

Tarkington ISD

Base Menu Spreadsheet

Portion Values - Detailed

Page 1

Sep 2, 2024 thru Sep 30, 2024

Middle - Breakfast

Generated on: 8/19/2024 1:20:40 PM

	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Sugars (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 09/03/2024									
Middle - Breakfast	Total	1							
BFST CHK BISCUIT*	SERVING	1	223	358	3	27.21	11.16	6.04	0.00
BFST MUFFIN BLUBRY WG IW*	1 EACH	1	268	140	21	45.5	7.5	1.10	0.00
YOGURT, PARFAIT*	SERVING	1	330	142	39	66.51	5.14	0.76	0.00
FRUIT, APPLESAUCE-STRAWBERRY*	1 EACH	1	70	0	14	17.0	0.0	0.00	0.00
JUICE, 100% VARIETY	1 CARTON	1	67	4	14	15.33	0.0	0.00	0.00
MILK, BORDEN'S VARIETY	CARTONS	1	109	102	17	17.4	0.25	0.15	0.00
PC, KETCHUP	1 EACH	1	15	38	3	3.0	0.0	0.00	0.00
PC, JELLY ASST. INDIVIDUAL*	1 EACH	1	25	0	5	6.0	0.0	0.00	0.00
BFST ALT MEAL*	2 SLICE	1	140	230	2	28.0	2.0	0.00	0.00
GF BRK, YOGURT PARFAIT*	SERVING	1	107	75	12	17.33	1.67	1.00	0.00
Weighted Daily Average			1354	1089	130	243.30	27.72	9.05	0.00
% of Calories					38.5%	71.9%	18.4%	6.0%	0.0%
Nutrient Guideline			400-550	600			<=10.0	<10.00	

	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Sugars (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 09/04/2024									
Middle - Breakfast	Total	1							
BFST PANCAKE SAUSAGE ON STICK*	1 EACH	1	191	295	4	16.2	9.53	2.38	0.00
CEREAL, VARIETY - Elem/MS*	1 EACH	1	90	120	6	18.8	1.3	0.00	0.00
CHEESE, STRING MOZZARELLA *	1 EACH	1	60	200	1	1.0	3.0	2.00	0.00
BFST OATMEAL	1 CUP	1	157	34	*17	33.93	1.46	0.29	*0.00
FRUIT, MANDARIN ORANGES*	1/2 SERVINGS	1	74	11	18	18.16	0.0	0.00	0.00
JUICE, 100% VARIETY	1 CARTON	1	67	4	14	15.33	0.0	0.00	0.00
MILK, BORDEN'S VARIETY	CARTONS	1	109	102	17	17.4	0.25	0.15	0.00
PC, SYRUP MAPLE CUP*	1 EACH	1	120	0	19	31.0	0.0	0.00	0.00
BFST ALT MEAL*	2 SLICE	1	140	230	2	28.0	2.0	0.00	0.00
GF, BFST ON A BUN*	1 EACH	1	230	310	1	26.0	10.0	1.50	0.00
Weighted Daily Average			1237	1306	*99	205.82	27.53	6.32	*0.00
% of Calories					*32.1%	66.5%	20.0%	4.6%	*0.0%
Nutrient Guideline			400-550	600			<=10.0	<10.00	

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Tarkington ISD

Base Menu Spreadsheet

Portion Values - Detailed

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Sep 2, 2024 thru Sep 30, 2024

Middle - Breakfast

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Sugars (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 09/05/2024									
Middle - Breakfast	Total	1							
PIZZA, BRK. TRY SAUS.*	SLICE	1	210	349	5	26.95	6.99	2.00	0.00
BFST STRUDEL, APP, IW*	1 EACH	1	210	270	*N/A*	36.0	6.0	1.50	0.00
YOGURT, PARFAIT*	SERVING	1	330	142	39	66.51	5.14	0.76	0.00
FRUIT, DICED MIXED FRUIT CUP*	1 EACH	1	80	20	16	21.0	0.0	0.00	0.00
JUICE, 100% VARIETY	1 CARTON	1	67	4	14	15.33	0.0	0.00	0.00
MILK, BORDEN'S VARIETY	CARTONS	1	109	102	17	17.4	0.25	0.15	0.00
BFST ALT MEAL*	2 SLICE	1	140	230	2	28.0	2.0	0.00	0.00
GF, YOGURT & CHEESESTICK	SERVINGS	1	167	317	12	12.73	5.67	3.60	0.00
Weighted Daily Average			1312	1435	*105	223.93	26.04	8.01	0.00
% of Calories					*32.1%	68.3%	17.9%	5.5%	0.0%
Nutrient Guideline			400-550	600			<=10.0	<10.00	

