

Tarkington ISD

Base Menu Spreadsheet

Portion Values - Detailed

Page 1

Sep 2, 2024 thru Sep 30, 2024

MS, STAMPEDE LINE

Generated on: 8/19/2024 1:21:09 PM

	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Sugars (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 09/03/2024									
MS, STAMPEDE LINE	Total	1							
SANDWICH, CHEESEBURG PEP JACK*	BURGER	1	345	635	*5	27.5	15.5	7.00	*0.50
SANDWICH, H&S CHICKEN HS/MS*	1 SANDWICH	1	361	713	4	37.07	13.07	3.02	0.00
SANDWICH, GRILLED CHICKEN*	1 SANDWICH	1	231	504	3	20.01	4.03	0.51	0.00
WRAP, COLD SPICY CHICKEN*	WRAP	1	517	695	*5	52.56	27.08	6.51	0.00
SALAD, SPICY CHICKEN*	SALAD	1	469	783	*8	49.3	23.46	3.69	*0.00
SALAD, BURGER SALAD 1/4 CUP*	.25 CUP	1	7	155	1	1.51	0.06	0.01	*0.00
VEG, BABY CARROT - 1/2 CUP*	1/2 CUP	1	25	55	3	5.79	0.09	0.02	0.00
POTATO, F/F KK 1/2 CUP	1/2 CUP	1	90	115	0	14.0	3.0	0.00	0.00
FRUIT, ASSORT. FRESH*	1 EACH	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
MILK, BORDEN'S VARIETY	CARTONS	1	109	102	17	17.4	0.25	0.15	0.00
PC, BUTTERMILK FF RANCH*	PACKET	1	2	21	0	0.39	0.01	0.00	0.00
PC MAYONNAISE*	1 PACKET	1	50	70	0	2.0	4.5	0.50	0.00
PC MUSTARD	1 EACH	1	2	25	*N/A*	0.25	0.0	0.00	0.00
PC, KETCHUP	2 EACH	1	30	75	6	6.0	0.0	0.00	0.00
ALTERNATE MEAL*	MEAL	1	338	806	20	52.74	7.24	2.85	0.00
Weighted Daily Average			*2577	*4754	*73	*286.52	*98.29	*24.25	*0.50
% of Calories					*11.4%	*44.5%	*34.3%	*8.5%	*0.2%
Nutrient Guideline			600-700	1360			<=30.0	<10.00	

	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Sugars (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 09/04/2024									
MS, STAMPEDE LINE	Total	1							
SANDWICH, CHEESEBRGR HS/MS *	BURGER	1	345	760	6	28.0	15.5	6.50	0.50
SANDWICH, H&S CHICKEN HS/MS*	1 SANDWICH	1	361	713	4	37.07	13.07	3.02	0.00
SANDWICH, BRD CHICKEN MS/HS*	SANDWICH	1	373	858	5	43.22	10.1	2.02	0.00
SALAD, GRILLED CHICKEN*	SALAD	1	424	708	*8	43.77	19.19	2.69	*0.00
SANDWICH, HAM & CHEESE*	SANDWICH	1	260	630	3	30.5	10.0	3.50	0.00
POTATO, SWEET FRIES*	1/2 CUPS	1	132	173	2	18.91	6.17	0.82	0.00
VEG, JICAMA W/TAJIN	1/2 C	1	19	122	*0	4.22	0.0	0.00	0.00
SALAD, BURGER SALAD 1/4 CUP*	.25 CUP	1	7	155	1	1.51	0.06	0.01	*0.00
FRUIT, ASSORT. FRESH*	1 EACH	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
MILK, BORDEN'S VARIETY	CARTONS	1	109	102	17	17.4	0.25	0.15	0.00
PC, BUTTERMILK FF RANCH*	PACKET	1	2	21	0	0.39	0.01	0.00	0.00
PC MAYONNAISE*	1 PACKET	1	50	70	0	2.0	4.5	0.50	0.00
PC MUSTARD	1 EACH	1	2	25	*N/A*	0.25	0.0	0.00	0.00
PC, KETCHUP	2 EACH	1	30	75	6	6.0	0.0	0.00	0.00
ALTERNATE MEAL*	MEAL	1	338	806	20	52.74	7.24	2.85	0.00

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
 * - denotes combined nutrient totals with either missing or incomplete nutrient data
 1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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Base Menu Spreadsheet

Portion Values - Detailed

Page 2

Sep 2, 2024 thru Sep 30, 2024

MS, STAMPEDE LINE

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Sugars (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average			*2452	*5217	*74	*285.98	*86.09	*22.05	*0.50
% of Calories					*12.0%	*46.7%	*31.6%	*8.1%	*0.2%
Nutrient Guideline			600-700	1360			<=30.0	<10.00	

