

MHUSD RESOURCES



SOCIAL EMOTIONAL LEARNING

WRAP AROUND RESOURCES: MENTAL HEALTH, WELLNESS, SUBSTANCE USE, TRUANCY, & MORE



Second Step roudly partners with CASELapproved BASE Education to offer digital socialemotional learning (SEL) curriculum that is rooted in mental health and wellness principles and underscored by clinical research. This program is available to students in grade 1st-12th grades. For more info CLICK HERE



Wellness SEL groups

Wellness Counselors meet with small groups and work with students on a variety of topics, including conflict resolution, anxiety, social skills, anger, an other topics.



WhyTry is an evidence-based social and emotional learning (SEL) program. WhyTry has proven to be a successful intervention tool in a variety of settings, populations, and age groups. Across multiple third-party studies, researchers have seen significant positive changes using WhyTry. For more info CLICK HERE



MHUSD CARE Team

MHUSD CARE team provides connection to resources and services for foster, homeless and high at-risk students. Provide small group support (SEL), and academic support and monitoring. Supports McKinney Vento, Foster, and at-risk youth.

STUDENTS WITH IEPS



Board Certified Behavior Analysis

Board Certified Behavior Analysis (BCBAs) support teachers and paraeducators with IEP accommodations and behavior intervention plans. They provide education on how to manage difficult classroom behaviors, while introducing a replacement behavior. Students on the BCBA caseload already have an IEP, BIP and may have a special education placement. The students on this caseload are given modifications for learning and parents, teachers, paraeducators, etc. are taught how to implement these modifications.



Education Related Mental Health Services

Education Related Mental Health Services (EHRMS) counselor provide mental health services to Special Education Students.

Supports students K-12.



The Bill Wilson Center services including Caregiver support, Center for Living with Dying, Child Abuse treatment Program, College Student Housing, Contact Cares, Critical Incident Stress Management, Drop-In center, Family and Individual Counseling, Family Advocacy Services, Healing Heart, Independent living program for foster/probation youth, LGBTQ outreach, Mental Health Services, Parent-child interaction therapy, parenting classes, Safe Space, Trafficked minors (system of care).



Clinicians that provide counseling over the phone, or in person for children under that age of 18 that are in acute psychological crisis

For more info CLICK HERE



Strengthening Families Program by Dr. Karol Kumpfer

The Strengthening Families Program (SFP) is an evidence-based family skills training program for high-risk and general population families that is recognized both nationally and internationally. Parents and youth attend weekly SFP skills classes together, learning parenting skills and youth life and refusal skills. They have separate class training for parents and youth the first hour, followed by a joint family practice session the second hour. This is offered for families K-5

For more info CLICK HERE



The HEARD alliance provides collaboration amongst primary care, mental health, and educational professionals, to enhance the community's ability to promote wellbeing, to treat depression and related conditions and to prevent suicide in adolescents and young adults. They support our Suicide Prevention and Crisis Management Teams.

For more info CLICK HERE
CLICK HERE for the Stanford Took Kit for



Mental

Cecelia's Closet and the Edward Boss Prado Foundation provides clothing, pantry, and support for the community. Hosts a variety of events including Fit for fall, Career support, October Fest, etc. For more info CLICK HERE



Provides Individual counseling around depression, anxiety, anger, trauma, bipolar disorder, and addiction. They also work with families of parenting effectively, bringing peace back to the home, etc. They are in the schools and serve both Medi-Cal and non-Medi-Cal. Services Students K-12 at Nordstrom, Paradise Valley, Los Paseos, El toro, JAMM, Murphy, Sobrato, Central and



Adult Ed. For more info CLICK HERE

RCS provides a variety of services including: Family Harvest Food program, Adoption/Foster support, Culinary Academy, Family Resource Center, CalSoap, Out patient mental health, prevention and edcation, theraputic behavioral services, and Wrap services.

