San Elizario ISD

NUTRITION SERVICES

Cultivating Health, Inspiring Success



Food Service Professionals
Profesionales del Servicio de Alimentos



Meal Services
Servicio de Comidas

- Breakfast/Desayuno
- Breakfast in the Classroom/Desayuno en la Clase
- Grab and Go/Quiosco de Comida
- Cafeteria Dining/Servicio en la Cafeteria
- Lunch/Almuerzo
- Cafeteria Dining/Servicio en la Cafeteria
- Supper/Cena
- Cafeteria Dining
- 4:50-5:20 pm @ GEMS & San Elizario High School
- After School Snack/Merienda despues de escuela
- Available for after-school enrichment programs
- Fresh Fruit & Vegetable Program/Programa de Frutas y Verduras Frescas
- All elementary schools/todas las escuelas primarias
- Begin in October 2024/Empieza en Octubre 2024
- Summer Meals/Comidas de Verano
- Available in June at participating schools/Disponible en Junio en las escuelas participantes.

NEW in 2024-2025

- Vegetable bar at SEHS
- Barra de Verduras en SEHS



Back in 2024-2025

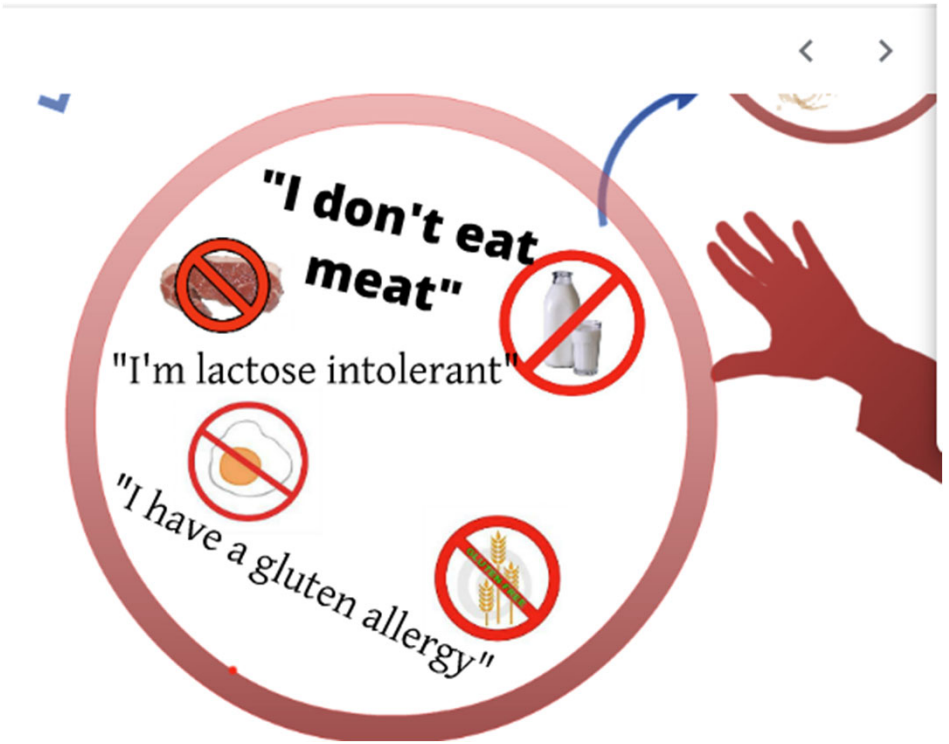
- Share table at most campuses
- Mesa de compartir en la mayoría de las escuelas

- Benefits/Beneficios
- Share tables provide students the opportunity to take additional servings at no extra cost.
- Las mesas compartidas brindan a los estudiantes la oportunidad de tomar porciones adicionales sin costo adicional.



Special Dietary Needs
Necesidades Dieteticas Especiales

- If you have a child with special dietary needs, please let us know—we're here to help!
- Si tiene un niño con necesidades dietéticas especiales, háganoslo saber: ¡estamos aquí para ayudarlo!



Healthy Snacks
Meriendas Saludables



- Parents may choose to send snacks for their student.
- Snacks may not be shared with other students.
- We encourage parents send healthy snacks

- Los padres pueden optar por enviar refrigerios para sus estudiantes.
- Los refrigerios no se pueden compartir con otros estudiantes.
- Animamos a los padres a enviar snacks saludables.

NON-PERISHABLE
o fresh and dried fruit
o unsweetened apple sauce
o fruit cups
o crackers or pretzels
o whole-grain granola bar
o dry whole-grain cereal
o raw veggies (snap peas, cucumber coins, sliced bell peppers)
o mixed unsalted nuts
o peanut butter sandwich
o trail mix with nuts, dried fruit, and chocolate chips
o popcorn
o baked chips

New menu template starts in September
Nueva plantilla de menu empieza en Septiembre

- Menu includes:
- 5-week cycle for breakfast
- 5-week cycle for lunch
- Match the academic calendar to the cycle week
- Color copies will be sent with students
- Menus are subject to change

seisd menu 24.25-Draft.1. meeting.pdf

- El menú incluye:
- Ciclo de 5 semanas para el desayuno.
- Ciclo de 5 semanas para el almuerzo.
- Emparejar el calendario académico con la semana del ciclo
- Se enviarán copias en color con los estudiantes.
- Los menús están sujetos a cambios.