	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Sugars (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 09/09/2024									
Middle - Breakfast	Total	1							
BFST EGGS SCRAMBLED*	1/4 CUP	1	90	260	0	2.0	6.0	2.00	0.00
BISCUIT, WHITE*	1 EACH	1	195	310	3	23.92	9.75	5.32	0.00
BFST SAUSAGE PATTY*	1 EACH	1	120	170	0	1.0	10.0	3.80	0.00
CEREAL, VARIETY - Elem/MS*	1 EACH	1	90	120	6	18.8	1.3	0.00	0.00
CHEESE, STRING MOZZARELLA *	1 EACH	1	60	200	1	1.0	3.0	2.00	0.00
BFST DONUT, PWD. CAKE WG IW*	1 EACH	1	300	260	21	43.0	13.0	6.00	0.00
FRUIT, DICED MIXED FRUIT CUP*	1 EACH	1	80	20	16	21.0	0.0	0.00	0.00
JUICE, 100% VARIETY	1 CARTON	1	67	4	14	15.33	0.0	0.00	0.00
MILK, BORDEN'S VARIETY	CARTONS	1	109	102	17	17.4	0.25	0.15	0.00
GRAVY, COUNTRY	SERVING	1	35	140	1	4.94	1.98	0.99	0.00
PC, JELLY ASST. INDIVIDUAL*	1 EACH	1	25	0	5	6.0	0.0	0.00	0.00
PC, KETCHUP	1 EACH	1	15	38	3	3.0	0.0	0.00	0.00
BFST ALT MEAL*	2 SLICE	1	140	230	2	28.0	2.0	0.00	0.00
GF, BRK EGG & SAUSAGE	1 EACH	1	151	178	1	0.98	10.7	3.03	0.38
Weighted Daily Average			1476	2032	90	186.38	57.97	23.29	0.38
% of Calories					24.4%	50.5%	35.3%	14.2%	0.2%
Nutrient Guideline			400-550	600			<=10.0	<10.00	

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Tarkington ISD

Base Menu Spreadsheet

Portion Values - Detailed

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Sep 2, 2024 thru Sep 30, 2024

Middle - Breakfast

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Sugars (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 09/10/2024									
Middle - Breakfast	Total	1							
HASHBROWN, EARLY RISERS	1 EACH	1	230	450	2	24.0	11.0	4.00	0.00
BFST DONUT, CHOC. MINI *	PACKAGE	1	349	294	21	44.65	16.34	7.62	0.00
YOGURT, PARFAIT*	SERVING	1	330	142	39	66.51	5.14	0.76	0.00
FRUIT, APPLESAUCE-STRAWBERRY*	1 EACH	1	70	0	14	17.0	0.0	0.00	0.00
JUICE, 100% VARIETY	1 CARTON	1	67	4	14	15.33	0.0	0.00	0.00
MILK, BORDEN'S VARIETY	CARTONS	1	109	102	17	17.4	0.25	0.15	0.00
PC, KETCHUP	1 EACH	1	15	38	3	3.0	0.0	0.00	0.00
BFST ALT MEAL*	2 SLICE	1	140	230	2	28.0	2.0	0.00	0.00
GF BRK, YOGURT PARFAIT*	SERVING	1	107	75	12	17.33	1.67	1.00	0.00
Weighted Daily Average			1416	1335	124	233.23	36.39	13.54	0.00
% of Calories					35.0%	65.9%	23.1%	8.6%	0.0%
Nutrient Guideline			400-550	600			<=10.0	<10.00	

