



Destrehan High School
Home of the
Fighting Wildcats

Important Dates:

Fall Break:
October 12

2nd Quarter Ends:
October 14

ACT (seniors):
October 20

Early Dismissal:
October 21

Mission Statement:

Our mission at Destrehan High School is to provide a community of teaching and learning in which all students will continuously improve to become responsible, contributing members of society.

Friends of DHS

VOLUME 20, NUMBER 2

OCTOBER 2020

Greetings from Mr. Madere:

Dear Fighting Wildcat Families,

It is hard to believe we have already completed the first two months of school and are moving into the month of October. I want to thank all our faculty, staff, students and families for making the beginning of the school year a success. Although we are still making adjustments as we move forward, there has been great progress and strides made by our students.

We will continue making a safe and supportive environment the number one priority at Destrehan High while focusing on enhancing and strengthening learning opportunities for all students. When you walk the halls, it may look different but our student body is handling all the challenges and changes without missing a beat and taking advantage of their opportunities. Please continue to encourage your students to keep up with their assignments at school and the importance of putting the time in on virtual days as well.

This year our theme is UNLIMITED POSSIBILITIES! As a Fighting Wildcat family, if we continue to maintain a positive attitude, display resilience and perseverance the possibili-

ties and opportunities are unlimited. Just because it may look different does not mean we will still not strive for excellence across the board at DHS. I often say, "Tradition Never Graduates" and even during these challenging times our tradition of excellence, tradition of opportunities, and tradition of a family atmosphere created by our students will never go away.

We thank you for your support and continued patience. If you have any questions or concerns please call me at (985)764-9946 or email me at jmadere4@stcharles.k12.la.us.

Remember: "Resilience + Perseverance = Unlimited Possibilities."

Jason Madere
Principal
Destrehan High School

ROARS Expectations

At DHS, we are proud to say that although our students come and go, tradition never graduates. One of our enduring traditions is our ROARS Expectations. These are the values we want all members of the Destrehan High School family to emulate.

Respect Everyone.

Optimize Learning

Attendance and Timeliness are Essential

Responsibility - Be Prepared Every Day.

Success - Dress for it!

Meet these expectations, and soon you will be a proud graduate of Destrehan High School.



COMMUNICATION CORNER:

Follow us on **Twitter:** [@DHSWildcats](https://twitter.com/DHSWildcats)

See our **website:** www.stcharles.k12.la.us/destrehan. Click "View All" to avoid missing anything.

Visit **PowerSchools** to keep up with your students' school work. You can also view the Daily Bulletin there.

Check out the school's **Google Classrooms**. Ask teachers to invite you as a guardian for class updates.

Check in with your children; they belong to **Grade-Level Classrooms** that provide useful information throughout the year.

Counselor News:

Seniors

The senior counselors have finished their "Planning My Future" presentations. If any senior was absent for a presentation, they should see their designated counselor. All seniors had the opportunity to receive a booklet with important information regarding choosing a career, choosing a college, things to do in the senior year, college applications, ACT/SAT, financial aid, TOPS, alternatives to the four year college, helpful websites, etc. Students can pick one up from the counseling department.

Your counselors will be available to meet individually with students to discuss their future plans. Parent and student conferences are also encouraged, especially if your child is confused about his/her future.

Senior parents should be encouraging their seniors to narrow down the choice of schools to which they plan to apply. The senior counselors encourage seniors to get their applications for admissions in before Christmas. This year, students can complete the FAFSA (Free Application for Federal Student Aid) starting October 1st. Parents can use their 2019 taxes to complete the FAFSA. Go to www.fafsa.gov. Be aware that students must be accepted by a college before they will be considered for financial aid.

Seniors and their parents are encouraged to attend College and Career Virtual Fair. If your senior is having difficulty choosing a future career path, you may want to encourage them to register for the ASVAB (Armed Services Vocational Aptitude Battery). It will be given on November 5, 2020 in the old band room starting at 7:30 a.m. An aptitude test helps identify students' strengths which can direct students to possible career paths. A career activity comes with the test results. The ASVAB is needed as an entrance test for any students in the military. However, taking the test does not obligate a student to the military. Registration forms should be in the school to career office. Mrs. Carmen Robichaux is in charge of the ASVAB.

