

REDS Community Lunch Plan FAQs

Q: How does the plan work?

A: Once a student(s) is signed up for the lunch plan, they are set for lunches for the rest of the school year. The students who are on the Community Lunch Plan will type in their pin number when entering the Dining Hall before proceeding to pick out their lunch selections. Students will be allowed to go through the line for seconds if they wish. Please note by signing up for the meal plan you are committing to the entire year.

Q: How much does this cost?

A: The cost for purchasing the plan for the year (from September 2024 through May 2025) is \$1,300 and will be billed in nine equal payments of \$144.44 a month, beginning in September. This averages to be \$7.74 per lunch. RPCS student lunches typically averaged \$8.65 with our previous a la carte dining plan.

Q: As a parent/guardian, what do I need to do?

A: Parents must sign up their daughter(s) for the REDS Community Lunch Plan for the upcoming school [here](#). Please note that one form **must** be completed for each child you have enrolled at RPCS. There is a 5% discount per student for families who sign up multiple children.

Q: What if we decide not to participate in the REDS Community Lunch Plan?

A: Families and students who decide not to participate in this plan can bring lunches from home or purchase a REDS Lunch Day Pass for \$10 a day (based on limited availability) to allow them to go through the lunch line. Students also have the option of using pre-loaded funds on their MyKidsSpending account or a credit/debit card. Please note that the REDS Community Lunch Plan does not include food or drinks purchased at The Bistro. Middle and Upper School students may continue to visit the Bistro to purchase snacks and drinks using their MyKidsSpending account or a credit/debit card.

Q: How will the REDS Community Lunch Plan benefit the RPCS community?

A: For parents, guardians and students, this program offers a great value because it saves time shopping for and packing lunches, is convenient, and offers your child a wide variety of well balanced and quality food options. Having access to multiple food stations and choices increases the chances that students will try something new. Because there are no checkout lines, students have more time to eat, relax, and catch up with friends. For RPCS, the REDS Community Lunch Plan allows for more accurate

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food planning, increasing efficiency and reducing waste. This plan values health and wellness, inclusion, and sustainability. The expanded offerings also allow us to accommodate community allergies and dietary restrictions.

Q. What if my child forgets her PIN?

A: A dining hall representative can look up your child's PIN for that day and remind her of the number.

Q: Is The Bistro included in the REDS Community Lunch Plan?

A: The Bistro is not included in this lunch plan, however, your child can use their MyKidsSpending account at The Bistro in addition to credit or debit cards. Cash is not accepted at The Bistro. The Bistro will be open from 7:30 - 11 a.m. and 1:30- 3:30 p.m. each day.

Q: How can I ensure there are enough options for particular eaters?

A: The management and chefs at SAGE Dining Services work with RPCS to create unique menus that meet our community preferences based on feedback and ratings from surveys, comment cards, and the Touch of SAGE® Mobile App. SAGE's registered dietitians will also make sure our menu provides a wide variety of options, including familiar and popular foods. Students that participate in the REDS Community Lunch plan will be able to sample menu items and return for seconds while they are in the Dining Hall. Families will also be able to provide feedback on the lunch menus through our Dining Services web page.

Q: Will there be enough safe food options for students with food allergies?

A: SAGE Dining Services places the highest priority on the safety of our community members. First, SAGE doesn't serve peanut or tree nut products. Using our community's allergy list, SAGE's registered dietitians will also review menus to ensure there's enough variety every day. Those with food allergies and other dietary restrictions will always be able to find safe and appropriate meals. SAGE's strict food allergy management program prevents cross-contact and the possibility of an allergic reaction. SAGE's procedures include:

- Staffing an expert team of registered dietitians who tag every menu item for any of the 12 most common allergens.

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- Enforcing food allergen protocols for food storage, preparation, service, and cleanup to prevent cross-contact.
- Conducting daily preservice meetings to highlight any allergen-containing dishes.
- Training all team members how to recognize anaphylaxis and use an EpiPen® where allowed.
- Having an open-kitchen policy that invites parents to walk through our kitchens and examine any ingredient labels.

SAGE's comprehensive allergen filter and ingredient lists, available both on our online menu and in the Touch of SAGE® Mobile App, help community members choose safe options. In the app, students with food allergies can also create custom allergy profiles.

Q: Who can I speak with for more information about the dining program at RPCS?

A: All questions can be emailed to diningservices@rpcs.org. For billing questions, please contact David Schaffer schafferd@rpcs.org at 443-339-2175.