

What's on the Menu?

Westport Public Schools
September Elementary Menu

Monday

Tuesday

Wednesday

Thursday

Friday

Week of
September 2-6
B: Garden Salad
w/Chicken Salad
C: Bagel Bento Box
Soup: Tomato Soup

2
No School
Labor Day!

3
Taco Tuesday!
Beef Tacos
Rice
Black beans

4
Breakfast for Lunch!
Fluffy Pancakes
Fruit Compote
Turkey Sausage

5
Pizza Day!
Cheese Pizza
Or
Pepperoni Pizza

6
Chicken Nuggets
French Fries
Seasoned Carrots

Milk choices
include
**1% low-fat
white milk & fat
free chocolate**

Week of
September 9-13
B: Italian Combo
C: Acai Bowl
Soup: Chicken Soup

2
**Chicken & Cheese
Quesadilla**
Seasoned Corn

2
**American Cheese
Burger**
French Fries

2
Breakfast for Lunch!
**French Toast
Sticks**
Fruit Compote
Turkey Sausage

2
Pizza Day!
Cheese Pizza
Or
Pepperoni Pizza

2
**Penne Pasta
Meatballs**
Marinara Sauce
Mixed Veggie



Week of
September 16-20
B: Garden Salad
w/Chickpea Salad
C: Cereal Fun Lunch
Soup: Tomato Soup

16
**Macaroni &
Cheese**
Seasoned Green
Peas

17
**Italian Meatball
Hoagie**
Seasoned Broccoli

18
Breakfast for Lunch!
Waffles
Fruit Compote
Turkey Sausage

19
Pizza Day!
Cheese Pizza
Or
Pepperoni Pizza

20
No School
PD Day!

All lunches come
with:
**Whole Fruit
Cut Fruit
Veggie Crudité**

Week of
September 23-27
B: Sunbutter & Jelly
C: Pretzel Bento Box
Soup: Chicken Noodle

23
Grilled Cheese
Seasoned Broccoli

24
Beef Hot Dog
Tater Tots

25
Breakfast for Lunch!
Fluffy Pancakes
Fruit Compote
Turkey Sausage

26
Pizza Day!
Cheese Pizza
Or
Pepperoni Pizza

27
**Penna Pasta
Marinara Sauce**
Mixed Veggie



Week of
September 30
B: Turkey Cheese Sandwich
C: Bagel Bento Box
Soup: Tomato Soup

30
**Mozzarella Stuffed
Breadstick**
Marinara Sauce
Seasoned Green
Beans



 Leaf =
Is or can be
vegetarian

**MOOD
BOOST**