Juniors

Jostens will be here Saturday, October 3, 2020 9:00 am to 12:00 p.m. in the old band room to accept ring orders and payments. *Remember, Orders can also be placed online at www.jostens.com.

Since we are not hosting an in person College Fair this school year, as recommended by LACRAO, we are directing students to register for the NACAC college fair using the link below. Also because many colleges are hosting their own virtual fairs, we are asking students to sign up for the virtual fairs at colleges they are interested in.

NACAC College Fair Registration Link
<https://www.nacacfairs.org>

Virtual Fair Dates:
October 12th- 1:00pm-9:00pm (ET)
October 18th - 12:00pm-8:00pm (ET)
November 2nd - 2:00pm-10:00pm (ET)

The PSAT will be given at school on Wednesday, Oct. 14th. The testing will begin at 7:30 a.m. in assigned locations. Prior to testing, you will receive your assigned testing location. Be sure to bring two #2 pencils and a calculator.

Applications for scholarships come across the counselors' desk daily and will be listed in the Junior Bulletin as well as on the Junior Google Classroom (Z5UCFZ2). Read carefully to see if you are eligible. If you are, please see Mrs. Gigi or your counselor to retrieve an application or go to the website, if it's listed. Scholarship applications/information for individual colleges in Louisiana as well as out of state schools are generally available in the counseling suite as soon as they arrive. Some colleges do not have a separate application. Most of the local scholarships are handled through the Destrehan Scholarship Committee. You will receive an application for those scholarships later this fall. Most scholarships require a good ACT score and GPA. While other may look at extra-curricular activities, volunteer work or special talents. Be sure you meet the requirements before applying.

Scholarship websites to check out:
www.fastweb.com
www.freschinfo.com
www.fastaid.com
www.scholarships.com

Sophomores

Visit our teacher web pages!!
www.stcharles.k12.la.us/destrehan

Greeting parents and sophomores, and Boo! October is here and so much has happened, that counselors have created a Freshmen/Sophomore presentation. The PowerPoint is on the DHS website; we will have a video up shortly. Take a look and contact your child's counselor with any questions or concerns. Thank you!

Counselors will be meeting with their sophomore students mid-to-late-October through World Geography and AP HUG courses. We have prepared a classroom presentation including Graduation, TOPS, and Post-secondary options and requirements.

We will then meet with each sophomore to complete their Individual Graduation Plan (IGP). The IGP is a pathway of courses designed for your child. If your sophomore has World Geography or APHUG this semester, expect them to come home with information on high school and postsecondary materials along with their Individual Graduation Plan (IGP).

Be safe, be kind, be generous.



CALENDAR REVISIONS

The School Calendar was revised on September 23, to overcome the seven days missed due to tropical systems. The calendar can be seen on the next page; please note the following changes:

~ The Fall Semester has been extended to **January 7**. Students will return from Christmas Holiday on **January 4** (this is a day earlier than originally scheduled).

~ Exam days previously scheduled as half-days (October 6-9 and December 15-18) are now full days. **December 18** will remain an Early Dismissal Day.

~ Midterm and Final Exams will not be administered this year. PowerSchools will be adjusted accordingly.

~ Visit the school website to view the changes to quarterly start/finish dates.

