

# Jefferson-Davis County Schools

## JEFFERSON DAVIS COUNTY MIDDLE SCHOOL

Monday	Tuesday	Wednesday	Thursday	Friday
Aug - 19  Stuffed Crust Pizza Hamburger w/ Trimm Tossed Salad w/ Dres Mexicali Corn Tropical Fruit Blueberries Chocolate Milk Strawberry Milk Low Fat Milk	Aug - 20  BBQ Rib Sandwich Crinkle Cut Fries Mixed Vegetables Fresh Grapes Variety of Fresh Fruit Chocolate Milk Strawberry Milk Low Fat Milk	Aug - 21  Hot Dogs Criss Cut Sweet Potat Cheesy Broccoli Fresh Fruit Cup Mandarin Fruit Cup Chocolate Milk Strawberry Milk Low Fat Milk	Aug - 22  Chef Salad Lemon Pepper Chick Seasoned Cabbage Yam Patties Cornbread Fresh Grapes Fresh Pears Chocolate Milk Low Fat Milk Saltine Crackers	Aug - 23  Taco Salad with Chip Beef Taco with Soft Tortilla Salsa Refried Beans Whole Kernel Corn Fresh Fruit Cup Fruit Cocktail Chocolate Milk Fat Free Milk Strawberry Milk Graham Crackers
Aug - 26  Country Fried Steak Chef Salad Mashed Potatoes Brown Gravy Seasoned Green Bea Whole Wheat Roll Fresh Fruit Cup Assorted Fruit Juices Chocolate Milk Strawberry Milk Low Fat Milk	Aug - 27  Chili Cheese over Chi Turkey & Cheese San Steamed Broccoli Flo Whole Kernel Corn Fruit Cocktail Chilled Peach Slices Chocolate Milk Strawberry Milk Low Fat Milk	Aug - 28  Stuffed Crust Pizza Chef Salad Tater Tots Baby Carrots w/ Dres Fresh Fruit Cup Assorted Fruit Juices Chocolate Milk Strawberry Milk Low Fat Milk	Aug - 29  Cheesy Chicken Over Ham and Cheese Sa Black-Eyed Peas Yam Patties Yeast Roll Fresh Fruit Cup Assorted Fruit Juices Chocolate Milk Strawberry Milk Low Fat Milk	Aug - 30  Hamburger w/ Trimm Turkey & Cheese on Crinkle Cut Fries Glazed Carrots Fresh Fruit Cup Fruit Slushes Strawberry Milk Low Fat Milk Mayonnaise Ketchup Mustard
Sep - 2  BBQ Pork Sandwich Macaroni and Cheese Baked Beans Pineapple Tidbits Assorted Fruit Juices Chocolate Milk Strawberry Milk Low Fat Milk	Sep - 3  Chicken Nuggets Seasoned Potato We Peas and Carrots Whole Wheat Roll Chilled Pear Halves Fresh Grapefruit Halv Brownies	Sep - 4  Red Beans and Rice with Sausage Southern Turnip Gree Yam Patties Cornbread Fruit Cocktail Assorted Fruit Juices Chocolate Milk Low Fat Milk	Sep - 5  Barbecue Chicken Mashed Potatoes Herbed Broccoli Whole Wheat Roll Pear Salad Tropical Fruit Chocolate Milk Strawberry Milk Low Fat Milk	Sep - 6  Chicken Patty Sandwi Whole Kernel Corn Crinkle Cut Fries Frozen Fruit Juice Cu Fresh Fruit Cup Red Velvet Cookie
Sep - 9  Hot Dogs Crinkle Cut Fries Cheesy Broccoli Fresh Fruit Cup Mandarin Fruit Cup Chocolate Milk Strawberry Milk Low Fat Milk Mayonnaise Mustard Ketchup	Sep - 10  Chicken Nuggets Mashed Potatoes Pinto Beans Whole Wheat Roll Fruit Cocktail APPLESAUCE,SWE Chocolate Milk Strawberry Milk Low Fat Milk	Sep - 11  Cheeseburger Criss Cut Sweet Potat Garden Salad W/Dressing Fresh Orange Smiles Fresh Pears Chocolate Milk Strawberry Milk Low Fat Milk Mayonnaise Mustard Ketchup Red Velvet Cookie	Sep - 12  Seasoned Baked Chi Southern Turnip Gree Yam Patties Cornbread Fresh Grapes Fresh Fruit Cup Chocolate Milk Low Fat Milk	Sep - 13  Chili Cheese over Chi California Veggies Chilled Pear Halves Fresh Bananas Chocolate Milk Strawberry Milk Low Fat Milk

*\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

*\* - denotes combined nutrient totals with either missing or incomplete nutrient data.*

**NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.**

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Monday	Tuesday	Wednesday	Thursday	Friday
Sep - 16  Hamburger Steak w/ Stir Fried Rice Lima Beans Whole Wheat Roll Fresh Fruit Cup Fresh Oranges Chocolate Milk Strawberry Milk Low Fat Milk	Sep - 17  Chicken Patty Sandwi Criss Cut Sweet Potat Baby Carrots w/ Dres Blushing Chilled Pear Variety of Fresh Fruit Chocolate Milk Strawberry Milk Low Fat Milk Graham Crackers Mayonnaise Trimmings Ketchup	Sep - 18  Spaghetti & Meat Sau Cheesy Broccoli Whole Kernel Corn Whole Wheat Garlic Fresh Pears Apple Delicious Chocolate Milk Strawberry Milk Low Fat Milk	Sep - 19  Buffalo Hot Wings Steak Fingers Baked Beans French Fries Celery Sticks with Dip Fresh Fruit Cup Fresh Orange Smiles Chocolate Milk Fat Free Milk Strawberry Milk Variety of Dipping Sa	Sep - 20  Corn Dog Tater Tots California Veggies Fresh Oranges Fresh Bananas Fat Free Milk Chocolate Milk Strawberry Milk Mustard
Sep - 23  Stuffed Crust Pizza Tossed Salad w/ Dres Mexicali Corn Tropical Fruit Blueberries Chocolate Milk Strawberry Milk Low Fat Milk	Sep - 24  BBQ Rib Sandwich Crinkle Cut Fries Mixed Vegetables Fresh Grapes Variety of Fresh Fruit Chocolate Milk Strawberry Milk Low Fat Milk	Sep - 25  Hot Dogs Criss Cut Sweet Potat Cheesy Broccoli Fresh Fruit Cup Mandarin Fruit Cup Chocolate Milk Strawberry Milk Low Fat Milk	Sep - 26  Lemon Pepper Chick Seasoned Cabbage Yam Patties Cornbread Fresh Grapes Fresh Fruit Cup Chocolate Milk Low Fat Milk	Sep - 27  Taco Salad with Chip Salsa Refried Beans Fresh Fruit Cup Fruit Cocktail Chocolate Milk Fat Free Milk Strawberry Milk Graham Crackers
Sep - 30  Country Fried Steak Mashed Potatoes Brown Gravy Seasoned Green Bea Whole Wheat Roll Fresh Fruit Cup Assorted Fruit Juices Chocolate Milk Strawberry Milk Low Fat Milk				

\*\*\*MENUS SUBJECT TO CHANGE WITHIN THE WEEK\*\*\*

\*\*\*THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER\*\*\*

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