

Pittsburg Community Middle School



Intramural / Interscholastic / Activities Guide

Interscholastic Activities (7th and 8th):

Fall: Football, Volleyball, Girls Tennis, Co-ed Cross Country, Spirit Squad

Winter: Girls Wrestling, Boys Wrestling, Girls Basketball, Boys Basketball, Spirit Squad, Scholars Bowl

Spring: Track and Field, Boys Tennis, Co-ed Golf

Intramural Activities (6th, 7th, 8th):

Fall: Bowling, Volleyball, Golf,

Winter: Girls Basketball, Boys Basketball, Girls Wrestling, Boys Wrestling, Weights and Conditioning, Archery, Chess, Esports

Spring: Soccer, Disc Golf, Weights and Conditioning

Clubs (6th, 7th, 8th):

Yearly: Builder's Club, Student Government, Gamers Club, Cooking Club, Spanish Club, Art Club, Audio/Visual Club, Science

Seasonal: Forensics(Fall/Winter), Drama Performance(Winter/Spring), Outdoors(Spring),

Pittsburg Community Middle School Intramural Activities

Administration and Staff would like to thank all of you for giving us an opportunity to work with your students. Building relationships is a key component to offering a quality relationship and we are grateful to be able to offer so many opportunities for our students to be involved in. The purpose of this guide is to give some general information and timeframe for our activities. Please encourage your students to listen to our daily announcements for sign up opportunities as we try to provide these activities with limited conflicts to give students a broader choice of options. All activities and intramurals will be done by 5 pm so students can take advantage of our late bus. If you choose to pick your child up, please make sure you have them picked up by 5pm. Thank you again for this opportunity and we hope to keep our students connected and make their middle school years positive.

Clubs:

Builders Club- An all school year group. Community Help Group is an opportunity for our students to help others. It also allows students to earn community service hours. The Builder's Club is a community service organization for middle school students' world-wide. This "student-led" community service organization operates under school regulations and draws its members from the student body. Builders Club will meet once a month as well as other service projects throughout the year.

Drama Club: An all school group club open to 6th, 7th, and 8th grade students, the drama club puts on an annual play or musical for our school and community. Members learn all aspects of theater production in including set and costume design, sound and lighting coordination, as well as acting in the play. Auditions and rehearsals start mid-winter and the performance will be in May. Performances will be in the PCMS Auditorium.

Forensics- Forensics is an activity which combines acting and speaking skills with performance and competition. Forensics includes both humorous and serious events, as well as opportunities to perform individually or with a partner. Forensics will begin in the late fall and run through mid-winter.

Student Government- Student Government runs the entire year and meets once a month as well as other service type meetings. Students will apply and be selected for this program by the Student Government sponsor and administration. Students will do various leadership activities within the community and the building.

Outdoors Club: Fishing, Camping, Gardening, Survival, and Hiking are just a few examples of opportunities we can provide for our students. Outdoors Club will provide great opportunities one or two days a week starting the end of February and running through May. Getting active outdoors has shown to reduce anxiety, boost mental health, and build a sense of adventure, confidence and a healthy lifestyle.

Gamers Club: It is no secret that a large portion of our student body population, here and around the world have taken to gaming as a form of recreation or hobby. We feel that by

adding this activity, we would be providing a large portion of our student body a chance to get connected. There is a large portion of our student body that do not have the desire to be involved in the competitive or performance based activities. Gamers Club will provide this opportunity for them one day per week starting in September and running through May. Video games, board games, card games, Pokemon, Magic, Yu-gi-go, and any other games that students wish to play would be an option.

Cooking Club: We will provide students an opportunity to be involved in Cooking Club two days per month. Cooking Club will run from September through the first part of May. Students would learn how to cook, but will also learn kitchen safety, meal planning, budgeting, promotion of a healthy lifestyle, nutrition, and job related skills activities. And of course, you get to eat. Cooking Club will be a great and fun addition to our activities at PCMS.