ST. CHARLES PARISH PUBLIC SCHOOLS REVISED 20-21 SCHOOL CALENDAR

AUGUST						
S	M	T	W	T	F	S
					31	1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

SEPTEMBER						
S	M	T	W	T	F	S
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20	21	22	23	24	25	26
27	28	29	30			

OCTOBER						
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31						

NOVEMBER						
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29	30					

DECEMBER						
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17	18	19	20	21	22	23
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31						

JANUARY						
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31						

FEBRUARY						
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28						

MARCH						
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APRIL						
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MAY						
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23	24	25	26	27	28	29
30	31					

July 31	First Day for Teachers
July 31-Aug. 5	Professional Learning/Teacher Prep
Aug. 6-7	First Days for Students (Grades 1-12)
Aug. 13-14	First Days for Kindergarten Students
Aug. 14 & 17	First Days for Pre-Kindergarten Students
Sept. 4	Early Dismissal (Elementary/Middle Schools)
Sept. 7	Labor Day Holiday
Sept. 9	End of Quarter (High Schools)
Sept. 23	Early Dismissal (High Schools)
Sept. 25	Early Dismissal (Elementary/Middle Schools)
Oct. 9	Early Dismissal (Elementary/Middle Schools)
Oct. 12	Fall Break Holiday
Oct. 14	End of Quarter (High Schools)
Oct. 16	End of Quarter (Elementary/Middle Schools)
Oct. 21	Early Dismissal (High Schools)
Nov. 2	Fall Break Holiday
Nov. 3	Election Day Holiday
Nov. 11	Early Dismissal (High Schools)
Nov. 13	Early Dismissal (Elementary/Middle Schools)
Nov. 17	End of Quarter (High Schools)
Nov. 23-27	Thanksgiving Holiday
Dec. 2	Early Dismissal (High Schools)
Dec. 18	Early Dismissal (All Schools)
Dec. 21-Jan. 1	Christmas/New Year Holidays
Jan. 4	Classes Resume
Jan. 7	End of Quarter (All Schools)
Jan. 15	Early Dismissal (Elementary/Middle Schools)
Jan. 18	Dr. Martin Luther King, Jr. Holiday
Jan. 20	Early Dismissal (High Schools)
Jan. 27	Early Dismissal (High Schools)
Feb. 5	Early Dismissal (Elementary/Middle Schools)
Feb. 9	End of Quarter (High Schools)
Feb. 10	Early Dismissal (High Schools)
Feb. 15-19	Mardi Gras Holiday
Mar. 3	Early Dismissal (High Schools)
Mar. 18	End of Quarter (All Schools)
Mar. 19	Early Dismissal (Elementary/Middle Schools)
Mar. 24	Early Dismissal (High Schools)
April 2-9	Easter Holiday (Spring Break)
April 21	Early Dismissal (High Schools)
April 27	End of Quarter (High Schools)
May 20	Last Day for Pre-Kindergarten Students
May 25	Last Day for Students (Gr. K-12)
	End of Quarter (All Schools)
	Early Dismissal (All Schools)
May 26	Last Day for Teachers/Teacher Prep

Early Dismissal
(High Schools)Early Dismissal
(Elementary &
Middle Schools)Early Dismissal
(All Schools)

First/Last Day for Students
First Day for Kindergarten Students
First/Last Day for Pre-Kindergarten Students
Student & Teacher Holiday (Schools Closed)
Professional Learning/Teacher Prep



***The calendar is subject to change. Student make-up days for emergencies will be taken from existing holidays.*

Revised September 23, 2020

2020 Destrehan Football Game Fan Procedures

Ticket Guidelines

- **Game tickets will cost \$8.00**
- **The capacity limitations and social distancing requirements allows for 800 fans to attend the athletic contest. (400 on the home side and 400 on the visitor side)**
- **Each football player and support group member (band, color guard, cheerleaders, Destys, and managers/student trainers) will be provided the opportunity for family members to purchase 2 game tickets. Families may purchase 2 tickets for all regular season home games at the beginning of the season (4 home games total) or 2 tickets for each individual game. Purchases involving 2 tickets for individual games will need to be purchased by the Tuesday prior to the game.**
- **Tickets will be allotted for the Destrehan student body to purchase. Students wishing to purchase game tickets must fill out the Google form found on the website or scan the QR code located around the school to participate in each game week's ticket sales. Students will submit a request to purchase a ticket via a Google form no later than the end of the school day on Tuesday prior to the game. The process for student tickets will go as follows: we will select based on grade level starting with seniors. Students who have been chosen, starting with seniors, will be informed on Wednesday. They will purchase their ticket on Thursday/Friday during their lunch time. Should student requests for tickets exceed the total number of tickets available, then there will be a random draw based on grade level.**
- **Any remaining tickets will be sold in pairs in the bookstore on game day. Due to social distancing requirements, single ticket purchases will eliminate an attendance opportunity.**
- **If there are any tickets remaining, they will be available 45 minutes prior to game time in the bookstore. Fans must stay in their cars until the appropriate time. Congregating outside of vehicles prior to 6:15 is prohibited.**
- **Coaching card admission will be limited to 10 for the home side and 10 for the visiting side of the stadium.**