Thu - 09/05/2024									
MS, STAMPEDE LINE	Total	1							
SANDWICH, CHEESEBRGR HS/MS *	BURGER	1	345	760	6	28.0	15.5	6.50	0.50
SANDWICH, H&S CHICKEN HS/MS*	1 SANDWICH	1	361	713	4	37.07	13.07	3.02	0.00
SANDWICH, TURKEY & CHEESE*	SANDWICH	1	215	670	3	29.0	4.5	1.50	0.00
SALAD, CHEF ELEMENTARY*	SALAD	1	416	691	*9	44.26	21.55	3.81	*0.00
POTATO, F/F OVAT. SC 1/2 CUP	1/2 CUP	1	110	130	0	17.05	3.51	0.00	0.00
VEG, CUCUMBERS, SLICED 1/2 C*	1/2 CUP	1	9	2	1	1.96	0.15	0.07	0.00
SALAD, BURGER SALAD 1/4 CUP*	.25 CUP	1	7	155	1	1.51	0.06	0.01	*0.00
FRUIT, ASSORT. FRESH*	1 EACH	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
MILK, BORDEN'S VARIETY	CARTONS	1	109	102	17	17.4	0.25	0.15	0.00
PC, BUTTERMILK FF RANCH*	PACKET	1	2	21	0	0.39	0.01	0.00	0.00
PC MAYONNAISE*	1 PACKET	1	50	70	0	2.0	4.5	0.50	0.00
PC MUSTARD	1 EACH	1	2	25	*N/A*	0.25	0.0	0.00	0.00
PC, KETCHUP	1 EACH	1	15	38	3	3.0	0.0	0.00	0.00
ALTERNATE MEAL*	MEAL	1	338	806	20	52.74	7.24	2.85	0.00
Weighted Daily Average			*1980	*4183	*64	*234.64	*70.34	*18.40	*0.50
% of Calories					*13.0%	*47.4%	*32.0%	*8.4%	*0.2%
Nutrient Guideline			600-700	1360			<=30.0	<10.00	

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Portion Values - Detailed

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Sep 2, 2024 thru Sep 30, 2024

MS, STAMPEDE LINE

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Sugars (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 09/09/2024									
MS, STAMPEDE LINE	Total	1							
SANDWICH, CHEESEBRGR HS/MS *	BURGER	1	345	760	6	28.0	15.5	6.50	0.50
SANDWICH, H&S CHICKEN HS/MS*	1 SANDWICH	1	361	713	4	37.07	13.07	3.02	0.00
SANDWICH, TURKEY & CHEESE*	SANDWICH	1	215	670	3	29.0	4.5	1.50	0.00
PIZZA, BIG DADDY CHEESE 8 CUT*	SLICE	1	360	470	9	36.0	16.0	7.00	0.00
PIZZA, BIG DADDY PEPP. 8 CUT*	SLICE	1	250	390	6	22.0	12.0	5.00	0.00
SALAD, CHEF ELEMENTARY*	SALAD	1	416	691	*9	44.26	21.55	3.81	*0.00
POTATO, SEASONED FRIES 1/2 CUP	1/2 CUP	1	193	505	0	25.23	8.91	1.48	0.00
VEG, BROCCOLI FRESH 1/2C*	1/2 CUP	1	11	11	1	2.15	0.12	0.04	0.00
SALAD, MARINATED BLACK BEAN	1/2 CUP	1	132	163	*3	22.9	2.46	0.16	*0.00
SALAD, BURGER SALAD 1/4 CUP*	.25 CUP	1	7	155	1	1.51	0.06	0.01	*0.00
FRUIT, ASSORT. FRESH*	1 EACH	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
MILK, BORDEN'S VARIETY	CARTONS	1	109	102	17	17.4	0.25	0.15	0.00
PC, BUTTERMILK FF RANCH*	PACKET	1	2	21	0	0.39	0.01	0.00	0.00
PC MAYONNAISE*	1 PACKET	1	50	70	0	2.0	4.5	0.50	0.00
PC MUSTARD	1 EACH	1	2	25	*N/A*	0.25	0.0	0.00	0.00
PC, KETCHUP	1 EACH	1	15	38	3	3.0	0.0	0.00	0.00
ALTERNATE MEAL*	MEAL	1	338	806	20	52.74	7.24	2.85	0.00
Weighted Daily Average			*2806	*5589	*81	*323.90	*106.16	*32.02	*0.50
% of Calories					*11.6%	*46.2%	*34.0%	*10.3%	*0.2%
Nutrient Guideline			600-700	1360			<=30.0	<10.00	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

