



# BREAKFAST @SCHOOL

**For first-class learning!**

**RIVER VALLEY SECONDARY BREAKFAST**



## BREAKFAST MENU FOR AUG-SEPT 2024

This institution is an equal opportunity provider.



**Every complete meal we serve comes with your choice of lowfat or nonfat milk!**

## Breakfast Bites!



According to a recent survey, 56% of us spend more time thinking about what we're going to wear in the morning than what we're going to eat for breakfast. Do yourself a favor: choose your clothes the night before and make time for breakfast!

## Featuring Healthy Fruits & Grains!

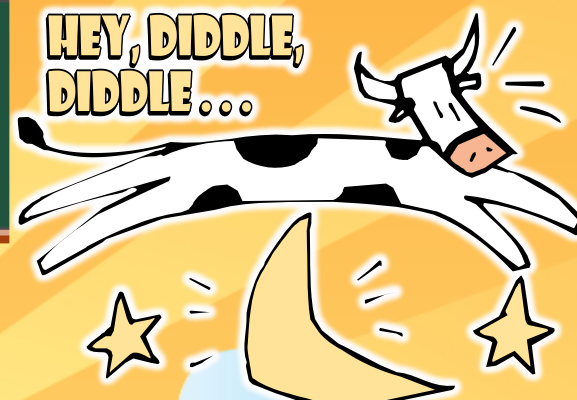
**Mon:** Early Risers Potato, Egg & Cheese Patty, Banana Bread Slice, Blueberry Munchkins, Crumbles & Cream Benefit Bar, Bagels & Cream Cheese, Asst. Cereal, Elf Grahams, Fruit & or Fruit Juice, Milk Choice.

**Tue:** Breakfast Sandwich, Pumpkin Bread Slice, Banana Choc Chip Benefit Bar, Dunkin Sticks, Toaster Pastry, Asst. Cereal Tiger Grahams, Fruit & or Fruit Juice, Milk Choice.

**Wed:** Breakfast Pizza, Chocolate Mini's, French Toast Benefit Bar, Pancake & Sausage on a Stick, Wow Butter Jammers, Cheese Stick & Crackers, Asst. Cereal, Tiger Grahams, Fruit & or Fruit Juice, Milk Choice.

**Thursday:** Breakfast Sandwich, Cinnamon Bread Slice, Fruity Pancakes, Nutrigrain Bar Asst. Cereal, Tiger Grahams, Fruit & or Fruit Juice, Milk Choice.

**Fri:** French Toast Slices or Dutch Waffle, Celebration Benefit Bar, Powdered Munchkins, Cherry Muffin Asst. Cereal, Tiger Grahams, Cheese Stick & Crackers Fruit & or Fruit Juice, Milk Choice.



**CHOICE OF MILK AVAILABLE WITH ALL BREAKFASTS:**

**NONFAT CHOCOLATE**

**LOWFAT WHITE, NONFAT WHITE**

**BREAKFAST@SCHOOL**  
helps keep kids healthy  
and gives them the energy  
they need to learn.