Fan Guidelines

- **Tailgating is prohibited on campus.**
- **Participant/Support Group fans will enter the stadium at the traditional gate entrance (the media gate located in the south end zone) and report to the stadium seating area located by the end zone, opposite the scoreboard (Thomas Colby side).**
- **Fans will enter the stadium at the main gate entrance located past the ticket booth.**
- **Student section has moved to end of the stadium, furthest from the scoreboard (where the support groups previously stood).**
- **Visiting fans will enter the stadium at the traditional visitors' side gate entrance and report to the stadium seating area.**
- **Fans will not enter the stadium more than 45 minutes prior to the game. (Fans will wait in their car, if they arrive early; no one will be allowed to wait outside of the stadium or congregate outside of their vehicles)**

Don't miss out on preserving your child's high school memories! Order the yearbook NOW! www.destrehanyearbook.com or email mboudreaux@stcharles.k12.la.us

SENIOR ACT INFORMATION

Seniors who were scheduled to take the ACT on March 17th last school year as Juniors will have an opportunity to take the makeup ACT on Tuesday, October 20th. Information on student's testing location for October 20th will be released at a later date. Student information must be coded on answer documents before this date (Pre-coding). Pre-coding took place on Thursday, October 1st (grey) and Friday, October 2nd (garnet). Students who were absent will be contacted to complete the coding, as they will not be able to take the ACT without doing so.

eLearning students are included with this makeup testing opportunity. All students should be in school uniform on test day. Instead of reporting to their A/A class as initially instructed, eLearners will check in at the front office on Pre-Coding day and will be given a pass for where to report.

Students who are not taking the ACT on the 20th will remain home and will work on lessons virtually. Their teachers will provide at-home assignments for the day.

Remember that students cannot test on October 20th if their information section has not been completed. If you have any questions, including which day to report, please contact Carmen Robichaux at crobichaux@stcharles.k12.la.us as soon as possible.

HOMEcoming COURT ANNOUNCED

Congratulations to the 2020 Destrehan High School Homecoming Court!

Ladies selected to the Court are **Anjelina Balderas, Katelyn Berger, Emma Boudreaux, Amber Dillenkoffer, Rachel Hovis, Corinne Marcel, Riley Naquin, Tyler Oubre, Tahjmeion Robinson, Emma Rome, Alyssa Spears, and Alyssa Vicknair.**

Gentlemen selected to the Court are **Riley Cardinal, Caleb Clouatre, Sebastian Duke, Dylan Gibbs, Eric Gonzalez, Eric Jones, Seth Kenney, Nicholas Morrow, Tyler Morton, Alex Serrano, Marlon Torres, and Ty Yoes.**

The Homecoming Game will be held on October 16, against H.L. Bourgeois. Stay tuned to the DHS website at www.stcharles.k12.la.us/destrehan for information regarding the Homecoming Motorcade and Game.

Attention Parents:

The DHS newsletter is available on the DHS website. If you would still like to receive a newsletter at your residence, please fill out the information below, cut it out, and mail to:

**William Plasse
#1 Wildcat Lane
Destrehan, LA 70047**

Yes! I want to continue receiving the DHS newsletter in my home.

(Please print):

Parent Name: _____

Mailing Address: _____

City: _____ **Zip Code:** _____

What is the flu?

