

HAPPY NEW YEAR

JANUARY 2025 BREAKFAST MENU

Susquehanna Township Middle School

This institution is an equal opportunity provider. Menus are subject to change.

www.hannasd.org

You can view updates, menus and meal account balances on our school website. Funds in meal accounts travel with the student from year-to-year until graduation when refunds are available for balances over \$5.00.

Monday, January 6

Muffin with Yogurt Cup

100% Fruit Juice

Orange Slices

Assorted Milk

Tuesday, January 7

Fruit Frudel

Applesauce

Craisins

Assorted Milk

Wednesday, January 8

Egg & Cheese on English Muffin

100% Fruit Juice

Apple Slices

Assorted Milk

Thursday, January 9

Mini Cinnamon Rolls

Raisins

Flavored Applesauce

Assorted Milk

Friday, January 10

Cereal Bar with Trix Yogurt Cup

Flavored Applesauce

Whole Fruit

Assorted Milk



Have you set YOUR GOALS for 2025?

Monday, January 13

Breakfast Bread Slice

100% Fruit Juice

Orange Slices

Assorted Milk

Tuesday, January 14

Mini Waffles

Craisins

Applesauce

Assorted Milk

Wednesday, January 15

Turkey Ham Breakfast Stuffer

100% Fruit Juice

Apple Slices

Assorted Milk

Thursday, January 16

Warm Cinnamon Toast Crunch Bar

Flavored Applesauce

Raisins

Assorted Milk

Friday, January 17

NO SCHOOL

Teacher In-Service Day



take time for
school
BREAKFAST



Martin Luther King, Jr.

1929
1968



No School

Tuesday, January 21

Mini French Toast
Craisins
Applesauce
Assorted Milk

Wednesday, January 22

Apple Bites
100% Fruit Juice
Apple Slices
Assorted Milk

Thursday, January 23

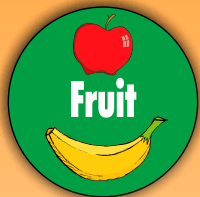
Mini Pancakes
Raisins
Flavored Applesauce
Assorted Milk

Friday, January 24

Cereal Bar with Trix Yogurt Cup
Whole Fruit
Flavored Applesauce
Assorted Milk

First things First

To make a breakfast, choose at least one



or



and at least three items total



This qualifies as a free nutritional breakfast at school.

Monday, January 27

Muffin with Yogurt Cup
100% Fruit Juice
Orange Slices
Assorted Milk

Tuesday, January 28

Mini Bagels with Cream Cheese
Applesauce
Craisins
Assorted Milk

Wednesday, January 29

Filled Crescent Roll
100% Fruit Juice
Apple Slices
Assorted Milk

Thursday, January 30

Pop Tarts
Flavored Applesauce
Raisins
Assorted Milk

Friday, January 31

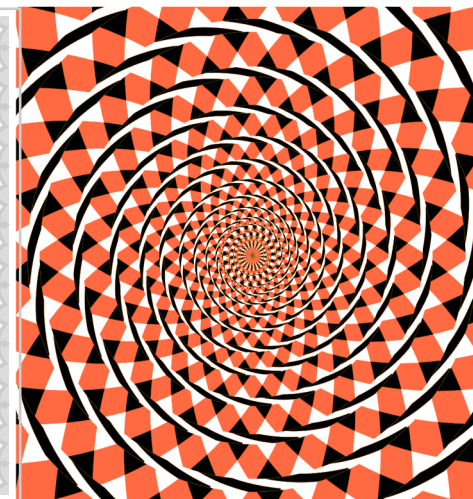
Cereal Bowl
Whole Fruit
Flavored Applesauce
Assorted Milk

The Community Eligibility Provision

For a FREE meal, a student must take a "qualified" meal as shown in the orange box at the left.

Individual items are not a "qualified" meal and are charged.

We no longer enter Meal Applications.



Only an Illusion

This image might look like a spiral, but it's not – it's a series of circles. The background makes it **APPEAR** to be a spiral. Try tracing one of the lines if you're not convinced. You won't move inward or outward – you'll just go around in a circle.