

Tarkington ISD

Base Menu Spreadsheet

Portion Values - Detailed

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Sep 3, 2024 thru Sep 30, 2024

Early Childhood Campus Lunch

Generated on: 8/19/2024 1:19:49 PM

	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Sugars (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 09/03/2024									
Early Childhood Campus Lun	Total	1							
SPAGHETTI AND MEAT SAUCE	1 CUP	1	311	108	4	23.43	14.66	5.20	0.52
BREAD, GARLIC STICK WG*	1 EACH	1	100	95	1	15.0	3.5	0.50	0.00
VEG. GREEN BEAN, CND 1/2 CUP*	1/2 CUP	1	24	213	2	4.84	0.01	0.00	0.00
VEG. BABY CARROT - 1/2 CUP*	1/2 CUP	1	25	55	3	5.79	0.09	0.02	0.00
FRUIT, MANDARIN ORANGES*	1/2 SERVINGS	1	74	11	18	18.16	0.0	0.00	0.00
MILK, 1% WHITE	CARTON	1	100	125	12	12.0	2.5	1.50	0.00
MILK, F/F CHOCOLATE	CARTON	1	110	100	18	18.0	0.0	0.00	0.00
PC, BUTTERMILK FF RANCH*	PACKET	1	2	21	0	0.39	0.01	0.00	0.00
ALTERNATE MEAL*	MEAL	1	338	806	20	52.74	7.24	2.85	0.00
Weighted Daily Average			1083	1533	79	150.34	28.00	10.07	0.52
% of Calories					29.3%	55.5%	23.3%	8.4%	0.4%
Nutrient Guideline			550-650	1230			<=30.0	<10.00	

	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Sugars (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 09/04/2024									
Early Childhood Campus Lun	Total	1							
PIZZA, BIG DADDY CHEESE 10 CUT	SLICE	1	290	510	7	27.0	13.0	6.00	0.00
VEG. BROCCOLI /FRZ FLORETS*	1/2 CUP	1	17	90	1	3.41	0.0	0.00	0.00
VEG, JICAMA W/TAJIN	1/2 C	1	19	122	*0	4.22	0.0	0.00	0.00
FRUIT, GRAPES	PKG	1	58	2	14	14.9	0.3	0.10	0.00
MILK, 1% WHITE	CARTON	1	100	125	12	12.0	2.5	1.50	0.00
MILK, F/F CHOCOLATE	CARTON	1	110	100	18	18.0	0.0	0.00	0.00
PC, BUTTERMILK FF RANCH*	PACKET	1	2	21	0	0.39	0.01	0.00	0.00
ALTERNATE MEAL*	MEAL	1	338	806	20	52.74	7.24	2.85	0.00
Weighted Daily Average			934	1776	*72	132.65	23.05	10.45	0.00
% of Calories					*31.0%	56.8%	22.2%	10.1%	0.0%
Nutrient Guideline			550-650	1230			<=30.0	<10.00	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

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Sep 3, 2024 thru Sep 30, 2024

Early Childhood Campus Lunch

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Sugars (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 09/05/2024									
Early Childhood Campus Lun	Total	1							
CORNDOG MINIS*	6 mini dogs svg	1	271	412	5	30.15	12.06	3.52	0.00
BEAN, BAKED VEGETARIAN*	1/2 CUP SER VING	1	6	15	0	1.2	0.0	0.00	0.00
POTATO, SWEET FRIES*	1/2 CUPS	1	132	173	2	18.91	6.17	0.82	0.00
FRUIT, BANANA	1 BANANA	1	105	1	14	26.95	0.39	0.13	0.00
MILK, 1% WHITE	CARTON	1	100	125	12	12.0	2.5	1.50	0.00
MILK, F/F CHOCOLATE	CARTON	1	110	100	18	18.0	0.0	0.00	0.00
PC MUSTARD	1 EACH	1	2	25	*N/A*	0.25	0.0	0.00	0.00
PC, KETCHUP	1 EACH	1	15	38	3	3.0	0.0	0.00	0.00
ALTERNATE MEAL*	MEAL	1	338	806	20	52.74	7.24	2.85	0.00
Weighted Daily Average % of Calories			1080	1694	*76 *28.0%	163.19 60.5%	28.35 23.6%	8.82 7.3%	0.00 0.0%
Nutrient Guideline			550-650	1230			<=30.0	<10.00	