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Sep 2, 2024 thru Sep 30, 2024

MS, STAMPEDE LINE

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Sugars (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 09/10/2024									
MS, STAMPEDE LINE	Total	1							
SANDWICH, CHEESEBURG PEP JACK*	BURGER	1	345	635	*5	27.5	15.5	7.00	*0.50
SANDWICH, H&S CHICKEN HS/MS*	1 SANDWICH	1	361	713	4	37.07	13.07	3.02	0.00
SANDWICH, GRILLED CHICKEN*	1 SANDWICH	1	231	504	3	20.01	4.03	0.51	0.00
WRAP, COLD SPICY CHICKEN*	WRAP	1	517	695	*5	52.56	27.08	6.51	0.00
SALAD, SPICY CHICKEN*	SALAD	1	469	783	*8	49.3	23.46	3.69	*0.00
SALAD, BURGER SALAD 1/4 CUP*	.25 CUP	1	7	155	1	1.51	0.06	0.01	*0.00
VEG, JICAMA W/TAJIN	1/2 C	1	19	122	*0	4.22	0.0	0.00	0.00
POTATO, F/F KK 1/2 CUP	1/2 CUP	1	90	115	0	14.0	3.0	0.00	0.00
FRUIT, ASSORT. FRESH*	1 EACH	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
MILK, BORDEN'S VARIETY	CARTONS	1	109	102	17	17.4	0.25	0.15	0.00
PC, BUTTERMILK FF RANCH*	PACKET	1	2	21	0	0.39	0.01	0.00	0.00
PC MAYONNAISE*	1 PACKET	1	50	70	0	2.0	4.5	0.50	0.00
PC MUSTARD	1 EACH	1	2	25	*N/A*	0.25	0.0	0.00	0.00
PC, KETCHUP	2 EACH	1	30	75	6	6.0	0.0	0.00	0.00
ALTERNATE MEAL*	MEAL	1	338	806	20	52.74	7.24	2.85	0.00
Weighted Daily Average			*2571	*4821	*70	*284.95	*98.20	*24.23	*0.50
% of Calories					*10.9%	*44.3%	*34.4%	*8.5%	*0.2%
Nutrient Guideline			600-700	1360			<=30.0	<10.00	

	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Sugars (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 09/11/2024									
MS, STAMPEDE LINE	Total	1							
SANDWICH, CHEESEBRGR HS/MS *	BURGER	1	345	760	6	28.0	15.5	6.50	0.50
SANDWICH, H&S CHICKEN HS/MS*	1 SANDWICH	1	361	713	4	37.07	13.07	3.02	0.00
SANDWICH, BRD CHICKEN MS/HS*	SANDWICH	1	373	858	5	43.22	10.1	2.02	0.00
SALAD, GRILLED CHICKEN*	SALAD	1	424	708	*8	43.77	19.19	2.69	*0.00
SANDWICH, HAM & CHEESE*	SANDWICH	1	260	630	3	30.5	10.0	3.50	0.00
POTATO, SWEET FRIES*	1/2 CUPS	1	132	173	2	18.91	6.17	0.82	0.00
VEG, BABY CARROT - 1/2 CUP*	1/2 CUP	1	25	55	3	5.79	0.09	0.02	0.00
SALAD, BURGER SALAD 1/4 CUP*	.25 CUP	1	7	155	1	1.51	0.06	0.01	*0.00
FRUIT, ASSORT. FRESH*	1 EACH	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
MILK, BORDEN'S VARIETY	CARTONS	1	109	102	17	17.4	0.25	0.15	0.00
PC, BUTTERMILK FF RANCH*	PACKET	1	2	21	0	0.39	0.01	0.00	0.00
PC MAYONNAISE*	1 PACKET	1	50	70	0	2.0	4.5	0.50	0.00
PC MUSTARD	1 EACH	1	2	25	*N/A*	0.25	0.0	0.00	0.00
PC, KETCHUP	2 EACH	1	30	75	6	6.0	0.0	0.00	0.00
ALTERNATE MEAL*	MEAL	1	338	806	20	52.74	7.24	2.85	0.00

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Portion Values - Detailed

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Sep 2, 2024 thru Sep 30, 2024

MS, STAMPEDE LINE

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Sugars (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average			*2458	*5150	*77	*287.55	*86.18	*22.07	*0.50
% of Calories					*12.5%	*46.8%	*31.6%	*8.1%	*0.2%
Nutrient Guideline			600-700	1360			<=30.0	<10.00	

