

Tarkington ISD

Base Menu Spreadsheet

Portion Values - Detailed

Page 1

Sep 2, 2024 thru Sep 30, 2024

Early Childhood Campus Brkfst

Generated on: 8/19/2024 1:20:13 PM

	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Sugars (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 09/03/2024									
Early Childhood Campus Brk	Total	1							
BFST GNG PIZZA KINDER	MEAL	1	690	715	74	108.01	13.0	5.50	0.00
BFST GNG PIZZA PREK	MEAL	1	500	595	40	69.01	13.0	5.50	0.00
BFST ALT MEAL*	2 SLICE	1	140	230	2	28.0	2.0	0.00	0.00
Weighted Daily Average			1330	1540	116	205.03	28.00	11.00	0.00
% of Calories					34.9%	61.7%	18.9%	7.4%	0.0%
Nutrient Guideline			350-500	540			<=10.0	<10.00	

Wed - 09/04/2024									
Early Childhood Campus Brk	Total	1							
BFST GNG TRIX KINDER	MEAL	1	640	551	83	117.07	6.83	3.11	0.00
BFST GNG CC MUFFIN PREK	MEAL	1	460	351	51	76.07	10.33	4.11	0.00
BFST ALT MEAL*	2 SLICE	1	140	230	2	28.0	2.0	0.00	0.00
Weighted Daily Average			1240	1132	137	221.14	19.16	7.22	0.00
% of Calories					44.1%	71.3%	13.9%	5.2%	0.0%
Nutrient Guideline			350-500	540			<=10.0	<10.00	

Thu - 09/05/2024									
Early Childhood Campus Brk	Total	1							
BFST GNG POS KINDER	MEAL	1	627	650	74	92.09	13.87	5.22	0.00
BFST GNG POS PREK	MEAL	1	457	545	44	60.09	13.87	5.22	0.00
BFST ALT MEAL*	2 SLICE	1	140	230	2	28.0	2.0	0.00	0.00
Weighted Daily Average			1225	1425	119	180.17	29.75	10.43	0.00
% of Calories					38.9%	58.8%	21.9%	7.7%	0.0%
Nutrient Guideline			350-500	540			<=10.0	<10.00	

Mon - 09/09/2024									
Early Childhood Campus Brk	Total	1							
BFST GNG MINI CRISPS KINDER	MEAL	1	590	621	*60	83.0	13.0	5.50	0.00
BFST GNG MINI CRISPS Prek	MEAL	1	260	195	*17	39.0	7.5	2.00	0.00
BFST ALT MEAL*	2 SLICE	1	140	230	2	28.0	2.0	0.00	0.00

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
***** - denotes combined nutrient totals with either missing or incomplete nutrient data
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Early Childhood Campus Brkfst

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Sugars (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average			990	1046	*79	150.00	22.50	7.50	0.00
% of Calories					*31.9%	60.6%	20.5%	6.8%	0.0%
Nutrient Guideline			350-500	540			<=10.0	<10.00	

Tue - 09/10/2024									
Early Childhood Campus Brk	Total	1							
BFST GNG PIZZA KINDER	MEAL	1	690	715	74	108.01	13.0	5.50	0.00
BFST GNG PIZZA PREK	MEAL	1	500	595	40	69.01	13.0	5.50	0.00
BFST ALT MEAL*	2 SLICE	1	140	230	2	28.0	2.0	0.00	0.00
Weighted Daily Average			1330	1540	116	205.03	28.00	11.00	0.00
% of Calories					34.9%	61.7%	18.9%	7.4%	0.0%
Nutrient Guideline			350-500	540			<=10.0	<10.00	

Wed - 09/11/2024									
Early Childhood Campus Brk	Total	1							
BFST GNG TRIX KINDER	MEAL	1	640	551	83	117.07	6.83	3.11	0.00
BFST GNG CC MUFFIN PREK	MEAL	1	460	351	51	76.07	10.33	4.11	0.00
BFST ALT MEAL*	2 SLICE	1	140	230	2	28.0	2.0	0.00	0.00
Weighted Daily Average			1240	1132	137	221.14	19.16	7.22	0.00
% of Calories					44.1%	71.3%	13.9%	5.2%	0.0%
Nutrient Guideline			350-500	540			<=10.0	<10.00	

Thu - 09/12/2024									
Early Childhood Campus Brk	Total	1							
BFST GNG POS KINDER	MEAL	1	627	650	74	92.09	13.87	5.22	0.00
BFST GNG POS PREK	MEAL	1	457	545	44	60.09	13.87	5.22	0.00
BFST ALT MEAL*	2 SLICE	1	140	230	2	28.0	2.0	0.00	0.00
Weighted Daily Average			1225	1425	119	180.17	29.75	10.43	0.00
% of Calories					38.9%	58.8%	21.9%	7.7%	0.0%
Nutrient Guideline			350-500	540			<=10.0	<10.00	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

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Early Childhood Campus Brkfst

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Sugars (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 09/16/2024									
Early Childhood Campus Brk	Total	1							
BFST GNG MINI CRISPS KINDER	MEAL	1	590	621	*60	83.0	13.0	5.50	0.00
BFST GNG MINI CRISPS Prek	MEAL	1	260	195	*17	39.0	7.5	2.00	0.00
BFST ALT MEAL*	2 SLICE	1	140	230	2	28.0	2.0	0.00	0.00
Weighted Daily Average			990	1046	*79	150.00	22.50	7.50	0.00
% of Calories					*31.9%	60.6%	20.5%	6.8%	0.0%
Nutrient Guideline			350-500	540			<=10.0	<10.00	

