

A LA CARTE SELECTIONS Muffins \$1.00 Yogurt 4 oz. \$1.00 Fresh Fruit/Pick Up \$0.75 Fresh Fruit Cup \$1.00 Assorted Gereal \$1.00 Milk \$0.75 Juice 8 oz. water \$0.5 \$0.50

Student may substitute low sugar cereal and/or muffin for the daily entrée. Students must take at least 1/2 cup fruit with each meal.
Choice of milk is served with all meals!

MONDAY

EEKLY WG French Toast Turkey Sausage Fresh Fruit

TUESDAY

 Turkey Sausage, Egg, Cheese on Croissant •Assorted 100% Fruit Juice

WEDNESDAY

Waffles •4 oz. Yogurt Chilled Fruit

THURSDAY

•Egg & Cheese **Breakfast Sandwich** Assorted Fruit

FRIDAY

•WG Pancakes Assorted 100% Fruit Juice

MEAL PRICING

BREAKFAST..... FREE REDUCED BREAKFAST..... FREE LUNCH...... \$3.10

SCHOOL MEAL CALENDAR

Week One

Week Three

REDUCED LUNCH...... FREE

LUNCH MENI

Hot Alternatives: Hamburger/Cheese on WW Bun - Monday & Wednesday, Stuffed Breadsticks - Tuesday & Thursday, Fresh Cheese Pizza - Fridays **Grab & Go Lunch - Daily**

MONDAY

•WG LF Specialty Pizza Steamed Seasoned Broccoli Sliced Apples

/EEK

WEEK

M

员

Ш

⋛

4

界

M ≪

Assorted 100% Fruit Juice Cheez-Its

TUESDAY

•Tasty Turkey **Walking Tacos** •Tomato & Shredded Lettuce Mexican Corn

 Chickpea Salad Assorted 100% Fruit Juice •Chilled Sliced Pears

WEDNESDAY

PASTA BAR
• Pasta of the Day

 Meatballs w/wo Marinara Sauce Mixed Green Salad with LF Dressing •Sliced Cucumbers with FF Dip

Whole Grain Roll

THURSDAY

BREAKFAST FOR LUNCH •Home-Style WG Pancakes

with Syrup LF Turkey Sausage •Tater Tots

 Chilled Sliced Apples Assorted 100% Fruit Juice

FRIDAY

•Cheese Steaks on Roll Oven Baked French Fries •Celery Sticks with FF Dip Baby Carrots with LF Dressing

