit offered daily at Lunch.

Menus Subject to Change.

This institution is an equal opportunity provider.