Thanksgiving Luncheons

Loya Primary	Josefa Sambrano	Lorenzo Alarcon	Alfonso Borrego	Garcia Enriquez Middle	San Elizario High
11/14/2024	11/21/2024	11/22/2024	11/22/2024	11/13/2024	11/15/2024

Meal:	Comida:
Turkey Roast	Pavo Asado
Dinner Roll	Panecillo
Mashed Potatoes	Puré de papas
Gravy	Salsa
Mixed Vegetables	Verduras Mixtas
Stuffing	Relleno
Cranberry Sauce	Salsa de arándanos
Pumpkin Pie	pastel de calabaza
Tea	Té
Price $8.00 per plate	Precio por Plato $8.00

Tickets go on sale in mid September
Quantities are limited.
Los boletos salen a la venta a mediados de Septiembre
Las cantidaded son limitadas.
2 tickets per student/2 boletos por estudiantes

GRACIAS!
THANK YOU!

SEISD
Elementary & Middle School
Calendar Menu

San Elizario ISD
CHILD NUTRITION SERVICES
Cultivating Health, Inspiring Success

2024-2025

Breakfast Menu

Served Daily:
Variety of Fresh Fruit & Milk

	Tuesday	Wednesday	Thursday	Friday
Week 1	Cereal Bowl	Molasses Bread	Potato Cheese Burrito	French Toast
Week 2	Powdered Donuts	Ham & Cheese Croissant	Tamales	Sausage Biscuit
Week 3	Peanut Butter & Jelly Sandwich	Strawberry Pancake Bowl	Egg & Ham Burrito	Banana Muffin
Week 4	Lemon Bread	Coffee Cake Bowl	Potato & Chorizo Burrito	Chocolate Chip Oatmeal Round
Week 5	Yogurt & Graham Crackers	Maple Sausage Pancake Sandwich	Egg & Sausage Burrito	Cinnamon Roll

Lunch Menu

Menus are subject to change.

Served Daily: Variety of Fresh Fruit and Milk

Week 1

Tuesday	Wednesday	Thursday	Friday
Nachos Supreme Pinto Beans Lettuce & Tomato	Corn Dog Macaroni & Cheese Baby Carrots Steamed Broccoli Mustard & Ketchup	Chicken Drumstick Fresh Roll Mashed Potato w/Gravy Mixed Vegetables	Pepperoni Pizza Garden Salad Buttered Corn Ranch Dressing

Week 2

Tuesday	Wednesday	Thursday	Friday
Tacos al Pastor Spanish Rice Refried Beans Baby Carrots	Chicken Tenders Fresh Roll Mashed Potato w/Gravy Steamed Broccoli BBQ Cup	Beef Chimichanga Fideo Buttered Corn Garden Salad Ranch Dressing	BBQ Rib Sandwich Crinkle Cut Fries Baby Carrots Ketchup

Week 3

Tuesday	Wednesday	Thursday	Friday
Rolled Tacos Crinkle Cut Fries Bean Dipz Ketchup	Lasagna Roll Garlic Knot Garden Salad Buttered Corn Ranch Dressing	Pepperoni Pizza or Stuffed Breadsticks w/Marinara Sauce Sunsplash Juice Cruncher Chickpea Ranch Dressing	Bacon Cheeseburger Lettuce, Tomato, Pickles Doritos Mayonnaise

Week 4

Tuesday	Wednesday	Thursday	Friday
Tacos de Barbacoa Charro Beans Lettuce & Tomato	Buffalo Boneless Wings Baby Carrots Steamed Broccoli w/cheese	Chicken Pozole Francesito Shredded Cabbage Pozole Fixings	Hot Dog Crinkle Cut Fries Chili Beans Mustard Ketchup

Week 5

Tuesday	Wednesday	Thursday	Friday
Beef Tacos Mexican Macaroni Lettuce & Tomato Pinto Beans	Tangerine Chicken Vegetable Fried Rice Steamed Broccoli Crinkle Cut Carrots	Spaghetti & Meat Sauce Fresh Roll Garden Salad Buttered Corn Ranch Dressing	Chicken Burger Deluxe Crinkle Cut Fries Lettuce & Tomato & Pickles Mayonnaise Ketchup

July 2024

M	T	W	T	F	Week
23	24	25	26		1
30	31				2

August 2024

M	T	W	T	F	Week
			1	2	2
6	7	8	9		3
13	14	15	16		4
20	21	22	23		5
27	28	29	30		1

September 2024

M	T	W	T	F	Week
	3	4	5	6	2
	10	11	12	13	3
	17	18	19	20	4
	24	25	26	27	5

October 2024

M	T	W	T	F	Week
	1	2	3	4	
	8	9	10	11	
	15	16	17	18	1
	22	23	24	25	2
	29	30	31		3

November 2024

M	T	W	T	F	Week
				1	3
	5	6	7	8	4
	12	13	14	15	5
	19	20	21	22	1
	26	27	28	29	

December 2024

M	T	W	T	F	Week
	3	4	5	6	2
	10	11	12	13	3
	17	18	19	20	4
	23	24	25	26	
	31				

January 2025

M	T	W	T	F	Week
	7	8	9	10	5
	14	15	16	17	1
	21	22	23	24	2
	28	29	30	31	3

February 20025

M	T	W	T	F	Week
	4	5	6	7	4
	11	12	13	14	5
	18	19	20	21	1
	25	26	27	28	2

March 2025

M	T	W	T	F	Week
	4	5	6	7	
	11	12	13	14	
	18	19	20	21	3
	25	26	27	28	4

April 2025

M	T	W	T	F	Week
	1	2	3	4	5
	8	9	10	11	1
	15	16	17	18	2
	22	23	24	25	3
	29	30			4

May 2025

M	T	W	T	F	Week
			1	2	4
	6	7	8	9	5
	13	14	15	16	1
	23	24	25	26	2
	30	31			3

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