Art Club: The creative and visual arts programming in USD 250 has been a positive option for students as a curricular choice but there is limited opportunities outside of the school day. Students would also have opportunities to learn to create and advance their artistic style through community and school projects and events. Making Art Club available one day per week would give students ample opportunity to stay involved and complete their projects in a timely fashion. Art Club will run one to two times per week starting in October and ending in May.

Audio/Visual Club: The Audio Visual Club is open to all 6th, 7th, and 8th grade students that are interested in learning more about photography, film making, editing, and other aspects of the field. Students will help with activity pictures as well as working assignments designated by the sponsor that will help showcase our school and activities. This club is closely tied to our graphic design classes and students interested are encouraged to enroll in those classes. AV club will meet throughout the year while depending on the activity seasons and needs for activity coverage.

Science Club: Science Club is open to all 6th, 7th, and 8th grade students who want to learn more about the scientific process as well as any other topic related to our science curriculum. Students will take part in projects, labs, research, and field trips to help in broadening their knowledge in science. This club will meet weekly throughout the year.

Spanish Club: Spanish Club is open to all 6th, 7th and 8th grade students. Students who attend Spanish club will be able to celebrate and learn more about the Spanish culture. They will also be able to participate in various activities such as cooking(and eating) Spanish meals, making pinatas, field trips for fun and informative activities, and many others. Spanish Club will meet mostly twice a month throughout the year.

Intramurals:

Archery- An all school intramural open to 6th, 7th, and 8th grade students. Students will learn the basic fundamentals of archery as well as have opportunities to compete in area

archery competitions. All students that participate are encouraged to participate in the archery competitions. This will help in growing and feeding the program at PHS. Sessions will be held 2-3 days a week depending on the number of participants in regards to safety guidelines. Sessions will be run in December-February.

Chess Club- An activity open to all 6th, 7th, and 8th grade students. Students can learn the basics of the game of chess for the beginner or compete at high levels for those that have been playing for some time. Chess Club meets during the Winter and Early Spring months once or twice a week. There are some competitive opportunities on Saturdays throughout the season.

Esports: An activity open to all 6th, 7th, and 8th grade students. Esports is a competitive video game program where students can compete against other schools but also can participate by learning to compete against each other. Students will also be able to learn how to do play by play commentating while competitions are live-streamed. Esports season will run from November through March meeting one day a week.

Golf- An all school intramural. It begins in September after Labor Day and runs through mid Oct. Participants are introduced to the fundamentals of golf in this after school group. The sessions are Monday through Thursday at Four Oaks Golf Course. Clubs and transportation are provided to and from the middle school.

Disc Golf-An all school intramural. It begins in Late February and will run to the first part of May. Participants are introduced to the fundamentals of disc golf in this after school group. The sessions will run a couple days a week and are normally held at the disc golf course at Lincoln Park. Discs are provided and transportation is provided to and from the middle school.

Bowling- An all school intramural. It begins in mid-September and runs through the first part of Nov. Participants are introduced to bowling in this after school group. The sessions run Wednesdays at Holiday Lanes bowling alley. Transportation to and from the middle school is provided.

Weights & Conditioning- An all school intramural. It begins in September for 6th, 7th and 8th grade students and runs until May. Participants are introduced to weight training and conditioning in this after school group. The sessions run Monday through Thursday in the weight room. The object of this program is to promote proper lifting form and safety techniques as well as creating an active lifestyle in students.

Summer Weights and Conditioning- An all school intramural. It begins in June and runs through August. Participants are introduced to weight training and conditioning in this summer group. The sessions run mornings Monday-Thursday in the weight room and/or on Hutchinson Field.

Soccer- Open to all 6th, 7th and 8th grade students. Monday through Thursday, held in the late spring in the months of April and May. The intramural soccer program is designed to introduce the game of soccer, its rules and principals. The high school soccer coaches provide the instruction.

Volleyball: Open to all 6th grade girls and any 7th and 8th grade girl that is interested in playing volleyball but does not play on the interscholastic team. This intramural is considered to be part of our USD250 volleyball program. Fundamentals and terminology will be learned to help in participants being ready for the interscholastic programs with and emphasis being on fun levels of intramural competition. Sessions run during September and October after school hours.