	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Sugars (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 09/09/2024									
Early Childhood Campus Lun	Total	1							
CHICKEN, POPCORN	1-12 PC SER VING	1	250	380	1	15.99	15.0	2.50	0.00
VEG. MIXED VEGETABLES FRZN*	1/2 CUP	1	92	233	*4	15.93	0.01	0.00	0.00
POTATOES, MASHED PERALS*	1/2 CUP	1	80	194	0	15.98	0.55	0.00	0.00
COOKIE, CHOC. CHIP 1 OZ.*	1 EACH	1	110	83	8	18.0	3.6	1.10	0.00
FRUIT, APPLESAUCE BLUEBERRY*	1 EACH	1	70	0	15	17.0	0.0	0.00	0.00
MILK, 1% WHITE	CARTON	1	100	125	12	12.0	2.5	1.50	0.00
MILK, F/F CHOCOLATE	CARTON	1	110	100	18	18.0	0.0	0.00	0.00
PC, BUTTERMILK FF RANCH*	PACKET	1	2	21	0	0.39	0.01	0.00	0.00
PC, KETCHUP	2 EACH	1	30	75	6	6.0	0.0	0.00	0.00
ALTERNATE MEAL*	MEAL	1	338	806	20	52.74	7.24	2.85	0.00
Weighted Daily Average % of Calories			1182	2016	*85 *28.7%	172.03 58.2%	28.89 22.0%	7.95 6.1%	0.00 0.0%
Nutrient Guideline			550-650	1230			<=30.0	<10.00	

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Sep 3, 2024 thru Sep 30, 2024

Early Childhood Campus Lunch

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Sugars (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 09/10/2024									
Early Childhood Campus Lun	Total	1							
CHICKEN QUESADILLA*	1 EACH	1	281	663	3	30.16	8.04	2.01	0.00
BEAN, CHARRO PINTO*	1/2 CUP	1	128	185	*0	21.99	0.75	0.02	*0.00
SALSA - 1/4 CUP*	1/4 cup SERVI NG	1	20	141	1	4.07	0.0	0.00	0.00
FRUIT, DICED PEAR CUP*	1 CUP	1	80	6	17	21.58	0.0	0.00	0.00
MILK, 1% WHITE	CARTON	1	100	125	12	12.0	2.5	1.50	0.00
MILK, F/F CHOCOLATE	CARTON	1	110	100	18	18.0	0.0	0.00	0.00
ALTERNATE MEAL*	MEAL	1	338	806	20	52.74	7.24	2.85	0.00
Weighted Daily Average			1058	2026	*72	160.54	18.53	6.38	*0.00
% of Calories					*27.3%	60.7%	15.8%	5.4%	*0.0%
Nutrient Guideline			550-650	1230			<=30.0	<10.00	

	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Sugars (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 09/11/2024									
Early Childhood Campus Lun	Total	1							
PIZZA, BIG DADDY PEPP. 10 CUT	SLICE	1	290	550	7	27.0	13.0	5.00	0.00
VEG. CORN, FROZEN 1/2 CUP*	1/2 CUP	1	79	101	*2	18.2	0.82	0.00	0.00
VEG. BABY CARROT - 1/2 CUP*	1/2 CUP	1	25	55	3	5.79	0.09	0.02	0.00
PEACHES, CANNED SLICED	1/2 CUP	1	63	6	*N/A*	16.33	0.05	0.00	*N/A*
MILK, 1% WHITE	CARTON	1	100	125	12	12.0	2.5	1.50	0.00
MILK, F/F CHOCOLATE	CARTON	1	110	100	18	18.0	0.0	0.00	0.00
PC, BUTTERMILK FF RANCH*	PACKET	1	2	21	0	0.39	0.01	0.00	0.00
ALTERNATE MEAL*	MEAL	1	338	806	20	52.74	7.24	2.85	0.00
Weighted Daily Average			1007	1764	*62	150.45	23.70	9.36	*0.00
% of Calories					*24.8%	59.8%	21.2%	8.4%	*0.0%
Nutrient Guideline			550-650	1230			<=30.0	<10.00	