	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Sugars (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 09/11/2024									
Middle - Breakfast	Total	1							
BFST FRENCH TOAST STICKS (2e)*	1 SERVING	1	240	260	12	38.0	7.0	1.00	0.00
CEREAL,VARIETY - Elem/MS*	1 EACH	1	90	120	6	18.8	1.3	0.00	0.00
CHEESE, STRING MOZZARELLA *	1 EACH	1	60	200	1	1.0	3.0	2.00	0.00
BFST OATMEAL	1 CUP	1	157	34	*17	33.93	1.46	0.29	*0.00
FRUIT, MANDARIN ORANGES*	1/2 SERVINGS	1	74	11	18	18.16	0.0	0.00	0.00
JUICE, 100% VARIETY	1 CARTON	1	67	4	14	15.33	0.0	0.00	0.00
MILK, BORDEN'S VARIETY	CARTONS	1	109	102	17	17.4	0.25	0.15	0.00
PC, SYRUP MAPLE CUP*	1 EACH	1	120	0	19	31.0	0.0	0.00	0.00
BFST ALT MEAL*	2 SLICE	1	140	230	2	28.0	2.0	0.00	0.00
GF, BFST ON A BUN*	1 EACH	1	230	310	1	26.0	10.0	1.50	0.00
Weighted Daily Average			1287	1271	*108	227.62	25.01	4.94	*0.00
% of Calories					*33.4%	70.8%	17.5%	3.5%	*0.0%
Nutrient Guideline			400-550	600			<=10.0	<10.00	

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Tarkington ISD

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Portion Values - Detailed

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Sep 2, 2024 thru Sep 30, 2024

Middle - Breakfast

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Sugars (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 09/12/2024									
Middle - Breakfast	Total	1							
PIZZA, BRK. TRY SAUS.*	SLICE	1	210	349	5	26.95	6.99	2.00	0.00
BFST MINNI CINNI*	1 EACH	1	240	270	14	40.0	8.0	1.50	0.00
YOGURT, PARFAIT*	SERVING	1	330	142	39	66.51	5.14	0.76	0.00
FRUIT, DICED MIXED FRUIT CUP*	1 EACH	1	80	20	16	21.0	0.0	0.00	0.00
JUICE, 100% VARIETY	1 CARTON	1	67	4	14	15.33	0.0	0.00	0.00
MILK, BORDEN'S VARIETY	CARTONS	1	109	102	17	17.4	0.25	0.15	0.00
BFST ALT MEAL*	2 SLICE	1	140	230	2	28.0	2.0	0.00	0.00
GF, YOGURT & CHEESESTICK	SERVINGS	1	167	317	12	12.73	5.67	3.60	0.00
Weighted Daily Average			1342	1435	119	227.93	28.04	8.01	0.00
% of Calories					35.6%	67.9%	18.8%	5.4%	0.0%
Nutrient Guideline			400-550	600			<=10.0	<10.00	

	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Sugars (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 09/16/2024									
Middle - Breakfast	Total	1							
BFST TACO - HOMEMADE SAUSAGE*	1 EACH	1	151	244	*1	15.75	7.06	3.31	0.00
CEREAL, VARIETY - Elem/MS*	1 EACH	1	90	120	6	18.8	1.3	0.00	0.00
CRISPS, MINI BLUEBERRY	SERVINGS	1	130	70	5	20.0	5.0	0.50	0.00
CHEESE, STRING MOZZARELLA *	1 EACH	1	60	200	1	1.0	3.0	2.00	0.00
FRUIT, DICED MIXED FRUIT CUP*	1 EACH	1	80	20	16	21.0	0.0	0.00	0.00
JUICE, 100% VARIETY	1 CARTON	1	67	4	14	15.33	0.0	0.00	0.00
MILK, 1% WHITE	CARTON	1	100	125	12	12.0	2.5	1.50	0.00
MILK, F/F CHOCOLATE	CARTON	1	110	100	18	18.0	0.0	0.00	0.00
GRAVY, COUNTRY	SERVING	1	35	140	1	4.94	1.98	0.99	0.00
PC, TACO SAUCE	1 EACH	1	3	28	0	0.5	0.0	0.00	0.00
BFST ALT MEAL*	2 SLICE	1	140	230	2	28.0	2.0	0.00	0.00
GF, BRK EGG & SAUSAGE	1 EACH	1	151	178	1	0.98	10.7	3.03	0.38
Weighted Daily Average			1116	1458	*77	156.31	33.54	11.33	0.38
% of Calories					*27.6%	56.0%	27.0%	9.1%	0.3%
Nutrient Guideline			400-550	600			<=10.0	<10.00	

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Portion Values - Detailed

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Sep 2, 2024 thru Sep 30, 2024