For more info CLICK HERE







To strengthen and support parent-child relationships. They provide wrap services that provide behavioral support, skills development, individual counseling/family counseling, therapeutic services, referrals to more intensive care, promotes social and emotional wellbeing, educational advocacy, and crisis intervention.

Available to K-12 students and families.



MHUSD Wellness Centers

MHUSD Wellness Centers/Spaces provide mental health support and connections for all students and their families. We currently have Centers at Sobrato HS, Live Oak HS, Britton MS and Murphy MS. Central HS will have a Wellness Center starting the 24-25 school year. Additionally, all elementary and K-8 sites have Wellness Spaces. Services include counseling, groups, family case management, safe spaces, parent education and student connection.



County of Santa Clara

Office of the District Attorney

Our District Attorney works with students and famlies around Truancy and Attendance. They work with the school district to provide interventions and eliminate barriers for families to have their students be going to school. They also provide parent education around cyberbullying, attendance, court processes, etc.



Provides student/parent assistance, truancy reduction, conflict/mediations, campus support, young men and women groups, Joven Noble, girl circle groups, drug and alcohol groups, gang redirect, gang intervention, 1-on-1's, home visits, street outreach, case management, core

support, wrap services, family mediation, crisis response. Also provide mentorship to our expelled youth being re-admitted. For more info <u>CLICK HERE</u>



PEER SUPPORT

The THRIVE and SUPs program Peer Support offers proven behavioral health recovery services to people struggling with mental health and/or substance use disorders. Our peer support program restores hope by embracing all pathways to recovery and providing compassionate, comprehensive continuing care. For more info CLICK HERE



Living Above the Influence and Chill Out is an organization is through Dori Prado and the South County Youth Task Force. This program has two parts: small group, 1:1: and case management and Chill Out. Chill Out works on life skills, anger management, conflict resolution, restorative justice, self-identity, and anxiety. They also cover employment support (applications, interview practice, etc.), academic support. For more info CLICK HERE



Intensive Full-Service Partnership (IFSP) serves at-risk youth ages 6-15 who require a high level of support and care due to having experienced multiple hospitalizations and/or multiple encounters with crisis services, and who may not be able to leave their home due to mental health concerns. For more information CLICK HERE

Intensive outpatient supports (IOP)

This is in conjunction with Community Solutions, only Medical eligible and need wrap services.



School Linked Services (SLS) provides students and families with school based coordinated services to improve health and wellbeing of families through a community participatory approach. Our SLS school sites are Barrett, SMG, Walsh, Britton, Live Oak. For more info CLICK

HERE

EQUITY AND SAFE SPACES



For lesbian, gay, bisexual, transgender, queer, questioning and ally youth and young adults ages 13-25, living in Santa Clara County. They also provide education, peer support and parent and community workshops.

For more info CLICK HERE



Morgan Hill Unified's "Amplify" before and afterschool program operates at eight sites with YMCA and Youth Alliance. It runs from 6:30 AM to school start and after school until 6:00 PM. Free for students with free/reduced lunch; others pay \$200 monthly. Click here for eligibility. CLICK HERE



International Institure of Restorative Practices provides training and support for school sites, families and community around restorative practices.

Workshops to schools around restorative circles, mindshift and strengthening realtionships. For more info CLICK HERE



MHUSD RESOURCES



SERVICES TO ENGAGE DISCONNECTED YOUTH



A parent's guide to changing destructive adolescent behavior. Helps provide skills to parents who are raising strong willed, out of control teens. There are two programs offered, Parent Project (kids 6-12th grades), and Parent Project Jr. (1st-5th grades)

Parent Project program: CLICK HERE Parent Project Jr. Program: CLICK HERE



South County Youth Task Force provides services to engage disconnected youth and their families through a variety of programs to promote and empower their quality of life. Services: ConXion (community outreach), Vision Compromiso (Park Place support), Community solutions (Joven Noble, Why try, Thrive, late night gym, etc.), District Attorney's Office, Probation, MHPD, Boys and Girls Club, presentations.



