HS 2024-2025 Breakfast and Lunch Menu

Breakfast $2.00, $2.50* Lunch $3.30, $3.75, $4.75

Menu and variety of offerings are subject to change due to product availability.

Our most up-to-date menu are always available at myschoolmenus.com/instance/1197/district/1211. See QR Codes.

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast $2.00, $2.50* Served Daily in Cafeteria: 7:20 – 7:40 AM	Mini Cinnis **OR** Choice of Cold Entrée Choice of 1-2 Fruits/Fruit Juice Milk	Pancake Chicken Sausage Bites **OR** Choice of Cold Entrée Choice of 1-2 Fruits/Fruit Juice Milk	Egg & Cheese Breakfast Sandwich **OR** Choice of Cold Entrée Choice of 1-2 Fruits/Fruit Juice Milk	Cinnamon Sugar Bosco Stick **OR** Choice of Cold Entrée Choice of 1-2 Fruits/Fruit Juice Milk	Mini Confetti Pancakes **OR** Choice of Cold Entrée Choice of 1-2 Fruits/Fruit Juice Milk
Daily BF Entrées: Assorted Danishes, Cereal, Cereal Bars, Pop-Tarts, Flavored Breads, Yogurt, String Cheese, PB&J Sandwiches, *Muffins (1 Muffin - $2.00; 2 Muffins - $2.50); Premium Donuts; Fresh Smoothies					
Week 1	Bosco Cheese Filled Breadsticks w/ w/ Marinara Grape Tomatoes Baked Beans Choice of 2 Fruits Milk	Chicken Tikka Masala w/ Brown Rice Romaine Salad Cucumber Slices Choice of 2 Fruits Milk	Chicken Pot Stickers & Chicken Egg Roll Celery Sticks Baby Carrots Choice of 2 Fruits Milk	Pasta w/ Beef Meat Sauce, Marinara Sauce OR Alfredo Sauce Steamed Broccoli Red Pepper Strips Choice of 2 Fruits Milk	"Chicken & Fry Basket" Chicken Tenders Seasoned Fries Tossed Mix Salad Choice of 2 Fruits Milk
Week 2	Cheesy Garlic Bread w/ Marinara Sauce Romaine Lettuce Grape Tomatoes Choice of 2 Fruits Milk	10 Piece Chicken Nuggets Potato Smiles Red Pepper Strips Choice of 2 Fruits Milk	General Tso's Chicken w/ Brown Rice Steamed Broccoli Baby Carrots Choice of 2 Fruits Milk	French Toast Sticks w/ Chicken Sausage Oven Roasted Home Fries Cucumber Slices Choice of 2 Fruits Milk	Pizza Crunchers w/ Marinara Sauce Vegetarian Baked Beans Tossed Mix Salad Choice of 2 Fruits Milk
Week 3	Bosco Cheese Filled Breadsticks w/ Marinara Sauce Grape Tomatoes Baby Carrots Choice of 2 Fruits Milk	Mini Turkey Corn Dogs Sweet Potato Fries Celery Sticks Choice of 2 Fruits Milk	Popcorn Chicken Smackers w/ Dinner Roll Golden Corn Romaine Salad Choice of 2 Fruits Milk	Bibibop Day OR Mac & Cheese w/ Goldfish Grahams Steamed Broccoli Red Pepper Strips Choice of 2 Fruits Milk	Nashville Hot Chicken Sandwich Salad Toppers Vegetarian Baked Beans Choice of 2 Fruits Milk
Week 4	Pepperoni Calzone (Beef & Chicken Pepperoni) w/ Marinara Sauce Grape Tomatoes Romaine Salad Choice of 2 Fruits Milk	Soft Pretzels w/ Cheese Sauce Waffle Fries Vegetarian Baked Beans Choice of 2 Fruits Milk	Orange Chicken w/ Brown Rice Steamed Broccoli Cucumber Slices Choice of 2 Fruits Milk	French Toast Sticks w/ Chicken Sausage Oven Roasted Home Fries Red Pepper Strips Choice of 2 Fruits Milk	Bone-In Chicken Wings w/ Twisted Garlic Breadstick Celery Sticks Baby Carrots Choice of 2 Fruits Milk