Middle - Breakfast

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Sugars (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 09/17/2024									
Middle - Breakfast	Total	1							
BFST CHK BISCUIT*	SERVING	1	223	358	3	27.21	11.16	6.04	0.00
BFST MUFFIN BLUBRY WG IW*	1 EACH	1	268	140	21	45.5	7.5	1.10	0.00
YOGURT, PARFAIT*	SERVING	1	330	142	39	66.51	5.14	0.76	0.00
FRUIT, APPLESAUCE-STRAWBERRY*	1 EACH	1	70	0	14	17.0	0.0	0.00	0.00
JUICE, 100% VARIETY	1 CARTON	1	67	4	14	15.33	0.0	0.00	0.00
MILK, BORDEN'S VARIETY	CARTONS	1	109	102	17	17.4	0.25	0.15	0.00
PC, KETCHUP	1 EACH	1	15	38	3	3.0	0.0	0.00	0.00
PC, JELLY ASST. INDIVIDUAL*	1 EACH	1	25	0	5	6.0	0.0	0.00	0.00
BFST ALT MEAL*	2 SLICE	1	140	230	2	28.0	2.0	0.00	0.00
GF BRK, YOGURT PARFAIT*	SERVING	1	107	75	12	17.33	1.67	1.00	0.00
Weighted Daily Average			1354	1089	130	243.30	27.72	9.05	0.00
% of Calories					38.5%	71.9%	18.4%	6.0%	0.0%
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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Sugars (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 09/18/2024									
Middle - Breakfast	Total	1							
BFST PANCAKE SAUSAGE ON STICK*	1 EACH	1	191	295	4	16.2	9.53	2.38	0.00
CEREAL, VARIETY - Elem/MS*	1 EACH	1	90	120	6	18.8	1.3	0.00	0.00
CHEESE, STRING MOZZARELLA *	1 EACH	1	60	200	1	1.0	3.0	2.00	0.00
BFST OATMEAL	1 CUP	1	157	34	*17	33.93	1.46	0.29	*0.00
FRUIT, MANDARIN ORANGES*	1/2 SERVINGS	1	74	11	18	18.16	0.0	0.00	0.00
JUICE, 100% VARIETY	1 CARTON	1	67	4	14	15.33	0.0	0.00	0.00
MILK, BORDEN'S VARIETY	CARTONS	1	109	102	17	17.4	0.25	0.15	0.00
PC, SYRUP MAPLE CUP*	1 EACH	1	120	0	19	31.0	0.0	0.00	0.00
BFST ALT MEAL*	2 SLICE	1	140	230	2	28.0	2.0	0.00	0.00
GF, BFST ON A BUN*	1 EACH	1	230	310	1	26.0	10.0	1.50	0.00
Weighted Daily Average			1237	1306	*99	205.82	27.53	6.32	*0.00
% of Calories					*32.1%	66.5%	20.0%	4.6%	*0.0%
Nutrient Guideline			400-550	600			<=10.0	<10.00	

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Sep 2, 2024 thru Sep 30, 2024

Middle - Breakfast

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Sugars (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 09/19/2024									
Middle - Breakfast	Total	1							
PIZZA, BRK. TRY SAUS.*	SLICE	1	210	349	5	26.95	6.99	2.00	0.00
BFST STRUDEL, APP, IW*	1 EACH	1	210	270	*N/A*	36.0	6.0	1.50	0.00
YOGURT, PARFAIT*	SERVING	1	330	142	39	66.51	5.14	0.76	0.00
FRUIT, DICED MIXED FRUIT CUP*	1 EACH	1	80	20	16	21.0	0.0	0.00	0.00
JUICE, 100% VARIETY	1 CARTON	1	67	4	14	15.33	0.0	0.00	0.00
MILK, BORDEN'S VARIETY	CARTONS	1	109	102	17	17.4	0.25	0.15	0.00
BFST ALT MEAL*	2 SLICE	1	140	230	2	28.0	2.0	0.00	0.00
GF, YOGURT & CHEESESTICK	SERVINGS	1	167	317	12	12.73	5.67	3.60	0.00
Weighted Daily Average			1312	1435	*105	223.93	26.04	8.01	0.00
% of Calories					*32.1%	68.3%	17.9%	5.5%	0.0%
Nutrient Guideline			400-550	600			<=10.0	<10.00	