Thu - 09/12/2024									
MS, STAMPEDE LINE	Total	1							
SANDWICH, CHEESEBRGR HS/MS *	BURGER	1	345	760	6	28.0	15.5	6.50	0.50
SANDWICH, H&S CHICKEN HS/MS*	1 SANDWICH	1	361	713	4	37.07	13.07	3.02	0.00
SANDWICH, TURKEY & CHEESE*	SANDWICH	1	215	670	3	29.0	4.5	1.50	0.00
SALAD, CHEF ELEMENTARY*	SALAD	1	416	691	*9	44.26	21.55	3.81	*0.00
POTATO, F/F OVAT. SC 1/2 CUP	1/2 CUP	1	110	130	0	17.05	3.51	0.00	0.00
VEG, CELERY STICKS*	1/2 CUP	1	9	52	1	1.92	0.11	0.03	0.00
SALAD, BURGER SALAD 1/4 CUP*	.25 CUP	1	7	155	1	1.51	0.06	0.01	*0.00
FRUIT, ASSORT. FRESH*	1 EACH	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
MILK, BORDEN'S VARIETY	CARTONS	1	109	102	17	17.4	0.25	0.15	0.00
PC, BUTTERMILK FF RANCH*	PACKET	1	2	21	0	0.39	0.01	0.00	0.00
PC MAYONNAISE*	1 PACKET	1	50	70	0	2.0	4.5	0.50	0.00
PC MUSTARD	1 EACH	1	2	25	*N/A*	0.25	0.0	0.00	0.00
PC, KETCHUP	1 EACH	1	15	38	3	3.0	0.0	0.00	0.00
ALTERNATE MEAL*	MEAL	1	338	806	20	52.74	7.24	2.85	0.00
Weighted Daily Average			*1980	*4233	*64	*234.60	*70.30	*18.36	*0.50
% of Calories					*12.9%	*47.4%	*32.0%	*8.3%	*0.2%
Nutrient Guideline			600-700	1360			<=30.0	<10.00	

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Mon - 09/16/2024									
MS, STAMPEDE LINE	Total	1							
SANDWICH, CHEESEBRGR HS/MS *	BURGER	1	345	760	6	28.0	15.5	6.50	0.50
SANDWICH, H&S CHICKEN HS/MS*	1 SANDWICH	1	361	713	4	37.07	13.07	3.02	0.00
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PIZZA, BIG DADDY CHEESE 8 CUT*	SLICE	1	360	470	9	36.0	16.0	7.00	0.00
PIZZA, BIG DADDY PEPP. 8 CUT*	SLICE	1	250	390	6	22.0	12.0	5.00	0.00
SALAD, CHEF ELEMENTARY*	SALAD	1	416	691	*9	44.26	21.55	3.81	*0.00
POTATO, SEASONED FRIES 1/2 CUP	1/2 CUP	1	193	505	0	25.23	8.91	1.48	0.00
VEG, BROCCOLI FRESH 1/2C*	1/2 CUP	1	11	11	1	2.15	0.12	0.04	0.00
SALAD, MARINATED BLACK BEAN	1/2 CUP	1	132	163	*3	22.9	2.46	0.16	*0.00
SALAD, BURGER SALAD 1/4 CUP*	.25 CUP	1	7	155	1	1.51	0.06	0.01	*0.00
FRUIT, ASSORT. FRESH*	1 EACH	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
MILK, BORDEN'S VARIETY	CARTONS	1	109	102	17	17.4	0.25	0.15	0.00
PC, BUTTERMILK FF RANCH*	PACKET	1	2	21	0	0.39	0.01	0.00	0.00
PC MAYONNAISE*	1 PACKET	1	50	70	0	2.0	4.5	0.50	0.00
PC MUSTARD	1 EACH	1	2	25	*N/A*	0.25	0.0	0.00	0.00
PC, KETCHUP	1 EACH	1	15	38	3	3.0	0.0	0.00	0.00
ALTERNATE MEAL*	MEAL	1	338	806	20	52.74	7.24	2.85	0.00
Weighted Daily Average			*2806	*5589	*81	*323.90	*106.16	*32.02	*0.50
% of Calories					*11.6%	*46.2%	*34.0%	*10.3%	*0.2%
Nutrient Guideline			600-700	1360			<=30.0	<10.00	

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Sep 2, 2024 thru Sep 30, 2024

