

BREAKFAST MENU

Oriskany Jr./Sr.
High School

Breakfast is Free | Menu is subject to change | For more information, contact hdussault@oneida-boces.org

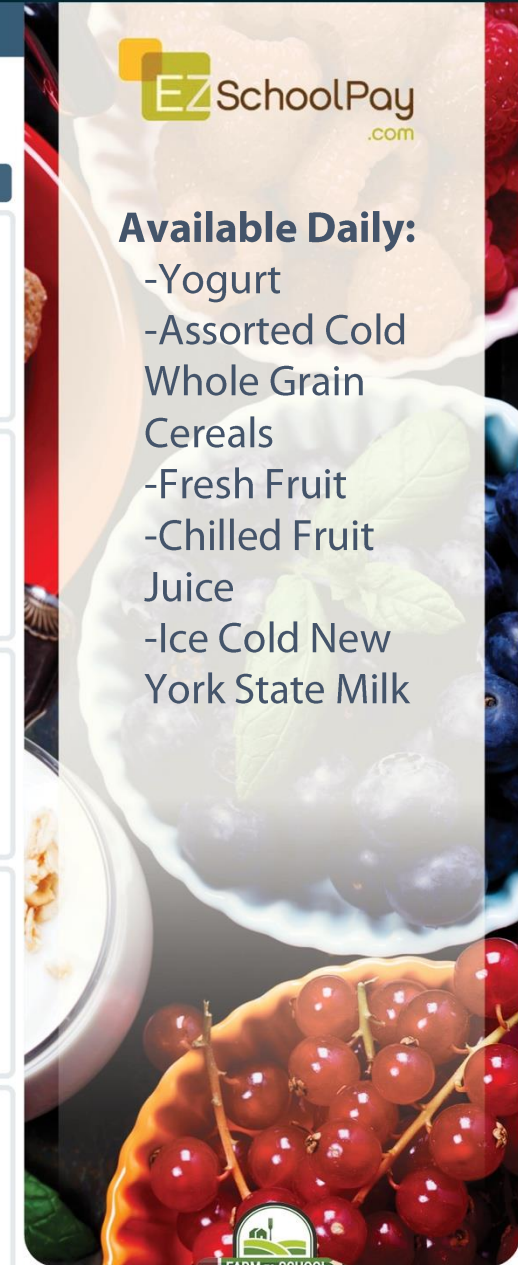
SEPTEMBER 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Labor Day No School	3 No School	4 Apple Frudel	5 Whole Grain Bagel with Cream Cheese	6 Nature Valley Oatmeal Round
9 Mini Cinni	10 Pancake Sausage Stick	11 Yogurt Parfait	12 Breakfast Sandwich	13 Snackin' Waffle
16 Whole Grain Pancakes	17 Whole Grain Bagel with Cream Cheese	18 Breakfast Pizza	19 Homemade Apple Cinnamon Muffin & Yogurt	20 Pancake Sausage Stick
23 Snackin' Waffle	24 Pancake Sausage Stick	25 Good Morning Wrap	26 Very Berry Overnight Oats	27 Whole Grain Bagel with Cream Cheese
30 Mini Cinni				Substitute and daily Food Service Staff needed in a number of area schools – Call 315.223.6068 for more information



Available Daily:

- Yogurt
- Assorted Cold Whole Grain Cereals
- Fresh Fruit
- Chilled Fruit Juice
- Ice Cold New York State Milk



LUNCH MENU

Oriskany Jr./Sr. High School

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SEPTEMBER 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Labor Day No School 2	No School 3	Boneless Chicken Bites 4 Goldfish Crackers Deli Turkey Sandwich Broccoli	Mozzarella Sticks with Dipping Sauce 5 Deli Ham Sandwich ★ Green Beans	Pizza Party! 6 Cheesy Cheese or Pepperoni Pizza Fresh Green Salad
Boneless Chicken Bites 9 Warm Dinner Roll Tuna Salad Sandwich Broccoli	New! Nachos & Queso Cilantro Lime Rice 10 Deli Turkey Sandwich ★ Street Corn Salad	Brunch for Lunch 11 French Toast Sticks Breakfast Sausage Mixed Deli Sandwich Golden Hash brown	Pasta with Marinara 12 ★ Dino's Meatballs Warm Breadstick Bologna Sandwich ★ Maple Glazed Carrots ★ Miss Mila's Chocolate Chip Cookie	Pizza Party! 13 Cheesy Cheese or Garlic Pizza Fresh Green Salad
Homestyle Chicken Tenders 16 Plain or Garlic Parmesan Goldfish Crackers Tuna Salad Sandwich Broccoli	Taco Tuesday 17 Beef Tacos Lettuce, Tomato & Cheese Cup Deli Turkey Sandwich ★ Corn	National Cheeseburger Day! 18 Bacon Cheeseburger Deli Ham Sandwich ★ Roasted Cauliflower	Mozzarella Sticks with Dipping Sauce 19 Mixed Deli Sandwich ★ Fresh Corn on the Cob ★ Grape Slushie	Pizza Party! 20 Cheesy Cheese or Chicken, Bacon & Ranch Pizza Fresh Green Salad
Crispy Chicken or Chicken Parm Sandwich 23 Tuna Salad Sandwich ★ Green Beans	New! Beef Tot-Chos Cilantro Lime Rice 24 Deli Turkey Sandwich ★ Street Corn Salad	World School Milk Day! 25 Max Pizza Sticks Bologna Sandwich Broccoli Oreo Whip	New! Utica's Famous Chicken Riggies 26 Warm Breadstick Mixed Deli Sandwich ★ Fresh Green Beans	Pizza Party! 27 Cheesy Cheese or Buffalo Chicken Pizza Fresh Green Salad ★ Watermelon Slices
New! Chicken & Waffles 30 Maple Syrup Tuna Salad Sandwich ★ Green Beans	 			



Available Daily

- Fresh Entree Salads
- Party Plates
- Peanut Butter & Jelly Sandwich
- Fresh Subs and Wraps
- Assorted Fresh Fruit
- Vegetable Cruncher Cups
- Variety of Fresh Fruit & Juice
- Ice Cold New York State Milk

Local Items this Month

- Milk, Yogurt, Meatballs, Corn, Fresh Corn on the Cob, Carrots, Fresh Green Beans, Grape Slushie, Miss Mila's Cookie.

★ Local items are indicated with a star on the menu

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