	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Sugars (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 09/23/2024									
Middle - Breakfast	Total	1							
BFST EGGS SCRAMBLED*	1/4 CUP	1	90	260	0	2.0	6.0	2.00	0.00
BISCUIT, WHITE*	1 EACH	1	195	310	3	23.92	9.75	5.32	0.00
BFST SAUSAGE PATTY*	1 EACH	1	120	170	0	1.0	10.0	3.80	0.00
CEREAL, VARIETY - Elem/MS*	1 EACH	1	90	120	6	18.8	1.3	0.00	0.00
CHEESE, STRING MOZZARELLA *	1 EACH	1	60	200	1	1.0	3.0	2.00	0.00
BFST DONUT, PWD. CAKE WG IW*	1 EACH	1	300	260	21	43.0	13.0	6.00	0.00
FRUIT, DICED MIXED FRUIT CUP*	1 EACH	1	80	20	16	21.0	0.0	0.00	0.00
JUICE, 100% VARIETY	1 CARTON	1	67	4	14	15.33	0.0	0.00	0.00
MILK, BORDEN'S VARIETY	CARTONS	1	109	102	17	17.4	0.25	0.15	0.00
GRAVY, COUNTRY	SERVING	1	35	140	1	4.94	1.98	0.99	0.00
PC, JELLY ASST. INDIVIDUAL*	1 EACH	1	25	0	5	6.0	0.0	0.00	0.00
PC, KETCHUP	1 EACH	1	15	38	3	3.0	0.0	0.00	0.00
BFST ALT MEAL*	2 SLICE	1	140	230	2	28.0	2.0	0.00	0.00
GF, BRK EGG & SAUSAGE	1 EACH	1	151	178	1	0.98	10.7	3.03	0.38
Weighted Daily Average			1476	2032	90	186.38	57.97	23.29	0.38
% of Calories					24.4%	50.5%	35.3%	14.2%	0.2%
Nutrient Guideline			400-550	600			<=10.0	<10.00	

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Tarkington ISD

Base Menu Spreadsheet

Portion Values - Detailed

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Sep 2, 2024 thru Sep 30, 2024

Middle - Breakfast

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Sugars (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 09/24/2024									
Middle - Breakfast	Total	1							
HASHBROWN, EARLY RISERS	1 EACH	1	230	450	2	24.0	11.0	4.00	0.00
BFST DONUT, CHOC. MINI *	PACKAGE	1	349	294	21	44.65	16.34	7.62	0.00
YOGURT, PARFAIT*	SERVING	1	330	142	39	66.51	5.14	0.76	0.00
FRUIT, APPLESAUCE-STRAWBERRY*	1 EACH	1	70	0	14	17.0	0.0	0.00	0.00
JUICE, 100% VARIETY	1 CARTON	1	67	4	14	15.33	0.0	0.00	0.00
MILK, BORDEN'S VARIETY	CARTONS	1	109	102	17	17.4	0.25	0.15	0.00
PC, KETCHUP	1 EACH	1	15	38	3	3.0	0.0	0.00	0.00
BFST ALT MEAL*	2 SLICE	1	140	230	2	28.0	2.0	0.00	0.00
GF BRK, YOGURT PARFAIT*	SERVING	1	107	75	12	17.33	1.67	1.00	0.00
Weighted Daily Average			1416	1335	124	233.23	36.39	13.54	0.00
% of Calories					35.0%	65.9%	23.1%	8.6%	0.0%
Nutrient Guideline			400-550	600			<=10.0	<10.00	

	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Sugars (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 09/25/2024									
Middle - Breakfast	Total	1							
BFST FRENCH TOAST STICKS (2e)*	1 SERVING	1	240	260	12	38.0	7.0	1.00	0.00
CEREAL,VARIETY - Elem/MS*	1 EACH	1	90	120	6	18.8	1.3	0.00	0.00
CHEESE, STRING MOZZARELLA *	1 EACH	1	60	200	1	1.0	3.0	2.00	0.00
BFST OATMEAL	1 CUP	1	157	34	*17	33.93	1.46	0.29	*0.00
FRUIT, MANDARIN ORANGES*	1/2 SERVINGS	1	74	11	18	18.16	0.0	0.00	0.00
JUICE, 100% VARIETY	1 CARTON	1	67	4	14	15.33	0.0	0.00	0.00
MILK, BORDEN'S VARIETY	CARTONS	1	109	102	17	17.4	0.25	0.15	0.00
PC, SYRUP MAPLE CUP*	1 EACH	1	120	0	19	31.0	0.0	0.00	0.00
BFST ALT MEAL*	2 SLICE	1	140	230	2	28.0	2.0	0.00	0.00
GF, BFST ON A BUN*	1 EACH	1	230	310	1	26.0	10.0	1.50	0.00
Weighted Daily Average			1287	1271	*108	227.62	25.01	4.94	*0.00
% of Calories					*33.4%	70.8%	17.5%	3.5%	*0.0%
Nutrient Guideline			400-550	600			<=10.0	<10.00	