The flu is a disease of the body's breathing system, including the nose, throat and lungs. Flu is short for "influenza." The flu is caused by a virus. In the South, the yearly flu season usually begins in the winter and lasts through March. Flu that occurs every winter season is called "seasonal flu." New and very different flu viruses that appear every 30-40 years, like the H1N1 flu virus in 2009, are called "pandemic flu." Seasonal flu and pandemic flu have similar symptoms, are spread the same way, and are prevented the same way.

What are the symptoms of the flu?

The most common symptoms of the flu are fever, cough, and sore throat. Symptoms can also include body aches, headache, chills, runny nose and feeling very tired. Some people, especially young children, also have diarrhea and vomiting. Symptoms last from a few days to up to a week or more.

Is the flu serious?

Yes, the flu can be very serious. Every year in the U.S. seasonal flu causes thousands of hospital admissions and deaths. Some people are at higher risk of serious health problems when they get the flu. This includes pregnant women, infants, the elderly and people with medical conditions like asthma, diabetes, heart disease, kidney disease, neurological and neuromuscular conditions and weakened immune systems.

How does the flu spread?

The flu virus is in the wet spray (droplets of saliva and mucus) that comes out of the nose and mouth of someone who coughs or sneezes. If you are close enough to a person with the flu (three - six feet) when they cough or sneeze, you can breathe in the virus and get sick. Flu symptoms start one - four days (usually two days) after a person breathes in the virus. The flu is spread easily from person to person. The virus can also live for a short time on things you touch like doorknobs, phones and toys. After you touch these objects, you can catch the virus when you touch your mouth, nose, or eyes. Adults with the flu can spread it from about one day before symptoms appear to about one week after. Children can spread the flu even longer after they get sick.

How is the flu treated?

There are drugs available that your doctor may prescribe to treat the flu. The drugs work best if started soon after symptoms begin. Your doctor can determine if you need treatment. People sick with the flu should make sure to drink plenty of fluids, get plenty of rest, eat healthy foods, wash their hands often and stay home to avoid spreading the flu to other people. Over the counter pain relievers may help people with the flu feel more comfortable. Children and teens with the flu should never take aspirin, because a rare but serious disease called Reye syndrome can occur. Do not give cough or cold medicines to children younger than 4 years of age.

Is there a vaccine for the flu?

Yes. A vaccine helps your body to protect itself against a disease. This year there are two types of vaccine for flu: the shot (given with an injection, usually in the arm) and the nasal spray vaccine. Getting a flu vaccine will not give you the flu or any other type of illness. Getting the vaccine is the best way to protect yourself against the flu.

Who should get flu vaccine?

Everyone 6 months of age and older should be vaccinated for the flu. The only exceptions are people with a severe allergy to something in the vaccine. It is especially important that people in certain high-risk groups get a flu shot every year:

- Children aged 6 months through 18 years, especially those on long-term aspirin therapy
- People 50 years of age and older
- Pregnant and postpartum women
- People of any age with certain chronic medical conditions like asthma, diabetes, heart disease, kidney disease, neurologic and neuromuscular conditions and weakened immune systems
- People with muscle and nerve disorders that make it difficult to breath or swallow

OVER

The Danger of Flu to Students

The flu also known as influenza is more dangerous than the common cold for children and poses a serious threat to the health and well-being of students, their schools and families each year.

- ④ Children commonly need medical care because of the flu especially before they turn 5, and each year an average of 20,000 children under the age of 5 are hospitalized because of flu complications.
- ④ The Centers for Disease Control and Prevention (CDC) estimates that since 2010, flu hospitalizations among children younger than 5 years ranged from 7,000 to 26,000 in the United States.
- ④ While relatively rare, even healthy children die from the flu each year. Since 2004-2005, flu-related deaths in children reported to CDC during regular flu seasons have ranged from 37 deaths to 171 deaths.
- ④ Severe flu complications are most common in children younger than 2, and children with chronic health problems, like asthma and diabetes, are at especially high risk of developing serious flu complications.

Symptoms

Symptoms of the flu include fever, headache, tiredness, cough, sore throat, runny or stuffy nose, muscle aches and nausea. Vomiting and diarrhea can also occur and are much more common among persons younger than 18.

