## SEPTEMBER ELEMENTARY MENU MONDAY **TUESDAY** WEDNESDAY **THURSDAY** FRIDAY 1. Build a Pizza 4 1. Cheese Pizza 1. Macaroni & Cheese Muchable 1. Chicken Nuggets **VACATION DAY** 2. Corn Dogs 2. Protein Pack-2. Chicken Patty 2. Hot Dog NO SCHOOL! 3. Taco Salad Yogurt, Banana Bread Sandwich 3. Taco Salad Slice, cheese Stick NATIONAL CHEESE 3. Taco Salad PIZZA DAY! 12 11 1.Hot Dog 1. Egg & Cheese 1. Pepperoni Pizza 1.Lasagna Roll Ups 2. American Hoagie 1.Popcorn Chicken Bow Omelet with 2. Grilled Cheese 2. Bosco Cheese Sticks 2. Roasted Turkey LITERARY LUNCH! 3. Spartan Chicken Cinnamon Roll 3. Spartan Chicken BUY A HOT DOG LUNCH AND BE 3. Spartan Chicken ENTERED FOR A CHANGE TO WIN. 2. Assorted Cereal Salad Salad Salad "PIGEON FINDS A HOT DOG" BOOK! 1.Chicken Tenders 12 19 1.General Tso's 1. Cheeseburger 2.Granola. Fruit and 1. Walking Taco Chicken 1. French Toast Sticks 2. Sea Wonder Fish TRY IT DAY! 2. Meat & Cheese Yogurt Parfait 2. Chicken Fries & Sausage Shapes Nachos 3. Chicken Caesar 3. Chicken Caesar STYLE 2. Sausage, Egg & 3.Chicken Caesar VEGGIES Salad NATIONAL RICE Salad Cheese Croissant Salad KRISPIE DAY! 24 1. Cheese Pizza 25 1. Build a Pizza 1.Macaroni & Cheese Maxx Sticks 2. Corn Dogs 1. Muchable 1. Chicken Nuggets 3. Taco Salad 2. Protein Pack-2. Chicken & 2. Chicken Patty 2. Hot Dog Yogurt, Banana Bread Veggie Sandwich 3. Taco Salad Slice. Cheese Stick **Dumplings** 3. Taco Salad 30 THIS INSTITUTION IS FREE/REDUCED MEAL 1. Egg & Cheese AN EQUAL **APPLICATION CAN BE OPPORTUNITY** Omelet with FILLED OUT AT PROVIDER. Cinnamon Roll **MENU SUBJECT TO** Perrers WWW.SCHOOLCAFE.COM 2. Assorted Cereal CHANGE

## DAILY BREAKFAST OPTIONS

Mondays-Cinni Mini & Muffins Tuesdays-Bacon Breakfast Sandwich & Yogurt parfait Wednesdays-Waffles & Cereal

Thursdays-Sausage Breakfast Sandwich & Muffins Fridays-Ham Breakfast Sandwich & Donuts

Included with every meal is 1% white or chocolate milk, a variety of fresh or canned fruits, juice and a variety of raw and cooked veggies.

\*\*A La Carte Ice Cream at lunch is \$1.00 & served on Tuesdays & Thursdays\*\*

## Breakfast

Always FREE for EVERYONE!

Lunch

Qualifying free families will receive free lunches and qualifying reduced families will receive free lunches

Paid lunches are \$2.80