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Early Childhood Campus Lunch

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Sugars (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 09/12/2024									
Early Childhood Campus Lun	Total	1							
SANDWICH, HAMBURGER EC/ELEM *	1 SANDWIC H	1	250	480	4	21.0	10.5	3.50	0.50
VEG, BROCCOLI FRESH 1/2C*	1/2 CUP	1	11	11	1	2.15	0.12	0.04	0.00
POTATO, SMILES 1/2C*	SERVINGS	1	133	184	0	20.43	4.6	0.51	0.00
FRUIT, PINEAPPLE TIDBITS	1/2 CUP SER VING	1	63	0	16	16.9	0.0	0.00	0.00
MILK, 1% WHITE	CARTON	1	100	125	12	12.0	2.5	1.50	0.00
MILK, F/F CHOCOLATE	CARTON	1	110	100	18	18.0	0.0	0.00	0.00
PC MAYONNAISE*	1 PACKET	1	50	70	0	2.0	4.5	0.50	0.00
PC, KETCHUP	1 EACH	1	15	38	3	3.0	0.0	0.00	0.00
PC MUSTARD	1 EACH	1	2	25	*N/A*	0.25	0.0	0.00	0.00
PC, BUTTERMILK FF RANCH*	PACKET	1	2	21	0	0.39	0.01	0.00	0.00
ALTERNATE MEAL*	MEAL	1	338	806	20	52.74	7.24	2.85	0.00
Weighted Daily Average			1075	1859	*74	148.85	29.46	8.89	0.50
% of Calories					*27.5%	55.4%	24.7%	7.4%	0.4%
Nutrient Guideline			550-650	1230			<=30.0	<10.00	

	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Sugars (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 09/16/2024									
Early Childhood Campus Lun	Total	1							
MAC & CHEESE BITES	5 PC SERVIN	1	386	655	3	31.92	18.48	8.40	0.00
VEG. CARROTS, GLAZED 1/2 CUP	1/2 CUP	1	56	256	*9	13.1	0.0	0.00	*0.00
BEAN, BAKED VEGETARIAN*	1/2 CUP SER VING	1	6	15	0	1.2	0.0	0.00	0.00
BREAD, CORNBREAD STAR*	1 EACH	1	240	260	13	38.93	7.99	1.50	0.00
FRUIT, APPLESAUCE WTRMLN*	1 SERVING C	1	60	15	15	17.0	0.0	0.00	0.00
MILK, 1% WHITE	CARTON	1	100	125	12	12.0	2.5	1.50	0.00
MILK, F/F CHOCOLATE	CARTON	1	110	100	18	18.0	0.0	0.00	0.00
PC, KETCHUP	1 EACH	1	15	38	3	3.0	0.0	0.00	0.00
ALTERNATE MEAL*	MEAL	1	338	806	20	52.74	7.24	2.85	0.00
Weighted Daily Average			1311	2269	*94	187.88	36.20	14.24	*0.00
% of Calories					*28.7%	57.3%	24.8%	9.8%	*0.0%
Nutrient Guideline			550-650	1230			<=30.0	<10.00	

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Early Childhood Campus Lunch