MS, STAMPEDE LINE

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Sugars (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 09/17/2024									
MS, STAMPEDE LINE	Total	1							
SANDWICH, CHEESEBURG PEP JACK*	BURGER	1	345	635	*5	27.5	15.5	7.00	*0.50
SANDWICH, H&S CHICKEN HS/MS*	1 SANDWICH	1	361	713	4	37.07	13.07	3.02	0.00
SANDWICH, GRILLED CHICKEN*	1 SANDWICH	1	231	504	3	20.01	4.03	0.51	0.00
WRAP, COLD SPICY CHICKEN*	WRAP	1	517	695	*5	52.56	27.08	6.51	0.00
SALAD, SPICY CHICKEN*	SALAD	1	469	783	*8	49.3	23.46	3.69	*0.00
SALAD, BURGER SALAD 1/4 CUP*	.25 CUP	1	7	155	1	1.51	0.06	0.01	*0.00
VEG, BABY CARROT - 1/2 CUP*	1/2 CUP	1	25	55	3	5.79	0.09	0.02	0.00
POTATO, F/F KK 1/2 CUP	1/2 CUP	1	90	115	0	14.0	3.0	0.00	0.00
FRUIT, ASSORT. FRESH*	1 EACH	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
MILK, BORDEN'S VARIETY	CARTONS	1	109	102	17	17.4	0.25	0.15	0.00
PC, BUTTERMILK FF RANCH*	PACKET	1	2	21	0	0.39	0.01	0.00	0.00
PC MAYONNAISE*	1 PACKET	1	50	70	0	2.0	4.5	0.50	0.00
PC MUSTARD	1 EACH	1	2	25	*N/A*	0.25	0.0	0.00	0.00
PC, KETCHUP	2 EACH	1	30	75	6	6.0	0.0	0.00	0.00
ALTERNATE MEAL*	MEAL	1	338	806	20	52.74	7.24	2.85	0.00
Weighted Daily Average			*2577	*4754	*73	*286.52	*98.29	*24.25	*0.50
% of Calories					*11.4%	*44.5%	*34.3%	*8.5%	*0.2%
Nutrient Guideline			600-700	1360			<=30.0	<10.00	

	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Sugars (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 09/18/2024									
MS, STAMPEDE LINE	Total	1							
SANDWICH, CHEESEBRGR HS/MS *	BURGER	1	345	760	6	28.0	15.5	6.50	0.50
SANDWICH, H&S CHICKEN HS/MS*	1 SANDWICH	1	361	713	4	37.07	13.07	3.02	0.00
SANDWICH, BRD CHICKEN MS/HS*	SANDWICH	1	373	858	5	43.22	10.1	2.02	0.00
SALAD, GRILLED CHICKEN*	SALAD	1	424	708	*8	43.77	19.19	2.69	*0.00
SANDWICH, HAM & CHEESE*	SANDWICH	1	260	630	3	30.5	10.0	3.50	0.00
POTATO, SWEET FRIES*	1/2 CUPS	1	132	173	2	18.91	6.17	0.82	0.00
VEG, JICAMA W/TAJIN	1/2 C	1	19	122	*0	4.22	0.0	0.00	0.00
SALAD, BURGER SALAD 1/4 CUP*	.25 CUP	1	7	155	1	1.51	0.06	0.01	*0.00
FRUIT, ASSORT. FRESH*	1 EACH	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
MILK, BORDEN'S VARIETY	CARTONS	1	109	102	17	17.4	0.25	0.15	0.00
PC, BUTTERMILK FF RANCH*	PACKET	1	2	21	0	0.39	0.01	0.00	0.00
PC MAYONNAISE*	1 PACKET	1	50	70	0	2.0	4.5	0.50	0.00
PC MUSTARD	1 EACH	1	2	25	*N/A*	0.25	0.0	0.00	0.00
PC, KETCHUP	2 EACH	1	30	75	6	6.0	0.0	0.00	0.00
ALTERNATE MEAL*	MEAL	1	338	806	20	52.74	7.24	2.85	0.00

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Tarkington ISD

Base Menu Spreadsheet

Portion Values - Detailed

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Sep 2, 2024 thru Sep 30, 2024

MS, STAMPEDE LINE

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Sugars (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average			*2452	*5217	*74	*285.98	*86.09	*22.05	*0.50
% of Calories					*12.0%	*46.7%	*31.6%	*8.1%	*0.2%
Nutrient Guideline			600-700	1360			<=30.0	<10.00	