Daily Lunch Options: South of the Border Tortilla Tacos, Burrito Bowl, Nachos w/ Cheese and/or Taco Meat, Taco Salad, Walking Taco (Tuesday Only), Hamburger or Cheeseburger; Cheese and Pepperoni Pizza (Turkey & Beef Pepperoni); BBQ Chicken Pizza (M), Buffalo Chicken Pizza (T, Th) Bacon Ranch Pizza (W), Caprese Pizza – Tomato & Fresh Basil (F), Chicken Patty Sandwich; Hot & Spicy Chicken Patty Sandwich; Peanut Butter & Jelly Sandwich; Yogurt Parfait w/ Granola; Impossible Burger; Impossible Cheeseburger; Hummus Meal; Fish Sandwich (Friday Only); Entrée Salads; Deli Subs; Bagel Meal; Mac & Cheese w/ Goldfish Crackers; Tostitos Chips & Dips; Additional fruit and vegetable choices are available daily.

Each week is represented by a color and is part of a 4-week cycle menu. See online for August 15 & 16 menus.

Week 1	Week 2	Week 3	Week 4
August 19	August 26	September 2	September 9
September 16	September 23	September 30	October 7
October 14	October 21	October 28	November 4
November 11	November 18	December 2	December 9
December 16	January 6	January 13	January 20
January 27	February 3	February 10	February 17
February 24	March 3	March 10	March 17
March 31	April 7	April 14	April 21
April 28, May 26	May 5	May 12	May 19

HS Meal Prices

Breakfast $2.00, $2.50* / Reduced $0.00 / Adult $3.00, $3.50*
Lunch $3.30, $3.75, $4.75 / Reduced $0.00 / Adult $5.50
Additional Lunch Entrées A la Carte $2.75, $3.20, 3.75
A la Carte Beverages and Smart Snacks Available for Purchase: Milk $0.65

Interactive menus that can be translated into different languages are located at myschoolmenus.com/instance/1197/district/1211 or by going to masonohioschools.com and clicking "menus" under each school.

What Makes a Meal?

- Lunch consists of 5 food components: grains (part of entrée), protein (part of entrée), fruits, vegetables and milk. Under National School Lunch Program guidelines, students must choose at least 3 of the 5 listed food components and one must be a fruit or vegetable.
- Breakfast consists of a hot or cold entrée, fruit/fruit juice and milk. Students are offered 1 cup of fruit/fruit juice as part of the meal and must select at least ½ cup fruit/fruit juice.

Easy ways to Pay:

- PaySchoolscCentral www.PaySchoolsCentral.com allows pre-payment using any major credit card or electronic check (convenience fee applies). This program will show daily purchase history as well as allow for auto replenishment of funds if desired. Mobile apps are available in the Apple App Store and Google Play.
- Checks or cash are accepted (include student identification number on check). *No change will be given; all funds will be applied to the student's lunch account for future purchases.* Checks can be mailed to the Student Nutrition Office, 211 North East St., Mason, OH 45040 (include student identification number on check).
- Drop Box - A payment drop box is located by Registration at the Mason Central Administration Building, 211 North East St.

Free and Reduced-Price Meal Program/Fee Waivers

- Families are encouraged to apply for the Free and Reduced-Price Meal Program.
- Go to www.PaySchoolsCentral.com to apply or scan the QR code to access an online application.
- Paper copies of the application are available at the school office or the Student Nutrition Office in the Mason City School's Central Office at 211 North East Street; Mason, OH 45040.
- Completed applications may be turned in to any school office, turned into a teacher, or at the Mason City School's Central Office.

Charge Policy

Families are expected to pay for student's meal purchases. Should a student come to school with no packed lunch or no money for lunch the student will be allowed to charge only a meal (breakfast and lunch) up to the amount of $15.00. Parents will be contacted via school messenger, email or phone to inform of the negative balance. Quick repayment of negative balance is appreciated.

Allergies, Dietary Restrictions and Account Management

- Alerts, purchase restrictions, and allergies from school year 23-24 will carry forward for school year 24-25.
- To notify our department **of any new** life-threatening allergies, dietary restrictions or account purchase restrictions please email foodservice@masonohioschools.com. A Doctor's note may be required for severe allergies that would require alteration of the meal pattern that is required by USDA.
- Our interactive menus online will allow you to sort menu items to determine allergens present.

You may contact the Student Nutrition Office at any time by calling 513-336-6526 or email foodservice@masonohioschools.com.

This institution is an equal opportunity provider.