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Sugars (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 09/17/2024									
Early Childhood Campus Lun	Total	1							
CHICKEN, ALFREDO*	3/4 CUP	1	317	658	4	27.09	10.47	4.49	0.00
BREAD, GARLIC STICK WG*	1 EACH	1	100	95	1	15.0	3.5	0.50	0.00
VEG. GREEN BEAN, CND 1/2 CUP*	1/2 CUP	1	24	213	2	4.84	0.01	0.00	0.00
VEG. BABY CARROT - 1/2 CUP*	1/2 CUP	1	25	55	3	5.79	0.09	0.02	0.00
FRUIT, MANDARIN ORANGES*	1/2 SERVINGS	1	74	11	18	18.16	0.0	0.00	0.00
MILK, 1% WHITE	CARTON	1	100	125	12	12.0	2.5	1.50	0.00
MILK, F/F CHOCOLATE	CARTON	1	110	100	18	18.0	0.0	0.00	0.00
PC, BUTTERMILK FF RANCH*	PACKET	1	2	21	0	0.39	0.01	0.00	0.00
ALTERNATE MEAL*	MEAL	1	338	806	20	52.74	7.24	2.85	0.00
Weighted Daily Average			1090	2083	79	154.01	23.81	9.35	0.00
% of Calories					29.1%	56.5%	19.7%	7.7%	0.0%
Nutrient Guideline			550-650	1230			<=30.0	<10.00	

	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Sugars (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 09/18/2024									
Early Childhood Campus Lun	Total	1							
PIZZA, BIG DADDY CHEESE 10 CUT	SLICE	1	290	510	7	27.0	13.0	6.00	0.00
VEG. BROCCOLI /FRZ FLORETS*	1/2 CUP	1	17	90	1	3.41	0.0	0.00	0.00
VEG, JICAMA W/TAJIN	1/2 C	1	19	122	*0	4.22	0.0	0.00	0.00
FRUIT, GRAPES	PKG	1	58	2	14	14.9	0.3	0.10	0.00
MILK, 1% WHITE	CARTON	1	100	125	12	12.0	2.5	1.50	0.00
MILK, F/F CHOCOLATE	CARTON	1	110	100	18	18.0	0.0	0.00	0.00
PC, BUTTERMILK FF RANCH*	PACKET	1	2	21	0	0.39	0.01	0.00	0.00
ALTERNATE MEAL*	MEAL	1	338	806	20	52.74	7.24	2.85	0.00
Weighted Daily Average			934	1776	*72	132.65	23.05	10.45	0.00
% of Calories					*31.0%	56.8%	22.2%	10.1%	0.0%
Nutrient Guideline			550-650	1230			<=30.0	<10.00	

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Sugars (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 09/19/2024									
Early Childhood Campus Lun	Total	1							
PIZZA, CHEESE STICKS*	SERVING(2 Each)	1	290	500	5	28.02	11.01	6.00	0.00
VEGETABLES, MIXED FROZEN	1/2 CUP	1	77	153	*4	15.58	0.17	0.04	0.00
SAUCE, MARINARA 1/4 CUP*	1/4 CUP SERVING	1	15	137	1	2.0	0.5	0.00	0.00
FRUIT, BANANA	1 BANANA	1	105	1	14	26.95	0.39	0.13	0.00
MILK, 1% WHITE	CARTON	1	100	125	12	12.0	2.5	1.50	0.00
MILK, F/F CHOCOLATE	CARTON	1	110	100	18	18.0	0.0	0.00	0.00
ALTERNATE MEAL*	MEAL	1	338	806	20	52.74	7.24	2.85	0.00
Weighted Daily Average			1036	1823	*74	155.28	21.81	10.52	0.00
% of Calories					*28.7%	60.0%	18.9%	9.1%	0.0%
Nutrient Guideline			550-650	1230			<=30.0	<10.00	