Thu - 09/19/2024									
MS, STAMPEDE LINE	Total	1							
SANDWICH, CHEESEBRGR HS/MS *	BURGER	1	345	760	6	28.0	15.5	6.50	0.50
SANDWICH, H&S CHICKEN HS/MS*	1 SANDWICH	1	361	713	4	37.07	13.07	3.02	0.00
SANDWICH, TURKEY & CHEESE*	SANDWICH	1	215	670	3	29.0	4.5	1.50	0.00
SALAD, CHEF ELEMENTARY*	SALAD	1	416	691	*9	44.26	21.55	3.81	*0.00
POTATO, F/F OVAT. SC 1/2 CUP	1/2 CUP	1	110	130	0	17.05	3.51	0.00	0.00
VEG, CUCUMBERS, SLICED 1/2 C*	1/2 CUP	1	9	2	1	1.96	0.15	0.07	0.00
SALAD, BURGER SALAD 1/4 CUP*	.25 CUP	1	7	155	1	1.51	0.06	0.01	*0.00
FRUIT, ASSORT. FRESH*	1 EACH	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
MILK, BORDEN'S VARIETY	CARTONS	1	109	102	17	17.4	0.25	0.15	0.00
PC, BUTTERMILK FF RANCH*	PACKET	1	2	21	0	0.39	0.01	0.00	0.00
PC MAYONNAISE*	1 PACKET	1	50	70	0	2.0	4.5	0.50	0.00
PC MUSTARD	1 EACH	1	2	25	*N/A*	0.25	0.0	0.00	0.00
PC, KETCHUP	1 EACH	1	15	38	3	3.0	0.0	0.00	0.00
ALTERNATE MEAL*	MEAL	1	338	806	20	52.74	7.24	2.85	0.00
Weighted Daily Average			*1980	*4183	*64	*234.64	*70.34	*18.40	*0.50
% of Calories					*13.0%	*47.4%	*32.0%	*8.4%	*0.2%
Nutrient Guideline			600-700	1360			<=30.0	<10.00	

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Tarkington ISD

Base Menu Spreadsheet

Portion Values - Detailed

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Sep 2, 2024 thru Sep 30, 2024

MS, STAMPEDE LINE

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Sugars (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 09/23/2024									
MS, STAMPEDE LINE	Total	1							
SANDWICH, CHEESEBRGR HS/MS *	BURGER	1	345	760	6	28.0	15.5	6.50	0.50
SANDWICH, H&S CHICKEN HS/MS*	1 SANDWICH	1	361	713	4	37.07	13.07	3.02	0.00
SANDWICH, TURKEY & CHEESE*	SANDWICH	1	215	670	3	29.0	4.5	1.50	0.00
PIZZA, BIG DADDY CHEESE 8 CUT*	SLICE	1	360	470	9	36.0	16.0	7.00	0.00
PIZZA, BIG DADDY PEPP. 8 CUT*	SLICE	1	250	390	6	22.0	12.0	5.00	0.00
SALAD, CHEF ELEMENTARY*	SALAD	1	416	691	*9	44.26	21.55	3.81	*0.00
POTATO, SEASONED FRIES 1/2 CUP	1/2 CUP	1	193	505	0	25.23	8.91	1.48	0.00
VEG, BROCCOLI FRESH 1/2C*	1/2 CUP	1	11	11	1	2.15	0.12	0.04	0.00
SALAD, MARINATED BLACK BEAN	1/2 CUP	1	132	163	*3	22.9	2.46	0.16	*0.00
SALAD, BURGER SALAD 1/4 CUP*	.25 CUP	1	7	155	1	1.51	0.06	0.01	*0.00
FRUIT, ASSORT. FRESH*	1 EACH	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
MILK, BORDEN'S VARIETY	CARTONS	1	109	102	17	17.4	0.25	0.15	0.00
PC, BUTTERMILK FF RANCH*	PACKET	1	2	21	0	0.39	0.01	0.00	0.00
PC MAYONNAISE*	1 PACKET	1	50	70	0	2.0	4.5	0.50	0.00
PC MUSTARD	1 EACH	1	2	25	*N/A*	0.25	0.0	0.00	0.00
PC, KETCHUP	1 EACH	1	15	38	3	3.0	0.0	0.00	0.00
ALTERNATE MEAL*	MEAL	1	338	806	20	52.74	7.24	2.85	0.00
Weighted Daily Average			*2806	*5589	*81	*323.90	*106.16	*32.02	*0.50
% of Calories					*11.6%	*46.2%	*34.0%	*10.3%	*0.2%
Nutrient Guideline			600-700	1360			<=30.0	<10.00	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

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Tarkington ISD

Base Menu Spreadsheet

Portion Values - Detailed

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Sep 2, 2024 thru Sep 30, 2024

