



What is a **REIMBURSABLE LUNCH?**



Find the dots on the menu poster

● Grains ● Protein ● Fruit ● Vegetable ● Milk



- A full dot represents a full component
- A half dot represents a half component



Students must have at least **3** different full components/dots



At least **1** item must be a ● fruit or a ● vegetable
(but they can have more)



Entree is not required - just **3** food groups



● Milk is a choice - not required