



JANUARY 2025

**Susquehanna
Township High School**

**This institution is an equal
opportunity provider.
Menus are subject to change.**



Monday, January 6

Hot Dog & Sauerkraut
(beef, pork, chicken)
with Baked Beans

OR Select Hot or Cold
Sandwiches OR Salads

with optional Veggie
Tray, Peach Cup
& Assorted Milk

Meals must include veggie and/or fruit

Tuesday, January 7

Cheese Filled
Breadsticks with
Marinara & Broccoli

OR Select Hot or Cold
Sandwiches
OR Salads

with optional Veggie
Tray, Apple Slices
& Assorted Milk

Meals must include veggie and/or fruit

Wednesday, January 8

“Have it your way”
Burger (beef)
with Waffle Fries

OR Select Hot or Cold
Sandwiches OR Salads

with optional Veggie
Tray, Mixed Fruit
& Assorted Milk

Meals must include veggie and/or fruit

Thursday, January 9

Chicken Tenders with
Tea Roll, Peas &
Carrots and Emoji Fries

OR Select Hot or Cold
Sandwiches OR Salads

with optional Veggie
Tray, Applesauce
& Assorted Milk

Soft Pretzel Treat

Meals must include veggie and/or fruit

Friday, January 10

Buffalo Chicken Pizza

OR Select Hot or Cold
Sandwiches OR Salads

with optional Veggie
Tray, Pears & Assorted
Milk

Meals must include veggie and/or fruit

Monday, January 13

Popcorn Chicken
with Mac & Cheese

OR Select Hot or Cold
Sandwiches OR Salads

with optional Veggie
Tray, Peach Cup
& Assorted Milk

Meals must include veggie and/or fruit

Tuesday, January 14

Hanna Burger (beef)
with Baked Beans &
Buffalo Sidewinder Fries

OR Select Hot or Cold
Sandwiches OR Salads

with optional Veggie
Tray, Apple Slices
& Assorted Milk

Meals must include veggie and/or fruit

Wednesday, January 15

Beef Fiestada Pizza or
Beef Fiestada Sandwich
with Broccoli

OR Select Hot or Cold
Sandwiches OR Salads

with optional Veggie
Tray, Mixed Fruit
& Assorted Milk

Meal must include veggie and/or fruit

Thursday, January 16

Texas Toast Grilled
Cheese with Green
Beans

OR Select Hot or Cold
Sandwiches OR Salads

with optional Veggie
Tray, Applesauce
& Assorted Milk

Meal must include veggie and/or fruit

Friday, January 17



**Teacher
In-Service Day**

Available Daily

**Qualifying
nutritional meals**
at school are available to
students for FREE thanks to
the Community Eligibility
Program.
However, the student must
take a complete nutritional
meal. Individual items
sold “a la carte” are
NOT free, so Meal Accounts
will be charged.

Direct Certification letters will
be sent out again in May for
students covered by PA’s
SunBucks summer program.

Happy New Year

Welcome Back!

We hope you enjoyed your break!

On the traditional lunisolar calendar, the 2025 Chinese New Year Festival begins on January 28 and ends February 12 with the Lantern Festival. The main day of Chinese New Year is January 29. And celebrations are observed by Chinese communities all around the world...not just in China.



Monday, January 20

**NO SCHOOL
Martin Luther
King Day**



Chicken Nuggets with
Tea Roll & Tater Tots

OR Select Hot or Cold
Sandwiches OR Salads

with optional Veggie
Tray, Apple Slices
& Assorted Milk

Meal must include veggie and/or fruit

Tuesday, January 21

Wednesday, January 22

Turkey Bacon
Cheeseburger (beef)
with Sidewinder Fries

OR Select Hot or Cold
Sandwiches OR Salads

with optional Veggie
Tray, Mixed Fruit
& Assorted Milk

Meal must include veggie and/or fruit

Thursday, January 23

Mini Corn Dog Nuggets
(meat is poultry)
with Baked Beans
& Curly Fries

OR Select Hot or Cold
Sandwiches OR Salads

with optional Veggie
Tray, Applesauce
& Assorted Milk

Meal must include veggie and/or fruit

Friday, January 24

BBQ Chicken Pizza
OR Select Hot or Cold
Sandwiches OR Salads

with optional Veggie
Tray, Pears
& Assorted Milk

Meals must include veggie and/or fruit

Monday, January 27

Chicken Sticks with Tea
Roll, Baked Beans
& Tater Tots

OR Select Hot or Cold
Sandwiches OR Salads

with optional Veggie
Tray, Peach Cup
& Assorted Milk

Meal must include veggie and/or fruit

Tuesday, January 28

Walking Taco with
Fiesta Fixins
(meat is poultry)

OR Select Hot or Cold
Sandwiches OR Salads

with optional Veggie
Tray, Apple Slices
& Assorted Milk

Meals must include veggie and/or fruit

Wednesday, January 29

General Tso Chicken
over Veggie Fried Rice
with Veggie Egg Roll
& Fortune Cookie

OR Select Hot or Cold
Sandwiches OR Salads

with optional Veggie
Tray, Mandarin Oranges
& Assorted Milk

It's Chinese New Year!

Meal must include veggie and/or fruit

Thursday, January 30

Meatball Sub (beef)
with Broccoli

OR Select Hot or Cold
Sandwiches OR Salads

with optional Veggie
Tray, Applesauce
& Assorted Milk

Meals must include veggie and/or fruit

Friday, January 31

Big Daddy 4-Cheese
Pizza (no meat)

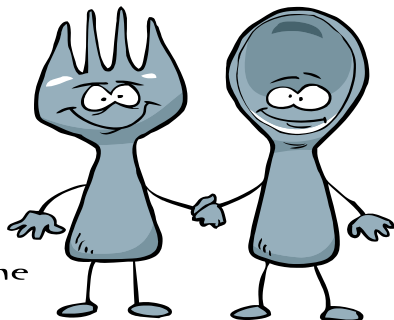
OR Select Hot or Cold
Sandwiches OR Salads

with optional Veggie
Tray, Pears & Assorted
Milk

Meals must include veggie and/or fruit

THE FAMILY THAT EATS TOGETHER.

Family meals don't just improve kids' nutrition – eating together also helps boost social skills and increase kids' appreciation for the value of food and the effort needed to fix meals.



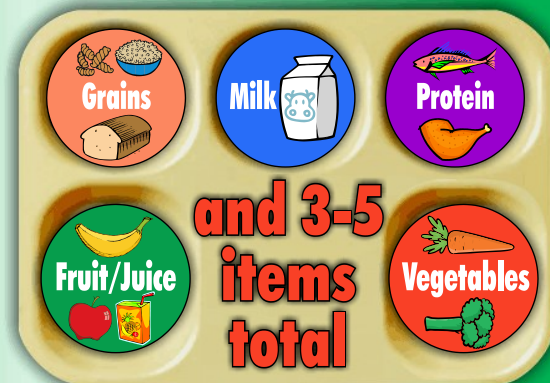
**EAT BETTER. PLAY HARDER. LIVE HEALTHIER. LEARN EASIER.
WELLNESS IS A WAY OF LIFE!**

DON'T 4GET!

To make a lunch,
choose at least one



or



and 3-5
items
total

This is a qualified school lunch for free.