	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Sugars (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 09/23/2024									
Early Childhood Campus Lun	Total	1							
CHICKEN TENDERS - 3 EACH*	3 TENDERS	1	190	310	1	11.0	9.0	1.50	0.00
BEAN, BLACKEYE PEAS	1/2 CUP	1	161	673	*0	28.32	1.33	*0.00	*0.00
POTATOES, MASHED PERALS*	1/2 CUP	1	80	194	0	15.98	0.55	0.00	0.00
BREAD, ROLL	ROLL	1	170	170	8	31.0	3.0	0.50	0.00
FRUIT, FRESH ORANGES	1 EACH	1	62	0	12	15.39	0.16	0.02	0.00
MILK, 1% WHITE	CARTON	1	100	125	12	12.0	2.5	1.50	0.00
MILK, F/F CHOCOLATE	CARTON	1	110	100	18	18.0	0.0	0.00	0.00
PC, BUTTERMILK FF RANCH*	PACKET	1	2	21	0	0.39	0.01	0.00	0.00
PC, KETCHUP	2 EACH	1	30	75	6	6.0	0.0	0.00	0.00
ALTERNATE MEAL*	MEAL	1	338	806	20	52.74	7.24	2.85	0.00
Weighted Daily Average			1243	2474	*78	190.82	23.78	*6.37	*0.00
% of Calories					*25.1%	61.4%	17.2%	*4.6%	*0.0%
Nutrient Guideline			550-650	1230			<=30.0	<10.00	

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Tue - 09/24/2024									
Early Childhood Campus Lun	Total	1							
SPAGHETTI AND MEAT SAUCE	1 CUP	1	311	108	4	23.43	14.66	5.20	0.52
BREAD, GARLIC STICK WG*	1 EACH	1	100	95	1	15.0	3.5	0.50	0.00
VEG. GREEN BEAN, CND 1/2 CUP*	1/2 CUP	1	24	213	2	4.84	0.01	0.00	0.00
VEG. BABY CARROT - 1/2 CUP*	1/2 CUP	1	25	55	3	5.79	0.09	0.02	0.00
FRUIT, DICED PEAR CUP*	1 CUP	1	80	6	17	21.58	0.0	0.00	0.00
MILK, 1% WHITE	CARTON	1	100	125	12	12.0	2.5	1.50	0.00
MILK, F/F CHOCOLATE	CARTON	1	110	100	18	18.0	0.0	0.00	0.00
PC, BUTTERMILK FF RANCH*	PACKET	1	2	21	0	0.39	0.01	0.00	0.00
ALTERNATE MEAL*	MEAL	1	338	806	20	52.74	7.24	2.85	0.00
Weighted Daily Average			1089	1528	78	153.77	28.00	10.07	0.52
% of Calories					28.8%	56.5%	23.2%	8.3%	0.4%
Nutrient Guideline			550-650	1230			<=30.0	<10.00	

	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Sugars (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 09/25/2024									
Early Childhood Campus Lun	Total	1							
PIZZA, BIG DADDY CHEESE 10 CUT	SLICE	1	290	510	7	27.0	13.0	6.00	0.00
VEG. CORN, FROZEN 1/2 CUP*	1/2 CUP	1	79	101	*2	18.2	0.82	0.00	0.00
VEG. BROCCOLI FRESH 1/2C*	1/2 CUP	1	11	11	1	2.15	0.12	0.04	0.00
PEACHES, CANNED SLICED	1/2 CUP	1	63	6	*N/A*	16.33	0.05	0.00	*N/A*
MILK, 1% WHITE	CARTON	1	100	125	12	12.0	2.5	1.50	0.00
MILK, F/F CHOCOLATE	CARTON	1	110	100	18	18.0	0.0	0.00	0.00
PC, BUTTERMILK FF RANCH*	PACKET	1	2	21	0	0.39	0.01	0.00	0.00
ALTERNATE MEAL*	MEAL	1	338	806	20	52.74	7.24	2.85	0.00
Weighted Daily Average			993	1679	*60	146.80	23.73	10.38	*0.00
% of Calories					*24.0%	59.1%	21.5%	9.4%	*0.0%
Nutrient Guideline			550-650	1230			<=30.0	<10.00	