MS, STAMPEDE LINE

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Sugars (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 09/24/2024									
MS, STAMPEDE LINE	Total	1							
SANDWICH, CHEESEBURG PEP JACK*	BURGER	1	345	635	*5	27.5	15.5	7.00	*0.50
SANDWICH, H&S CHICKEN HS/MS*	1 SANDWICH	1	361	713	4	37.07	13.07	3.02	0.00
SANDWICH, GRILLED CHICKEN*	1 SANDWICH	1	231	504	3	20.01	4.03	0.51	0.00
WRAP, COLD SPICY CHICKEN*	WRAP	1	517	695	*5	52.56	27.08	6.51	0.00
SALAD, SPICY CHICKEN*	SALAD	1	469	783	*8	49.3	23.46	3.69	*0.00
SALAD, BURGER SALAD 1/4 CUP*	.25 CUP	1	7	155	1	1.51	0.06	0.01	*0.00
VEG, BABY CARROT - 1/2 CUP*	1/2 CUP	1	25	55	3	5.79	0.09	0.02	0.00
POTATO, F/F KK 1/2 CUP	1/2 CUP	1	90	115	0	14.0	3.0	0.00	0.00
FRUIT, ASSORT. FRESH*	1 EACH	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
MILK, BORDEN'S VARIETY	CARTONS	1	109	102	17	17.4	0.25	0.15	0.00
PC, BUTTERMILK FF RANCH*	PACKET	1	2	21	0	0.39	0.01	0.00	0.00
PC MAYONNAISE*	1 PACKET	1	50	70	0	2.0	4.5	0.50	0.00
PC MUSTARD	1 EACH	1	2	25	*N/A*	0.25	0.0	0.00	0.00
PC, KETCHUP	2 EACH	1	30	75	6	6.0	0.0	0.00	0.00
ALTERNATE MEAL*	MEAL	1	338	806	20	52.74	7.24	2.85	0.00
Weighted Daily Average			*2577	*4754	*73	*286.52	*98.29	*24.25	*0.50
% of Calories					*11.4%	*44.5%	*34.3%	*8.5%	*0.2%
Nutrient Guideline			600-700	1360			<=30.0	<10.00	

	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Sugars (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 09/25/2024									
MS, STAMPEDE LINE	Total	1							
SANDWICH, CHEESEBRGR HS/MS *	BURGER	1	345	760	6	28.0	15.5	6.50	0.50
SANDWICH, H&S CHICKEN HS/MS*	1 SANDWICH	1	361	713	4	37.07	13.07	3.02	0.00
SANDWICH, BRD CHICKEN MS/HS*	SANDWICH	1	373	858	5	43.22	10.1	2.02	0.00
SALAD, GRILLED CHICKEN*	SALAD	1	424	708	*8	43.77	19.19	2.69	*0.00
SANDWICH, HAM & CHEESE*	SANDWICH	1	260	630	3	30.5	10.0	3.50	0.00
POTATO, SWEET FRIES*	1/2 CUPS	1	132	173	2	18.91	6.17	0.82	0.00
VEG, JICAMA W/TAJIN	1/4 C	1	9	61	*0	2.11	0.0	0.00	0.00
SALAD, BURGER SALAD 1/4 CUP*	.25 CUP	1	7	155	1	1.51	0.06	0.01	*0.00
FRUIT, ASSORT. FRESH*	1 EACH	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
MILK, BORDEN'S VARIETY	CARTONS	1	109	102	17	17.4	0.25	0.15	0.00
PC, BUTTERMILK FF RANCH*	PACKET	1	2	21	0	0.39	0.01	0.00	0.00
PC MAYONNAISE*	1 PACKET	1	50	70	0	2.0	4.5	0.50	0.00
PC MUSTARD	1 EACH	1	2	25	*N/A*	0.25	0.0	0.00	0.00
PC, KETCHUP	2 EACH	1	30	75	6	6.0	0.0	0.00	0.00
ALTERNATE MEAL*	MEAL	1	338	806	20	52.74	7.24	2.85	0.00

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Tarkington ISD

Base Menu Spreadsheet

Portion Values - Detailed

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Sep 2, 2024 thru Sep 30, 2024

MS, STAMPEDE LINE

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Sugars (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average			*2442	*5156	*74	*283.87	*86.09	*22.05	*0.50
% of Calories					*12.0%	*46.5%	*31.7%	*8.1%	*0.2%
Nutrient Guideline			600-700	1360			<=30.0	<10.00	