The **Diversion Program** is Partnership with MHPD, probation and DA to reduce the number of students who become "system touched" Designed to provide an alternative for low level offences and be more restorative justice based



Morgan Hill Police Department works in conjunction with MHUSD to have a School Resource Office (SRO) to increase positive engagement, monitor and support safety, works with families and community. Program LINK

County of Santa Clara Office of the District Attorney

Program through the District Attorney's Office. Students who have made it to SARB may be assigned to the DA JAIDE case management program. This program is for students 9-12 who are chronically truant.

Youth Y

Youth Alliance services seek to provide a continuum of support that includes after-school, summer, and late-night prevention programs, early intervention bilingual counseling and case management, intervention programs serving atpromise youth in the juvenile justice system, teen parents, etc., as well as parent and systems leaders engagement and education. Program LINK

PARENTS SUPPORTS, HOME SUPPORTS, AND EDUCATOR SUPPORTS

Ready4K

Provides parent engagement via text messages. It is designed to empower parents and caregivers with simple, accessible insights that they can integrate into everyday teachable moments. It provides helpful information, encouragement, and support to parents continuously over a prolonged period and breaks down the complexity into small steps that are easy to achieve. Students TK-4th. For more info **CLICK HERE**



The Connections Practice is a method for connecting to yourself and others, elegant in its simplicity and often awesome in its application. This method prevents bullying in schools, facilitates teamwork in nonprofits and businesses, and helps individuals live with greater harmony and creativity. For more info CLICK HERE



MHUSD Home Hospital is for students who qualify (via a doctor) for home hospital due to injury, illness, or other will be provided a HH teacher who will support their academic instruction weekly

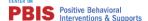


Resilient is designed to help families with students ages 0-3. Parents can learn how to handle stress and create a support network. Help parents develop the skills to make their child feel safe, secure, loved, and supported to start school.



Through the YMCA and School partners and educators whose training in the Search Institute's Developmental Assets model foster caring and inclusive school environments. Parent volunteers who become more involved in their child's school and gain leadership skills by delivering our programs for 6th through 8th grade youth





Positive Behavioral Interventions and Supports (PBIS) is an evidencebased three-tiered framework for improving and integrating all of the data, systems, and practices affecting student outcomes every day. It is a way to support everyone to create the kinds of schools where all students are successful.



Provides support in developing positive behaviors, deal with problem behaviors, become a confident as a parent, and increase positive and healthy relationships. Program is designated for parents with children from 12-18. For more info CLICK HERE



El Joven Noble and the National Comapdres network is to strengthen and re-root the capacity of individuals, families, and communities to honor, rebalance, and redevelop the authentic identity, values, traditions, and indigenous practices of Chicano, Latino, Native, Raza, and other communities of color as the path to the honoring of all their relations and lifelong well-being For more info **CLICK HERE**



Satchel Pulse

Satchel provides a platform to support and monitor MTSS/RTI programs, valid and reliable way to measure and improve socialemotional learning, reseearched based surveys to collect and take action on the information that tis most critical to student success, and delivers customized professiopnal learning experience that will inspire and equip staff to act on data. For more info CLICK HERE



Prevention Early Intervention (PEI) Offers services in the school, community, and home to strengthen families, children, and sibling relationships. They offer family workshops, parent sessions, child, and family, one on one. Currently at Barrett, SMG, Walsh, Britton, Live Oak For more info **CLICK HERE**



Kognito is a digital platform that provides simulations for staff to work through situations around mental health and suicide prevention. Programs include trauma informed, suicide prevention, and postvention supports. For more info **CLICK HERE**



CISR Support (After Death support) provides after death support to families, sites, and the community. Including (but not limited to) suicide, COVID, age, illness, etc. For more info CLICK HERE