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Tarkington ISD

Base Menu Spreadsheet

Portion Values - Detailed

Sep 3, 2024 thru Sep 30, 2024

Early Childhood Campus Lunch

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Sugars (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 09/26/2024									
Early Childhood Campus Lun	Total	1							
SANDWICH, BRD CHICKEN EC/ELEM*	SANDWICH	1	353	666	4	33.17	12.64	2.03	0.00
VEG, BABY CARROT - 1/2 CUP*	1/2 CUP	1	25	55	3	5.79	0.09	0.02	0.00
POTATO, SMILES 1/2C*	SERVINGS	1	133	184	0	20.43	4.6	0.51	0.00
FRUIT, PINEAPPLE TIDBITS	1/2 CUP SER VING	1	63	0	16	16.9	0.0	0.00	0.00
MILK, 1% WHITE	CARTON	1	100	125	12	12.0	2.5	1.50	0.00
MILK, F/F CHOCOLATE	CARTON	1	110	100	18	18.0	0.0	0.00	0.00
PC MAYONNAISE*	1 PACKET	1	50	70	0	2.0	4.5	0.50	0.00
PC, KETCHUP	1 EACH	1	15	38	3	3.0	0.0	0.00	0.00
PC MUSTARD	1 EACH	1	2	25	*N/A*	0.25	0.0	0.00	0.00
PC, BUTTERMILK FF RANCH*	PACKET	1	2	21	0	0.39	0.01	0.00	0.00
ALTERNATE MEAL*	MEAL	1	338	806	20	52.74	7.24	2.85	0.00
Weighted Daily Average			1191	2089	*77	164.67	31.57	7.40	0.00
% of Calories					*25.7%	55.3%	23.9%	5.6%	0.0%
Nutrient Guideline			550-650	1230			<=30.0	<10.00	

Mon - 09/30/2024									
Early Childhood Campus Lun	Total	1							
CHICKEN, POPCORN	1-12 PC SER VING	1	250	380	1	15.99	15.0	2.50	0.00
VEG, BROCCOLI FRESH 1/2C*	1/2 CUP	1	11	11	1	2.15	0.12	0.04	0.00
POTATOES, MASHED PERALS*	1/2 CUP	1	80	194	0	15.98	0.55	0.00	0.00
COOKIE, CHOC. CHIP 1 OZ.*	1 EACH	1	110	83	8	18.0	3.6	1.10	0.00
FRUIT, APPLESAUCE-STRAW/BAN*	1 CUP	1	60	0	14	17.0	0.0	0.00	0.00
MILK, 1% WHITE	CARTON	1	100	125	12	12.0	2.5	1.50	0.00
MILK, F/F CHOCOLATE	CARTON	1	110	100	18	18.0	0.0	0.00	0.00
PC, BUTTERMILK FF RANCH*	PACKET	1	2	21	0	0.39	0.01	0.00	0.00
PC, KETCHUP	2 EACH	1	30	75	6	6.0	0.0	0.00	0.00
ALTERNATE MEAL*	MEAL	1	338	806	20	52.74	7.24	2.85	0.00
Weighted Daily Average			1091	1795	80	158.25	29.01	7.99	0.00
% of Calories					29.5%	58.0%	23.9%	6.6%	0.0%
Nutrient Guideline			550-650	1230			<=30.0	<10.00	

Weighted Average			1087	1886	*76	157.64	26.31	*9.29	*0.10
					*62.8%	58.0%	21.8%	*7.7%	*0.1%

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Tarkington ISD

Base Menu Spreadsheet

Portion Values - Detailed

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Sep 3, 2024 thru Sep 30, 2024

Early Childhood Campus Lunch

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Portion Reimb Cals Sodm Sugars Carb T-Fat S-Fat Tr-Fat¹
Size Qty (kcal) (mg) (g) (g) (g) (g) (g)

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	1087		550 - 650	167%			437	Correction Required - Calories too High
Sodium 1 (mg)	1886		1230				656	Correction Required - Sodium too High
Sodium 2 (mg)	1886		935				951	Correction Required - Sodium too High
Sugars (g)	76	27.90%			Missing			
Carbohydrate (g)	157.64	58.00%						
Total Fat (g)	26.31	21.78%	<=30.00%					
Saturated Fat (g)	9.29	7.69%	<10.00%		Missing			
Trans Fat ¹ (g)	0.10	0.08%			Missing			

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