

HAPPY NEW YEAR

JANUARY 2025 BREAKFAST MENU

Susquehanna Township High School

This institution is an equal opportunity provider. Menus are subject to change.

www.hannasd.org

You can view updates, menus and meal account balances on our school website. Funds in meal accounts travel with the student from year-to-year until graduation when refunds are available for balances over \$5.00.

Monday, January 6

Cereal Bar with Yogurt Cup

Served with Choice of Milk, Peach Cup and/or Juice

Tuesday, January 7

Nature Valley Oatmeal Bar with Yogurt Cup

Served with Choice of Milk, Apple Slices and/or Juice

Wednesday, January 8

Bagel or Mini Bagels with Cream Cheese

Served with Choice of Milk, Orange Slices and/or Juice

Thursday, January 9

Turkey Ham Breakfast Stuffer

Served with Choice of Milk, Peach Cup and/or Juice

Friday, January 10

Assorted Breakfast Bread

Served with Choice of Milk, Raisins and/or Juice



Have you set YOUR GOALS for 2025?

Monday, January 13

Muffin with Yogurt Cup

Served with Choice of Milk, Apple Slices and/or Juice

Tuesday, January 14

Snack'n Waffles

Served with Choice of Milk, Orange Slices and/or Juice

Wednesday, January 15

Mini Cinnamon Rolls

Served with Choice of Milk, Apple Slices and/or Juice

Thursday, January 16

Warm Cereal Bar with Yogurt Cup

Served with Choice of Milk, Strawberry Cup and/or Juice

Friday, January 17

NO SCHOOL

Teacher In-Service Day



take time for
**school
BREAKFAST**



**Martin Luther
King, Jr.**

1929
1968



Tuesday, January 21

Egg & Cheese on
English Muffin

Served with
Choice of Milk,
Peach Cup
and/or Juice

Wednesday, January 22

Nature Valley
Oatmeal Bar
with Yogurt Cup

Served with
Choice of Milk,
Apple Slices
and/or Juice

Thursday, January 23

Chicken Sausage
& Cheese
Waffle Sandwich

Served with
Choice of Milk,
Strawberry Cup
and/or Juice

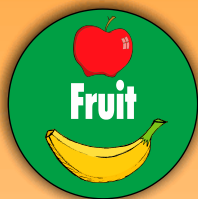
Friday, January 24

Assorted Cereal

Served with
Choice of Milk,
Applesauce
and/or Juice

First things First

**To make a breakfast,
choose at least one**



or



**and at
least
three
items
total**



This qualifies as a free nutritional
breakfast at school.

Monday, January 27

Muffin with
Yogurt Cup

Served with
Choice of Milk,
Apple Slices
and/or Juice

Tuesday, January 28

Pop Tarts

Served with
Choice of Milk,
Applesauce
and/or Juice

Wednesday, January 29

Apple Frudel

Served with
Choice of Milk,
Craisins
and/or Juice

Thursday, January 30

Warm Cereal Bar
with Yogurt Cup

Served with
Choice of Milk,
Strawberry Cup
and/or Juice

Friday, January 31

Assorted Cereal

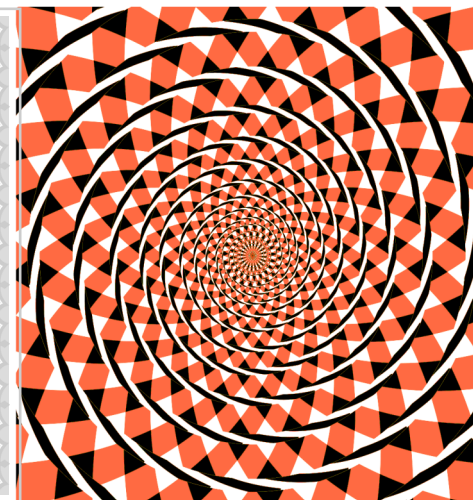
Served with
Choice of Milk,
Applesauce
and/or Juice

**The Community
Eligibility Provision**

For a FREE meal, a student must take a
“qualified” meal as shown
in the orange box at the left.

Individual items are not a “qualified”
meal and are charged.

We no longer enter Meal Applications.



**Only an
Illusion**

This image might look like
a spiral, but it's not – it's a
series of circles. The
background makes it
APPEAR to be a spiral. Try
tracing one of the lines if
you're not convinced. You
won't move inward or
outward – you'll just go
around in a circle.