

# OCTOBER 2024 Middle School Breakfast

Due to product availability, menu items may change

All meals come with choice of fresh fruit or 100% juice and choice of milk

Monday 9/30	Tuesday 10/1	Wednesday 10/2	Thursday 10/3	Friday 10/4
Cereal with Yogurt OR Berry & Cream Strudel OR Sausage & Cheese Sandwich	Honey Bun OR Apple Cinnamon Toast w/Sausage Links OR Cereal <u>Straw smoothie with all</u>	Cereal OR Combo Bar OR Frudel <u>Cinnamon bun with all</u>	Belgium Waffle OR Sausage Egg & Cheese Sandwich OR Cereal <u>Peach smoothie with all</u>	NO SCHOOL K-12

Monday 10/7	Tuesday 10/8	Wednesday 10/9	Thursday 10/10	Friday 10/11
Cereal with yogurt OR Berries & cream strudel OR Sausage & Cheese Sandwich	Waffle OR French Toast Sticks OR Donut Holes <u>Orange Smoothie with all</u>	Cereal OR Combo Bar OR Frudel <u>Cinnamon bun with all</u>	Honey Bun OR Sausage Egg & Cheese Sandwich OR Cereal <u>Fruit Smoothie with all</u>	Pop Tarts OR Cereal & Sausage links OR Ham, Egg, & Cheese Sandwich

Monday 10/14	Tuesday 10/15	Wednesday 10/16	Thursday 10/17	Friday 10/18
Cereal with Yogurt OR Berry & Cream Strudel OR Sausage & Cheese Sandwich	Honey Bun OR Apple Cinnamon Toast w/Sausage Links OR Cereal <u>Straw smoothie with all</u>	Cereal OR Combo Bar OR Frudel <u>Cinnamon bun with all</u>	Belgium Waffle OR Sausage Egg & Cheese Sandwich OR Cereal <u>Peach smoothie with all</u>	Muffin OR Cinnamon Roll OR Ham & Cheese Sandwich

Monday 10/21	Tuesday 10/22	Wednesday 10/23	Thursday 10/24	Friday 10/25
Cereal with yogurt OR Berries & cream strudel OR Sausage & Cheese Sandwich	Waffle OR French Toast Sticks OR Donut Holes <u>Orange Smoothie with all</u>	Cereal OR Combo Bar OR Frudel <u>Cinnamon bun with all</u>	Honey Bun OR Sausage Egg & Cheese Sandwich OR Cereal <u>Fruit Smoothie with all</u>	Pop Tarts OR Cereal & Sausage links OR Ham, Egg, & Cheese Sandwich

Monday 10/28	Tuesday 10/29	Wednesday 10/30	Thursday 10/31	Friday 11/1
Cereal with Yogurt OR Berry & Cream Strudel OR Sausage & Cheese Sandwich	Honey Bun OR Apple Cinnamon Toast w/Sausage Links OR Cereal <u>Straw smoothie with all</u>	Cereal OR Combo Bar OR Frudel <u>Cinnamon bun with all</u>	Belgium Waffle OR Sausage Egg & Cheese Sandwich OR Cereal <u>Peach smoothie with all</u>	Muffin OR Cinnamon Roll OR Ham & Cheese Sandwich

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This institution is an equal opportunity provider.