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Middle - Breakfast

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Sugars (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 09/26/2024									
Middle - Breakfast	Total	1							
PIZZA, BRK. TRY SAUS.*	SLICE	1	210	349	5	26.95	6.99	2.00	0.00
BFST MINNI CINNI*	1 EACH	1	240	270	14	40.0	8.0	1.50	0.00
YOGURT, PARFAIT*	SERVING	1	330	142	39	66.51	5.14	0.76	0.00
FRUIT, DICED MIXED FRUIT CUP*	1 EACH	1	80	20	16	21.0	0.0	0.00	0.00
JUICE, 100% VARIETY	1 CARTON	1	67	4	14	15.33	0.0	0.00	0.00
MILK, BORDEN'S VARIETY	CARTONS	1	109	102	17	17.4	0.25	0.15	0.00
BFST ALT MEAL*	2 SLICE	1	140	230	2	28.0	2.0	0.00	0.00
GF, YOGURT & CHEESESTICK	SERVINGS	1	167	317	12	12.73	5.67	3.60	0.00
Weighted Daily Average			1342	1435	119	227.93	28.04	8.01	0.00
% of Calories					35.6%	67.9%	18.8%	5.4%	0.0%
Nutrient Guideline			400-550	600			<=10.0	<10.00	

Mon - 09/30/2024									
Middle - Breakfast	Total	1							
BFST TACO - HOMEMADE SAUSAGE*	1 EACH	1	151	244	*1	15.75	7.06	3.31	0.00
CEREAL, VARIETY - Elem/MS*	1 EACH	1	90	120	6	18.8	1.3	0.00	0.00
CRISPS, MINI BLUEBERRY	SERVINGS	1	130	70	5	20.0	5.0	0.50	0.00
CHEESE, STRING MOZZARELLA *	1 EACH	1	60	200	1	1.0	3.0	2.00	0.00
FRUIT, DICED MIXED FRUIT CUP*	1 EACH	1	80	20	16	21.0	0.0	0.00	0.00
JUICE, 100% VARIETY	1 CARTON	1	67	4	14	15.33	0.0	0.00	0.00
MILK, 1% WHITE	CARTON	1	100	125	12	12.0	2.5	1.50	0.00
MILK, F/F CHOCOLATE	CARTON	1	110	100	18	18.0	0.0	0.00	0.00
GRAVY, COUNTRY	SERVING	1	35	140	1	4.94	1.98	0.99	0.00
PC, TACO SAUCE	1 EACH	1	3	28	0	0.5	0.0	0.00	0.00
BFST ALT MEAL*	2 SLICE	1	140	230	2	28.0	2.0	0.00	0.00
GF, BRK EGG & SAUSAGE	1 EACH	1	151	178	1	0.98	10.7	3.03	0.38
Weighted Daily Average			1116	1458	*77	156.31	33.54	11.33	0.38
% of Calories					*27.6%	56.0%	27.0%	9.1%	0.3%
Nutrient Guideline			400-550	600			<=10.0	<10.00	

Weighted Average			1318	1420	*107	213.07	32.78	10.56	*0.10
					*72.8%	64.7%	22.4%	7.2%	*0.1%

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Middle - Breakfast

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Nutrient	Menu AVG	% of Cals	Portion Size Weekly Target	Reimb Qty % of Target	Cals (kcal) Miss Data	Sodm (mg) Shortfall	Sugars (g) Shortfall	Carb (g) Overage	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)	Error Messages (if any)
Calories	1318		400 - 550	240%				768				Correction Required - Calories too High
Sodium 1 (mg)	1420		600					820				Correction Required - Sodium too High
Sodium 2 (mg)	1420		535					885				Correction Required - Sodium too High
Sugars (g)	107	32.37%			Missing							
Carbohydrate (g)	213.07	64.69%										
Total Fat (g)	32.78	22.39%	<=10.00%									Correction Required - Total Fat too High
Saturated Fat (g)	10.56	7.21%	<10.00%									
Trans Fat ¹ (g)	0.10	0.07%			Missing							

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