

# BULLY FREE EAGLES

Bullying is when someone repeatedly and on purpose says or does hurtful things to another person.

This will include the following:

- Name calling or mean teasing
- Name calling or mean comments about you or another's race or skin color
- Name calling, mean comments, or gestures with a sexual meaning
- Physical bullying (ex: pushing, shoving, hitting, kicking)
- Rumor-spreading (ex: talking about you or another to someone else)
- Social isolation/exclusion (ex. ignoring or purposefully leaving you or another out of a game)
- Taking your or another's property or personal belongings
- Threatening you or another person

Bullying is when these things happen more than just once, and it is difficult for the student being bullied to defend himself or herself.

# BULLY FREE EAGLES



Rule 1: We will not bully others.

Rule 2: We will try to help students who are bullied.

Rule 3: We will try to include students who are left out.

Rule 4: If we know that somebody is being bullied, we will tell an adult at school and at home.