Thu - 09/26/2024									
MS, STAMPEDE LINE	Total	1							
SANDWICH, CHEESEBRGR HS/MS *	BURGER	1	345	760	6	28.0	15.5	6.50	0.50
SANDWICH, H&S CHICKEN HS/MS*	1 SANDWICH	1	361	713	4	37.07	13.07	3.02	0.00
SANDWICH, TURKEY & CHEESE*	SANDWICH	1	215	670	3	29.0	4.5	1.50	0.00
SALAD, CHEF ELEMENTARY*	SALAD	1	416	691	*9	44.26	21.55	3.81	*0.00
POTATO, F/F OVAT. SC 1/2 CUP	1/2 CUP	1	110	130	0	17.05	3.51	0.00	0.00
VEG, CUCUMBERS, SLICED 1/2 C*	1/2 CUP	1	9	2	1	1.96	0.15	0.07	0.00
SALAD, BURGER SALAD 1/4 CUP*	.25 CUP	1	7	155	1	1.51	0.06	0.01	*0.00
FRUIT, ASSORT. FRESH*	1 EACH	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
MILK, BORDEN'S VARIETY	CARTONS	1	109	102	17	17.4	0.25	0.15	0.00
PC, BUTTERMILK FF RANCH*	PACKET	1	2	21	0	0.39	0.01	0.00	0.00
PC MAYONNAISE*	1 PACKET	1	50	70	0	2.0	4.5	0.50	0.00
PC MUSTARD	1 EACH	1	2	25	*N/A*	0.25	0.0	0.00	0.00
PC, KETCHUP	1 EACH	1	15	38	3	3.0	0.0	0.00	0.00
ALTERNATE MEAL*	MEAL	1	338	806	20	52.74	7.24	2.85	0.00
Weighted Daily Average			*1980	*4183	*64	*234.64	*70.34	*18.40	*0.50
% of Calories					*13.0%	*47.4%	*32.0%	*8.4%	*0.2%
Nutrient Guideline			600-700	1360			<=30.0	<10.00	

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Tarkington ISD

Base Menu Spreadsheet

Portion Values - Detailed

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Sep 2, 2024 thru Sep 30, 2024

MS, STAMPEDE LINE

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Sugars (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 09/30/2024									
MS, STAMPEDE LINE	Total	1							
SANDWICH, CHEESEBRGR HS/MS *	BURGER	1	345	760	6	28.0	15.5	6.50	0.50
SANDWICH, H&S CHICKEN HS/MS*	1 SANDWICH	1	361	713	4	37.07	13.07	3.02	0.00
SANDWICH, TURKEY & CHEESE*	SANDWICH	1	215	670	3	29.0	4.5	1.50	0.00
PIZZA, BIG DADDY CHEESE 8 CUT*	SLICE	1	360	470	9	36.0	16.0	7.00	0.00
PIZZA, BIG DADDY PEPP. 8 CUT*	SLICE	1	250	390	6	22.0	12.0	5.00	0.00
SALAD, CHEF ELEMENTARY*	SALAD	1	416	691	*9	44.26	21.55	3.81	*0.00
POTATO, SEASONED FRIES 1/2 CUP	1/2 CUP	1	193	505	0	25.23	8.91	1.48	0.00
VEG, BROCCOLI FRESH 1/2C*	1/2 CUP	1	11	11	1	2.15	0.12	0.04	0.00
SALAD, MARINATED BLACK BEAN	1/2 CUP	1	132	163	*3	22.9	2.46	0.16	*0.00
SALAD, BURGER SALAD 1/4 CUP*	.25 CUP	1	7	155	1	1.51	0.06	0.01	*0.00
FRUIT, ASSORT. FRESH*	1 EACH	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
MILK, BORDEN'S VARIETY	CARTONS	1	109	102	17	17.4	0.25	0.15	0.00
PC, BUTTERMILK FF RANCH*	PACKET	1	2	21	0	0.39	0.01	0.00	0.00
PC MAYONNAISE*	1 PACKET	1	50	70	0	2.0	4.5	0.50	0.00
PC MUSTARD	1 EACH	1	2	25	*N/A*	0.25	0.0	0.00	0.00
PC, KETCHUP	1 EACH	1	15	38	3	3.0	0.0	0.00	0.00
ALTERNATE MEAL*	MEAL	1	338	806	20	52.74	7.24	2.85	0.00
Weighted Daily Average			*2806	*5589	*81	*323.90	*106.16	*32.02	*0.50
% of Calories					*11.6%	*46.2%	*34.0%	*10.3%	*0.2%
Nutrient Guideline			600-700	1360			<=30.0	<10.00	

Weighted Average			*2453	*4935	*73	*282.62	*90.22	*24.18	*0.50
					*26.8%	*46.1%	*33.1%	*8.9%	*0.2%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	2453		600 - 700	350%	Missing		1753	Correction Required - Calories too High
Sodium 1 (mg)	4935		1360		Missing		3575	Correction Required - Sodium too High
Sodium 2 (mg)	4935		1035		Missing		3900	Correction Required - Sodium too High
Sugars (g)	73	11.93%			Missing			
Carbohydrate (g)	282.62	46.08%			Missing			
Total Fat (g)	90.22	33.10%	<=30.00%		Missing			Correction Required - Total Fat too High
Saturated Fat (g)	24.18	8.87%	<10.00%		Missing			
Trans Fat ¹ (g)	0.50	0.18%			Missing			

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