

EXECUTIVE SKILLS QUESTIONNAIRE FOR CHILDREN— PRESCHOOL/KINDERGARTEN VERSION

Read each item below and then rate that item based on how well it describes your child. Then add the three scores in each section. Find the three highest and three lowest scores.

Strongly agree	5
Agree	4
Neutral	3
Disagree	2
Strongly disagree	1

- | | Score |
|---|-------|
| 1. Acts appropriately in some situations where danger is obvious (e.g., avoiding hot stove). | _____ |
| 2. Can share toys without grabbing. | _____ |
| 3. Can wait for a short period of time when instructed by an adult. | _____ |
| TOTAL SCORE: | _____ |
| 4. Runs simple errands (e.g., gets shoes from bedroom when asked). | _____ |
| 5. Remembers instructions just given. | _____ |
| 6. Follows two steps of a routine with only one prompt per step. | _____ |
| TOTAL SCORE: | _____ |
| 7. Can recover fairly quickly from a disappointment or change in plans. | _____ |
| 8. Is able to use nonphysical solutions when another child takes toy away. | _____ |
| 9. Can play in a group without becoming overly excited. | _____ |
| TOTAL SCORE: | _____ |
| 10. Can complete a 5-minute chore (may need supervision). | _____ |
| 11. Can sit through preschool "circle time" (15-20 minutes). | _____ |
| 12. Can listen to one to two stories at a sitting. | _____ |
| TOTAL SCORE: | _____ |
| 13. Will follow an adult directive right after it is given. | _____ |
| 14. Will stop playing to follow an adult instruction when directed. | _____ |
| 15. Is able to start getting ready for bed at set time with one reminder. | _____ |
| TOTAL SCORE: | _____ |
| 16. Can finish one task or activity before beginning another. | _____ |
| 17. Is able to follow a brief routine or plan developed by someone else (with model or demo). | _____ |
| 18. Can complete a simple art project with more than one step. | _____ |
| TOTAL SCORE: | _____ |

(cont.)

Executive Skills Questionnaire—Preschool/Kindergarten Version (cont.)

19. Hangs up coat in appropriate place (may need one reminder). _____
20. Puts toys in proper locations (with reminders). _____
21. Clears off place setting after eating (may need one reminder). _____
TOTAL SCORE: _____
22. Can complete daily routines without dawdling (with some cues/ reminders). _____
23. Can speed up and finish something more quickly when given a reason to do so. _____
24. Can finish a small chore within time limits (e.g., make bed before turning on TV). _____
TOTAL SCORE: _____
25. Will direct other children in play or pretend play activities. _____
26. Will seek assistance in conflict resolution for a desired item. _____
27. Will try more than one solution to get to a simple goal. _____
TOTAL SCORE: _____
28. Is able to adjust to change in plans or routines (may need warning). _____
29. Recovers quickly from minor disappointments. _____
30. Is willing to share toys with others. _____
TOTAL SCORE: _____
31. Can make minor adjustment in construction project or puzzle when first attempt fails. _____
32. Can find novel (but simple) use of a tool to solve a problem. _____
33. Makes suggestions to another child for how to fix something. _____
TOTAL SCORE: _____

KEY			
Items	Executive skill	Items	Executive skill
1-3	Response inhibition	4-6	Working memory
7-9	Emotional control	10-12	Sustained attention
13-15	Task initiation	16-18	Planning/prioritization
19-21	Organization	22-24	Time management
25-27	Goal-directed persistence	28-30	Flexibility
31-33	Metacognition		

Your child's executive skill strengths
(highest scores)

Your child's executive skill weaknesses
(lowest scores)