Girls Basketball: Open to all 6th grade girls and any 7th and 8th grade girl that is interested in playing basketball but does not play on the interscholastic team. This intramural is considered to be part of our USD250 basketball program. Participants in the interscholastic program may be designated to the intramural program for more fundamental skill work to help in preparing them for future interscholastic opportunities. Fundamentals and terminology will be learned to help in participants being ready for the interscholastic programs with and emphasis being on fun levels of intramural competition. Sessions run during October and November after school hours.

Boys Basketball: Open to all 6th grade boys and any 7th and 8th grade boy that is interested in playing basketball but does not play on the interscholastic team. Participants in the interscholastic program may be designated to the intramural program for more fundamental skill work to help in preparing them for future interscholastic opportunities. This intramural is considered to be part of our USD250 basketball program. Fundamentals and terminology will be learned to help in participants being ready for the interscholastic programs with and emphasis being on fun levels of intramural competition. Sessions run during September and October after school hours.

Boys and Girls Wrestling: Open to all 6th, 7th, and 8th graders interested in playing basketball but does not play on the interscholastic team. This intramural is considered to be part of our USD250 wrestling program. Participants in the interscholastic program may be designated to the intramural program for more fundamental skill work to help in preparing them for future interscholastic opportunities. Fundamentals and terminology will be learned to help in participants being ready for the interscholastic programs with and emphasis being on fun levels of intramural competition. Sessions run during September and October after school hours.

Interscholastic:

All interscholastic activities are run through the Kansas State High School Activities Association or KSHSAA. There are strict guidelines involving eligibility, academics, and participation. All of our coaches attend meetings and training prior to the season. All interscholastic activities are for 7th and 8th grade students only. A PPE physical

completed by a licensed physician is necessary for any of these school activities/sports prior to any participation.

Girls Volleyball- August through mid October. Practices are held Monday through Friday. There is a full schedule of competitions along with inter squad games to ensure that all students get an opportunity to play.

Football- August through mid October. We field an A and B team. Practices are held Monday through Friday. There is a full schedule of competitions along with inter squad games.

Cross Country- August through mid October. 2015-2016 was the first year for Cross Country at PCMS. Practices will be held Monday through Friday starting at PCMS but may have some practices off sight. Cross Country meets will be held with schools in Kansas as well as schools in Missouri.

Girls and Boys Tennis- Girls: August through mid October. Boys: March through early May. 2016-2017 was the first year that PCMS was offered as an interscholastic activity. Practices will be held Monday through Thursday at PHS courts. Both boys and girls will compete in home and away meets.

Wrestling- Mid October through December. Practices are held Monday through Friday. We compete with other schools offering wrestling. Some competitions take place on Saturdays. Participants in the interscholastic program may be designated to the intramural program for more fundamental skill work to help in preparing them for future interscholastic opportunities.

Girls Basketball- Mid October through December. Practices are held Monday through Friday. There is a full schedule of competitions along with inter squad games to ensure that all students get an opportunity to play. Participants in the interscholastic program may be designated to the intramural program for more fundamental skill work to help in preparing them for future interscholastic opportunities.

Boys Basketball- December through February. Practices are held Monday through Friday. There is a full schedule of competitions along with inter squad games to ensure that all students get an opportunity to play. Participants in the interscholastic program may be designated to the intramural program for more fundamental skill work to help in preparing them for future interscholastic opportunities.

Scholar's Bowl- December through February. Practices will be held before or after school 2 to 3 times per week. There will be up to 7 competitions scheduled. Students will get an opportunity to not only learn more but be able to compete using their academic knowledge.

Track- March through April. Track is based on 7th and 8th grade teams of both Boys and Girls competition. The coaches determine what events we participate in.

Golf- March through April. Based on numbers we field one or two 6 person teams who compete in tournaments against other schools offering Golf. Practices are held Monday through Friday.

Sprit Squad- August through February. Sprit squad is designed to give equal opportunity to any 7th or 8th grader interested in learning the fundamentals of cheerleading. Practices are Monday through Friday. The squad will cheer at all home games.

Any questions regarding any of the above activities should be addressed to the PCMS Athletic Directors office. 235-3240