



Hello!

My name is Heather Parker your School Social Worker. I am very proud to be here at Roy Elementary School!

As a School Social Worker, I perform the following roles in order to promote positive development in academic, social and emotional domains:

- Short Term Individual counseling
- Small group counseling
- Classroom Lessons
- Attend and participate in academic intervention meetings
- Observe students in various school environments
- Support students and staff
- Consult and collaborate with parents, teachers, administrators, and students
- Respond to school crises and emergency situations
- Provide information and resources
- Family support is crucial, too. I work closely with families in need of resources. If you are in need of some resources (mental health/counseling information, clothing, supplies, bills, etc.) please contact me. Resources are scarce and limited, but I'm committed to doing what I can to help you and your family.

**My job is to make sure that all students are happy and safe at school.**

There are many ways that students end up in conversation with me/in my office; here are the most common ways:

- Self-referral: Students are able to give me notes if they wish to visit me or let their teacher know. This is a great way for kids to advocate for themselves when they have something they want to talk about.
- Staff-referral: Teachers come to me when there are social-emotional concerns or when there's a behavior that they would like help with.
- Referral from home: Parents and guardians are welcome to call me with questions or concerns that they have.
- Peer-referral: When students see a friend or classmate in need of help, they can leave me a note to express their concerns.

I can be reached by email at [hparker@bethelsd.org](mailto:hparker@bethelsd.org) or by phone at **253.800.5178**.

## RESOURCES

### **Washington Connection**

<https://www.washingtonconnection.org/home/>

- Assists with inquiring about and applying for resources from the state.

### **United Way**

<https://www.uwpc.org/>

- "Go-to" first check resource for all of Pierce County. This has information to every type of resource from shelters, food, utilities, home repair, etc., etc. Call 2-1-1 and you will get a live person to assist you. For independent research, you can use the website. This is a great resource for volunteering as well.

### **Kids Mental Health Pierce County**

<https://kidsmentalhealthpiercecounty.org/>

- Kids' Mental Health Pierce County is a group of agencies and professionals dedicated to improving child and adolescent mental health treatment and prevention in Pierce County.

### **Autism Speaks**

<https://www.autismspeaks.org/>

- Resource for students and families who have a family member diagnosed with Autism

### **Second Step**

<https://www.secondstep.org/our-programs>

- This is the Curriculum that our district has adopted to support Social Emotional Learning in our students. Social Emotional Learning provides our students with tools and strategies for emotion and conflict management, growth mindset and interpersonal skills. More about this can be found in the Office of Superintendent of Public Instruction (OSPI) SEL [website](#).

### **Bethel Family Center**

<https://www.bethelsd.org/programs-departments/bethel-family-center>

- A comprehensive list of resources in our area.

### **Bethel Recreation**

<https://bethelrec.org/home>

### **Foodbank**

Nourish Food Bank

<https://nourishpc.org/>

### **Parenting websites**

Parent Map

<https://www.parentmap.com/parenting>

Positive Parenting Solutions

<https://www.positiveparentingsolutions.com/>