Spread of the Flu

The main way that the flu is spread from person to person is through the coughs and sneezes of an infected person. This is because coughs and sneezes cause droplets of flu to move from the infected person and onto the other people or objects around him or her. A transfer can also occur when a person touches their own nose or mouth after coming into contact with infected droplets, nose drainage or saliva from an infected person. Such contact can occur by touching an infected person directly or by touching an object soiled with these fluids, such as a used facial tissue. Touching the nose or mouth of a third person after such contact can also infect that person. Washing your hands is the best way to ensure that you do not spread the flu after such contamination. Teaching students to cover his or her nose and mouth when sneezing or coughing and to

wash his or her hands immediately after coming into contact with any infected fluids, including their own, will help them keep both themselves and others safe from infection.

Newly infected adults and caregivers are able to spread the flu as early as one day before showing symptoms. They will continue to be contagious up to seven days after the symptoms have begun. This period can be longer in children and in people who don't fight disease as well, such as older persons or those with an otherwise weakened immune system. If your child develops a fever (100°F or higher under the arm, 101°F or higher orally, or 102°F or higher rectally), chills, cough, sore throat, headaches or muscles aches, keep your child at home until their temperature has been normal for 24 hours without the need for fever-reducing medicine. Remind your child to cover their mouth when coughing or sneezing to protect others. You may also want to send facial tissues and alcohol-based wipes or gels with your child for use at school.

Should my Child Go to School or Day Care if Other Children Are Sick?

It is not unusual for some children in schools or day cares to get sick during the winter months. If many children get sick at your child's school or day care, it is up to you to decide whether or not to keep him or her home at that time. You may want to check with your doctor for specific guidance, especially if your child has other health problems.

Types of Flu Vaccine

A vaccine helps your body to protect itself against a disease. This year there are two types of vaccine for flu: the shot (given with an injection, usually in the arm) and the nasal spray vaccine. Getting a flu vaccine will not give you the flu or any other type of illness. Getting the vaccine is the best way to protect yourself against the flu.

Vaccination Recommendations

Vaccination is the best method for preventing the flu and its potentially severe complications.

OVER

Destrehan High School

Newsletter Editor—Bill Plasse
wplasse@stcharles.k12.la.us



Need to contact us?

By Phone: 985-764-9946
Website: www.stcharles.k12.la.us/destrehan

Jason Madere, Principal
Laura Abbey, Asst. Principal
Jessica Glass, Asst. Principal
Frank Harding, Asst. Principal
Tracy Logan, Asst. Principal
Kurt Menyweather, Admin. Monitor

Important Dates - September 2020

Early Dismissal: September 23

October 3: Josten's from 9 am to Noon for ring orders/payments

October 12: Fall Break (No School)

October 14: PSAT and End of Second Quarter

October 20: Senior ACT (Virtual day for all other students)

October 21: Early Dismissal

Destrehan High School
#1 Wildcat Lane
Destrehan, LA 70047

NON-PROFIT ORG.
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PERMIT No. 26

Equal Opportunity Statement

In compliance with Title VI, Title IX and Section 504 of the Rehabilitation Act of 1973, this Educational Agency holds the following policy:

This is an equal opportunity school and is dedicated to a policy of non-discrimination in employment or training. Qualified students, applicants or employees will not be excluded from any course or activity because of age, race, creed, color, sex, religion, national origin or qualified handicap. All students have equal rights to counseling and training.



ASBESTOS NOTICE

Notice: In 1986 all asbestos materials were identified in all school buildings. A management plan was developed for each school as per the Asbestos Hazard Emergency Response Act (AHERA). The management plan is located in a binder in the main office of each school. The binders are available for review upon request.

Since the plan was developed, most of the asbestos has been removed. In a few buildings, some floor tile still remains that contains asbestos. All of the schools meet the health requirements that pertain to the regulation. If you have any questions concerning this topic, please contact Kevin Barney, Director of Physical Plant Maintenance at 985-331-3600 between the hours of 7:00 a.m. and 4:00 p.m.