



## Parent Education Wellness Series

2024 -2025 School Year

6:30 - 8:30 p.m.

The DePaul Prep Parent Education Wellness Series (PEWS) is facilitated and led by the DePaul Prep Counseling and College Counseling Departments. We believe that in partnership with local community agencies, DePaul Prep faculty, staff, and families are best able to support and guide our students through their high school years. These workshops are carefully crafted to bring the best programming our staff and community have to offer. There will be a variety of workshops targeting both social-emotional wellness and post-secondary preparedness. This is an effort to cultivate our FRESH values for the whole of the DePaul Prep community focused on Excellence, Service, and Health. The more we partner and learn as a community the better we can empower the whole student.

[RSVP HERE](#)

### August

27th

#### **Senior College Kick Off (In Person)**

DePaul Prep College Counselors will reignite the college conversation and help set up **12th grade students and families** for the fall application season. We will preview the college-related programming that will be rolled out in Advisory class, re-introduce our Maia college software and offer strategies to attack the weeks and months ahead. College Admissions professionals will join our team to add perspective, offer guidance, and share insight on the application season.

### September

5th

#### **High School 101**

#### **Recommended For: Parents of All Grade Levels**

DePaul College Prep Counselors are pleased to present an opportunity to support families in gaining a better understanding of the teenage experience as they adjust to high school. Join us on campus as local mental health experts offer insight and methods to help your child build executive functioning skills, navigate new relationships, care for their mental and emotional wellbeing and more.

**This event will run from 6:30 - 8:00 pm.**

### October

8th

#### **Financing College: Discussing Costs and Affordability (Virtual)**

	DePaul Prep College Counselors tackle the often difficult college cost conversation to help inform <b>11th and 12th Grade Families</b> . Learn the intricacies of the “sticker price” in relation to the actual cost of college, as well as ways to help manage the expenses.
<b>November</b>	
<b>12th</b>	<b>College Planning Kick Off for 11th Grade Students and Parents (In Person)</b> <b>Families of 11th grade students</b> are encouraged to join the DePaul Prep College Counseling Team as we provide an introduction to the college process and offer insight into our post secondary planning program. A panel of college admissions professionals will add perspective to this dynamic program, designed to help kickstart this exciting next step in your student's journey.
<b>19th</b>	<b>Continuing College Conversations (Pre-Recorded)</b> <b>Seniors and families of Seniors</b> are encouraged to reconnect with the DePaul Prep College Counselors right after the early college application deadlines to look to the next steps in the process. Topic will include scholarship opportunities, mid-year transcripts, and communication with admissions reps.
<b>December</b>	
<b>3rd</b>	<b>Curriculum Guide Overview: Choosing the Right Classes for Your Student (Virtual)</b> <b>Recommended For: Parents of 9th-11th Graders</b> The DePaul Prep Counseling team will provide a brief overview of offerings for the 2025-26 school year. In addition, Heidi Bojorges, International Baccalaureate (IB) Program Coordinator, will explain the experiences and benefits of participation in our IB program.
<b>10th</b>	<b>A Look Ahead: College Process Preview (Virtual)</b> Families are eager to learn about the college process and are engaging college counselors earlier than ever. <b>Freshmen and Sophomore families</b> are encouraged to join the DePaul Prep College Counseling Team as we provide an introduction to the college process and offer insights into our post secondary programming. Find out what you can be doing now to prepare your student!
<b>January</b>	
<b>21st</b>	<b>Exploring College Differences: A Look Across the Landscape (Pre-Recorded)</b> Colleges and universities have an ever changing landscape. This special presentation by the College Counselors is designed to explain to families of <b>All Grade Levels</b> the “differences” to consider when approaching the college search. Learn about everything from “What does LAS stand for?” to “My student is interested in Engineering, what now?”
<b>February</b>	
<b>4th</b>	<b>Admissions Case Study Workshop (In Person)</b>

	<p>Want to demystify the application review process for your students? Help them understand what colleges actually think about when making admission decisions? Get them comfortable talking with college representatives?</p> <p>This program is designed for <b>Juniors and their Families</b> - we will present three mock applicants to one made-up university. Chicago regional admission staff from a variety of schools will collaborate with the DePaul Prep College Counselors to help families and your students decide who to admit, waitlist, and deny. To wrap up, we'll host a discussion and Q &amp; A for students.</p>
<b>11th</b>	<p><b>NCAA: Admissions and Athletic Recruiting Process (Pre-Recorded)</b></p> <p>This presentation serves <b>Students and Families across all grade levels</b>, and addresses the pathway to collegiate athletics, including perspectives from current college coaches, former college athletes, and the DePaul Prep College Counseling team. We will define NCAA terms, lay out the best practices in the recruiting process and set your student athlete up with a gameplan moving through the recruiting process.</p>
<b>25th</b>	<p><b>High School 102</b> <b>Recommended For: Parents of All Grade Levels</b></p> <p>DePaul College Prep Counselors are pleased to present an opportunity to support families in gaining a better understanding of the teenage experience as they navigate the challenges of achieving academic success and social emotional wellbeing throughout the second semester. Join us on campus as local mental health experts offer insight and methods to help your child understand academic integrity, utilize AI in schoolwork, manage the “third quarter slump” and more.</p>
<b>March</b>	
<b>25th</b>	<p><b>Selective College Admissions Panel (Virtual)</b></p> <p>DePaul Prep College Counselors will lead a panel discussion featuring admissions representatives from a variety of colleges and universities to <b>serve all grade levels and families</b>. The conversation will explore the reality of the process for approaching highly selective college admissions and deliver an inside perspective on what students can do to best position themselves to be competitive in a highly competitive application pool.</p>
<b>25th</b>	<p><b>Decoding your Financial Aid Offers (Pre-Recorded)</b></p> <p>DePaul Prep College Counselors will review what college financial aid offers look like with <b>Seniors and Families</b> and how to decode them with a small presentation. We will demo a tool for evaluating letters and provide copies for parents.</p>
<b>April</b>	
	<b>Making the Successful Transition to College (Pre-Recorded)</b>

<b>15th</b>	<b>Seniors and Families</b> are welcomed to join the DePaul Prep College Counselors as they provide perspective on what to expect in the months ahead as your senior transitions to college. Current college students will be present to share typical first year student scenarios and examples of healthy student experiences that support a positive and successful start to college.
<b>29th</b>	<p><b>Grade level Transition Meetings (Virtual)</b>  <b>Recommended For: Parents of 9th-11th Graders</b></p> <p>This all school event (by grade level) is designed to help families understand what to expect for your student as they transition to the next grade level. Join DePaul Prep Faculty and Staff as they share the expectations for your matriculating student.</p> <p><a href="#">Rising 12th Grade Parent Transition Meeting</a>  <a href="#">Rising 11th Grade Parent Transition Meeting</a>  <a href="#">Rising 10th Grade Parent Transition Meeting</a></p>
<b>May</b>	
<b>6th</b>	<p><b>Jumpstart your Summer College Planning (Pre-Recorded)</b></p> <p><b>Juniors and Families</b> are invited to experience this virtual event. DePaul Prep College Counselors, in collaboration with college admissions professionals, will offer advice and direction for how students can best approach their pre-Senior summer to help prepare themselves for the Fall college application push.</p>