Meal Plan Sliced Oranges Goldfish

SEPTEMBER '24 MTWTFS 2 23 24 25 26 27 28 30

OCTOBER '24 SMTWTFS

Week Two

Meal Plan

Week Four

Meal Plan

Chicken Nuggets a

with WG Roll Smiley Potatoes Corn

MONDAY

Assorted 100% Fruit Juice •Fresh Fruit

TUESDAY

•Hot Dog on WW Roll •Macaroni & Cheese •Baked Beans

 Sliced Apples •Van or Choc Pudding

WEDNESDAY

PASTA BAR •Ziti with Meat Sauce

 Mixed Green Salad with LF Dressing Petite Peas Sliced Italian Bread

Seasonal Fresh Fruit

THURSDAY

Flex Day

Menu will be posted on the website and in cafeterias

FRIDAY

•Tangerine Glazed Chicken with Steamed Rice Fresh Carrot Sticks with FF Dip

•Chilled Fruit

 Fortune Cookie Assorted 100% **Fruit Juice**

NOVEMBER '24 MTWTFS

7 8 9 14 15 16
 11
 12
 13
 14
 15
 16

 18
 19
 20
 21
 22
 23

 25
 26
 27
 28
 29
 30
 10 JANUARY '25



MONDAY

•WG LF Specialty Pizza Oven Baked Fries Baby Carrots with LF Dip Edamame

•Fresh Whole Fruit Basket WG Animal Crackers

TUESDAY

BREAKFAST FOR LUNCH WG French Toast

with Syrup •LF Turkey Sausage Potato Tots Assorted 100%

Fruit Juice Orange Smiles

WEDNESDAY

PASTA BAR

 Meatballs w/wo Marinara Sauce Romaine Lettuce

and Tomato Chilled Fruit Garlic Breadstick

THURSDAY

• Grilled Cheese Sandwich Creamy Tomato Soup Steamed Broccoli

 Seedless Grapes Goldfish

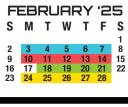
FRIDAY

•Fish Sticks with LF Dip Baked Beans

> Coleslaw •Raw Veggie Tray with FF Dip WG Roll

S M T W T F S 6 7 8 9 10 11 13 14 15 16 17 18 20 21 22 23 24 25

26 27 28 29 30 31



MONDAY

 Chicken & Waffles with Syrup Steamed Corn

 Sliced Apples Assorted 100% Fruit Juice Cheez-Its

TUESDAY

 Nacho Bar with Seasoned Beef, LF Cheese, Shredded Romaine Lettuce & Tomatoes Black Bean Salad

Chilled Fruit

WEDNESDAY

PASTA BAR

 Rotini Pasta with Chicken Alfredo Sauce Mixed Green Salad with LF Dressing •Italian Bread

•Fresh Fruit

Graham Crackers

THURSDAY

 Chicken Patty on WW Roll Lettuce, Tomato & Pickle Mashed Potatoes

Celery Stick with FF Dip Chilled Fruit •Side Kick -100% Fruit Juice

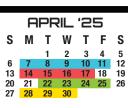
FRIDAY

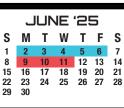
 Chicken Fingers with BBQ Sauce •WG Dinner Roll

Sweet Potatoes Apple Slices Assorted 100% Fruit Juice

MARCH '25 SMTWTFS 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31







Choice of milk available with all meals.

The U.S Department of Agr The U.S Department of Agriculture prohibits discrimination against its customers, employees, and applicants for employment on the bases of race, color, national origin, age, disability, sex, gender identity, religion, represal, and where applicable, political beliefs, marital status, familial sevual orientation, or all or part of an individual's income is derived from any public assistance program, or protected genetic information in employment or in any program or activity conducted or funded by the Department. (Not all prohibited bases will apply to all programs and/or emyou wish to file a Civil Rights program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, found online at http://www.ascr.usda.gov/complaint_filing_cust.html, or at any USDA office, or call (866) 632-9992 to request the form. You may also write the information requested in the form. Send your completed complaint form or letter to us by mail at U.S. Department of Agriculture, Director, Office of Adjudication, 1400 Independence Avenue, S.W., Washington, D.C. 20250-9410, by fax (202) 690-7442 or e-mail at program.intaking individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339; or (800) 845-6136 (Spanish). USDA is an equal opportunity provider and employer. litical beliefs, marital status, familial or



DO YOU KNOW WHAT MAKES UP A SCHOOL LUNCH?

There are 5 components:

- •Fruit or 100% Fruit Juice
- Vegetable Meat or Meat Alternative

A student must take 3 of the 5 components, one of which must be a fruit or vegetable • Grain

HOW TO PURCHASE MEALS

WWW.EZSCHOOLPAY.COM

RTSD Now Offers EZSchoolPay.com an online payment service for parents, use EZSchoolPay to:

- Pay for your child's meals
- Set up automatic email reminders to tell you when a payment is needed
- Make payments for all your children, even if they attend different schools
- View your child's cafeteria purchases and get information on foods your child eats at school

If you choose not to make payments using EZSchoolPay.com, you can still sign up for email reminders of low balance, and it's free of charge.

http://www.ezschoolpay.com

Payments by check/cash are acceptable. Please indicate your student's name and ID number on all checks.

2024-2025 RADNOR TOWNSHIP EMENTARY



MEAL CHARGING INFORMATION:

Our children are our most valuable resource and we want each and every one of them to have a proper lunch. No matter the ability to pay, every single student entering our cafeterias will be offered a qualified reimbursable meal of their choice which must include a fruit or vegetable with no questions asked. They are, however, prohibited from buying any extras — ice cream, chips, and other snacks — but they still get their full lunch when their account is in the negative.

Parents will be notified when their student has a negative lunch balance. Parents are expected to cover the cost of their student's lunches.

These guidelines are essential as a part of the safety net that protects American children from going hungry.

Please see the district's food service website

(https://www.rtsd.org/Page/22276) for details on the charging policy.