Tue - 09/17/2024									
Early Childhood Campus Brk	Total	1							
BFST GNG PIZZA KINDER	MEAL	1	690	715	74	108.01	13.0	5.50	0.00
BFST GNG PIZZA PREK	MEAL	1	500	595	40	69.01	13.0	5.50	0.00
BFST ALT MEAL*	2 SLICE	1	140	230	2	28.0	2.0	0.00	0.00
Weighted Daily Average			1330	1540	116	205.03	28.00	11.00	0.00
% of Calories					34.9%	61.7%	18.9%	7.4%	0.0%
Nutrient Guideline			350-500	540			<=10.0	<10.00	

Wed - 09/18/2024									
Early Childhood Campus Brk	Total	1							
BFST GNG TRIX KINDER	MEAL	1	640	551	83	117.07	6.83	3.11	0.00
BFST GNG CC MUFFIN PREK	MEAL	1	460	351	51	76.07	10.33	4.11	0.00
BFST ALT MEAL*	2 SLICE	1	140	230	2	28.0	2.0	0.00	0.00
Weighted Daily Average			1240	1132	137	221.14	19.16	7.22	0.00
% of Calories					44.1%	71.3%	13.9%	5.2%	0.0%
Nutrient Guideline			350-500	540			<=10.0	<10.00	

Thu - 09/19/2024									
Early Childhood Campus Brk	Total	1							
BFST GNG POS KINDER	MEAL	1	627	650	74	92.09	13.87	5.22	0.00
BFST GNG POS PREK	MEAL	1	457	545	44	60.09	13.87	5.22	0.00
BFST ALT MEAL*	2 SLICE	1	140	230	2	28.0	2.0	0.00	0.00

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Weighted Daily Average			1225	1425	119	180.17	29.75	10.43	0.00
% of Calories					38.9%	58.8%	21.9%	7.7%	0.0%
Nutrient Guideline			350-500	540			<=10.0	<10.00	

Mon - 09/23/2024									
Early Childhood Campus Brk	Total	1							
BFST GNG MINI CRISPS KINDER	MEAL	1	590	621	*60	83.0	13.0	5.50	0.00
BFST GNG MINI CRISPS Prek	MEAL	1	260	195	*17	39.0	7.5	2.00	0.00
BFST ALT MEAL*	2 SLICE	1	140	230	2	28.0	2.0	0.00	0.00
Weighted Daily Average			990	1046	*79	150.00	22.50	7.50	0.00
% of Calories					*31.9%	60.6%	20.5%	6.8%	0.0%
Nutrient Guideline			350-500	540			<=10.0	<10.00	

Tue - 09/24/2024									
Early Childhood Campus Brk	Total	1							
BFST GNG PIZZA KINDER	MEAL	1	690	715	74	108.01	13.0	5.50	0.00
BFST GNG PIZZA PREK	MEAL	1	500	595	40	69.01	13.0	5.50	0.00
BFST ALT MEAL*	2 SLICE	1	140	230	2	28.0	2.0	0.00	0.00
Weighted Daily Average			1330	1540	116	205.03	28.00	11.00	0.00
% of Calories					34.9%	61.7%	18.9%	7.4%	0.0%
Nutrient Guideline			350-500	540			<=10.0	<10.00	

Wed - 09/25/2024									
Early Childhood Campus Brk	Total	1							
BFST GNG TRIX KINDER	MEAL	1	640	551	83	117.07	6.83	3.11	0.00
BFST GNG CC MUFFIN PREK	MEAL	1	460	351	51	76.07	10.33	4.11	0.00
BFST ALT MEAL*	2 SLICE	1	140	230	2	28.0	2.0	0.00	0.00
Weighted Daily Average			1240	1132	137	221.14	19.16	7.22	0.00
% of Calories					44.1%	71.3%	13.9%	5.2%	0.0%
Nutrient Guideline			350-500	540			<=10.0	<10.00	

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Sugars (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 09/26/2024									
Early Childhood Campus Brk	Total MEAL	1							
BFST GNG POS KINDER	MEAL	1	627	650	74	92.09	13.87	5.22	0.00
BFST GNG POS PREK	MEAL	1	457	545	44	60.09	13.87	5.22	0.00
BFST ALT MEAL*	2 SLICE	1	140	230	2	28.0	2.0	0.00	0.00
Weighted Daily Average			1225	1425	119	180.17	29.75	10.43	0.00
% of Calories					38.9%	58.8%	21.9%	7.7%	0.0%
Nutrient Guideline			350-500	540			<=10.0	<10.00	

Mon - 09/30/2024									
Early Childhood Campus Brk	Total MEAL	1							
BFST GNG MINI CRISPS KINDER	MEAL	1	590	621	*60	83.0	13.0	5.50	0.00
BFST GNG MINI CRISPS Prek	MEAL	1	260	195	*17	39.0	7.5	2.00	0.00
BFST ALT MEAL*	2 SLICE	1	140	230	2	28.0	2.0	0.00	0.00
Weighted Daily Average			990	1046	*79	150.00	22.50	7.50	0.00
% of Calories					*31.9%	60.6%	20.5%	6.8%	0.0%
Nutrient Guideline			350-500	540			<=10.0	<10.00	

Weighted Average			1196	1286	*113	189.08	24.85	9.04	0.00
					*84.8%	63.2%	18.7%	6.8%	0.0%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	1196		350 - 500	239%			696	Correction Required - Calories too High
Sodium 1 (mg)	1286		540				746	Correction Required - Sodium too High
Sodium 2 (mg)	1286		485				801	Correction Required - Sodium too High
Sugars (g)	113	37.69%			Missing			
Carbohydrate (g)	189.08	63.23%						
Total Fat (g)	24.85	18.70%	<=10.00%					Correction Required - Total Fat too High
Saturated Fat (g)	9.04	6.80%	<10.00%					
Trans Fat ¹ (g)	0.00	0.00%						

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