

Albemarle County Parks & Recreation Middle School Sports Program 2024-2025

The Middle School Sports Program is held at all 5 Albemarle County Middle Schools. This program is a partnership with Albemarle County Middle Schools and Parks & Recreation. The program is run two days a week right after school for each sport as an after-school program for students who attend that school.

All Registrations will be available/posted on the Parks and Recreation website www.albemarle.org/parks. **(50% Scholarships Available for qualified students)**

Beginning 2017, **Sports Physicals are Required to play for all sports**, according to The General Assembly Senate Bill 665. (MedExpress Urgent Care Center at Pantops & Seminole Square offer Sports Physicals for \$45, Bring Physical form and filled out Medical History Form).

Registration is first come first serve, sports fill-up quickly!

Tennis: September 9 – October 17, 2024



Boys & Girls practice together on Mondays & Wednesdays, 4:10-5:30pm.
(Tennis Instruction: Learn strokes, grips, and basic skills. Lessons will incorporate fun games. Matches between other Schools TBA, Matches on weekends). Cost: **\$75**, includes Team T-shirt

Online Registration beginning August 26, 2024

Cross Country: September 9 – October 26, 2024



Boys & Girls practice together on Mon/Wed, Tues/Thurs (depends on school), 4:10- 5:30pm.
Cost: **\$75** includes Team T-shirt

Cross Country Meet at Monticello HS, TBA

Online Registration beginning August 26, 2024

Basketball: September 11 – October 26, 2024



Boys practice and play games on Mondays & Wednesdays, 4:10-5:45pm, game days run longer.
Girls practice and play games on Tuesdays & Thursdays, 4:10-5:45pm, game days run longer.
Cost: **\$90**, includes Team T-shirt, 4 games

Online Registration beginning August 26, 2024

Soccer: (Supervised Scrimmage Soccer Games): Nov. 11 – Dec. 18, 2024



Boys & Girls on Mondays & Wednesdays
(Games played after school 4:10-5:15pm. Co-ed Teams. Teams are selected on the 1st day. Games begin on the 2nd day. No practices, just games. Cost: **\$45**

Online Registration beginning October 7, 2024

Flag Football: (Supervised Scrimmage Flag Football Games): Nov. 12 – Dec. 19



Boys & Girls on Tuesdays & Thursdays
(Games played after school 4:10-5:15pm. Co-ed Teams. Teams are selected on the 1st day. Games begin on the 2nd day. No practices, just games). Cost: **\$45**

Online Registration beginning October 7, 2024

Girls Volleyball: January 21 – March 20, 2025



Mondays & Wednesdays or Tuesdays & Thursdays, 4:10-5:45pm, game days run longer.
Cost: **\$90**, includes Team T-shirt, 4 games

Online Registration beginning January 8, 2025

Track: April 7 – May 21, 2025



Boys & Girls practice together on Mondays & Wednesdays, 4:10-5:30pm
Cost: **\$75**, includes Team T-shirt and track meets

Online Registration beginning March 6, 2025

Boys Volleyball: April 7 – May 29th, 2025



Tuesdays & Thursdays, 4:10-5:45pm, game days run longer.

Cost: **\$90**, includes Team T-shirt, 4 games

Online Registration beginning March 6, 2025

Questions call Joe Clark, at Albemarle County Parks & Recreation (434) 296-5844 or email jclark@albemarle.org